

Wearing Seton Hall colors, Andrews runs the relay

The Acton Free Press, Wednesday, February 28, 1973

AHS track and field accomplishments could be foundation for local club

By Denis Gibbons

While football, hockey and basketball teams at the school have enjoyed less than mediocre success, Acton High school's reputation for producing outstanding track and field athletes has kept the "Redmen" name in the limelight of Ontario secondary schools athletics right alongside those of schools with triple the enrolment.

Within the last decade AHS athletes have won three individual OFSAA championships, accepted four track and field scholarships to U.S. colleges, won a CWOSSA crosscountry title, competed in the British Empire games or Olympic trials three times and generally made it rough for opponents, who many times had written off competition from a school of between three and four hundred students.

Now the man most responsible for the whole story wants to start a track and field club and coaching association in Acton in an effort to encourage area youths to take advantage of the benefits participation in track and field can have.

Bruce Andrews first made sports page headlines, when he ran a 4,19 mile to place seventh in the British Empire Game trials as a skinny kid of 16 in 1958. While less arduous pastimes caught the fancy of his classmates, Bruce. kept training hard every day. He made it to the Canadian Olympic trials in 1960 and placed second to Toronto's Bruce Kidd in a memorable mile at the OFSSA championships in Guelph in 1962.

Six months later Bruce was running in Madison Square Garden and receiving an education at Seton Hall University he might otherwise never have been able to obtain. Upon graduation in 1966 he returned to Acton, where he is now head of the AHS athletic department.

Big benefit "Athletically, receiving scholarship allowed me to find out what I really was capable of doing," Bruce says, "Scholastically, I can't say enough about it. lt's conceivable I might never have got a college education without it."

Bruce is quick to credit coaches of the Guelph Legion track club and Toronto Olympic Club for instruction he received during his high school years. He feels a club operated locally would attract many more prospects.
"All too often people have to

leave town to get the competition they need to become more proficient in what they are doing," he explains. "We would need a sponsor, parents to help transport athletes to meets, secretaries and persons interested in learning to coach. They wouldn't have to be experts, we can teach

Summer instruction for such a club could come from two AHS grads Jim Slaven and Steve Van Fleet, who are now attending Miami University in Oxford Ohio on track scholarships or ex-track stars like John Goy and Keith Ranney, who still live in the Acton area.

Prime examples Slaven and Van Fleet are prime examples of how hard work and perseverance can pay dividends in later years.

No small effort was put into the preparation Slaven gave himself to become the fastest Ontario high school runner over 3,000 metres in 1970. He established a new record of 8.35 in a gutsy performance in Toronto's C.N.E. stadium that year. The previous fall he finished first in a field of 150 runners entered in the OFSSA junior cross-country race. He



Keith Ranney checks the stop watch with coach Ted Franklin.

800 metres in 1.58.

In the space of a year and a half Van Fleet progressed from just another entrant in the school field day to one of the province's top juvenile javelin throwers. Last summer he won first place in the Halton-Peel secondary schools meet, placed fifth in a field of 29 at the OFSSA meet and bettered the Canadian juvenile record with a throw of 213 feet at an open meet in Montreal. He has won his first three meets in the winter semester with the Miami Uni-

versity team. Keith Ranney raised a few eyebrows in the Varsity stadium press box at the 1966 Toronto Police Games, when he chased Olympic half miler Bill Crothers around the track, finishing third behind Crothers and American George German at the wire. A versatile runner, Kelth recorded top times of 22.6 in the 220, 50.8 in the 440, 1.50 in the half mile and 4.23 in the mile.

Top vaulter

At the age of 15, John Goy cleared the pole vault bar at a height of 10 feet 51/4 inches to become the best midget vaulter

has run a 4.21 mile and done the in all of Ontario's high schools. Three years later he cleared 12 feet two inches at the Eastern Canadian championships. Although the world mark is now over 18 feet, Goy's efforts would still be considered good in high school circles today.

A latecomer to Acton High Phil Morris was good enough to make it to the OFSSA finals in the 800 and 1800 metre events in 1971, before he accepted a track scholarship to the University of Wyoming.

