

Acton minor bantams hold a tough tangle with Guelph boxla club



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Sportlite

with PETER MCCUSKER

It has been stated by health experts a few years ago that the average 60-year-old Swede is in better physical condition than the average 30-year-old Canadian. True or not, Canadians generally have a long way to go to reach physical fitness.

People's hearts are beginning to talk to them over radio commercials which usually end in a promise to start the fitness program of your choice, be it running, swimming, walking or skipping. The fellow's heart can't stand the big cars and easy living the person is putting it through, and so goes the commercial.

It is also my experience, unfortunately to find that many sports writers I have met are not in good physical condition. It goes without saying for those who have met me, that I am anything but the picture of health. But the fat and lazy are at a disadvantage when it comes to exercise programs.

The extra strain and pull required to achieve the simplest manoeuvres tends to turn one off, flopping onto the floor in a gasp of exasperation, wishing that one had never let themselves get that way in the first place. It is a love for food, and plenty of it, that lures us from the gymnasiums to the dining room tables.

As an aid to us underdeveloped persons, Participation, is jumping in the ring. On Sunday, August 24 at 7 p.m., CBC-TV will telecast a special half hour feature to introduce the Participation program to Canadians.

In the mind of Keith McKerracher who started Participation, the necessary exercises to attain physical fitness are a bore. Many fatties will agree. He decided that was the way most Canadians look at them.

A program was developed to be both simple and entertaining and it does work. In a special film entitled, "The Shape of the Nation", viewers will be introduced to the easy methods and happy results of Participation.

We will get to meet the newest TV celebrity, J. L. Peabody, a subject who is as shapely as most Canadians, plump - and the component parts of his body, heart, lungs, muscles, stomach, central nervous system and brain are equally out of shape.

Through Peabody's experience we will learn what may be done for our own physical well-being. The program is designed not to alarm but to educate and entertain. It'll be one of its first viewers.

Rams playoff hopes depend on Owen Sound



HALTON HILLS Rams battle for the last playoff position with Owen Sound Satellites. Wayne Young and Kevin Marcoux symbolize the battle by hitting Owen Sound netminder. Rams must win their two last games, one tonight in Orangeville and tomorrow at home against Huntsville Hawks.

Halton Hills Rams fell to Huntsville Hawks Saturday evening 12-10 which may have crippled their playoff hopes. The Rams must win their next two games, tonight in Orangeville and tomorrow evening at home in Acton when they host Huntsville.

The Rams playoff hopes rest on the Owen Sound Club being defeated in their game against first place Mississauga Thursday. If Owen Sound wins the Rams are edged out. If Rams win two more and Owen Sound gets dumped, then the two are tied and a minor calculation will decide who will enter the playoffs.

Who gets in will be decided by goals for and against. Goals scored by Rams will be added to goals scored against the Rams. This total will be divided into goals for. The Rams are ahead of Owen Sound by six-one thousandths percent.

In their last battle, Rams put up a consistent battle tying the game 3-3 at the close of the first period and taking the lead 6-5 at the close of the second. In the third period they were beaten in the floor 7-4, to lose 12-10. Huntsville Hawks assistant captain, Jim Meredith, plucked the Rams net with four goals, three of which were scored in the final period.

Rams Bruce Cooksley and Wayne Young netted a pair each with other tallies being made by Jim Chisolm, Ron Turkosz, Kevin Marcoux, George Arton, Paul Wilson and Bruce Green.

In last Thursday's contest at the Acton Community Centre, Rams edged first place Mississauga Medics 12-11 as Kevin Marcoux netted three goals and gained two assists to pace the Rams. Ron Turkosz retaliated the

opening, Mississauga goal with a pair unanswered until 12:20 into the period. Rams walked off the floor leading 5-3 in the first, Paul Wilson and Jim Chisolm netting the other first period goals. In the second, Mississauga tied Rams scoring 4-4 but Rams sat on top with the first period lead 9-7. Marcoux tallied two in the second period along with Bill Fox and Steve Wilson who tallied one each.

Wayne Young, Glen Sherman, and Steve Wilson twanged the mesh once each in the third to end the Rams romping for another evening. Mississauga faced 46 minutes in penalties during the contest compared to Rams 36 minutes. Kent Kentner received a match misconduct which was served in the Huntsville Hawks. Rams contest reported earlier, and played the following Saturday.

