



MEMBERS OF the Acton community are being invited to participate in a Yoga class with students of the regular night school program. Instruction will be transferred to the M.Z. Bennett auditorium where those attending will meet Yogi Shantananda from India. He is seen here in a meditation position with Y Yoga teacher, Marcia Wilkinson.

Residents invited to try Yoga

Yoga students attending the regular Thursday night sessions at the Robert Little public school will get a new slant on the science this week. As special guest, they will meet a Guru from India who will introduce them, through instruction, to Yoga as practiced with true Hindu philosophy.

The classes which have been sponsored by the Halton Board of Education for the past four years have proved to be some of the most popular in the adult evening courses. Under the direction of teacher, Mrs. Melanija Bray, students have followed the methods of Hatha Yoga

where physical fitness with deep breathing and relaxation comprises instruction.

Parents' night
As Thursday, May 8 is parents' night at Robert Little school, Yoga class will be transferred to the M.Z. Bennett auditorium. Mrs. Bray thinks having Yogi Shantananda in the class will serve as a learning experience where students will see, firsthand, some of the deeper teachings of the science.

Yogi Shantananda is from India. He has visited in Toronto for about two years. His actual home is in India but he spends his time travelling

and teaching the Yoga philosophy. When in Canada he divides his time between Toronto and Montreal. It was during his recent visit to Toronto that he came to Acton.

Taught Tuesday
Wearing his special Yogi attire, the guru taught a number of young Acton women Tuesday morning. They were the students of the Y yoga classes taught by Marcia Wilkinson. Other guests also attended.

He explained that he comes to Canada from India to teach a message of Yoga to everybody, as it provides great inner freedom of the soul and mental peace. Yogi Shantananda combines his teachings with meditation and chanting and, in visiting, hopes to popularize the experience of movement and sound with Yoga students.

Mrs. Bray is inviting other members of the community to attend the Thursday night class and participate in the program. The teacher explains the practice of Yoga is not limited to any age group but that students from six to 90 can adapt themselves easily. Concentration is the key word.

Mrs. Bray is hopeful that a large number will attend. Although she feels that the Hatha Yoga which she instructs at the public school is exceptionally beneficial for her students she can also see benefits in exposure to all phases of the philosophy.

Town approves \$6,075 in grants

Halton Hills council approved grants totalling \$6,075 dollars at this week's council meeting.

The list included \$1,000 to Georgetown Girls' Pipe Band, \$2,500 to North Halton Contact Centre, \$700 to Acton Agricultural Society, \$400 to Georgetown Agricultural Society, \$100 to Halton Agricultural Society, \$1,275 to Halton Region Safety Council, \$25 to St. John Ambulance and \$25 to Canadian Mental Health Association.

A request from Acton Citizens' Band for a \$1,000 grant was held over until a meeting with a band representative can be arranged.

An additional \$1,200 was set aside for use throughout the year.

A request from Acton Chamber of Commerce for a \$1,300 grant for Christmas lighting in the business district will be handled in the normal budget, just as Georgetown's Christmas lighting has been handled.

Police Week

Cpl. R. J. Arbour invites all interested persons or organizations to visit Acton O.P.P. detachment during Police Week.

"On Thursday and Friday, May 15 and 16 we will have officers on hand to discuss various aspects of police work, including our police dog and trainer, motor-cycle and rider, as well as a policeman."

questions. However, Thursday and Friday will be the days extra police and equipment will be on hand from 12 noon to 8 p.m. so that parents will get a chance to bring their children.

House trailer

A house trailer on Main St., owned by a Bullhead man, was broken into Friday. Police report a door forced open but no damage and nothing taken.

Report warns against use of communal wells

The future of rural subdivisions depending on communal wells in Halton seems bleak. A report from Jack Corbett, acting director for Halton Region's Public Works, outlines the hazards of allowing subdivisions to be developed on communal wells.

The report was tabled at a recent meeting of the committee. It had been requested by the committee after Milton Mayor Anne MacArthur and other northern representatives had expressed interest in the communal well idea.

Currently at least three subdivisions in Halton are being held up because communal wells were being proposed. Brookville Estates involves 83 units, Moffat Estates 23 units and about 45 units are in the McLaren

development. All were initially submitted on the basis of using communal wells. Apparently the developers involved in those proposals may elect to go to private wells.

Approve none
The report put before committee Wednesday recommended that the region should not approve of rural developments dependent upon communal water systems.

However Corbett did suggest that rural estate type subdivisions should be allowed with private water supplies and with lots in excess of two acres.

"While the type of estate development described would contribute to so-called 'urban sprawl' with undesirable attributes such as the high cost of bussing children to school, it would provide vastly superior development to the present almost indiscriminate growth of ribbon development. It would perhaps be necessary to restrict rural estate subdivisions to certain areas of the region in keeping with the modern

desire to preserve prime arable land."

Region's responsible

Mr. Corbett warned the committee that should communal wells be allowed, they would become the responsibility of the region. If anything should happen to the wells, the region would have sole responsibility for either trucking water in or running water lines to the home. Mr. Corbett warned that this could become a very expensive proposition for developments located some distance from urban centres.

Such developments would lead to the necessity of forming mobile maintenance groups travelling to remote parts of the region to maintain the various systems.

The issue has been a controversial one in the past. Some northern representatives who favor development on communal wells have resented the staff recommendations opposing such developments.

The matter is expect to be discussed at the next meeting of the works committee.

PUBLIC NOTICE

Dr. D.A. Garrett

wishes to announce the termination of his practice, effective May 31st.

Thank you,
Dr. D.A. Garrett

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Two car fires

Acton volunteer firefighters were called out to two car fires on Sunday.

The first fire was between the Fourth and Fifth Line of Nassagaweya in an abandoned car on the radial track. No one was around at the time of the fire. A man walking down the nearby road spotted the flames and put in the alarm.

The '69 Ford, complete with licence, was ruined, and O.P.P. are investigating it further to track down the owner. Cause of the blaze was unknown.

While men were out in the country at one fire, one other truck was busy at the Glenlea plaza dousing flames in another car. Apparently the car backfired through the carburetor. There was extensive damage to the motor.

Three classes

The three St. John Ambulance classes in town are due to end soon. One's for Building Products employees, one for teachers and one for Guides.

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