

the painted box

by Wendy Thomson

A friend recently mentioned that she feels a little put out when she spends 15c to buy a paper, then finds that this column has all recipes and no stories.

When I skip the recipe bit for a couple of weeks, somebody is sure to ask what happened. And when I have stories of animals, there will always be a body somewhere who groans "Oh no, - horses (cats, dogs, geese) again. All she EVER writes about is horses (cats, dogs, geese)." She should just be thankful that I'm not the type of mother who gets all wound up about the cute little things that the youngsters do.

Goofing off

Actually, the topic depends on who did what lately, and the animals aren't particularly choosy about what they do when. The recipes just happen along when nobody has done anything worth mentioning or when I've been goofing off and am a week late in handing my two pages in, (like today.)

For the past four days, I've been spending my spare moments down in the barnyard, having a delightful time messing around in the mud. The ground is pretty squishy and we've been making little trenches to drain it off. Great fun!

So this week, it's mostly recipes, starting with a couple using the blender.

Blender Poppers

Place 2 eggs, 1 cup milk, 1 Tbsp soft butter in blender. Add a little less than 1 cup flour and 1/2 tsp. salt. Blend at high speed for 15 seconds. Scrape down sides and continue blending till thoroughly combined. Fill 12 greased muffin tins half full. Bake at 450 degrees for 10 minutes. Reduce temperature to 350 degrees and bake 35 to 40 minutes or until golden. Serve immediately.

NOTE: I used one third cup whole wheat flour and two thirds cup white flour, and it made an extremely nice-tasting popover.

Lemonade-Bannog

In electric blender, mix 1 cup cold milk, 1 egg, 1 cut-up banana,

2 Tbsp. frozen lemonade concentrate. Blend until frothy. Makes 2 (8 oz.) glasses.

While you've got the lemonade on hand, you might try this for a fancy dessert.

Pink Lemonade Filling

And Frosting
Sprinkle 1 envelope unflavored gelatine on 1/4 cup cold water. Let stand 5 minutes. Heat 1 (6 oz.) can frozen pink lemonade concentrate and one third cup sugar. Add gelatine and stir till dissolved. Chill until softly set.

Whip 1 pint whipping cream until stiff. Whip gelatine mixture, fold into whipped cream. Use to fill and frost a large angel food cake. Refrigerate cake in large container to set and firm the frosting.

And one recipe for the kids to make.

Chocolate chip oatmeal cookies
Cream 3/4 cup shortening, 1/2 cup white sugar, 1 cup brown sugar. Add 1 egg, 1/4 cup water, 2 tsp. vanilla, and mix well. Sift together, 1 cup flour, 1 tsp. salt, 1 tsp. baking soda. Add to batter and blend thoroughly. Stir in 3 cups oatmeal, 1 cup chocolate chips. Drop by teaspoon onto greased cookie sheets. Bake for 12 to 15 minutes at 350 degrees. Makes 5 dozen.



Meaning of Easter meeting theme

Owing to so much illness the Afternoon Auxiliary W.M.S. of Knox Church did not hold its accustomed Easter Thanksgiving meeting on Thursday, April 8 when a guest speaker was invited and members from other local churches.

However president Miss Isabel Anderson gave a talk on What Easter Really Means to Us and stressed the fact that Christ is risen and alive. She quoted from many great religious writers and gave Biblical proofs to answer scoffers and left her hearers with the message that death is not a thing to be feared but rather only a farewell from this home to the Heavenly one of which Christ said "I go to prepare a place for you."

Fitting numbers

Filling in with the theme of this talk Mrs. A. H. McKenzie sang the solo Face to Face and she and

Miss Bella Roszell the duet Beyond the Sunrise.

The scripture led by the president was read alternately and Miss Miller followed with prayer.

The welcome arrival of a few visitors who knew it was Thank offering gave members a real uplift.

