

Walkathon for deaf brings \$2,340 Acton pledges

On a fine May Saturday, 178 joined the third annual Walkathon for the Halton and Peel Association for the Hearing Handicapped at the Acton starting point, with 90 of them completing the 32-mile route. Their pledges will total \$2,340 for the Association. Milton produced 280 walkers to raise \$8,300.

Legion sponsors
In Acton the Legion branch 197 co-sponsored the events, working in shifts to man the depots. The walkers started from Acton arena at 7 a.m. and the first three in, about 2 o'clock, were Steve Brunelle, Mike Luty and John Hansen. All had sponsors backing their efforts, with total pledges

ranging from three cents a mile to a high of \$2.29.

Dollars for deaf
Proceeds from the Walkathon go to the Ontario Mission for the Deaf, which includes the Ontario farm home for deaf children on Highway 25 between Acton and Milton. Other projects include camp, the church for the deaf,

and a youth hostel.

Many students from the Ontario School for the Deaf at Milton joined in the walk, including the well-known pastor to the deaf, Dr. Robert Rumball.

Square route
The route went south from Acton to Milton, across the base line to Hornby, up Trafalgar road to No. 7 highway and back again. Official cars patrolled the route, and the Milton brigade of the St. John Ambulance (which now includes Acton members) also assisted.

Proud finishers
Walkers who finished the 32-mile route were Randy Upton, Michael Masters, Lisa Near, Hector Daigle, Cathy Sneze, Steve Brunelle, John McHugh, Sharon McQuade, Julia Bowen, Mike Mitchell, Kathy Turkosz, Sylvia Scott, Barbara Turkosz, Teresa Synnot, Beth Scott, Gordon Scott, Kathy Lowe, Nicky Field, Michelle Field, Brian Ashley, Debbie Turkosz, Carol Marzo, Janice Thompson, Jimmy Thompson, Wade Vickery, George Binden, Jamie Vickery, Gary Bannon, Ted Waites, Chris Marchmont, Mike Roach, Don Schonop, John Hansen, Mike Luty, Karen Barber, Dianne Drysdale, Frances Gajup, David Salt, Suzanne Denomme, Susan Wood, Anne Kremer, Valerie McGuinn, Sherry Ismond, Jeannie LeBlanc, Harry Schupp, K. thy Jank, Hitchcock, Melody Hatt, Eddie Ensing, Winnie Kroes, Raymond Marshall, Ken Withers, Marie Fisher, Dolores Jordan, Deb. Legate, Brenda Taylor, Denise Drinkwater, Ron Turkosz, Henry Roach, Delphin Roach, Frances Barenis, Rhonda Speker, John Vos.

Herman Geneau, Kathy Barber, Joanne Hearn, Judy Brown, Hearn, Darrell Leece, Webster, Paul Bowen, Janet Rowe, Darlene Roach.

Willing walkers
Other walkers: Frank Van Opstal, Rory McDowell, Janice Ellerby, Ricky Seddon, Wanda McQuade, Steven Jenkins, Chris Jenkins, Steve Daigle.

Lesley Jenkins, Maureen Rouse, Dianne Harris, Mark Williamson, Jane Williamson, Robbie Bousfield, Gary Bousfield, Russell Lee, Ellie Stanley, Debra Neely, Derek Neely, Debbie Brown, Timothy Masters, Michael Ashley, Paul Jenkins, Debbie Andres, Lance Alton, Brent Vickery, Howie Hall, Sharon Turkosz, Ricky Turkosz, Mark Pratt.

Martin Van Opstal, Nick Lawler, Teresa Luty, Kent Nielsen, Tommy Smith, Ruth Near, Cheryl Shubert, Marion Jamieson, Jean Shortill, Mrs. Yvonne Paupst, Peter Kroes, Tim Daigle, Gloria Browne, David Holmes.

Gail Bateman, Murchison-Murchison, Barbara Cotts, Gary Barenis, Yvonne Galbraith, Keith Crosken, Tina Bateman, Hendryk Uiterwyk, Deborah Landry, Scott Oakley, Cathy Roach, Valerie Bateman, Norma Bateman, Tim Taylor.

Beverly Taylor, Debbie Uiterwyk, Ines Ivans, Viktor Ivans, David Damery, Donna Gordon, Debra Braith, Cindy Norrie, Harold Galbraith, Sherry Phillips, Lorna Wheeler, Gibbs, Jim Knapton, Debbie Matthews, Shelley Wilson, Sherry Douglas, Diana Booth, Stephen Tremills, Karen Tremills, Karen Tuffin, Robbie Duker, Mary Duiker, Connie Taylor.

