

RECREATION PROGRAM co-ordinator John Cooper's wife Janice treks across Limehouse Conservation Area on cross country skis on Saturday. Goggles kept the cold from her eyes as she grips a map in her mouth. She and her husband joined the high school Outers club in an Orienteering program.

Outers experience sub-zero temps

By Jennifer Rowe some groups, however, for because of the cold. the Outers it is just the beginning of a brand new experience-winter camping. On Friday, January 23, 11

Outers along with Rick

Boychuk, Dr. Paul Tamblyn

and Bruce Swift headed for Algonquin Park. The weather they en-

It took them about two hours to snowshoe in to their campsite of about one mile his winters in the north alone. -away. However with heavy packs they would sink down about two feet with each step.

Too cold to sleep After setting up their leanto or their tents, everyone iumped into their sleeping bags for a night's rest. The next morning they woke up - early due to the fact that it was too cold to steep. They spent that day tracking through the bush using a map and compass. While hiking they found that they stayed

extremely warm. They were in food groups of -two or three people and cooked dinners where they gained experience in building outdoor fires in the winter. To give an idea of how cold it was they had cheddar cheese which had to be chipped like ice. Dr. Tamblyn found that

province in which to live?

writing:

when he went to turn the film The cold of winter may stop in his camera, it shattered

Pack up The next morning they got up at 7:30 a.m. and started to pack up camp. Dr. Tamblyn would take people and drop them along the trail leaving them for about a half an hour before they were picked up by Rick Boychuk and Bruce - countered averaged about -35 Swift. During this time they would be able to imagine what a trapper in Northern Canada felt like as he spent

> This was Dr. Tamblyn's fourth trip winter camping and he said that he learned a tot of new things about surviving in the cold, so you can imagine how much the students learned.

Frost bite

They had only one case of frost bite and that was the toes of Nicki Field. When I asked Nickl about this she said that she really enjoyed herself and that she would go again this year if she could. Nicki is planning to go again

One thing that seemed to be noticeable was the way people shared what they had, whether it be food or just a pair of warm dry socks or

Good Citizenship

deserves a medal

Do you know anyone here in Ontario who-through

selflessness, humanity and kindness without expect-

Recipients are selected by an independent

Advisory Council of Ontario citizens whose honorary chairman is the Lieutenant-Governor of the Province.

That's the kind of person for whom the Ontario

Anyone may nominate a person for the Ontario

Ontario Medal for Good Citizenship

Making a nomination is itself an act of appreci-

ation for good citizenship. All nominations should

ing anything in return - has made this a better

Medal for Good Citizenship was established.

Medal, and nomination forms are available by

Toronto, Ontario M7A 1P4

Executive Secretary

Advisory Council-

Queen's Park

be received by April 15, 1976.

Acton high notes

by Jennifer Rowe

Students of Acton high are settled back into the routine of second semester. After a brief three day break students started back to all different subjects and teachers. During the break, teachers attended meetings and completed report cards.

Included with the report cards this term was the Acton high newsletter. This is a community newsletter pub-lished by teachers and students within the school. If you have any comments good or bad please send them to the school. We would love to hear from you!

Women's liberation? Acton high's newest sports team is the Acton Aces Girls' volleyball team. It consists of about 12 girls ranging in age from 14-18. Coaches are teachers Wanda Hall and Harriet Knor, When I asked coach Knor about her team she said that they were a very strong team and despite the temporary losing streak they hae been in, they continue to have high hopes and give each other moral support. This is the first team of its kind for years at the high school. As of now we have no boys' team-this is truly the year of liberation for women!

The boys' basketball team played a strong game against Oakville's Perdue high school last week.

Out in the cold again are the Outers. Even after sleeping in -35 degree F. weather while winter camping a few weeks ago, they once again hit the outdoors. On Saturday Keith Hansen from Sport Ontario came to give a workshop to 15 interested Outers in Orienteering. It included a film and some practical exercise with compass around the school yard. They then went out to Limehouse Conservation area where Orienteering with

Brass band

M. Z. Bennett school will be hosting Robert Little school on April 13 when the Canadian Brass visits that

Over 400 students will enjoy the musical group who can play everything from Renaissance music to Dixieland jazz to the Beatles.

