

Pentecostal church hosts Day of Prayer

The World's Day of Prayer will be held this year on Friday, March 5. The theme is A New People for a New Age.

The service of worship was developed by a group of women from the Caribbean area including Guyana, Jamaica and the Virgin Island.

Speaker
In this community the World Day of Prayer services will be held in Evangelical Pentecostal Tabernacle, 33 Churchill Rd. at 2 p.m. Mrs. S. Thoman will give the address.

Funds from last year's offering were distributed in Canada, and around the world, to alleviate poverty and assist refugee programs. Support was also given to the production of Christian literature, ecumenical projects and educational work.

Representatives plan program

Ladies from six churches in Acton met on Thursday, Feb. 18, at the home of Mrs. Peter Binnie to arrange for the service of the World's Day of Prayer being held this year on March 5, at 2 P.M. at the Evangelical Pentecostal Tabernacle, 33 Churchill Rd. North.

Those present were Mrs. S. Thoman of the Pentecostal Assembly, Mrs. Chas. Landborough and Mrs. B. Feltham of the Baptist Church, Mrs. E. Lidkea of the United Church, Mrs. Ted Hansen of the Presbyterian Church, Mrs. Peter Brouwer of the Christian Reformed Church and Mrs. J. Creasey of the Anglican Church.

The meeting opened with prayer led by Mrs. Thoman. The entire program was read. A member from each church volunteered to take a part in the service.

The theme this year is A New People for a New Age. The minutes of last year's meeting were read. The posters were given out. One is to be placed in each church and others in strategic places in town.

It was decided that those taking part should meet at 1.45 p.m. at the church. The local papers are to be asked to cover the service.

Did you have golden brown pancakes glistening with syrup and crowned with butter Tuesday?

Pancake Day, which fell on Tuesday, February 23, this year, is a centuries old traditional celebration.

Old tradition
The day originated about 1,000 A.D. when an English clergyman, Abbott Aelfric proclaimed that the week immediately before Lent everyone should confess his

deeds to his confessor. "The confessor shall so shrive, as he may then hear by his deeds what he is to do."

This resulted in the observance of Shrove Tuesday (the Tuesday before Ash Wednesday, the beginning of Lent). Since pancakes came to be the accepted food for Shrove Tuesday, this day soon was known as Pancake Day.

Symbolic ingredients
Early pancakes were made of four symbolic ingredients: eggs

for Lenten sacredness, flour for the staff of life, salt for wholesomeness, and milk for innocence.

In years gone by, pancakes were rarely eaten at any other time of the year but on Shrove Tuesday. Today, with the advent of "mixes" they can be had at any meal with little preparation.

What better?
Whether it's do it yourself or ready mixed, what could be better than a stack of those mouth-watering pancakes!

Barbara Gates heads 4-H club

The first meeting of the Greenock 4-H Club, Dressing Up Vegetables, was held at the home of assistant leader Mrs. Gordon Johnson on Monday, February 15. There were five girls present.

The officers elected for this club were as follows:
President: Barbara Gates; vice president: Norma Lealle, secretary treasurer: Donna Milton, telephone convener: Lenh Lealle; press reporter Barbara Gates.

The meetings are to be held every Monday after school at the leaders' homes. Leaders passed out the books and told the requirements of the club, such as how notes are to be made.

Food Guide
Miss E. Pearen, the leader, discussed the Canadian Food Guide. The Canadian Food Guide

helps to give background information on how to prepare and organize meals. They went over how many servings of milk, meat, vegetables, bread and fruits should be eaten each day. They also learned the nutritional value of each of these kinds of food.

For the demonstration, they showed how to measure such ingredients as flour, sugar and lard.

Classifieds sell fast

Success of Free Press classified ads is demonstrated each week by satisfied buyers. Last week a portable TV advertised for sale was sold after two calls were received. Also sold after several calls was a 1963 Pontiac.

These were only two of many who report success after placing a Free Press classified.

4-H display shown at Dublin meeting

A good turn-out of members and three visitors attended the regular meeting of Dublin Women's Institute last Thursday night at the home of Mrs. C. Britton, Blue Springs Road.

In the absence of the president, Mrs. M. McCullough, Mrs. E. Norton presided over the meeting for the opening exercises.

Canadian products
Roll call was answered by exhibiting a Canadian product and telling where manufactured. Many items were shown, and they were of interest to all. One item was a plastic bag of Canadian money manufactured in Ottawa, representing proceeds of a booth at an auction sale in Stewarttown, by Mrs. W. Britton. Another item shown was a pair of decorative double wall candleholders, manufactured in the village of Morriston, and later donated to the Branch by a welcome guest of the evening, Mrs. E. Boucher.

Mrs. W. Pierce was the lucky owner of them later in the evening.

Course here
Final plans were made regarding the needlecraft course, at Acton Library on March 4 and 5 from 10 a.m. to 4 p.m. Articles to be taken by the members attending were mentioned.

A donation of \$10. was made to Halton Musical Festival. The Officers' Conference being held on April 27, 28 and 29 at Guelph University will be attended by Mrs. M. Hunter, representing the Dublin Branch.

Annual contests
Competition at the Halton District Annual in May will be for a cushion, a cake suitable for the 75th Anniversary, and a poem of not more than 16 lines. Reports of the Visiting Committee were given by Mrs. N. Douglas, Mrs. W. Pierce and Mrs. Duncan Moffat.

Mention was made of the March meeting being Grandmothers' meeting, to be convened by Mrs. A. Near and Mrs. F. McCarron.

Plan bake sale
It was decided to have a bake sale in the near future, and Mrs. M. Hunter, Mrs. Pierce and Mrs. W. Lasby will make the arrangements.

