ROOT CANAL therapy will save a front tooth for Jim Britton of 22 sideroad. He's in grade seven at Stewarttown senior school and his tooth was damaged in an accident on the school bus. Dr. Bob Steen and Doreen Gibb encourage him and report he's a "terrific" patient. More and more people want to save their teeth now.

### Three dentists rise 'n shine



"MY, WHAT BIG teeth you have." Little Red Riding Hood was unable to make it for her checkup at the dentist, so Rick Baginski stepped into watch as Dr. Leonard Embrack shows him the different teeth, with a fake set of dentures. This is Dental Health week.

#### Glen Eden "rip-off"

## Skiers want fees rebate from club management

"poor management and lack of knowledge of proper ski area operation" have circulated a petition asking for rebates from Glen Eden Ski Club. The club at Kelso Conservation Area is operated by Halton Region Conservation

Milton told this newspaper he and 12 other individuals and

Authority. Basil McDonald of R.R. 6

MPP Jim Snow. Petitioners said they realize Glen Eden basn't had

and staff, Milton Mayor Anne

MacArthur and Halton East

a good year weather-wise but note this hasn't stopped other areas from near-normal operations. "This year the Authority advertised exfamilies have signed the panded facilities and better

## Courses offered in the summer?

Festival of the Arts director.

Although it is not known ut this time what programs are someplace. The class likely be in the Visual Arts or held during

General Interest categories. Included in the Visual Arts courses are leathercraft, macrame, metal glazing, pottery, soap stone carving. weaving, etc. The General Interest category includes Communications 1, College Entrance (levels 3 and 4), Riding and care of orses and

Magic as a hobby. Only a few of these subjects will be offered in Acton.

Emphasis placed on those subjects which have received the most response of the people who three evenings a week and live in this area, according to will be based on the most a spokesman for the College. The needs and wants of the people will be considered greatly.

Acton will probably be The Brampton campus of offering summer school pro-Sheridan College will act as grams sponsored by Sheridan the centre of the activities. College commencing in July. with several different courses That was the word from Giff- being offered in the district. ord Mitchell, Sheridan Coll- At this stage, it is not decided ege Summer School and where each course will be offered, but it is known that everything will be offered,

> The classes will mainly be held during the day with a few night courses available.

The summer schools are just one facet of the program offered by the College.

A Festival of the Arts is also going to take place in Oakville only. This summer's format will remain much the same as the 1974 premiere season with course offerings during the day and refined family entertainment in the evening. According to Mr. Mitchell, the Festival portion The emphasis will be of the program will sacrifice performance quantity for quality, probably limited to

popularly attended events of

last summer. These events

were live theatre, concerts,

and films.

petition which was circulated hill lighting" which they to HRCA elected members called "false advertising." Little to ski on

"With present operation of the snow making equipment and lack of proper movement of ski equipment, we have had a very limited area to ski on." they charged. With proper use of the snow gun, all the areas could be properly covered with snow, they said. They cited one hill with 18 to 24 inches of snow at the top while grass and stones were showing through at the bottom.

Petitioners also said the eable lift is not kept supplied -with fuel; T-bars have been broken and taken a long time for repairs; and one night at 10 p.m. the floodlights were suddenly shut off, leaving skiers to grope their way to their cars in the dark. They also complained about poor safety measures on the ski slopes-no protective bales or barriers in front of hazards like posts; rods used for crowd control; and icy steps which are blamed for two

"Rip-off"

The objectors called for a public meeting with either IIRCA board or its conservation area's advisory committee and ended up calling Glen Eden "A complete rip-

McDonald said he spoke with HRCA Chairman Brock Harris on the weekend and Mr. Harris, although sympathetic, could not arrange a meeting until after HRCA's inaugural meeting on Feb. 20. McDonald claims this answer is a stall, as by that time skiing could be over for the winter.

# These teeth are meant for chewing

Going to the dentist?

The thought still might make some older people tremble, but hundreds of Acton and district children are not upset by the idea. They have grown up with the idea of prevention, and having the dentist as a friend.

