

the painted box



By Wendy Thomson

The time's flying so fast! It seems almost yesterday that Gord and I were checking our duffie at the office of The Trail Riders of the Canadian Rockies, and here it is now, our last day in the mountains.

By a funny coincidence, our first day's ride was just the same as last year's. Our group had switched from bus to horse, and were way up the Pipestone River dismounted for lunch, when it started to rain. We spent all afternoon on a seemingly endless ride to base camp, all bedecked in the most fantastic assortment of rain gear you ever did see!

Still, that got the rain done and over with. Next, there was the cold to contend with. For the first three days, I was so bundled up I could hardly move!

Last on list
My choice of ensemble would have put me at the very end of a world-wide "Best-dressed" list. My outfit consisted of black leotards, pale blue knee socks, brown wool ankle socks, blue jeans, riding boots, white nylon turtle-neck shirt, navy wool turtle-neck sweater, hand-knit green-leather wool vest, yellow squall jacket, red hunting jacket, and riding hat. It was a real effort to even get close to Hart, my horse, let alone get on her. But then the sun came out, the flowers started blooming, and I'm getting well browned—even burnt in spots. The cool breeze keeps it heavenly.

Glut mudhole
And the trails are something else. With the snow melting high up in the mountains, the trails often churn into great mudholes by the time 45 horses go through. I sometimes expect to see somebody slowly sink out of sight. The rivers are wild, deep, and beautiful. And wet. I'm lucky, as Hart is quite long-legged, but some of the other riders have to tuck their feet up quite high to stay dry.
I suppose the logical question now is "Why on earth do I come up here?" I found myself asking the same question more than once. First, the rough riding is exhilarating, and the dangerous spots are even more so. And when we get out of the wilderness bush, the views of the mountains are unmatched by anything you can see from car windows. After riding for miles through dense forest, through mud, and over rock, to suddenly arrive at a breathtaking scene—a lake of aqua, royal blue, and red-brown, fringed with pines; an ice blue lake with the sheer face of a mountain peak towering over it; or a waterfall down a rocky incline below a still frozen lake,—is sheer mountain magic.

Real articles
But mostly, what I'm enjoying most is the people. Ten of the 40 riders are friends from last year. The rest are a great crowd, that I'm just beginning to know. It pleased me no end to find that seven or eight are here because of the articles I'd written on the Trail Riders for the Toronto newspapers.

And the guides. I think the whole thing would collapse without the guides, not only because we'd probably all get lost, but they are the life of the camp. I started asking them why they came, and was amused to find that they return year after year because they think the riders are such a great bunch of people. The Original Mutual Admiration Society.

After all my talk from last year, Gord is finding out for himself how great a week can be. Aside from the fresh air and water so pure you can drink straight from the river, his main interest is working with the horses. First thing in the morning, he heads for the corral to lend a hand with the saddling up, leaving me shivering and shanking, trying to light enough of a fire to warm up my clothes.

Still, I'm glad he's enjoying himself, for he's started figuring that next year, if we plan on staying for two weeks.....



ROY YANO, a guide from Coaldale, Alberta, and a second year student at Lethbridge University, believes that the Trail Ride camp is "The perfect society". —(Wendy Thomson)

30th anniversary celebration held

Mr. and Mrs. Harry Robinson celebrated their 30th wedding anniversary Saturday, July 17, with a happy gathering at Knox church.

They were married in the church on July 19, 1941, by the Rev. H. L. Bennie.

The bridal party of 30 years ago were among the 45 guests present. Mrs. Robinson wore pink silk with white lace trim and a corsage of pink carnations. Her attendant Mabel McGregor, now Mrs. William Frank, R. R. 1, wore yellow with white carnations. The groomsmen were Melvin Storey of R.R. 1, Campbellville.

Rev. A. H. McKenzie was a guest of honor.

Carnations for ladies
Each lady attending the gathering received a carnation suitable to the color of their costume as did the ladies who served a lovely turkey dinner with all the trimmings.