Any errors?
(It is quite possible there are errors and omissions in this list. The Free Press would be happy to add any names, next week, that are missing. Please phone and let us know.)



CHERYL SHUBERT, Darrell Leece, Jeannie Saturday's 32 mile marathon walk in aid of the Le Blanc, Herman Geneau and Sherry Ismond Ontario Mission of the Deaf, Toronto. of Speyside school march off the first leg of Receipts totalled over \$8,000. —(Staff Photo)



IT WAS A LONG walk for Teena Bateman, 9, Gail Bateman, 6, and Howie Hatt, 9, all of the M. Z. Bennett school but they completed a good portion of the 32 miles marathon Saturday. Here they check in, a trifle weary, but happy to raise a large sum for the Mission for the Deaf. —(Staff Photo)

Urges education

H. Hinton heads county TB, Health association

H. H. Hinton, Acton, was elected the new president of the Halton County Tuberculosis and Respiratory Diseases Association at the annual meeting in Oakville Wednesday of last week. He immediately urged a strong education campaign aimed at young people to help them live longer.

The emphysema problem particularly interests the new president, and he declared it is urgent to point out to young people what they can do to relieve themselves of this hazard to their older years.

"We have to reach the younger generation to give them the opportunity to defend themselves," he said. Emphysema is a disease of the lungs and is aggravated by smoking and air pollution, among other things.

Comments clinic
Out-going president is C. L. McFadden of Burlington. He reported that the pilot project on pulmonary testing carried out at Beardsmore and Co. in Acton last November by planning committee had proved invaluable to the association in mapping plans to continue with this kind of testing. There were 335 people tested with 12 per cent who showed some kind of abnormality advised to consult their doctors.

All-time high
The financial statement showed receipts of \$46,402 from the Christmas seal campaign—an all time high. Balance at the end of the year available for the 1971-72 program was \$47,996.

Other executive
J. W. Ostler of Milton was named vice-president. Directors elected for the year were C. L. McFadden, Dr. R. W. T. Haddon, Mrs. M. C. Beardmore, Mrs. J. V. Armour, Mrs. Mary Tilden, R. G. Freckleton, Burlington; J. M. Ledwith, Dr. I. A. Hunter, Milton; William D. Savage, Ewart F. Carberry, Mrs. C. N. McKim, Mrs. W. R. Hayter, E. G. Adamson, Allan J. Fish, Nick



H. H. HINTON

Volpe, C. E. Hope, Dr. D. S. Kober, J. H. Simpson, Oakville; Mrs. Stanley Robinson, R.R. 1, Campbellville; Mrs. Horace Blyth, R.R. 1, Acton, Dr. J. H. Chamberlain, M.O.H., William Kinrade, Keith Barber, Georgetown, E. C. Foster, R.R. 3, Campbellville.

About 100 people representing a number of organizations attended the dinner meeting in Oakville Arena Pine Room.

Among those who spoke briefly were Reeve Allan Masson of Oakville, James Snow, M.P.P. for Halton East, Mayor Les Dudy of Acton, Halton Warden Dr. Frank Oakes and councillor Art Melanson of Milton.

Blames smoking
The guest speaker, Cameron C. Gray, executive vice-president of the Ontario Tuberculosis and Respiratory Diseases Association, spoke on Asthma—Myths, Mysteries and Management. Chronic bronchitis is increasing because of cigarette smoking, he asserts. Most people do not develop emphysema unless there is cigarette smoking.

There are only three major respiratory diseases, asthma, bronchitis and emphysema.

Early asthma
Approximately 30 per cent of those who develop asthma get

their first symptoms before the age of 20, and the disease builds up through the years until about 60 or 70 and then few symptoms develop.

Life expectancy of non-smokers of 35 years of age is eight years longer than for a person who smokes 20 cigarettes a day.

He also spoke on allergies, saying allergic persons shouldn't have a pet in the house. Air pollution, too, is an important factor, he said.

Still TB, too
In his report the outgoing president Mr. McFadden said "We must never forget that TB is by no means completely under control." There are TB patients receiving care and visits by social workers.

He also reported on equipment being used by patients in the county for patients suffering from respiratory diseases. During the year equipment was donated to Milton and Oakville hospitals.

On behalf of the Ontario Department of Health, Dr. H. T. McClintock commended the high standards of the association and praised their clinics.

New program
A county-wide screening program is planned and will take three to five years to cover all the county. The testing will start this fall. The purposes of these tests will be to find cases of chronic respiratory diseases in early stages and to increase the public awareness of chronic respiratory disease, its causes and prevention.