There have been others, who if the results they obtained were not as impressive, surely benefitted in some way from the physical conditioning and knowledge of discipline they gained from their porticipation in track and field. Ed McHugh and Wilson Allonby ran well for the Guelph Legion club during the '50's. Alan Hall, who has since devoted a lot of time to lacrosse and hockey programs in town once ran a 4.29 mile and Alan McKenzie, "the bearded one" was always near the two minute mark in the half mile and the 52 second mark for the quarter. Dan Arbic was a top

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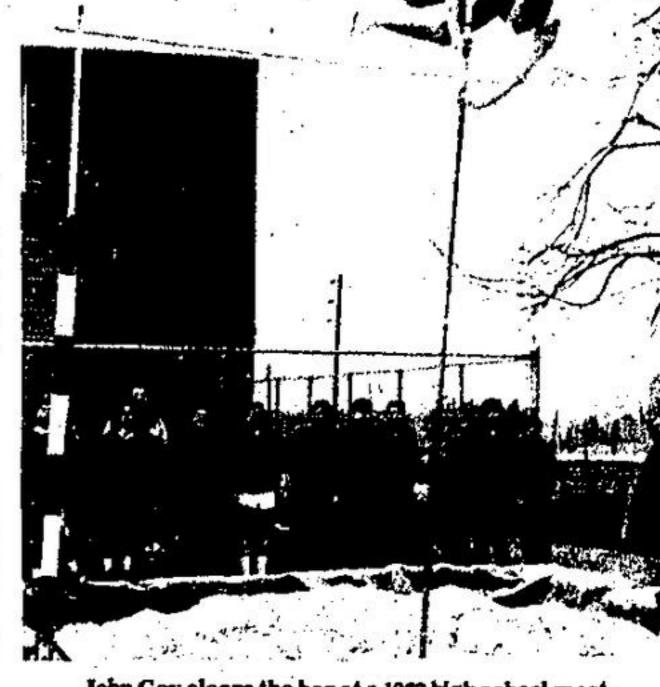
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John Goy clears the bar at a 1962 high school meet.

Three players finish in top 10

Final scoring statistics games. McRae finished ninth released by Waterloo-Wellington Minor Hockey league convenor Al Moore show that three Acton players, Russ Van Fleet and Charlie McRae of the CFAW midgets and Dan McGilloway of the Lions juveniles were among the top 10 scorers in their age

And there are others on the way up. Hoger McKachern, Frank Houston, Cliff Creasey, Rick

Near and Roott Rommerville

represented the actual in the recent Maple Leaf Indoor games

in Toronto and have been training

turd daily for the upcoming out-

Hockey relation

How do all these results, facts,

figures and accomplishments

relate to those of hockey or more

popular team sports?
"I would equate earning a truck and field scholarship to making the Junior "A" ranks in hockey," Bruce comments.

"Winning at the national level, I

would say would be equivalent to making the NiIL. For the number of kids that have gone through the school, I think the number we've

had compete at the national level

Only those who have

experienced the daily grind of

conditioning the body and mind

know the sweat and toll that goes

you have to do the work yourself.

It's 99 per cent work and 1 per

cent applause, but it always pays

off for anyone who is willing to

open up in the sport now that the

new professional track and field

association has been formed in

the U.S. Even at the college level

the opportunity for travel is ex-

cellent. The Miami U track team

will soon be making a swing

through the southern states,

Further opportunities may

work," says Bruce.

"It's a lonely sport, because

door season.

is remarkable."

into it.

Van Fleet placed fifth in the midget scoring race with 21 goals

with 12 goals and 16 assists for 28 points. Acton midgets ended up in fifth place in the eight team McGilloway averaged slightly

Jim Slaven on the run.

stopping for meets in Tennessee,

A local track and field club

could be of enormous assistance

to youngsters interested in the

sport, but volunteer help in

coaching, accretarial duties,

transportation arrangements or

just plain encouraging is badly

A major factor in the improve-

ment Keith Hanney showed, for

instance, was the coaching and

encouragement provided by

former Actonian Ted Franklin.

"I feel the amount of time Ted

spent with Keith had a lot to do

with him running a 1.50 half

Bruce would be interested in

hearing from future Ted

Franklins. He can be reached at

who now lives in Edmonton.

mile," Bruce says.

home at 653-1364.