The bride's table was tastefully decorated with rose-buds and a three-tiered wedding cake made by the bride herself and decorated by her sister Mrs. Reg. Purkis, Preston, with 30 roses.

45 Guests
Among the guests were their only daughter Janet and son-in-law Allan Laird, Guelph. Special guests were Mrs. Harry Robinson's first cousin, Mr. and Mrs. Ivor Evans from Coventry, England, here on vacation.

The groom in well-chosen words thanked and welcomed all the guests for coming to help make a lovely evening to be remembered.

Stan Wilson, a long-time friend of the groom, gave a very fitting address, also Melvin Storey.

Rev. McKenzie told of the many pleasant hours he has had with Mr. and Mrs. Harry Robinson.

Return to home
Family and friends were asked to journey out to Mr. and Mrs. Robinson's home after dinner to renew old memories of 30 years ago, and visit with their English cousins. After seeing the many beautiful gifts and a late cup of tea everyone returned home.

Guests were from Petersburg, Preston, Guelph, Campbellville, Georgetown, Hamilton, Acton, Milton and Kitchener.

Greenock W.I. stresses safety

The July meeting of the Greenock Women's Institute was held in the evening at the home of Mrs. G. Wallace. Eleven members and one visitor were present.

Mrs. R. Sinclair presided in the absence of the president Mrs. A. Gates. Mrs. Sinclair opened the meeting by reading a poem. The opening hymn was sung and all repeated the Mary Stewart Collect, and the Lord's Prayer. The roll call was, "A safety hazard in the home that could be avoided".

Fire protection
Mrs. E. Johnston, convener of safety, gave a paper on bicycle

roads held at the school. Mrs. K. Eckerle gave the meditation. The topic "An important thing to know how to escape from the home without panic in case of fire," was given by Mrs. A. Winter. She gave several examples how to do so without losing one's life.

Mrs. E. Johnston conducted a contest on how to prevent fire in the home. Mrs. E. Patterson was the winner of the contest, having the most answers.

The meeting closed with the institute grace. Lunch was served by hostess and assistants Mrs. C. Allan and Mrs. G. Johnston and social hour spent.

Summer barbecues high in popularity

The term "to barbecue" means food cooked over an open fire, coals, in a pit or on a spit.

When barbecuing the larger tender cuts of beef use a meat thermometer and you will be sure the internal temperature reaches the degree of doneness you prefer.

The natural good flavor of barbecued beef can be enhanced by adding sauces, butters or marinades. There are as many variations and combinations of these as there are cooks and ingredients. Barbecue sauces can

be used as marinades, basting sauces or an accompaniment or all 3.

Here are 3 types of sauces:
1. Soy sauce, wine and oil seasoned with garlic
2. Tomato-base, barbecue sauce
3. Lemon-butter, seasoned with herbs.

Kabobs are popular. They can be made to look attractive by alternating colorful vegetable or fruit pieces with beef cubes on the skewer.

After man first discovered fire,

he soon found out just how delicious cooked meat could be! He learned many methods of cooking over an open fire and hot coals.

Today, nothing can beat the delicious taste of a steak or kabob cooked over a barbecue or hibachi.

Make sure there is always plenty of food. Fresh air increases everyone's appetite!

Beef Cube Kabob (Serves 4)

- 2 pounds of beef sirloin cut in 1 1/2" cubes
- 2 teaspoons salt
- 1 teaspoon pepper
- 1 teaspoon oregano
- 1 cup Burgundy wine
- 1/4 cup salad oil
- 2 large onions, quartered
- 2 large tomatoes, quartered
- 1 large green onion cut in 1 1/2" pieces
- 1/2 pound fresh mushrooms

Combine first 6 ingredients, cover, let stand in refrigerator overnight, stir occasionally; Add vegetables to meat 1 hour before cooking; Remove meat and vegetables from marinade and string on skewers alternating meat and vegetables; (Place tomatoes near end); Grill until desired degree of doneness, turning frequently; baste with marinade during cooking.

Mayor to make draws

His Worship Mayor J.E. Archibkin of Brampton will be at Yolles and Burroughes' new furniture and appliance centre at Brampton on Friday evening, August 6, to make the draw for grand opening prizes worth thousands of dollars, the first one being a 1971 Gremlin.

