



By Wendy Thomson

Investigating my complaints of a spot of vague discomfort, the doctor stuck his finger (up to about the third knuckle) in my stomach, seemed surprised when I hollered, and asked "Oh! Have you still got your appendix?"

I hauled the white sheet up under my chin and muttered "Just you never mind my appendix. I can't have anything wrong with me,-I'm going on holidays!"

He was supposed to tell me that I'm as healthy as a horse, and that any pain I feel is just my

imagination. Needless to say, preparations for our trip to the Rockies aren't going as smoothly as last year. When I had everything packed and ready to go in February. This time, it's one skirmish after another.

Packing problems

To begin with, as fast as I keep packing clothes, Gord keeps needing them and hauling them out again. The new jeans I ordered from Alberta a month ago have got lost in the mail. And I've discovered I'm going to have to buy a few more clothes and longjohns of Gord's that I took last year-well, he's taking them this year. Still, if one order goes through all right, there should be a new pair of leather chaps waiting for me in Banft. That'll keep me warm on cold days, but I'd feel kind of foolish

sleeping in them. way of transportation. We take no reply. I really would the CP out to Calgary, spend two appreciate knowing if the bus days there with a friend, and are driven to Banff. The following day it's up onto horses for a week. Then we take a scenic tour (by bus) from Baniff to Jasper. The next morning, we head home, going as far as Winnipeg by Gray Coach, then on to Toronto by CN, arriving (I hope) July 21.

Popping problems But there's small problems keep popping up now and then. We'd planned on riding our horses here, regularly, to get in shape, but stopped even trying to catch them after a letter arrived from California, Ann Carter (she of the long distance phone calls) wrote, all upset. Out of her group of four that were going on the trail ride, three had been thrown off their horses and broken a wrist, an ankle, and a tailbone. The message came through to me loud and clear - "If you want to get to the ride, wait until you're there to get on a horse. Then you can get thrown off!"

June, a letter arrived from Roy Yano, one of the guides. "Howdi Wendy,-Went to Banff, Lake Louise and Jasper over the weekend. It's been a pretty late spring as far as Lake Louise is concerned. I've rode over a few of the trails but there's lots of places where the trails are covered with snow up to twenty feet in some places. Maybe a few good rains will clear them by by the end of

this month." I can picture us now, huddled up close to our horses, trying to Johnston. keep warm, while the guides try the pass.

trying to get definite times on 'child in Korea. busses leaving Jasper and arriving in Winnipeg. No matter where I phone, no-one seems sure, or else they simply don't know at all. I wrote to the Almost everything is settled by company ages ago, and have had arrival is before or after the time our train leaves. If these columns stop dead, 'round about July 21st, you'll know we've been left

stranded in Winnipeg. Other than that, everything seems to be working out,-I haven't enough money, and I haven't enough clothes; Gord keeps saying he might have to work, and I might end up in the

But yesterday, after months of frantle hunting, I finally found the exact camera I had been looking for. That must be a good

An even better sign was when I rushed out of the camera store to find a meter-man looking at the parking meter (in which I'd put forgot all about the things.

get away

# September open house for addition at ARC

The monthly executive meeting of North Halton Association for the Mentally Retarded was held in ARC workshop, Hornby, during May. Mrs. Nye is to give a Monday June 7.

Attendance was almost 100 per

worthwhile prizes.

T. G. Nye reported on the conference which he and Mrs. Nye had attended at Thunder Bay report later in the season.

Mrs. Jenny Kuiken, Home Care Chairman, reported permission J. C. Langedyk, president, had been granted on May 17 by announced the addition to the Esquesing Township Council for ARC workshop was now the forming of a pre-school completed, all paid for, and open nursery for retorded children on house will be held early in the premises of the ARC September, so that all interested Workshop, Hornby. The nursery persons could see the trainees at will be located in part of the new work. There was some discussion addition to the workshop, and on a lottery in which the should start in September of this Association will be selling tickets year. Mrs. Kuiken will be putting later in the summer, with very notices in all local papers shortly.

outstanding people from South,

Central or North America who

have been awarded a Nobel

Prize. Prof Best will visit Sao

Paulo in September to receive the

He and Sir Frederick Banting

were co-finders of insulin, a drug

used in the treatment of diabetes.

Dr. Best is the father of former

Halton MP Alexander (Sandy)

Best and owns a farm in north

# Further honors given to Prof. Charles Best

Insulin's co-discoverer Dr. Charles Best has been further honored on the 50th anniversary of that great discovery. He has been named the first winner of the Pan American Prize, an award to honor outstanding achievements by persons from the three Americas.