Attitudes all across the country have changed dramatically in the last decade, and the three Acton dentists notice the change here, too.

Dr. Leonard Embrack is the senior of the town's dentists, having been here six years. He has been in practice 14 years

Dr. Bob Steen has been here four years. His new associate Dr. Algis Mikelenas graduated in 1967 axd practiced in Toronto before coming to Acton last November. Dr. Steen and Dr. Mikelenas are sharing quarters now but will soon move into the spanking new medical-dental building on Mill

The old notion that failing teeth might as well be pulled is no longer prevalent. Most people want to save their teethand their children's-if they can.

one of the best things which

can be done, is to drink plenty

much tooth decay. The

dentists say that children who

drink fluoridated water from

birth can have up to 65 per-

cent fewer cavities than they

Balanced diet

the second good thing one can

do at home for proper teeth

protection. This includes a

reduction in the number of

times sweets are caten.

Sweets react with the bac-

teria in the mouth to form

acids. A colorless, sticky film

called plaque holds onto the

attack the tooth enamel.

When the enamel is gone,

decay-producing bacteria can

attack the tooth dentin (the

Balanced diet is rated as

would normally have.

The key is to educate people, says Dr. Steen. Dentists will gladly take time to talk about problems and explain

suggested treatment. Application of proper brushing techniques, updated methods of home-cleaning of water that has been and modern dental research know-how, give new hope that teeth today can be a life-time proposition. The Canadian Association of Dental Research tells us that, with contemporary dental knowledge and preventative and restorative techniques, people today can expect to enamel. It hardens it and the keep their teeth as long as they keep their noses.

February 2 to 8 is Canada's annual Dental Health Week. The .Halton-Peel Dental Association is stressing the importance of prevention and cures of dental problems.

Forever "Teeth should be forever," points out the Association. The profession has many new nids to prevent decay, new materials to try to replace lost permanent teeth and better medication for control of dental disease. "The things you do at home to prevent dental problems can do the most good," says the Association,

The three Acton dentists agree wholeheartedly that

bone-like middle layer of the tooth) and decay begins.

fluoridated. "Fluoride is the best known decay preventive we have," say the Acton men. When fluoride comes in contact with the teeth, either in water, in effective fluoride toothpastes, or in gels applied flossing. Dentists can show by the dentist, the fluoride is absorbed into the tooth brushing technique that is best for everyone. enamel is then resistant to

Flossing is also a skill that practice. Dentists encourage that, after daily flossing and brushing routines, mouths should be rinsed vigorously loosened plaque and debris from the teeth and gums.

Periodontal disease teeth and permits the acid to

Worn out fillings or crowns, broken edges of badly decayed teeth and bridges, or partial dentures that no

Best prevention Dentists say that, despite methods of fluoride, diet and spalants, the best form of prevention of decay and dental disease is dally brushing and thorough patients the one tooth-

can be developed with a little with water. This is to remove

As well as the build-up of catculus and plaque which causes separation of gums and teeth and leaves pockets between gums and teeth to finally result in teeth falling or the necessity of extraction, there are other factors leading to peridontal disease.

There are several types of for an appetizer." It is peridontal disease. Its pointed out, however, that

bad habits.

not come together properly

when the jaws are closed,

mouth breathing, clenching

or grinding the teeth during

the day or when steeping.

Holding pins or nails between

the teeth and the improper

use of toothpicks are other

Several types

longer fit well because of elimination depends on close mouth changes are listed, co-operation between patient Also included are loss of a and dentist. Regular tooth, resulting in the drifting examinations, attention to of adjacent teeth into the oral bygiene, brushing and vocant space; teeth that do flossing are advocated by dentists.