As convener of Canadian Industries, Mrs. M. Hunter gave a splendid talk on Pollution, as affected by paper industries in particular. As a vital subject in the news now, it was of especial interest to hear that in a neighboring town, the problem had been resolved satisfactorily.

At the Farm Safety Council on February 16 in Milton, Mrs. M. Nellis had represented the Dublin Branch. A film "Second Chance" was shown on different aspects of accident prevention. A poster competition will be held for students, as well as 4-H members.

4-H display
Every year an interesting exhibit is displayed by the 4-H girls of the courses which they have had training in. Unfortunately, on account of High School activities, the girls were not able to participate themselves, but the leaders, Mrs. W. Lasby and Mrs. N. Douglas took over for them.

Many articles were shown that the girls had completed, incorporating the seven basic embroidery stitches that they had been receiving instruction in. Mrs. Lasby read the introduction which had been prepared by Miss Marilyn Barber. It was interesting to see the articles and toys that the Dublin Nimble Needlers had made.

A social visit was enjoyed by the ladies when the committee composed of Mrs. R. McDougall, Mrs. C. McIntyre and Mrs. C. Britton served a delicious lunch.

Brazil's contrasts studied by U.C.W.

Unit 2 of the U.C.W. of Trinity United Church met in the church parlor with Mrs. F. Eaton, president, in the chair. She opened the meeting with a poem Dreams of Spring, followed by the Purpose. 21 members answered the roll call.

Mrs. Shoemaker had charge of the devotions. Mrs. Little read Scripture, with the theme Love. Mrs. Eaton led in prayer and two hymns were sung. Miss Simmons gave a lovely solo Breathe on Me Breath of God.

Study Brazil
Mrs. Shields took the study book on Brazil. A film showed many huge skyscrapers in the cities and in the rural areas, just the opposite with dire poverty. There is no middle class there, just poverty or wealth. The next chapter will be on Chile. A plant will be sent to Mrs. D. H. Lindsay.

Slides of Orient enjoyed by U.C.W.

Grace Perry showed slides of the trip she and her husband took to the Orient last summer, at the meeting of the evening unit of the U.C.W. Wednesday evening.

Mrs. Marguerite Taylor was hostess for this meeting.

Mrs. Perry was introduced by Dorothy Rognavaldson and thanked by Chris Houston.

Sick report
Mrs. Shoemaker gave her usual concise report of sick and shut-ins and read a goodly number of Thank You notes for favors received, and from Angola for a parcel received. There were 21 house calls and 37 hospital calls made during the past month.

Members were sorry to hear Mrs. Eaton has resigned due to ill health. They agreed they will all miss her very able leadership but will still be a very valuable member.

Plan event
A rummage sale is to be held March 27 with a bake sale starting at 11 a.m.

After the Mizpah benediction Mrs. Shoemaker's group served a very dainty lunch and a brief half hour was spent together.

were taken by Gloria Coats and Chris Houston.

Plan sale
A rummage and bake sale is being planned. Members talked over the success of the coffee hour in the parish hall, jointly sponsored by the A.C.W. and U.C.W. Members also agreed to assist with the new clothing depot.

Make a date

Dates for the Drop-In coffee hours at St. Alban's parish hall during March are the 3rd, 17th and 31st. The first Wednesday, 21 women and 15 children came.



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WHITE SWAN GREEN ORANGE OR DECORATOR PAPER TOWELS 2 ROLL PKG. 53¢	TOASTMASTER (MFG. & OFF LABEL) FRENCH PASTRY PKG. OF 4 43¢	ORANGE NECTAR 44 OZ. GLASS BTL. 59¢	SCOPE MOUTHWASH 12-OZ. BTL. 99¢	MOTHER PARKERS TEA BAGS ECONOMY SIZE PKG. OF 100 57¢
POWDERED DRIVE DETERGENT 16 OZ. PKG. 49¢	PRODUCE OF MEXICO No. 1 GRADE FIRM RED SLICERS VINE RIPE TOMATOES 3 LB. 99¢	SWEEP & JUICY LARGE SIZE 90s DOZ. 89¢	<i>The Wonderful World of "Frozen Foods"</i>	IGA (13" WIDTH) ALUMINUM FOIL 25' ROLL 35¢
QUICK CREAM OF WHEAT 2 1/2 OZ. PKG. 69¢	SWEET & JUICY LARGE HEADS (SIZE 24) GREEN CABBAGE PRODUCE OF U.S.A. EA. 25¢	No. 1 GRADE 2 SIZE 24s 49¢	CUDNEY WHITE LEMONADE 5 1/2 OZ. TINS 49¢	MARSHCO SHREDDED WHEAT 15 OZ. PKG. 37¢
MIX 'N' EAT CREAM OF WHEAT 2 1/2 OZ. PKG. 69¢	FRESH TOP BUNCH CARROTS PRODUCE OF U.S.A. 2 FOR 39¢	PRODUCE OF U.S.A. 2 FOR 39¢	SILVER RIBBON FANCY PEAS 7 1/2 OZ. BAG 39¢	MAVO PLAIN SPAGHETTI SAUCE 28 OZ. TIN 49¢
CEREAL POST HONEYCOMBS 9 OZ. PKG. 43¢	WE RESERVE THE RIGHT TO LIMIT QUANTITIES		BLUEWATER COO FISH & CHIPS 14 OZ. PKG. 49¢	SPAGHETTI SAUCE 28 OZ. TIN 49¢
LOWNEY'S BRIDGE MIXTURE 12 OZ. PKG. 49¢			BEEF, CHICKEN, TURKEY OR BEEF & HONEY YORK MEAT PIES 2 1/2 OZ. PKG. 47¢	GRAFF (SALAD DRESSING) MIRACLE WHIP 22 OZ. JAR 55¢
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