Florida and Texas.

more than a point a game with nine goals and 11 assists in 19 games to place tenth in the juvenile scoring race. Lions finished fifth in the six team



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Steve Van Fleet AHS grad now at Miami U.

by Ken Hulford

TRIANO MIXED

Feb. 12 Everybody on the Wildcats got into the winning act with either solos or triples, when they won three games from Lucky Seven. John Fabian 734 (304), Rose Gentles 658 (260), George Landry 545 (234), Steve Blanthard 200, Cecile Porte 218 and Bud Martin 220-203 had 'em. Top trio in the Lucky Seven efforts were Elston Adams 626 (221), Lynda Harris 603 (273)" and Bob Snyder 340 (208). Underdogs took the first canto from Hangovers by 15 pins, then went into a decline and it was a Hangover win for two and totals Bill Gentles 611 (234), Jean Binden 551 (209) and Bert Collett 536 (190) were top trio in the win. Best for Underdogs were Ory Porte 528 (203), Mike Moore 525 (219) and George Adams 470 (173). Wildcats 36, Underdogs 28, Lucky

BEARDMORE Feb. 19: Hot Dogs lost out in the first on to Misfits, equalized in the second, then hung on to take the finale by 11 pans and tucked away the odd point for totals as well. Tripling and singling for the "Dogs" were Lyle Cripps 869 (287), Deanna McDowell 220, Val. Norton 206 and Bill Diggins 235. For Misfits it was Roger Murray 637 (223), Bill Patey 211 and Jake Van Der Kooy 217. Mustangs took the first two cantos from Ding-A-Lings, but were clobbered in the third and almost lost out for totals. Getting the Mustang triples and singles were Bob Woodcock 703 (276), Grenville Massies 613 (231) and Arila White 217. Getting the Mustang for Ding Arile White 217. Getting 'em for Ding-A-Lings were Dan McGilloway :686 (287), Dodle McGilloway 218 and John Van Der Kooy 222. Rambiers made every game a winning one, Go-Gos not going anywhere and getting the zero count. Heading up the win were Elston Adams 784 (320), Kors Vryenhoek 655 (265), Dennis Crooks 575 (212) and Helen LeSueur 531 (207). Best for Go-Gos were Phil LeSueur 533 (192), Joe

League standing: Mustangs 64, Mishts 52, Hot Dogs 49, Rambiers 63, Go-Gos 30, Ding-A-Lings 25.

Richards 513 (185) and Helen Fowler

CAROLINE GARDEN CENTRE Feb. 18: Odd Balls took two games from the league-leading Lucky Thirteen, but the "Luckies" made with a big middle canto win and grabbed the singleton for totals. Getting the Odd Balls' tricounts and molos were Murray Bateman 672 (255), Grace Totals Grace Robertson 665 (248), Fred Blain 200. Donna Draycott 204 and Bob Punt 200. Tops for Lucky Thirteen were Bert Robertson TiD (304), Gerald Draycott 707 (260) and Tom Bousfield two and totals go with Headpins.
Pacing the win were Jules Fryters 639 (272), Frank Morton 428 (248), Bill Mathies 505 (188) and Lynn Punt 494 (201). Best for Headpins were June Bousfield \$32 (225), Ron Robinson 576 (332) and Emmy Fryters 517 (201). Lucky standing: Lucky Thirteen 27, Happies 23, Odd Balls 24, Headpins 22.

MUESPRINGS FLOWER SHOP. Feb. 30: Roses took the first chukker from the front-running Postes by 14 pins, repeated with a 28 pin in the second, then poured it on to win the finale for a clean sweep. Top trio in the win were Sandra Patey 605 (231), Joan Nellin (30 (178) and Adele Nolan Marlene Marsh 578 (225), Norma Titus 565 (226) and Betty Hardie 562 (204). Tulips moved up for a shore of the top rung with a two game in from the Glads. Missing the odd point for totals by nine pins cost Talips the top spot all by their ownsome. Tops in Tulips, trundling were Mary Anderson 537 (229), Peg Hurdle 532 (242) and Lis Kaiser 532 (197), Best for the Glads were Lynda Harris 610 (2016), Jackie Higgins 543 (206) and Carniyane Bellough 321 (200). Peonies came up with a two and totals win, Asters sneaking in with a 25 pin win in the middle chakker. Pacing the Peonies' win were Edna Kennedy 497 (188), Wannetta Smith 4712 (208) and Pag

