

the painted box

By Wendy Thomson

You are now reading someone who feels like a bit of a dunce, — me and my "fifteen pounds of steak." I knew, when I started into that steak recipe last week, that meat prices were up, but I honestly had no idea what beef costs now.

We have our own beef in the freezer and eat it so often that I find myself apologizing for having steak twice in one week. Instead of hunting up "101 ways to cook hamburger," I'm forever looking for "101 ways to serve steak."

About the only meat we buy is bacon and wieners, and then it's a big day as far as the kids are concerned, — "Oh good! It's hot dogs!"

One week I tried fish, but gave that up for good. Halfway through the meal (after everyone had eaten half their fish), I noticed a little (not so little, really) pink worm all curled up in my fish. The frantic searching through all the fish and sauce turned up a few more. I've heard about wormy fish and that it won't hurt you, but I'd rather leave it in the store and let someone else be not hurt.

Anyhow, — back to the steaks. It wasn't till after I'd taken last week's column into town that I read the Star Weekly with the article on changes in different families' eating habits due to increased food prices. Then it belatedly dawned on me that many people can't afford steak for the family, let alone 20 guests.

If that's the case, the solution is quite simple, — forget about the steak and fill them up on Minestrone.

And so to continue with preparations for a Saturday Night Party. Last week I took everybody as far as getting the meat into a marinade on Friday night. And with that, you can forget about it until the coals are hot, the next night.

The only thing else to do, on Friday, is get the foil pie plates and make up pastry for six crusts. After the dough is rolled and in the pans, set

them aside overnight (covered). Don't bake!

Saturday morning, finish making pumpkin and custard pies. While they're baking, cook up the Minestrone soup, and you're all done for the day! (Other than last minute cleaning of which there is very little because you've already washed the floors and put out a few small bouquets of flowers to catch people's eye before they see anything you haven't done.)

And so on to the recipes.

PASTRY

Use 6 cups flour, 1 Tbsp. salt, 2 cups shortening, and enough water to bind. (Makes 6 crusts).

PUMPKIN PIE

(makes 3)
Mix 4 slightly beaten eggs, 28 oz. can pumpkin, 1 1/2 cups sugar, 1 tsp. salt, 2 tsp. cinnamon, 1 tsp. ginger, 1/4 tsp. cloves, 3/4 cups evaporated milk.

Pour into pie shells. Bake at 425 degrees for 15 minutes, then at 350 degrees for another 45 minutes or until knife stuck in centre comes out clean.

CUSTARD PIE

(makes 3)
6 slightly beaten eggs, 1 cup sugar, almost 1/2 tsp. salt, 1 tsp. vanilla, 3/4 cups scalded milk (or part milk, part light cream) and a shake of nutmeg.

Blend everything but the hot milk, then slowly add it, stirring constantly. Pour into prepared crusts.

Bake at 400 degrees for 30 minutes, or until the knife comes out clean.

Well, so far so good, and I've run out of room again, so join me next week for Minestrone!



SEEN ON MILL Street last Thursday were three Acton residents admiring the newly-installed cement planters. Doreen Fleet and her 18-month-old son Matthew of 6 Rosemary Street discuss with Ernest Parsons, Wynford Place, the improvement they make. "If they'll only leave them alone", said Mr. Parsons as he viewed a green Wink bottle already nestled in the planter by one of the small shrubs. (Photo by Lorraine)

Free Press Family Page

Reports, resolutions heard by Dublin W.I.

Members of Dublin Women's Institute gathered at the home of Mrs. H. Besley, Esquering Township, on Thursday evening for their regular monthly meeting. Mrs. Clark Armstrong, president, presided. Consumer Affairs was the theme of the meeting, and roll call was based on "A new product I have just tried." Many tips were given by the members, and all felt they would like to try some of the new things on the market.

From the correspondence as read by Mrs. M. Hunter, secretary, several invitations were read. District Day will be held on October 23 at Master Feeds Hall on the 7th Line, Esquering. A Tweed-smuir history Workshop will be held at Brookville Hall on November 7, with Badenoch and Dublin Branches being the hostesses. Also in Brookville Hall on November 21, will be an educational talk on Regional Government by Jim Watson, Nassagaweya W. I. will be hostess.

