

Speaker series noon hour programs

This year, the Guidance department under the leadership of Brian Skerrett, is continuing a lunch-hour speaker series. The program is set up as a number of informal sessions with experts in various fields. Last week two guests appeared: George Harding, assistant director of Student Affairs at the University of Guelph and Dr. B. C. Hoddenott, Medical Practitioner and hypnotist. Grade 12 and 13 students, Rick Hammond and Carol Jones report on the speakers.

HUMAN RELATIONS By Rick Hammond

George Harding was the first in what I hope will be a long series of speakers. Mr. Harding is assistant director of Student Affairs at the University of Guelph and is a specialist in human relations. His work is based on developmental science (programming) and applied behavioural sciences (sociology). He works along the same lines as our guidance office, by helping people to deal with their lives.

Mr. Harding is a man of wide interests when it comes to the subject of helping people. I feel that he has a natural talent in this field because he is a very easy person to talk with and listen to. With the emotional problems that students are encountering in school more people like Mr. Harding are needed. I just hope I have someone like him to turn to in my future university years.

All my thanks go to Mr. Harding for giving up his time in order to come to Acton High School.

HYPNOSIS

Guest Speaker: Dr. Hoddenott First of all he gave a small lecture on hypnosis. Then he

explained how he got interested in it.

He refused to give a demonstration because he does not believe it should be exhibited. Besides that it is against the law.

He has a practice in Georgetown and about three or four months later he began his hypnosis. It is used for obesity, to help quit smoking, depression and sexual problems. It is also used in dentistry and in operations so they don't have to use anesthetics. It is also used on athletes to encourage them, because when you are under hypnosis your concentration is intensified, you see better, hear better and you are also more powerful.

He also explained how people can hypnotize themselves without even knowing it. It is believed that this is what Sirhan Sirhan did at the assassination of Robert Kennedy.

Heather Cormack said it was very interesting. "You don't realize how much you can do under hypnosis." Corie Maxwell said she wished it could have been longer. She also agreed it was interesting.

Interview with Mrs. Sandra Fleming:

Weight control and quitting smoking does work generally if a person really wants to. It takes will power and he just encourages it. One girl, trying to lose weight, just loved bread and she hated maggots. The doctor told her to imagine the bread was covered in maggots. This is the way he works without hypnotic suggestions.

In her opinion he is a very good doctor. He is a good listener and is also very busy.

An article was in The Star about Dr. Hoddenott, September, 1972.



ACTON HIGH students Cathy Frizzell and Wendy Romanovich were among those taking part in a canoeing competition on Fairy Lake. (Photo by D. Gibbons)



By Janice Gibson

The "Korean Art of Self-Defense," a group started and organized by the "Tramp Champs", was to have given a demonstration to the school, last Monday. Our eager expectations were disappointed, because for some unfortunate reason, they never made it. We are still waiting, though.

On Tuesday, the Grade 12 Geography class and their teacher, Keith Black went to Toronto. This field trip was to make an urban study. The group also enjoyed a bit of free time to do some shopping.

Tuesday night, a bus left Acton at 6.30 p.m. with 48 students, with Mr. Geoff Sansom and his wife as chaperones. They were bound for the Canadian Mime Theatre at the University of Toronto.

Speaker series

The speaker series has again started this year, and with a BANG. We had two very interesting men, one right after the other: George Harding and Dr. Hoddenott. Brian Skerrett is in charge of it again, this year. He is working very hard at trying to get some more speakers with various topics to speak upon.

This week, we had one of our teachers representing us at a conference in Milwaukee. Clarence Rogvaldson went for three days. This was a gathering of Geography teachers.

Halloween success

Thursday night, there was a terrific dance, featuring "Copper Penny." It was a Halloween dance. Hay and pumpkins adorned the gym, and it was considered a great success.

Three students left this weekend for New York State for

mountain climbing. This trip was with the Outers, supervised by Mr. Rowley and Dr. Tambllyn.

Last game

The junior volleyball action last week, the last game of the season was played at T. A. Blakelock. They lost 3-0. They have played a total of 35 games and won seven. This is a 20 per cent win for us. The girls' basketball team have played three games and lost three, unfortunately. The reason for this is, that being a small school the number of players are limited.

The next game will be played at Oakville Trafalgar on November 2.

Out early

On Monday, school was let out early, due to the election. This gave both students and teachers a chance to vote. For most of the students this will be their first time.

Urban study for grade 12's

By Wendy Hannah

On Tuesday, Oct. 24, the grade 12 Urban geography class travelled to Toronto to get closer to the city and its functions.

On the bus, the students mapped out the different types of buildings along the 401. The bus then stopped for 20 minutes at a small shopping mall in Don Mills. A local businessman guided the bus on a tour of Toronto, showing the rich and poorer sections.

