

# Sewing and weaving on Tuesdays



SEWING STUDENTS MARILYN Hughes (left) and Hilary James work on their second project for their night school class. Mrs. Kay Hannah teaches the course.



JEAN RUNDLE OF Georgetown, foreground, attends the Off-loom weaving class at Acton high school. She is now working on a wall hanging on the frame loom. Mrs. Bette Garden, left, is working on a purse, while her daughter, Paula, is doing a television cover.

Tuesday night classes are featured in the third of a series of articles on high school night courses.

Basic sewing is taught by Mrs. Kay Hannah. This course is longer than the rest, being 15 weeks instead of the usual ten. The reason for this is that Mrs. Hannah and the students do not feel ten weeks is enough time to learn what has to be learned, and to finish projects.

**Basics**

As the name "basics" suggests, this is a course for those wishing to learn the very basics of sewing and work up to the more difficult items. Such things as hems, selecting fabric and suitability of style lines to figure types are taught by Mrs. Hannah.

There are 16 students in this class.

For their first project they were asked to make a blouse, of any style or material they wanted. The only stipulation was that it must have a collar and cuffs.

Most of the blouses are completed, and the women are now working on their second project. This can be of their own choice, as long as it has a zipper and a waistband. Most are making pants or a skirt.

**Third project**

It is hoped there will be a third underway by Christmas, and hopefully another after that, according to Mrs. Hannah.

The students have to supply everything except the sewing machine and attachments and the iron and ironing board.

Mrs. Hannah, who teaches home economics at Eastview school in Oakville, feels the women taking the course have much more initiative than day students. "It is their own money, and their own time, so naturally the women are going to care more about the end product," Mrs. Hannah commented.

**Off-loom weaving**

Next door to the sewing class is the off-loom weaving class. Each week 16 students, varying in age, partake in this ancient trade. All the looms are owned by the teacher Sally Hamilton, who lends them out.

Wooden looms are used along with colored yarns to produce anything from belts to purses and placemats.

The Inkle loom was used by the natives of Mexico and

Peru. This is taught to the students who use it to make belts.

The twining loom, originated by the American Indian, can be used to make bags and pillows. The Indians used to weave mats and baskets out of grass on this loom.

**Size limit**

Wall hangings and pillow covers are made from the simple frame loom. Several pieces can be made and sewn

together to make a poncho. However, on this loom, there is a limit to the size you can make.

The box loom which serves the same purpose, has no limit to size, length-wise.

Each student learns how to operate every loom and by the end of the ten week course, they should have something made from all the looms.

Natural dying from onion-

skins and marigolds is also to be learned, and there will be a spinning demonstration. It is hoped there will be a tour through the Hespeler Fabric Mill.

The students all enjoy the course very much. Most agreed it was very time consuming and all agreed it was frustrating at one point or another.

However, in spite of its disadvantages, the course is very rewarding to everyone, as they can look at the end product knowing that they did it themselves.



HEIDI ROY PLANS to make a purse on the twining loom. This is one of her projects for her off-loom weaving class she takes during night school.

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**1**

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**No raises for employees**

Operations personnel at Halton Centennial Manor will not benefit from four per cent increases awarded to Halton Regional employees recently. The raise was to cover those employees not organized and those whose salaries had not been altered.

A report to the region's administration committee from personnel officer Dennis Cimin indicates that the Manor employees shared in a general seven per cent increase early in 1974 and received an additional 35 cent an hour increase recently.

It was in that light that Manor employees had been excluded from the general four per cent increase. A review of the matter was requested by the administration committee after some complaints were registered.

While the staff report clearly indicates the Manor was to be excluded, the motion passed at the committee and council level led employees and councillors to believe the Manor had been included.

**But nurses get 45% increase**

Registered nurses employed by Halton Centennial Manor have won salary increases of about 45 per cent over 18 months. The Ontario Nurses Association representing 12,000 nurses in the province, negotiated increases for members in July.

The increases see pay schedules jump from \$7,000 Jan. 1, 1974 to \$11,340 in April 1, 1975 for the least qualified and for a similar time period, the highest paid nurses jump from \$9,120 to \$13,740.

**Falcon**

The Mountsberg Wildlife Centre recently obtained a rare Peregrine Falcon from the Ministry of Natural Resources. This magnificent bird is on display with the other birds of prey to assist in the centre's education programs.

The streamlined, powerful peregrine falcon is one of the swiftest birds in the world, capable of overtaking flying prey with ease. Its victim is often struck such a blow by the large taloned feet that it is killed in the air instantly.

180 m.p.h. dive

In a dive pursuing prey, the peregrine has been timed at speeds up to 180 m.p.h. Although its food is almost entirely made up of other birds, it is nowhere sufficiently numerous to have any appreciable ill effect on any one species. Its numbers have declined sharply in recent years.

# How to waste energy, without lifting a finger.

**YOUR FIRST TAP LESSON.**

Why bother shutting a tap off? Show your friends what an affluent person you are. After all, wasting as much as 40 gallons of hot water a day, and a lot of pure Natural gas energy certainly makes an impression.

**THE GREAT ESCAPE.**

Don't bother insulating. Let your walls breathe. Of course, heat may be escaping in winter and air conditioning in summer. But that insulation stuff is so itchy anyway.

**BRING THE OUTDOORS INDOORS.**

Never lift a finger to shut the window. Once again, you may be wasting heat, but all that fresh air will qualify you as a genuine nature boy with a genuine year 'round cold.

**LET YOUR LITTLE LIGHT SHINE.**

Here's a bright idea! Leave your indoor lighting on all night long. It may be a waste of electricity, but you'll be a guiding light to lost aircraft. Besides, you'll never have to waste your own energy flicking them off.

**THE SWEAT BOX.**

By letting your dryer run on endlessly, your permanent press will be permanently wrinkled. But at least you'll be setting a whole new trend in fashion. Think of the individuality you'll achieve as a prune.

**CREATE A BURNING SENSATION.**

Here's a new quickie recipe idea you can create just by never turning the gas down on your stove. Let the flame cook the sides of your pan as well as the handle for an unusual flavour sensation. Charcoal flavoured steamed vegetables. They're sure to jar even the least discriminating taste bud.

**THE WHEEL OF FORTUNE.**

Pick a number. Any number. But keep that thermostat wheel spinning. If you're lucky, you might even reach 100. In any case you're bound to win a fortune in heating bills.

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