Hope, thanksgiving

With Mrs. W. McIntyre and her committee providing a delicious cup of tea and dainty lunch members enjoyed the hour of fellowship, learned of sick members and when the meeting was over felt they had had an interesting and enlightening afternoon full of thanksgiving and hope.

Vegetable Queens hold two meetings

The fifth meeting of the Greenock Vegetable Queens was held on April 5 at Mrs. Gordon Johnson's home. The roll call, two labels from commercially canned or frozen vegetables, was answered by the five girls present.

The minutes of the last meeting were read by Sharon Leslie. The discussion, vegetables all year round, was opened by Miss Pearen.

Always plenty

Because of the modern methods used today in agriculture, canning and transport, there is always an abundance of vegetables. Various means of storing or preserving vegetables are: freezing, canning, drying, pickling and cold storage for vegetables.

Three grades

The three grades of canned vegetables are: Canada Fancy — the highest quality, used for dishes where appearance is the main factor; Canada Choice — a very good quality but not as uniform in size and color as Canada Fancy; Canada Standard — good nutritional value but lack the color and uniformity of size. These are good for casseroles and scalloped dishes.

New vegetables

For their group work they discussed the labels from their roll call and what to look for when buying canned vegetables.

As a home assignment the girls were asked to visit the vegetable market and look for a new

105 HOSTESSES at Ontario Place will wear a non-uniform look. Because of the indoor-outdoor aspects outfits had to be versatile. Designer Pat McDonagh created a four-part costume consisting of a slim modified midi with long side slits that can be worn alone or over flared slacks. For a more sporty look she chose cuffed hot pants teamed with a safari jacket. All pieces are completely interchangeable. The fabric is easy-care polyester in a vibrant buttercup yellow. Accents of white vinyl are picked up in belts, boots, shoes, shoulder purses and raincoats. Outfits for the 125 hosts have not definitely been decided upon yet.

Free Press Women's Page

Acton W.I. elects new slate of officers

As the April meeting is customarily the annual meeting, the Acton Women's Institute held their elections at their meeting last week in the library board room.

The thought for the day was a poem given by the president Miss Dorothy Simmons, A Rocking Chair, followed by prayer and the opening exercises answered by 12 members present.

The assistant secretary Mrs. Helen Pickett gave the minutes of the last meeting. Mrs. Marie Hargrave gave her treasurer's annual report which was approved by the auditors.

Judge at annual

Mrs. R. Lindsay gave a detailed report of attending a meeting, held in Milton, for all

the branch directors in the county. A 16-line poem is to be composed by an Institute member to be judged at the district annual, as well as a decorated light cake and a cushion cover, to be sold at the district meeting.

The voting delegates are Mrs. Lindsay, Mrs. Hargrave and Miss Simmons.

Pay fees

The roll call was answered by the paying of fees. There is to be a directors' day in the fall with Mrs. Holden speaking on the A.C.W.W. The area convention is to be held in Dublin St. church on Oct. 26 and 27.

Conveners of standing committees gave their annual reports which are to be sent on to the district conveners.

The president vacated the chair for the election and Miss Nora Kenney presided with Mrs. Earl Lambert acting secretary.

New slate

New officers are: Honorary president Miss M. Hall; president Miss Dorothy Simmons; 1st vice president Mrs. George Fryer; 2nd vice president Miss Nora Kenney; secretary Mrs. Grace Nelles; assistant secretary Mrs. Helen Pickett; treasurer Mrs. Marie Hargrave. Branch directors Mrs. C. Agnew, Mrs. I. Harris; alternate Mrs. Earl Lambert.

Conveners

Conveners: agriculture and Can. Industries Mrs. N. Lindsay; Citizenship and Education Mrs. Mary Graham; Historical Research Mrs. W. Denny; Home Economics and Health Mrs. George Fryer; Public Relations and Press Reporter Miss M. Hall; Resolutions Mrs. E. Lambert; Curator and committee Miss Nora Kenney; Mrs. Pearl Kennedy and Miss M. Hall.