Ballentine 443 (155). Making the most for Asters were Sylvia Mages 678 (306), Grace Lucas 468 (167) and Etleen Coombs 427 (182). League standing: Posies 49, Tulips 49, Glads 47, Roses 46, Asters 44,

LAKEVIEW CENTRE Feb. 20: Globetrotters took the first then stole the finale by four pins for a two and totals win. Up on the triple and single plateaus for the Globetrotters were Marton Storey 726 (267), John Dunn 616 (236), Lucy Synnott 214 and Susan Bruce 246. Up there for Ding-A-Lings were Anne McMillan 632 (245), Jake Draycott 612

(300), Archie Baddeley 210-208, Ed Wood 218, Ruth-Ann, Moyer 210 and Ted Curtis 221. Cracker-Jacks came up with a two and totals win fro Peppercona with Gary Ockenden 673 (253), Gord McKinnon 651 (233) and Ken Ingleston 601 (215) being top trio. Top tricounters for Peppercons were Joan Knight 615 (213), Phil (got it right this time) Marzo 599 (360) and Wes Storey 472 (201). Ding Bats were a 10 pin winner in the first canto against Hot Dogs, then went into a tailspin and it was two and totals for the "Dogs". Pacing the win were Fred Buchanan 622 (263), George Bruce 601 (215) and Okai James 566 (197). Best for Ding Bats were Lennora McKinnon \$11 (240), Dog Perry 573 (217) and Tinnie Masales 491 (176). League standing: Ding-A-Lings 41, liot Dogs 32, Ding Bats 28, Globetrotters 28, Cracker-Jacks 28, Peppercons 23, INDUSTRIAL-COMMERCIAL

Feb. 21: Reliable Snack Bar came up with a two and totals win. Jon Hurst Electric winning the finale to avoid the zero count. Top trio for Reliable were Jim Bullough 584 (368). Bob Woodcock 828 (304) and Bill Williams 700 (251). For the "Electricians" it was Don Harris 821 (290), "Shorty" Lowin 802 (305) and Terry Churchill 653 (254). Moss Hardware tucked away a two and totals win at the Oakville Automotive's expense with Jeff Fryer 824 (350), Jim Piehl 711 (259) and Hec Daigle 646 (271) heading up the win. Best for the 'Oakles' were Bill Shannon #73 (355), "Doc" Post 782 (313) and Kors Vryenhoek 621 (227). John's Texaco Service bombed the Home Hardware for a three game win with Keith Andrews 709 (283), Bill Anderson 695 (275) and Fred Lockerbie 674 (258) being the chief bombers. Tops for the Home Hardware were Gary Walker 677 (258) and Dave McMillan 420

League standing: Jon Hurst Electric 45, Reliable Snack Bar 38, Oakville Automotive 36, John's Texaco Service 35. Moss Hardware 33, Home Hard-

ACTON LADIES Feb. 21: Jim's Variety knocked Speyhill Farms off the top rung, when they took 'em for the works. Top trundling for the Variety Gala were Ins Meilon 622 (213), Lois Norton 588 (200), Marie Gilliss 561 (208) and Fran McKnight 528 (204). Making with the most for the "Farmerettes" were May Swackhammer 610 (220), Fran Pierce 567 (283) and Jean Smith 542 (205). Moss Hardware came up with a two and totals win, after dropping the first spasm to the L.G.A. Nan Hurst 587 (210), Ethel Anthony 535 (188) and Maxine Hurst 500 (200) headed up the win. Top trio for the I.G.A. were Barb Wilson 556 (204), Lil Herensberger 485 (184) and Grace Robertson 481 (197). Nielsen's Clothing won the first two from Cameo Boutlove, then got shellacked in the third and lost out for total, but the two game win put them up on the top rung. Sparking the Nation will were Petty Chesne 535 Perkins 473 (201). Tops for Cameos were Pat Dawkins 580 (209). Betty Elliott 499 (215) and Jeanette