Winning names will be drawn from the drum located inside Yolles & Burroughes new furniture centre, where browsers and shoppers have been depositing their entries since the stores' opening a few weeks ago. All visitors to the store may enter; there is nothing to do or buy.

In addition to the Gremlin, Yolles & Burroughes are giving away a pair of love-seats, a bed chestfield and chair, a 5-piece chaise, a bedroom suite, a mattress and box spring, a portable TV, a Boston rocker, and a chair.

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Two local children sponsored at camp

The final meeting of L'Arche Auxiliary before the summer break was held at the home of Mrs. J. Conroy. It opened with a prayer for the retarded read by Mrs. Conroy. The minutes were read by Mrs. P. Garton.

It was decided that a steer hide rug would be the prize for the tickets to be sold at the Acton fall fair as Mrs. Robbins is unable to make a quilt this year.

The winning ticket will be drawn at the fall dance to be held Oct. 16 at the Acton Legion. Tickets may be purchased from members.

Flowers of Hope
The "Flowers of Hope" results were very pleasing and surpassed expectations. So far 1199.47 has been received and it is hoped the 1200 mark will be passed.

Two local children were sponsored at Lake Placid Camp near Musselman's Lake.

More school for retarded

Broader educational opportunities for Ontario's trainable retarded children were announced last week by Minister of Education Robert Welch. Mr. Welch said legislation will be introduced to standardize the school attendance of trainable retarded children with that of other students in the school system. They will, he said, have the opportunity to attend school full time from age five until 21, dependent upon their capability to profit from the school experience.

Under existing legislation trainable retarded students under 10 years of age may only attend school for half a day and all must leave the system at age 18.

Members are sure they will benefit from this holiday.

Open house for A.R.C. industries will be held at Hornby, Sept. 11 and it is hoped many Acton people will attend.

Nursery school
Arrangements for the nursery school are well in hand. Four children have been registered so far. Anyone knowing of a child who would benefit from such a program should contact Mrs. Jenny Kuiken at 853-1175 or Box 365. Volunteers are also welcome to assist at the nursery school.

Members are very sorry to be losing Mrs. June Rea, correspondence secretary, as she is moving from the area. Her contribution has been greatly appreciated. Mrs. Verly Hillier has volunteered to replace her as correspondence secretary.

The next meeting will be held in the fall.

Plan for school-park complex shown

Halton County Board of Education approved plans for the first phase of a school-park complex in Oakville at Wednesday's meeting. The first phase of the complex is to be a senior public school and the second is a 1,000 pupil secondary school.

In presenting the plans superintendent of Business and Finance Bruce Lindley explained the complex has possibilities of containing an arena, a fixed seat auditorium, and a swimming pool.

The project is to be built on a 30-acre parcel, 12 of which are board owned and the remainder belong to the town of Oakville.

Free Press briefs

THE parking lot at Becker's Milk was paved Monday. Cement barriers separate this lot from that of the Brewers Retail store next door to the plaza.

IN the midst of Monday's hours-long thunderstorm, it was a bit disconcerting to see a man walking down the street in shorts with an umbrella — and a pair of ears. The new Noah?

VACATIONERS are coming home to find their grass long and ash, and their flowers and vegetables overgrown with weeds. All the rain that spoiled a few days of the holiday was great or the garden.

IF our post office has to be designated in two languages, it would seem more useful to have the second sign in Dutch or Italian around here. However, it's francais we — and all the rest of the country — get.

THE Free Press still does not charge for births, marriages and deaths, or for wedding write-ups and pictures. Many other papers do, but the time for change here hasn't arrived yet.

THE equipment that produces the stories and ads for this newspaper doesn't break down very often, but things should be even better now. Clark Wallace of the staff spent last week at the Lord Simcoe hotel in Toronto at a seminar on Compugraphic punch-tape keyboards and computers. This kind of equipment gets crotchety when it's too hot. Like people.

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Free Press Women's Page

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