For the advanced prize list of Acton Fall Fair, a class for any craft made by a girl of 16 or under, will be sponsored by the Branch.

Two events are coming up within the next week for catering, so plans were made for the supplies.

As chairmen of standing committees, Mrs. H. Besley gave a two-minute report on agriculture, and Mrs. H. Dods on education.

A splendid talk was given on Public Relations by Mrs. W. Lasby, when she stated that public relations starts in the home, later in the neighborhood and community. A cheery greeting and a helping hand where needed go a long way in making a friendly community.

A resume of the neighboring fall fairs was given. Dublin W.I. was fortunate in winning first prize for each of their exhibits at Acton and Milton. Dublin 4th Srs. were also winner of first prize at Acton Fair.

Mrs. C. McIntyre, resol-

utions convener read the three resolutions being presented at the annual convention at Biggeman Lodge, Kitchener, in early November, these were approved with reservations on the last one. Mrs. C. Armstrong will attend as the official delegate.

Attending the International plowing match at Alvinston in late September, were six of the ladies of Dublin Branch, who gave highlights of the event when they served coffee and cookies in the county of Halton Courtesy Tent.

Christmas Tentative plans were laid for the family Christmas party and a committee was named to look after the details—Mrs. E. Norton, Mrs. H. Dods, Mrs. D. Appleyard and Mrs. James Ismond.

Attending the meeting of District Directors at Milton, Mrs. Duncan Moffat gave a detailed account of the sessions. Miss Grace Bird has been awarded the Ethel Chapman Scholarship and Miss Carol Somerville was awarded second for the Halton W.I. Bursary.

Information Consumer Affairs was the subject of a good talk by Mrs. E. Norton when she gave much information to home-makers.

A social time was enjoyed when Mrs. M. Hunter, Mrs. M. Nellis and Mrs. H. Dods, assisted by the hostess, Mrs. H. Besley, served a delicious lunch.

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Legion Ladies' bazaar raises \$1,000 Saturday

Legion Ladies' Auxiliary bazaar last Saturday was an outstanding success, showing a profit of over \$1,000. Auxiliary members prepared for the annual event in the Legion and other non-members also donated.

Mrs. LaMarsh won the tea table plant, Mary Cooney Tiny the dog, May Palmer a box of groceries, Freda Lamb \$50 in the cash draw, Hector Lambert \$15, and Donald Brown, R.H.I. King, \$10.

Penny sale winners are: apron and pot holder Vera Spires, glasses Sandra Patti, waste basket and contents Mrs. Alice Coles, coffee mugs Mary La Bala, wall plaques Joan Fletcher, hat and manicure set M. Martin, towel set Madeline Landborough, chocolates Jane Higgins, celery crisper and lazy boy L. Thatcher, novelty man Ann McMillan, doll Marie Joque.

Cream and sugar Betty Hardie, Xmas cards Vera Hietala, towel set Debbie McDougal, vase Stella Brunelle, salt and pepper Joan Papillon, basket and towels Bob Angeli, grater Harry Middleton, pie plate set D. Rowsell, ash tray Marg Dunn, apron and pot holder C. Martin, cream and sugar Barb Kiddy.

Vase S. Whitam, pillow cases F. Coker stuffed dog J. Pavli, ashtray John Patterson, alarm clock M. Daigle, pitcher and glasses R. Waterhouse, wall plaques G. Townsley, cream and sugar D. Courtney, crocheted hat K. James, vases D. Morton.

Candy dishes J.A. Fletcher, powder brush and powder M. La Blanc, jam J. Higgins, ashtray Bev Bagby, Cake plate A. Poultrick, pillow cases H. White, bowl and fruit S. McLaren, saw E. Vanderhagen.



ONE OF THE participants in the Georgetown Arts and Crafts exhibit at Norval Ironside of Silverwood district. She displayed and sold bubble glass.

V.O.N. nurse W.I. guest

Mrs. Ralph Sinclair was the hostess for the Oct. 9 meeting of the Greenock Women's Institute. Mrs. J. McCulloch, the president, opened the meeting. Mrs. E. Patterson, Miss Elva Pearen and Mrs. C. Allan were each presented with an aluminum etched tray for 25 years of membership of the Greenock W.I. Each one thanked the members for the gifts.