Greenley 467 (170). League standing: Nielsen's Clothing 60, Cameo Boutique 50, Speyhill Farms 57, Moss Hardware 55, Jim's Variety 53, I.G.A. 52. THURSDAY TOPPERS

Feb. 22: Alley Cats took over the top spot with a two and totals win from the Sexy Six, who won the first game by seven pins. Top trio in the win were Pat Wood 648 (253), Lucy Synnott 566 (241) and Jean Ager 489 (186). Best for the "Six" were Isabel Gallant 423 (169), Minnie Johnston 408 (162) and Eleanor Landry 408 (150). Ding Bata took 'em for the works with Donna Staves 569 (215), Wendy Fablan 565 (225) and Joyce Adams 534 (229) leading the win parade. Tops in Ding Bats' trundling were Ruth Archibald 463 (177), Shirley Thomson 456 (165) and Val Schepannek 452 (178). It was a two and totals win for Meatheads. after losing out in the first chukker to the Bowling Stones. Audrey Blanchard 541 (188), Colleen Robb 540 (200) and Gloria Galbraith 521 (221) headed up the win. Best in Bowling

26, Bowling Stones 25, Meatheads 24.

MAJOR Feb. 22: Acton Meadows dropped the first go to Dominion Hotel, but were on the team to annex the next two. Top trio in the win were Mac Herrington 767 (293), Jim Bullough 696 (258) and Ray Toth 667 (249), Top tricounters for Dominion were Bill Anderson 716 (250), Jack Gould 702 (271) and Bob Woodcock 690 (249). Reliable Taxi took the first two games from Acton Lanes and were gunning for the third, but a last frame rally by the "Lanes" got them the decision by one pin. Pacing the Reliable roll were Pete Homer 907 (353-319), Bruce Shultis 800 (294) and Jeff Fryer 758 (260). Tops for Acton Lanes were Tom Browning 779 (311), Dee DeForest 770 (260) and Jim Piehi 710 (285). The Hinton Store crew rolled roughshod over the Acton Meadows' Bees for a triple win with "Doc" Post 777 (344). Ken Rigo 660 (236) and Gary Turkous 624 (231) heading up the win. Elmer Lucas with a 634 (222) was a longer for Lucas with a 614 (228) was a loner for the "Bees". League standing: Acton Meadows 38.

League standing: Acton Meadows 38, Reliable Taxi 3215, Hinton's 31, Dominion Hotel 234, Acton Lanes 17, Acton Meadows Bees 2.

Acton Friends

Feb. 22: Gold diggers came up with a two and totals win, Road Runners taking the middle canto. Pacing the Gold Diggers' roll were Dave Ireland 696 (267), Gord Lott 667 (243), Eva Glendenning SSB (202) and Ellen Larsen 520 (205). Tops for the Road Runners were Jim Glendenning 817 (233), Ken Van Der Polder 537 (204). Ben Larsen 537 (211) and Lester Langlois 448 (211). Satellites won their first game from Moonshiners by 14 pins, hung on to win the second, then fell off the win beam and Moonshiners grabbed the win and the odd point for totals by three pins. Making with the most for Satellites were Mike Noble 610 (224), Lou Beaulieu 588 (229) and Marcelle Phillips 557 (156). Best in Moonshiners' efforts were Monica Besulieu 632 (256), Willie Mitchell 544 (210), Wayne Medland 481 (178). Untouchables, then fell by the wayside and it was a two and totals win for Untouchables with Larry Beaulieu 718 (256), May Swackhammer 574 (232) and Jack Glendenning 490 (171) being top trio in the win. Best for Super Stars were Jerry Buchanan 542 (228). Barry Dempsey 511 (200) and Kevin Clarke 511 (194). League standing: Gold Diggers 40, Super Stars 33, Untouchables 32, Moonshiners 32, Satellites 31, Road ACTON MIXED