Loose on Yonge

At lunchtime, the class was "let loose" on Yonge Street to count pedestrian flow and map out the different stores and businesses.

Free time was allowed for enjoyment of shopping, the Toronto Dominion Centre, riding the subway, or any other pleasures desired, just so long as they made it back to the City Hall in time to catch the bus home.

To set up core program

Halton County Board of Education approved a plan Thursday that would establish a set of core programs for elementary students. Educators felt a need to move towards a basis on which all the schools were working.

Some felt that the trend toward diversification and individualism had gone too far. While they felt they would not want to return to a rigid system used early in the 1960's, they agreed a program somewhere in between would be best.

Core program

The new program is called core curricula and is one of 187 recom-

mendations in the board's priority and expenditures report. The program is expected to cost \$40,000 the first year and a total of \$240,000.

Thursday was the second of a series of meetings being held by the board to deal with the priorities and expenditures report.

Although the recommendation dealt only with elementary schools, the board received a brief from Halton Chapter of the Ontario Secondary School Teachers' Federation supporting a move to a core program in the secondary school as well.

Childhood development course pilot project

The role of the parent is one of the most important roles any individual person ever gets to play and yet there is no training for parenthood. Rev. Bowra told the Halton County Board of Education during a discussion Thursday on the Early Childhood Education program council report.

Council chairman Eric Balkind said early childhood development was a subject where there is so little known and so very much to learn. He indicated very little is covered at teachers' college.

The report presented to the board recommends the board

have a well qualified person develop a program in early childhood development and implement the course on the basis of a pilot project in a high school in the county.

The report also considers the possibility of working in collaboration with the Department of Health and Welfare and a local municipality in order to locate and staff a day care centre right on a school site.

The report was accepted and will be considered by the executive council and come before the board at a later date.

Teachers view huge schools with distaste

Halton district 9 of the Ontario Secondary School Teachers' Federation has suggested that the Halton Board of Education

Attend theatre

By Sue Brooks

Last Tuesday evening October 24, Mr. Sansom, accompanied by his wife and a busload of students left Acton High School for Toronto to see the Canadian Mime Theatre. The program started at 8.30 p.m. and consisted of 21 skits that were devised by the Canadian Mime Theatre and directed by Adrian Pecknold.

The final skit was called the Silent Screen which related back to the old silent movies.

Ask questions

At the end of the program the cast; Adrian Pecknold, Harro Maskow, Wayne Specht and Maggie Potter conducted a discussion period in which the people could ask their questions.

Many of the students who went to see the Mime Theatre are taking either Creative Drama or Theatre Arts.

All of the performances were fantastic and very much enjoyed by everyone.



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should adopt a written philosophy of education, so the Board can declare "unequivocally the direction towards which education should aspire."

In its views of the Priorities and Expenditures committee topics of the last Board meeting, the Federation says it views with an air of foreboding the mammoth institutions of 1980 being built to accommodate 2,000 or more students and feel that the most effective education is provided in schools of 600 to 800 students, as evidenced by research in the United States.

Eliminate "gobbledegook"

Curriculum development, the teachers say, should be in the hands of teachers and not be guided by those who get their ideas from the "nebulous atmosphere of educational theories

which have little contact with the real world of the student." The Federation says the process should be conducted as open discussion with the elimination of meaningless jargon or gobbledegook.

Also suggested was that coordinators, consultants, department heads and teachers should participate in evaluation of the program. District 9 also agreed with the phasing out of program councils since the programs were not being implemented, and favored the establishment of "core" programs for elementary students.

The OSSTF commented on several facets of the 187 recommendations in the priority and expenditure report, concluding that Federation representatives should be consulted more often than is present Board practice.

Free Press

Youth page

Sheridan preview - atmosphere casual

By Bob Beerman

On Thursday, October 19 a group of grade 11, 12 and 13 students went to Sheridan College Oakville campus. The trip was planned by the Guidance department to acquaint students thinking of going to community college with the school.

The bus arrived at Sheridan about 12.45, and the guided tours lasted for about two hours. The first stop was the Secretarial Science Department, followed by the costume design class. The Creative Art section included animation, graphic art, and others. After that, the students visited the language rooms where students having

spelling or pronunciation problems may receive help. This part of the course is optional.

Photography

Afterwards, the students visited the photography section, which contained two large darkrooms and lighting studio for taking pictures.

Also, Acton High students observed through a one way window the Child Education Course.

Sheridan has a fantastic videotape network and their own radio station.

Former Actonians

Past Acton students were seen and gave their opinions of the

campus. These were Bonnie McKenzie, Rae Elythe, Barry Breen, Margot Matheson, and even Mrs. McCarroll.

Sheridan has an extremely casual atmosphere. You can rest in the lounge areas, or just lunch in any of their three cafeterias. The trip was thoroughly enjoyed by all the students participating.



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