The quintet have made appearances with the Hamilton Philharmonic, with the Toronto-based New Music Concerts, and toured Europe with the Festival Singers of Canada. They also make radio and television appear-

The Outers are planning · another trip to the Bruce Peninsula on February 21. Hopefully this next froup will learn as much and have as good a time as the last.

snowshoes was practised. Last Tuesday students of Acton high had a short period day. The reason for this was a presentation by Dr. Paul Tamblyn on the new learning experience soon to be under-taken by students of Acton high. The program is called Mountsburg and is designed so that 20 senior students can go and take subjects that will be worth four credits to them. The difference is that they are taught in a different environment outside the four walls of a school. Read Dr. Tamblyn's article in today's Free Press and find out about

this unique new program.
Thursday was also a short period day where Dr Tamblyn once again got into the act. With the help of Ken Ellis they gave a film presentation on the qualifica-tions for obtaining the Duke of Edinburgh award. Study snow

On Friday Dr. Paul Tamblyn and Wally Rowley took their grade ten environmental science classes on a snow study. Dressed in funny looking, yet warm outfits, they went out to explore the snow. Here they measured the depths of the snow and the temperature at different depths. Also, they studied how the snow compacted at different depths. This is a new addition to the course. All the findings are leading up to a study on the effect of snowmobiles. Next week the class is planning a trip to Acton's own Fairy Lake where they will complete an ice study.

Yesterday (Tuesday) our principal Dean Fink went to Port Colborne where he instructed a Professional Development Day for teachers from the Niagara South area.

construction company will be ways of a country different

Azaleas

WE SERVE RURAL ONTARIO

WITH DISTINCTION

Why not let us take special care



OUTERS PRESIDENT Carol Buchanan sank to her waist in snow without snowshoes on Saturday's Orienteering program at Limehouse Conservation Area.

be underway.

One of the first problems that has been brought up to the teachers and students of Acton high in the new semester is the budget restrictions. The board wants advice on how to cut down expenses without really affecting education. One hig expense is books and here is a way that you can help. Many students somehow manage to collect a library full of textbooks over the years. Please return these to the school; you're not using them, so why not let someone else?

Coming up at Acton high on February 16 is the beginning What's happening with the of ten days for World new school? Well, the Development. Each day a drawings are complete and a guest speaker will talk on the

'So on

February 14th

say "I Love You" with

Fresh Cut Flowers

Special Arrangements

Caroline Flower & Garden Centre

Acton's Leading Florist

Two Miles West of Acton - South Side of Highway

PHONE: 853-2980

Begonias

decided upon within the from our own. Then at the end month. Construction should we will have a starve-a-thon for one lunch period where people will donate what they usually spend on lunch to Oxfam. Take part and help someone else help himself



WELCOME SERVICE

If you are new in town or know someone who is PHONE

853-3902

New club "French Knots" is formed

by Julie Pierce The first meeting of the North Halton French Knots was held on Wednesday, February 4 at the home of Mrs. M. Hunter. This club is called a Touch of Stitchery with leaders Mrs. Hunter and Mrs. Anne Dodds.

The meeting opened with the 4H pledge, then the executive members were chosen: president, Penny Kirton; vice-president. Beverly Metheral; secretary treasurer, Bonnie Metheral; press reporter, Julie Pierce, and phone girl, Mona Tonelli. The rest of the meeting was

spent talking about color schemes and learning three stitches of embroidery; back stitch; the twisted chain stitch and the couching outline

At the end of the meeting, the girls enjoyed a snack and decided the next meeting would be February 11 at the home of Mrs. Dodds.

What are trees? just wood? Take a closer look. Are they like people?
Gnarled, straight, old, young,
Tall, short, fat, thin
They might be full of life
With new limbs growing all the time
Or empty and decayed Ready for disease to take over What are trees? just wood?

OUR MID-WINTER Clearance CONTINUES

\$ \$ \$ Save On \$ \$ \$

 Dack's • Clarks • Naturalizers Kaufman oomphies

Spring Styles Arriving Daily

swetmans shoes Downtown Acton 853-0360

ARE YOU GETTING COMFORT and EFFICIENCY FROM YOUR PRESENT HEATING SYSTEM?

As one of Halton Hills leading specialists in home comfort. Westway are heating and air conditioning experts. Rely on Westway for good advice when It's time for furnace replacement, either gas or oil.

If you're struggling along with an outdated, inefficient heating unit, you're probably wasting money on needless fuel costs—It may be time to consider a furnace replacement!