Feb. 23: Hobos racked up a two and totals win at the Wanderers' expense. They simost got the bundle, but Wanderers snaffled the finale by 6 pins. Top trio in Hobos' win were "Shorty" Lowin 745 (305), Arlie White 580 (211) and Bill Boyd 540 (190). Best in Wanderers' efforts with triples and singles were Annmarie Moore 629 (256), Peg Hurdle (243), Ken Billings 240 and Peter LeBlane 252. Hi-Lites squeezed out a 15 pin win over the Tinklers in the first, then made no mistake in wrapping up the next two for a triple win. Heading up the win were Gertle McMullen 608 (244), Doug Hilton 591 (215) and Harry Middleton Hilton 501 (215) and Harry Middleton 539 (206). Tops for the Tinklers were Rupe Harmer 891 (277), Jerry Buchanan 523 (221) and Bryan Buchanan 523 (221) and Bryan Billings 521 (219). Snalls were a two game winner from Hot Shots, but they lost the singleton for totals, when the Hot Shots got hot in the middle canto. Making with the most for Snalls were Bill McMullen 651 (233), Joan Porty 575 (210), Gerry Patey 503 (179) and Henry Geberlein 473 (206). Best for Hot Shots were Laura Trable 714 Hot Shots were Laura Treble 714 (261), Elste Edmondson 677 (257) and Alvin Moore 499 (189). League standing: Hobos 91, Hi-Lites 60, Tinklers 60, Snails 38, Wanderers

BIG FOUR Feb. 23: The front-running Misfits came up with a two and totals win from Happy Rollers with Charley Doornbos 615 (212), John Van Der Kooy 565 (264), Webb Kamings 477 (186) and Archie Duiker 447 (175) pacing the win. Top tricounters for Happy Rollers were Ken Parrish 617 (231), Harry Faber 518 (182) and Chris Duiker 494 (181). Twas a big night for the Poor Souls. They won 'em all from the Hot Dogs. Renee Voskamp 615 (233), Dorothy Corvers 200, Jaka Van Der Kooy 217 and Hennie Van Dam 247 tripled and singled for the Poor Souls. Top trip for Hot Dogs were Doit Van Top trie for Hot Dogs were Dotf Van Arragon 624 (249), Jack Van Der Kooy 443 (160) and Sonya Wyga 330 (197). League standing: Misfits 64, Poor Souls 30, Hot Dogs 40, Happy Rollers

54, Hot Shots 33.

HEADPIN HI-LITES Wendy Mason was the lucky winner in the Thursday Toppers weekly draw—well the big news this week is that the Bowling Stones team of the Thursday Toppers league qualified to advance to the regional playoffs in the Daytime Lady Bowlers tournament. The Zone "F" rolloff was last Sunday morn at the Georgetown Bowl lanes and 10 teams were bowling a three game go to qualify for the two top spots and the right to advance to the regional roll. After the second game, the Bowling Stones, Lennora McKinnon, Lynn Smith, Edna Payne, Gertle Windmoller and Elaine Cipparene were in fifth place, 20 plns down from the top spot. Came the third game and the revolution. The gals got into high gear with a 110 per cent effort and bowled the second highest game of the set a 1122 (the team from Guelph had the top team single, 1210) and it brought their three game total up to 3230 just 7 plns behind the first team's score of 3237 rolled by and 10 teams were bowling a three the first team's score of 3287 rolled by the Georgetown team. It was a happy jubilant team, when the final results were posted and over the P.A. system came the heartwarming words "Here are the final results ladies, first, Georgetown with a total of 3287, second, Acton with 3280", the remainder of the scores went unbeard in the excited screams and shricks of the two winning teams. The regional playoffs will take place March 18 at the Sportsmen Bowl in Guelph. This is for the right to advance to the Provincial finals, where the teams will be bowling to win that all-expense paid week-end in New York City.—that winds it up once again my friendlies, so adies amiges and ecodolite Concord City.—

goodnite Concord City.

Close game

Acton High junior Redman lost 47-40 to Milton in the closest HCAC basketball game they've had this year last Wednesday. Dave Galbraith scored 16 of the

Acton points. Bob Vinski and Terry Davidson netted nine each. Dan McTavish, Rick Baginski and Jan Stachyra had two apiece. Burlington Nelson defeated the Redmen 67-39 in Burlington Thursday.

The AHS girls volleyball team lost their match at Burlington Lord Elgin in straight games.

Baseball meet

The Acton Minor Baseball Association will hold a general meeting in the Centennial library, Tuesday, March 6 at 7

for the BOWL for Pleasure **BOWL for Health** THE ENTIRE FAMILY CAN BOWL TOGETHER 30= It's the GO BOWLING

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