The award carried with it \$25,000 in U.S. funds, tax-free. Sao Paulo Biennial Foundation of Brazil established the awards for

summer.

Acton.

regiment and band.

The letter suggested either a

Tuesday or Sunday night as a

preferable date for a concert in

Chairman Hugh Patterson

welcomed the band's offer. Date

for the concert is to be arranged.

Lorne Scots were consistent

prize winners in the Canadian

National Exhibition's contest.

### Lorne Scots New officers of Rotary club to play

Halton.

The official "change of gavel" ceremony was performed by in Acton Rotarians Tuesday at 'a special meeting at the curling club. The Lorne Scots Military Band Wives and guests attended the has offered to play a concert in dinner and dance.

Acton sometime during the Past president John Andersen handed the club's gavel over to A letter to Acton Parks and incoming president Dave Muckle. Other new officers are Recreation Committee explained the band will play concerts in at vice-president Scotty McCristall; least six towns in Halton, Peel and Dufferin counties, as part of Don MacDonald; secretaryrepayment for support the treasurer Gary Dawkins and counties give the Lorne Scots directors Ted Hansen, Bob Steen, Del Cook and George Maltby.

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### Doris Cook ends course

Graduation ceremonies were held last Thursday for seven who successfully completed the three level Sheridan College Nurses' Alde TiBI course (Training in Business and Industry). Doris Cook, Acton, is one of them.

The course, the only one of its kind in Ontario, ran from September until June, representing a total of 180 hours of upgrading special nursing skille.

They all received cortificates at a ceremony held at the Tullamore Nursing Home in

Brampton. Dave Olive, who is in charge of \_ the TIBI programs for Halton and Peel Counties, said three new Nurses' Aide courses are scheduled to start in September at Tullamore Nursing Home, Chelsea Park Nursing Home in Cooksville and at Halton Centennial Manor in Milton.

### Evening unit tinal meeting

The evening unit of the U.C.W. beld their final meeting of the season at the home of Mrs. Jean

The business meeting was because all the nice warm shirts to figure the best way to get over chaired by Jean McLean. Mrs. Gloria Coats read scripture and . Hair Shaping My last transportation problem Mrs. Dorothy Rognvaldson read . Bleaching is a blinking nulsance. I've been letters from Niki, the adopted • Permanent Waves

A social time was enjoyed.

### Brownridge reunion July 3

On Saturday, July 3 the Brownridge family is holding a tri-annual reunion at Brampton Fair Grounds, This family was first established in this country by Thomas Brownridge of Yorkshire, who emigrated to Brick & Block Work, Fireplaces Upper Canada in 1819 and homesteaded Lot 4, Concession 7, of Esquesing Township, He married Eliza Ward of Islington in 1822 and their descendants now number 735, born in Canada or

The first reunion was held July 1, 1907 at the family homestead then occupied by John F. Brownridge and family, and was attended by about 85 persons.

Sixth to own

The homestead has remained no money). He accepted my in possession of the family for all explanation that I was from a but two years since then and has meterless town, and simply passed from father to son in successive generations. It is now July 6th can't get here fast owned by Ward Brownridge, a enough. I'd just like to see if we great-great-grandson of the original settler and the sixth Brownridge to occupy it since it was first established.

The fourteenth reunion on Saturday will be followed on Sunday, July 4 by a family memorial service at 2.30 p.m. in Hillcrest United Church near the Brownridge homestead after which there will be an oldfushioned get-together of family and friends at the homestead, now occupied by J. Ward Brownridge and family.

# Changes in headships

Changes in departmental headships at the Acton District High School, approved by the Halton Board of Education Thursday included the following:

Mrs. S. Fleming from Georgetown to minor head of moderns, Miss L. Corlett from Etobicoke to minor head of home economics, Brian Downes from Burlington Central to major head of math, Mrs. J. Misener from Waterdown to minor head of library, and Miss J. Mills of Kapuskasing as assistant head of girls' physical and health education.

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Personals

Mrs. George Simpson was

moved to St. Joseph's Hospital

Major Mac Sinclair of

Sunnyvale, Calif. spent a few

Mrs. C. · Landsborough and

Family and friends helped Mr.

and Mrs. Hugh O'Rourke

Lyndy Lou Moon of Acton won

the Golden Rule chapter award at

White Oaks high school

June 24. She has just completed

A busload of members of the

Acton Golden Age club went to

Milton Sunday afternoon for the

lawn party at Halton Centennial

Manor. They enjoyed the

program, the music of the Lorne

Scots and the visiting, and some

of them were lucky winners of

her grade 12 there.

prizes.

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she will stay a few days.

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