Cheer conveners Miss A. Akins, Mrs. E. Lambert; auditors Mrs. George Fryer and Mrs. V. Wilderspin.

The lunch committee of Mrs. E. Lambert, Mrs. Helen Pickett and Miss Dorothy Simmons served homemade rolls, salad, cheese, and tea, to bring the meeting to a close.

Ballinafad W.I. active in area

The public relations officer of Ballinafad Women's Institute has listed some of the things the small group has done during the past year. Mrs. Ada Kirkwood points out these are not all the things the group has done, and that the Institute appreciates the help they have received from non-members in the community.

Contributions were made: Women's Institute projects \$20; Women's Institute educational \$91.76; community projects educational \$80; health \$39.86; contribution to community \$171.33; sponsor-a-child \$94.70; total \$497.65.

Projects

The W. I. projects are for a bursary and a new addition to MacDonald Institute.

The W.I. Educational includes sending delegates to district and area conventions, 4-H leadership training, Tweedsmuir histories, girls' trip and 4-H.

Community projects—scholarship, North Halton Association of Creative and Performing arts, prizes at fairs. Health—56 cards and 14 Christmas boxes to sick and shut ins.

Contributions to the community—planted flowers at Community centre, donated money for Hallowe'en party, flag for Brisbane school for the new

Recital planned

Young dancers—and their mothers—are preparing for the annual recital "Springtime Show" to be held in the Robert Little school auditorium on April 24. The girls and a couple of boys are practising their show numbers, and mothers are readying their costumes.

Instructor is Joyce Carpenter. Proceeds from the show are for the Institute of Logopedics, which teaches children to speak. Georgetown Barbershoppers are guests.

Church Services

EVANGEL PENTECOSTAL TABERNACLE
P.A.O.C. 33 Churchill Road
Rev. S. M. Thoman, Pastor
853-2715

SUNDAY, APRIL 18th, 1971
10.00 a.m.—Sunday School.
11.00 a.m.—Morning Worship.
7.00 p.m.—Evangelistic Service.
Coming Wednesday, April 21,
8 p.m.—Evangelists Noel and Carol Wilcox, popular Australian youth evangelists. Preached in many countries.
Thursday, 6.00 - 7.00 p.m.—Crusaders.
Thursday, 8 p.m.—Christ Ambassadors.
Psalm 122 - 1. "I was glad when they said unto me, 'Let us go into the house of the Lord.'"

ACTON BAPTIST CHURCH
80 Mill Street W.
Founded 1842
Pastor: Rev. Frank M. Byrne, B.A., B.Th.
Parsonage: Cheltenham 416-838-2068
Church Office 853-0860

Wednesday — 7.30 p.m., Choir practice; 8 p.m., Deacons and Finance Committee meeting.
Friday — B.H.F. Rally in Kitchener.
SUNDAY, APRIL 18th, 1971
9.45 a.m.—Morning Worship. Guest speaker, Mr. Wm. Plant, pastor of St. Mary's Baptist Church.
11.00 a.m.—Sunday School.
7.30 p.m.—Family Night, Georgetown Baptist choir. Refreshments.
A Cordial Invitation To All

THE CHURCH OF ST. ALBAN THE MARTYR ANGLICAN
Corner Willow St. and St. Alban's Dr.
Rev. H. J. Dawson, B.A., B.Th.

SUNDAY, APRIL 18th, 1971
Easter I
9.00 a.m.—Holy Eucharist.
10.30 a.m.—Church School and Nursery (presentation of Lenten boxes).
10.30 a.m.—Sung Eucharist.

