

**Lawson says**

# Teach physical fitness instead of team sport

Trustee Bill Lawson told Halton Board of Education members schools should be teaching children physical fitness instead of team sports. He made his plea for changes in the physical education program Thursday evening.

"I have long been concerned about the physical education program, especially at the secondary school level. The emphasis is on team sports and participation instead of the basics of individual sport, like swimming and track," Lawson said.

He told the Board he thinks the emphasis should be on teaching students how to become fit.

"For the good of their health we must teach them physical fitness and stamina. They must learn how to develop their bodies and their cardio-vascular system," Lawson suggested.

He said that long after a student gives up team sports, he can still participate in fitness activities.

"Anything we can do to develop fitness in our young people and in our physical education program is surely in the student's best interests," Lawson stated.

Jack Richardson, a physical education con-

sultant, told the Board there has been a growing interest on the part of physical education instructors in fitness and it is starting to be reflected in the program.

Superintendent of Programming John Boich noted fitness will be a main consideration when the board looks into physical education at the primary school level, beginning in 1976.

Trustee Bill Priestner said he thought individual sports like swimming and track were ego building and cautioned the Board against "giving up the many benefits gleaned from team sports."

Trustee Ernie Bodnar pointed out some individual sports like wrestling also achieved the benefits of team sport.

"There is no question team sports are a help to the students. They teach them how to get along with each other and to work together," Priestner reminded the Board.

Georgetown High School vice-principal William Tom told the Board the most popular intra-mural activities in Halton High Schools are those which have life long interest as opposed to sports in which the students won't participate

after they leave school. Richardson said one reason enrolment is lower in physical education than in other programs is because it must compete under the credit system.

"Many shy away from physical education because it is threatening to self. It is one area of education where your strengths and weaknesses are obvious," he said. Richardson added some students think physical education is too regimented and establishment-oriented.

He pointed out the physical education departments are trying to develop more courses in the hopes of increasing enrolment.

Enrolment for physical education at Georgetown, Acton and Milton is low compared to other schools in Halton. At Milton only 60.8 percent of the students take physical education, while in Acton 66.1 percent take the course and 66.5 percent are enrolled in physical education in Georgetown. Across Halton 70.2 percent of the students take physical education.

The physical education program was being discussed by the Board as part of their study of the Halton high school committee report.



ONE OF MANY people obtaining 1975 license stickers Saturday was Maurice Staley. Deadline approaches swiftly — it's this Friday. Mary Anderson fills out the forms for his license at

Watson's Music Store. Business hasn't been hectic and there are seldom more than three in for stickers at once.



BEATING THE last-minute rush, Fred Nightingale affixes his license sticker to his Volkswagen outside Watson's music store Saturday. There's been no great rush, but the deadline is Friday.

## Accident

On Feb. 19, a car driven by Susan Lewandowski R. R. 3, Acton was proceeding east on Concession one, Erin township, when it collided with a parked vehicle. The driver sustained minor injuries. Total damage was estimated at \$1,600, according to a Guelph O.P.P. report.

## Clock for first president at Credit Union meeting

Another year of good growth was reported at the annual meeting of Halton Hills Credit Union. The meeting Saturday at 7:30 p.m. at Acton Meadows golf course was followed by a dance.

Bob Drinkwater resigned from the board of directors since he has moved to Watford. President Bob Bruce spoke of the years of service he had given and presented him with a

Westminster clock. Mr. Drinkwater was the first president of the first board of directors of the credit union when it was formed here 11 years ago.

Mr. and Mrs. Drinkwater were back for the dance.

Election  
George Cozens was re-elected to the board of directors by acclamation. Ernie Marks was elected to

fill the vacancy caused by Mr. Drinkwater's resignation.

Other directors are Bob Bruce, David Appleton, Charles Blake, Jack Denny and Charles Trott. The directors met Tuesday evening to elect their own executive.

Reports  
President Bob Bruce explained inflation had also affected the Credit Union and increased costs were reflected in the net income. "However we can look forward to 1975 with a sigh of relief as interest rates are on the downward trend and costs should be stabilized at their present level."

The report of treasurer Brendan Aherne indicated assets are now over the 1.25 million and growth rate continues at a steady level. "Loan demand is still strong and we need an increase in savings, so as to avoid further borrowing to meet this demand," he stated.

The credit committee approved over 600 loans during 1974 for a total of \$1,111,154. This represents an increase of \$183,000 over 1973.

Georgetown  
The advertising committee reported on a promotion drive in Georgetown industrial and service area. Over 1,000 kits were distributed with pay cheques by firms and institutions.

It is hoped that a Georgetown branch office will be opened.

About 65 couples danced to the Hocking Horse band.

## Objects to expansion

Halton Regional Council and Burlington City Council are being "led down the garden path", according to Burlington Councillor Mary Munro.

Mrs. Munro was the only Burlington councillor who spoke out against a by-law authorizing regional staffers to make application for an interest-free loan that would help offset the cost of the

\$6,000,000 expansion to the city's skyway "pollution control plant. The grants are available under the Ontario Housing Action Program.

The provincial program is geared at putting reasonably priced housing on the market. Authorizing municipalities with the provision of hard services is one way in which this is done.

One section of the by-law confirms the projected population of Burlington at 138,613.

## Exceptional children council formed here

On Thursday, March 6 at General Brock High School, the brand new Halton Chapter 983 of the Council for Exceptional Children will conduct its first general session.

President George Cass reports the Chapter has over 70 paid up members. "This is very encouraging for special education programs across Halton," he said. The Program Chairman, Richard

Needham (General Wolfe High School) has planned an interesting evening of activities. The session starts at 7:30 p.m. with "All in the Family," a local student ukulele band performing, followed by introduction of the first executive.

Keynote speaker will be Miss Betty Beattie, President of the Ontario Provincial Federation of Chapters, C.E.C. There will be an opportunity for dialogue on the direction of special education at both the local and provincial level.

All interested persons, members and non-members, are invited to attend. Mr. Cass particularly invites members of such groups as ABC, ACLD, HETA, OEA, OSSTF, as well as parents and regular education teachers who are concerned about meeting the individual needs of all students.

## Co-ordinator is speaker

Recreation program co-ordinator John Cooper was guest speaker at the Y's Men's last meeting. He told of assessing needs in Acton and Esqueping and of some of his hopes for programs.

## Fill holes on Church St.

The potholes on Church St. got a dose of grading and graveling from Halton Hills workmen this week. The street is due for complete rebuilding before long.

## Missing

A wallet with \$50 cash and a cheque was reported missing from a local home last Thursday. Police are investigating.

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**500 winners**

Lucky winners in last week's 500 club draw were, 47 Dave Hatcher, 303 Harvey Lambert, 43-C Kingsmill, 435 W. Lockhart, 403 W. Moss and 467- B. Shultis.

## Toyota Community Calendar

What's doing in the North Halton Area!

### FRIDAY DEADLINE

You have until Friday Feb. 28 to have your 1975 licence plate sticker on your car.

### SPEYSIDE AREA RATEPAYERS ASSOCIATION

General meeting on Friday, February 28 at Speyside School at 8 p.m. Guest speaker, Ric Symmes, Sierra Club. If you want to support the fight against the proposed Speyside Quarry please be there.

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