Acton peewees beat Fergus

by John Tyler

Acton Peewees beat Fergus on Thursday evening 6-2. Steve Mitchell scored the first goal after four of his teammates brought the ball all the way down the field. Les Nadhazy and Scott Malcolm also scored, making it 3-0 in the first half.

Scott Malcolm completed his hat trick in the second half and Ted Nadhazy put in the final goal for Acton.

Although Rockwood's Mike Hudson played an outstanding game, he and his teammates couldn't stop the Acton "A's" from winning the game on Tuesday evening. Brian Demone, Scott Altonby, Scott McDonough, and Emil Milnaveric each shot a goal

with Barry Diggins adding two more to bring the final score to 6-3. Barry played an outstanding defensive game also.

In the Atom House League, the undefeated Rangers shut-out the Raiders 4-0. Kenny Kavanagh, Brian Demone, Louis Groenendyk, and Hanny Vanitem scored one each.

Although there were numerous shots by the Rangers, Raider goalie Steven Sojka played an excellent first half, keeping the score to 1-0.

Centennials also won their game this week, overwhelming the Rovers 10-1 with Scott Altonby scoring five times and Mike Scott shooting in four more. A visitor from

Scotland, Kevin Hollis added another goal. Kevin and his brother Stuart have been added to the Centennials while they visit relatives in Acton.

From the start the game was decided for the Centennials although both teams played well. Leo Civierno scored the Rover's goal.

Season ticket prices set by Jr. "B" Gemins

Georgetown Gemins, the town's new Junior 'B' hockey team has announced its season ticket prices for the 20 home games to be played next winter at the new Gordon Alcott Memorial Arena.

Family tickets will cost \$56, including a \$4 discount while adults will pay \$30 minus a \$2 discount. Tickets for students

have been priced at \$18 after a \$2 discount has been applied and children under 12 will pay \$10 minus a \$2 discount.

Season ticket holders can save even more money if they pay early.

An additional 10 per cent discount will be applied for those who subscribe and pay for their tickets before August 30.

The home games will be played Saturday nights beginning at 7:30 p.m.

Skaters home

Continued from Page 1 to Halifax from the west coast.

Only two spills have occurred, and both happened to Ross. While skating uphill, he tripped over a strap and tumbled. The other accident was when his wheel was improperly balanced and kept wanting to go towards the traffic. He had to deliberately fall to get it under control.

Ross skates an average of seven to nine miles an hour while Joe, being the heavier of the two, travels at a rate of four to six miles per hour.

Night skating is preferred by both men as cars can be seen for many miles. It is also

Set new rates for ice

Georgetown Intermediate Hockey Club and the Junior B hockey club will pay \$200 per game or a 60-40 split of the gate receipts, whichever is higher, if Halton Hills council accepts an administration committee recommendation.

The 40 per cent goes to the town and 60 to the hockey clubs.

The rental agreement was suggested by Facility Superintendent Pat Sheehan.

Mr. Sheehan said the rates include two hours of practice time, which he said was free last year. "Why should they get free practice time when the minors pay for practice?" he asked.

The agreement asks for an audited financial statement. Mr. Sheehan pointed out the recreation department asks all groups for such a statement.

He said last year the Intermediate Hockey Club began on a 60-40 per cent basis then went to regular rental rates.

He said if the gate receipts drop the town would still receive the regular rental rate under the proposed new rental agreement, and if the gate receipts increase the town would receive more. He said the agreement would apply to all including Intermediate A, who charge admission.

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The facility superintendent predicted a Junior A team would be in the area within three years.

Hornby wins

Hornby Greenhouse men walked away with two wins from Halton Fastball League play this week slamming by Malton 6-0 and earning a 5-3 win over Palermo. Hornby is pushing for third place.

John Holtby paced the Greenhouses from the mound in Malton stinging the home squad with 15 strikeouts while allowing only four hits.

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\$500 banquet for Finns

The town of Halton Hills will foot the bill for a banquet for the Finnish Midget hockey team who will play an exhibition game against the Georgetown Midget team, December 30, in Gordon Alcott Arena, if council goes along with an administration recommendation made Monday night.

The request for \$500 from the town came in a letter from R. A. Thompson, president of the Georgetown Minor Hockey Support Group.

He said the Finnish Midget team will arrive in Georgetown December 29, will play the exhibition game December 30, and resume their tour December 31.

The letter explained the Georgetown group pays a share of the tour costs, and assumes responsibility for the team and leaders during the Georgetown stay.

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