MAPLE AVENUE BAPTIST CHURCH
81 Maple Ave., Georgetown
Pastor: Rev. Robert C. Lohnes

Here is our sincere invitation to the whole family to attend church.
SUNDAY, APRIL 18th, 1971
9.45 a.m.—Sunday School. All ages.
11.00 a.m.—Morning Service.
7.00 p.m.—Evening Evangel. Georgetown 877-6665

BETH-EL CHRISTIAN REFORMED CHURCH
Minister: Rev. P. Brouwer, B.A., B.D.
Acton, Ontario

SUNDAY, APRIL 18th, 1971
10.00 a.m.—Morning Worship Service. Nursery and pre-school Sunday School.
11.10 a.m.—Sunday School.
2.30 p.m.—Afternoon Worship Service.
7.30 p.m.—Teen Meet at the church.
Tuesday evening, 7 - 10 p.m.—Catechism Classes.
Come, worship and study with us to be better equipped to serve God and men.
Everyone Welcome

CHURCHILL COMMUNITY CHURCH
Churchill Road North
Minister: The Rev. A. Walter Fosbury, B.A., B.D.
124 Tildy Ave.
Phone 853-2386

SUNDAY, APRIL 18th, 1971
11.00 a.m.—Church School & Worship. Sermon theme, "He Made As Though He Would Go Further."
8 p.m. Wednesday, April 21—Congregational meeting.
Visitors are Welcome at all Church Gatherings at the Church on the Hill

PRESBYTERIAN CHURCH IN CANADA KNOX CHURCH, ACTON
Rev. Andrew H. McKenzie, B.A., B.D. — Minister
Mr. E. A. Hansen, B.A. Organist and Choir Master

SUNDAY, APRIL 18th, 1971
9.45 a.m.—Church School for Kindergarten through Grade 8.
9.45 a.m.—Minister's Church Membership Class for Teen-agers.
11.00 a.m.—Divine Worship. Sermon theme, "Who Needs Horoscopes?"
Everyone Most Welcome

TRINITY UNITED CHURCH
Minister: The Rev. Gordon B. Turner, B.A., B.D.
Director of Music: Dr. George Elliott, M.A., Ph.D.

SUNDAY, APRIL 18th, 1971
10.00 a.m.—Morning Worship.
10.00 a.m.—Nursery.
10.00 a.m.—Church School to Grade 4.
11.00 a.m.—Church School (Grade 5-8)
We Welcome You and Your Family to Take Part in the Life and Worship of Trinity

Free Press Personals

Mr. Norman Smith was home from the University of McGill for Easter weekend.

Mr. and Mrs. Peter Lawson of Kingston visited relatives on the weekend.

Miss Mary Chalmers of Toronto spent the Easter weekend with relatives here.

Mr. Earl Jordan is a patient in Toronto General Hospital. Friends send best wishes.

Mr. and Mrs. Rino Braida visited in Kingston with Mr. and Mrs. Armand Braida and family.

Mr. W. Duval Sr. is a patient in St. Joseph's hospital, Guelph. Friends hope he will be home again soon.

Mr. and Mrs. Ed Huxley and family holidayed in Florida.

Mrs. John Waterhouse, Misses Elma Braida, Mary Papillon and Olga Dyriv enjoyed an Easter vacation in Florida.

Mr. and Mrs. L. R. McGill and Cathy of Owen Sound and Mr. and Mrs. G. G. Switzer of Etobicoke were guests of Mrs. C. W. Mason on Good Friday.

Mrs. Lucien Dupont and son from Calgary, Alberta, are spending a short vacation with her parents Mr. and Mrs. Bill Wilson.

Mr. and Mrs. John D. Frank, Marion and Billy spent Easter weekend in Toledo, Ohio, attending the wedding of their niece Miss Joan Elizabeth Yorke to Otis Alexander Garrett Jr. With them also were Mr. and Mrs. John P. Bonus, Tommy and Mariene.

Mr. and Mrs. A. M. Macpherson were in Clarkson during the weekend with their son, Inspector Archie Macpherson and family.