Roll call was, "name one way Public Relations could project the Women's Institute image." Mrs. R. Sinclair gave the meditation and Mrs. G. Wallace a two minute talk on current events. Convener for public relations, Mrs. G. Johnston had for the motto, "The things each one does to get along with other people."

V.O.N. Mrs. S. Oughten of Guelph was introduced by Mrs. G. Johnston. Mrs. Oughten is a V.O.N. and works from Guelph to Hillsburgh and Fergus. She gave a very interesting talk on the duties of the V.O.N. as well as home makers. The speaker was thanked by Mrs. C. Allan and presented with a gift.

Mrs. E. Patterson presented the resolutions.

The paper collection will be the morning of November 3. Lunch was served by conveners Mrs. E. Patterson and Mrs. G. Wallace and Mrs. C. Storey was the courtesy convener.

New members Legion ladies

Three new members were installed by the Legion Ladies' Auxiliary, Pansy Bremner, Marcella Pavilli and Darlene McDonald.

The group's annual bus trip was to Niagara Falls where an enjoyable time was reported.

Lucy Synnott is Legion Ladies' president.

IMAGE

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"BARGAINS BY THE YARD"



MR. AND MRS. George John Van Arragon were married here. She is the former Freda Proper.

Van Arragon - Proper wedding

Freda Proper and George John Van Arragon were married Saturday afternoon, October 13, in Bethel Christian Reformed church. The Rev. Jake Corvers officiated for the double-ring ceremony and Dr. Jim Olthuis gave the address. The groom's brother-in-law John Krales played the organ for the ceremony.

Gold and bronze mums and daisies decorated the church.

The bride is the daughter of Mr. and Mrs. John Proper, R.R. 4, Rockwood; she is a secretary with the Canadian Home Bible League. The groom, who's a student, is the son of Mr. and Mrs. John Van Arragon, R.R. 4, Acton.

Made gowns The bride wore white patterned crepe with cathedral length veil and

carried an arm bouquet of yellow sweetheart roses.

Attendants were matron of honor Grace Hockenberry, Cedarville, Ohio, sister of the bride; and bridesmaids Mrs. Ria Verdonk, Brantford and Mrs. Rita Vandenberg, Stoney Creek, friends. They wore orange crepe with brown trim and carried bronze daisies. The attendants made their own gowns and Mrs. Hockenberry made the bridal gown as well.

Andy Glasbergen, Downsview, was groomsman and the ushers were Bob Proper, Georgetown, the bride's brother, and Dick Van Arragon, Acton, the groom's brother. Mr. Proper gave his daughter in marriage.

The reception followed in the church basement. The couple took a wedding

trip to California, and the bride left wearing a jade green dress and red roses. They are living at 71 Cadillace Ave., Downsview.

Guests attended from Brantford, Toronto, Hamilton, Cornwall, Oakville, London, Hillsdale.

Hostess shows movies

Mrs. Dorothy Rognvaldsen was the hostess for the October meeting of the Trinity activity group. Mrs. Rognvaldsen was in charge of the devotional and read an article, You Can Take it With You, also a poem called Thanks.

Mrs. Ian McGillivray conducted the business. Everyone is to bring a toy to the next meeting to send to the Launders to give to the Indian children. Plans were made for the bridge night.

Movies Mrs. Rognvaldsen showed movies she and her husband took while in Dakar, French West Africa, and surrounding district. They were visiting their daughter Nansi, husband and wee granddaughter. The pictures were interesting and gave one an idea of that part of Africa. In spite of hardships the African people are a happy people.

Business During the business portion, notice was read of the zone rally to be held in Georgetown on Nov. 7, when the local group are to provide a number for the program.

Golden Age guests

An outstanding program of music and entertainment was provided by the Belwood Swingers at the regular evening meeting of Acton Golden Age Club.

This is a group of eight grandmothers, one of whom is a great-grandmother, who enjoy bringing happiness to their listeners.

Various kitchen utensils are played, such as spoons, lids, wash board and tub, plus bells, tamborines and kazoos. Readings, piano and vocal solos, duets, skits and dances, rounded out the program.

Seven year old Jean Smith was a guest and gave tap and baton numbers. The program concluded with a vocal solo. Amazing Grace by the great-grandmother Mrs. D. Sargent.

A sincere vote of thanks was tendered the group by club president Ivan Harris.