Pamphlets and other resource material are supplied year round by the Association. The association reported greater emphasis on cardio-respiratory fitness is being placed in the schools' health curriculum.



RORY McDOWELL and Derrick Neely of the M. Z. Bennett school enjoy a brief respite during Saturday's marathon. Refreshment and first aid stations were set up at four mile intervals on the 32-mile route. —(Staff Photo)

Cubs attend camp

Seven boys and three leaders from Acton took part in a weekend camp for Georgetown district Cubs at Cedar Glen, near Bolton last weekend. They report beautiful weather for the outing which involved 57 Cubs and 22 leaders altogether.

Attending from Acton were Simon Wilson, Peter Neilson, Bill Waites, David Murchison, Terry Winters, Robert Patterson, John Thompson and leaders Forbes Cole, Joan and Murray Harrison.

Instruction was on camp craft with fire lighting occupying much of the time. There was also time for two hikes, a swim or two in

Silverwood

W.I. elections 4-H in report

By Mrs. Pearl Burt

Silverwood Women's Institute held their annual meeting at the home of Mrs. George Henderson. Officers for the coming year are past president Mrs. H. Marchington; president, Mrs. L. Giffen; first vice-president, Mrs. F. Duffield; second vice-president, Mrs. G. Ironside; secretary-treasurer, Mrs. I. Carmichael, substitute secretary, Mrs. H. Scott, district director, Mrs. H. Marchington, alternate district director, Mrs. G. Burt, branch directors, Mrs. J. Cossar and Miss I. Moore, public relations officer, Mrs. G. Burt.

Conveners
Agriculture, Mrs. G. Ironside, Canadian Industries, Mrs. H. Lindauer, citizenship, Mrs. B. Lindsay; education, Mrs. D. Lindsay; historical research, Mrs. F. Campbell; current events, Mrs. J. Cossar; home economics, Mrs. F. Duffield; health, Mrs. Wm. Norton; resolutions, Mrs. G. Henderson; curator, Mrs. H. Marchington, pianist, Mrs. D. Lindsay, auditors Mrs. R. Corbett, and Mrs. E. Miller.

Plant sale

Our annual plant sale was quite a success with many plants and shrubs for sale.

The meeting closed with the Institute Grace and a social half hour followed.

Recent visitors

Recent visitors with Mr. and Mrs. H. Scott were Mrs. J. D. Deurkop from Montreal, Miss Lena Whitfield of London and Mr. and Mrs. Alan Whitfield, Catherine and Dennis of London, Ontario.

The girls 4-H achievement day was on May 8. 10 girls from our club completed the course and Kathy Lindsay got her county honors.

OUT DOOR NEEDS FOR THE HOLIDAY

Band-Aid PLASTIC STRIPS	88¢
Bar-B-Q Record	
Fire Starter 40 oz.	2 for 88¢
European	
Steak Boards	88¢
Stainless Steel	
Steak Knives	2 for 88¢
Luncheon	
Place Mats 12" x 18"	Set Of 4 88¢
Noxzema — 6 oz. Spray	
Insect Repellent	\$1.19
OFF INSECT REPELLENT 5 oz.	99¢
Sno-White	
Paper Plates 100's	88¢
Raid — 11 oz. Bomb	
House & Garden Bug Killer	\$1.19
SNACK-PAK Foldaway for Picnics, Patio, Barbecue or Camping	99¢
Cool Ray Sunglasses	20% OFF
Tanya	
Tanning Oil 2 oz. Size	89¢

ACTON PHARMACY

Georgetown robbery attempt

In Georgetown, a robbery attempt similar to Foodland's was foiled last week. Three people attempted to talk Young's Pharmacy out of \$8,600 in cash and cheques last Tuesday about 9 p.m. Two kept staff members occupied while a third went to work on emptying the safe. One of the staff, Neil Young, realized what was going on, tried to keep the trio there while he called police, but they fled.

The money and cheques were found behind some boxes; at first it was thought the robbery attempt had been successful.

Same manner
Robberies in Acton and Milton in similar style are believed by police to be the work of the same group.

At Foodland store, \$1,700 was taken from a locked drawer by one man, while two others kept staff occupied.

LIQUID DRAINED
Are you throwing vitamins down the drain? The liquid drained off canned vegetables contain 60 per cent to 80 per cent of the B vitamins, and 20 per cent to 60 per cent of Vitamin C. If possible, use this liquid as you would in soup, sauce, gravy, etc.

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