Mr. and Mrs. M. Yabsley, of Ottawa, were guests at the parental home with Mr. and Mrs. W. J. McLeod over the holiday.

Mr. and Mrs. Norman Small of Niagara Falls visited with Mrs. R. M. MacDonald on Sunday. Mrs. George Lawson, of New Liskeard, was with her aunt last Thursday.

Mr. and Mrs. J. A. Chisholm and Mrs. J. Frank visited with Port Elgin friends on Easter Sunday.

Roy Sultis of Toronto was home for the weekend with his parents, Mr. and Mrs. Charles Sultis.

Mrs. Kenneth Cole, Third Line, is a patient in Guelph General Hospital. Many friends hope for an improvement in health soon.

Acton fans went to East Gwillimbury to cheer the Acton Middlets playing in a tournament there Friday.

Several Acton fans went to Milton to cheer for the Acton Juveniles who lost out in the championship game of the Tri-County tournament Saturday night.

Acton relatives and friends were among those attending the 21st birthday party for Miss Carol Beatty in Guelph. She's the daughter of Gordon Beatty and the late Mrs. Beatty. A graduate of the U. of G., Carol works in Toronto.

Mr. and Mrs. Harry Burns of Alliston visited friends in Acton on the weekend.

Mrs. Douglas Gage and son David of Ottawa visited with her sister Mrs. Nell Miller and Mr. Miller and family for Easter. Miss Nancy Miller of Toronto visited with her parents Mr. and Mrs. Neil Miller. Nancy is nursing at Sunnybrook hospital.

Guests of Mr. and Mrs. Chester Allan during the holiday weekend were Mr. and Mrs. Ross Allan, and Mr. and Mrs. Gordon Allan and family, all of Guelph and Mr. and Mrs. La Verne Allan and family of Ottawa.

Misses Grace MacKiddie and Florence Rudlen, Mrs. Marjory Cupples and Mrs. Elsie Rudee, of Toronto, were guests of their friend Miss Ruby C. Clark on Easter Sunday.

Mr. and Mrs. Earl Lambert spent the weekend at Glen Cairn, Ottawa, with Mr. and Mrs. Ron Gillispie and their three grandchildren, attending Easter church service at Glen Cairn United Church.

Mr. and Mrs. Sydney K. Lamb, daughters Elaine and Diane of Onagh and friend Miss Cynthia Clark of Milton enjoyed a week's holiday cruise aboard the Queen Elizabeth the Second. They flew to New York to start their cruise and enjoyed fine weather.