> Dentists humorously refer teeth to the bother of teeth. "Not only do they have to be specially hand cleaned every day to keep them healthy, but just as you're cating your salad at dinner they take off on their own and sometimes munch a piece of your tongue

people would hok strange if they did not have teeth. They could not chew their food, and the poor stomach would be left with all the hard work of digestion. Speech would also be greatly affected without

From babyhood on, the best answer to formation of strong teeth is the pattern of good

Teenage years are critical ones for oral health, "It is during the teenage years that tooth decay most often occurs and it is the permanent teeth



CLEAR PLASTIC shield for teeth is a new aspect of preventive dentistry. Dr. Algis Mikelenas shows the equipment to Brenda Morris. It won't hurt a bit, insists the newest dentist in town, with a big smile.



#### Legion Notes

by GARY DAWKINS

Over 100 members turned out for the annual banquet Saturday night." It was a chance for some of the older members to get together and also to meet a number of our

newer members. In the auditorium later in the evening J. Tocher and his band played for a large crowd. The numbers were somewhat increased by members who took in the regular Saturday dance following the hanquet.

In the Games Room Lois Gordon and Donna Krapek ran the weekly euchre. Winners for the ladies were: first R. Ziegler, second A. Ridley and J. Tarrant held 52, The Stripes 51, Moon the hidden score. Winners for Beams 50, The Heads 46, the men were : W. Lamb, Knick Nocks 46, Yogi Bears second B. Nicolak and O. 44, Odd Balls 44. Morley had the hidden score.

Branch Sports results last week for play in the Ping Pong Challenge League: Jan. 28: D. Lockerbie defeated Can Dos 76.

Campbell Conts. 103, 12g1on A 98, Lo Tones 98, Firemen A 96, Legion C 92, Disston Saw 91, Boat Club 91, Ink Spots 88, Can Dos 76. McDonald and Papillon, Jan. 30: B. Turkosz and B. Inscoe ment is coming up on Saturdefeated S. Goy and A. Will-day, February 15. This iams, Jan. 31: R. Holmes and competition is open just to

Public Works respectively.

-Table Lamps

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**Burlington's** 

in the chair

All three committees at Halton Regional Council will be

Mary Munro was named chairman of the planning com-

chaired by Burlington representatives this year. Two of the

three were elected to the posts without attending the meet-

mittee while Dave Coors was named chairman of the combined Administration, Finance and Community Services

Committee and Jack Raftis was re-elected chairman of Pub-

he Works. Jim Watson, Mac Anderson and Gordon Brown

were named vice-chairmen for Planning, Administration and

**\*** 

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EXTENSIVE SELECTION OF HOUSE FIXTURES

Bullough, Feb. 1: S. Goy and A. Williams defeated B. Cook and J. Krapek, S. McCristall and B. Dyck defeated M. McKenzie and B. Woodcock, K. Conroy and A. Dyck defeated A. Nolan and P. Dick, R. Holmes and G. McPhail defeated S. McCristall and B. Dyck, A. Nolan and P. Dick defeated M.

McKenzie and B. Woodcock. Play in both the Industrial Dart and Cribbage Leagues has been quite close over the past few weeks. The standings at present are: Darts; Bull Winners 67. The Dicks 61. D Gees 59, The Lions 56, Conroy's Kids 54, Feathers

Cribbage; 230 Club 117, Hi Tones 111, Firemen B. 110, The following are the Campbell Conts. 103, Legion

The Zone Euchre Tourna-G. McPhail defeated R. ordinary or associate Heller and G. McCutcheon, F. members. Anyone who is Spielvogel and B. Taylor interested should contact defeated L. McAfee and J. Gord James as soon as

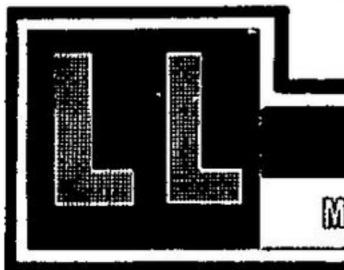
There were no winners this week in the daily member? ship draw. The names that were drawn are: R. Andrews, . Gibbs, D. McIntyre, D. Manes, J. Jansen, and H. H. Hinton.

Daily Draw

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