We are fully equipped and well qualifled to install and service all types of oil and gas-fired furnaces, and we are now authorized dealers for Union Gas. If you teel your present furnace is inadequate, or your fuel bills are steadily rising, ask Westway for a free survey of your heating plant. There's no obligation of course!



Custom Sheet Metal Design Service.

Whatever your problem—heating, cooling, ductwork—call West-Way for assistance. We're completely equipped to engineer, fabricate, and install your sheet metal requirements for industry, new homes, additions and alterations. If you are having your home built, we will provide a heating and cooling layout with advice and estimates if required.

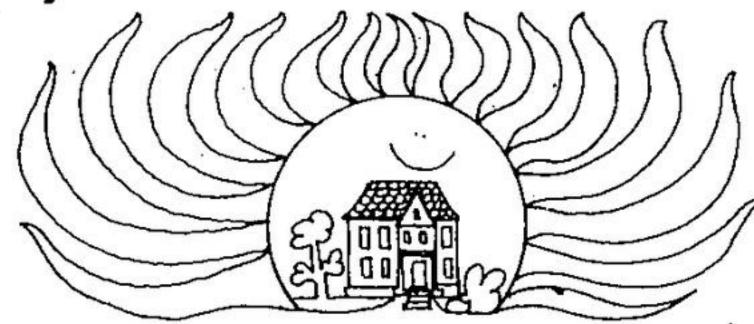
HEATING AND AIR CONDITIONING 348 Guelph St., Georgetown 877-6242

good пате

.....

YOUR AUTHORIZED UNION GAS DEALER Payments can be included In Your Monthly Union Gas Bill

Comfort in your home at a price you can afford



brought to you by Lennox and Boehmers an unbeatable combination

right now.....save on our pre-season sale of central air conditioners

If you order and pay for your Lennox Central Air Conditioner now you'll save seven percent - the equivalent of the Ontario sales tax - an \$80 bundle (or more) not to be sneezed at.

Or, you can pay nothing until July 1, 1976 (no carrying charges or interest charged until that time) and then get a two percent cash discount.

Thirdly, you can pay through Boehmers own financial arrangements. Depending on the size of the unit, it will cost you about \$28 a month over a 60-month period, fully installed.

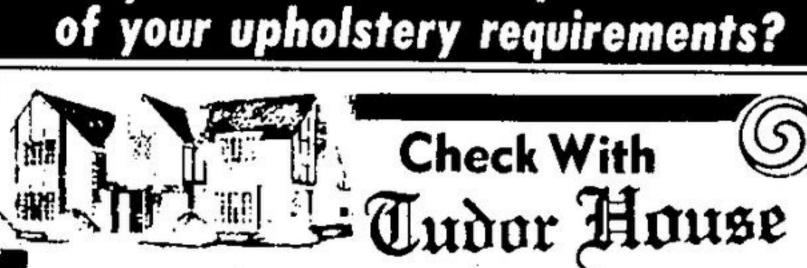
More and more people are realizing that central air conditioning is no longer a luxury. It considerably enhances the value of your home and it helps provide year-round comfort for you and your family. Once you have it, you'll never want to be without it.

Remember - Lennox equipment is topof-the-line, all-Canadian built, with parts readily available. Backed by our own service technicians.

For less than \$10 more per month you can add on an electronic air cleaner. Zap goes air borne dirt, pollen and smoke. Recommended by doctors for allergy sufferers.

OEHMERS

Call: Georgetown 877-6931 Guelph 824-1460



We Re-Upholster Your Chesterfield and Chairs JUST LIKE NEW!!!!! Save \$\$\$ over the cost of a new suite Open Mon. thru Sat. (9 am - 9 pm)

CALL NOW FOR YOUR RE-UPHOLSTERY NEEDS!

Hundreds of fabrics to match any decor. Complete re-building and re-padding. All work guaranteed. Shop in the convenience of your own home. 7-10 days delivery. **Budget Materials for Recovering Family** Room Furniture etc.

"Before you sign any deal check with Tudor House, Our prices will

FOR YOUR FREE ESTIMATE CALL

9 a.m. - 9 p.m. Mon. to Sat.

878-7655

669-9234 make you glad you did"

(Toronto Line)

Tudor House (Ontario) Co. Custom Upholstery & Furniture Re-Finishing

Schomberg - Milton - Concord "SERVING RURAL ONTARIO"



ONTARIO MEDAL FOR GOOD CITIZENSHIP