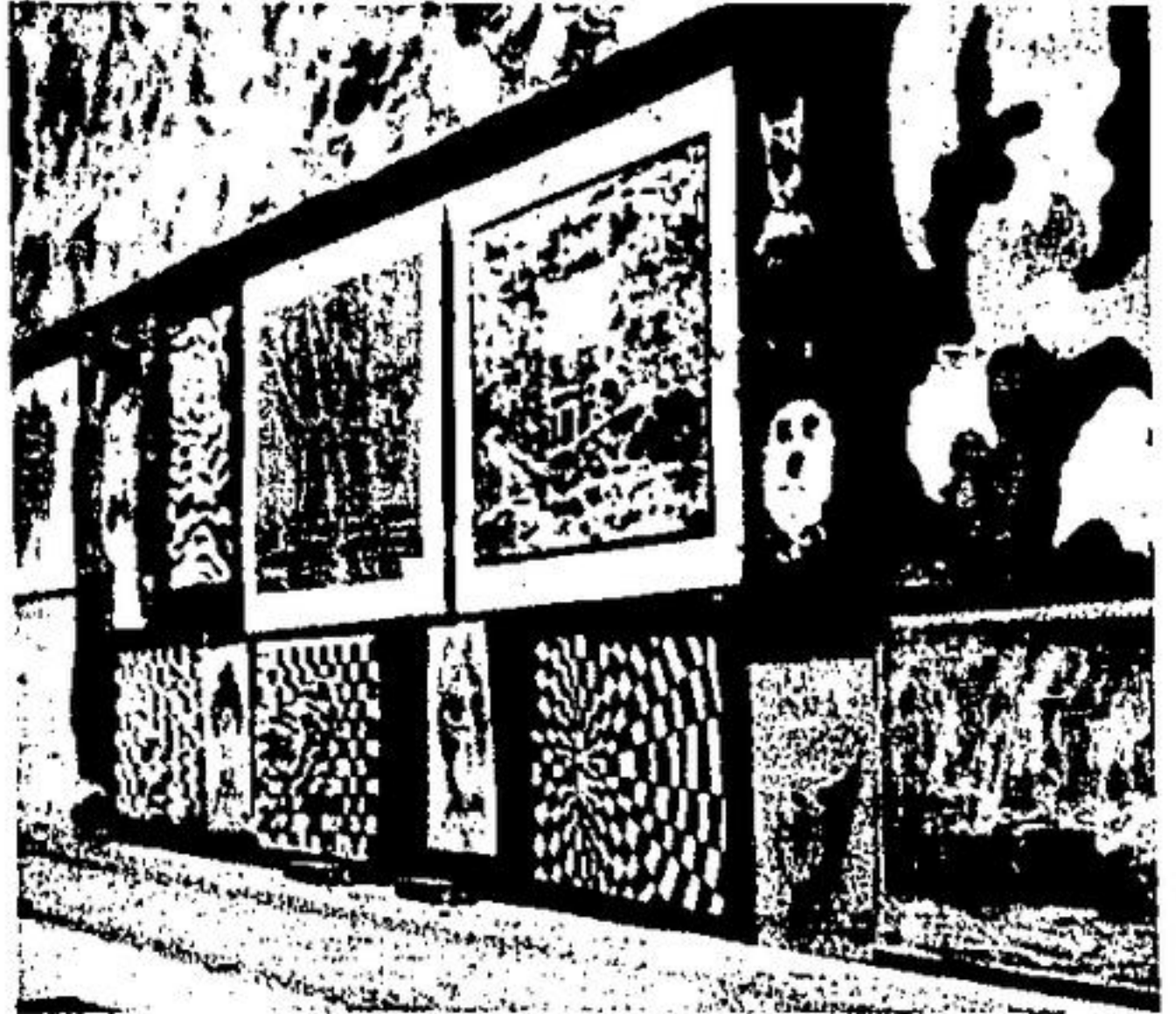
Mr. Bert Rognvaldson came from Elliott Lake for the initiation into Walker Lodge of his son-in-law Jack Talton Monday. Mrs. Robert Taylor (Janet Rognvaldson) of Elliott Lake visited her parents, Mr. and Mrs. Clarence Rognvaldson, here, and then returns north today with her uncle.

W.I. plans paper drive

The regular spring paper drive of Greenock W.I. is to be held Saturday, April 24. Corrugated boxes, crushed and tied, also newspapers may be left at the home of Miss Elva Pearen. The ladies are hoping to have the assistance of everyone in the district.

W.I. district annual here

Local Institute members are making plans for the district Women's Institute annual meeting which will be held here in Knox church on May 19. The day's events begin at 9 a.m. and luncheon is served at noon.



ART DISPLAY, at M. Z. Bennett school Open House showed delightful variety and originality. —(Staff Photo)

Museum open for season

Halton County museum opened last Saturday for the season with —as expected— low attendance. The weather was bad, so no extra guides will be hired until the weather is finer.

From now until November the museum will be open every day of the week except Tuesday. Until the end of June, hours are 2 to 5 p.m. and from July to November 2 to 5.30 p.m.

At the peak of the season, school girls are hired as guides in the four buildings in the complex. A pioneer log cabin dismantled near Campbellville will be rebuilt this summer on museum property, Dr. Newman expects.

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