

the painted box

By Wendy Thomson

The recipes that I've set aside for this column are piling up on me, and I thought that I'd put them all in at once and catch up. Besides that, I can't think of anything to yarn about, this week.

The first, is a meat dish I brewed up one day after I got involved in a John Buchan book, then discovered I only had an hour to whip up a dinner for company.

ROUND STEAK

Cut a round steak in serving size pieces, sprinkle with flour then pound with meat mallet or edge of saucer. Do both sides. Melt 1/4 cup butter in heavy skillet, and add 1 large onion, sliced. Sauté till golden, then remove and set aside. Brown the steak in same skillet, adding more margarine if needed. When meat is browned both sides, arrange one layer on rack in pressure cooker, then a layer of onions, then rest of steak. Add 1 (12 oz.) bottle of beer, 1 clove garlic thinly sliced, 1 beef bouillon cube, 1 tsp. thyme leaves, 1 tsp. salt, 1/8 tsp. pepper. Cover pressure cooker and cook according to instructions for 30 minutes. This may be cooked in the covered skillet for 1 1/2 hours.

POTATO FILLING

Mix 1 lb. of ground beef, 1 cup dry bread crumbs, 1 tsp. chopped parsley, 2 beaten eggs, 1/2 cup grated parmesan cheese, 1/2 cup water, 1/4 cup chopped onion, 1/2 tsp. salt, 1/2 tsp. pepper, very thoroughly. Brush a 9 or 10 inch casserole with 1 tsp. olive oil. Sprinkle with 1 tsp. bread crumbs. Place half the meat mixture in dish, then a layer of 2 cups of mashed potatoes mixed with 1 tsp. parsley; next a layer of thinly sliced mozzarella cheese. Top with remainder of meat, spreading it right to the edges. Brush with olive oil, and if there is any mozzarella left over, arrange it on top. Bake at 350 degrees for 1 hour. Turn out on platter and slice. Serves 6 or 8.

FRENCH CREAM PIE

In saucepan mix 1 cup sour cream, 2 beaten egg yolks, 1/2 cup white sugar, pinch of salt, 1/2 tsp. cinnamon, 1/2 cup raisins. Cook till mixture thickens, stirring constantly. Remove from heat, add 1 tsp. baking soda. Pour into baked pie shell. Make meringue from the 2 egg whites plus 1/3 cup sugar, spread over filling and brown in oven.

RICH BROWNIES

Cream 1/2 cup butter, 1 cup sugar. Add 2 eggs, and 1/2 tsp. vanilla, beat. Add 1/2 cup cocoa, 1/2 cup flour, 1 cup chopped nuts. Mix well. Bake at 350 degrees for 30 minutes.

ICE BOX ROLLS

In double boiler, melt 1 cup brown sugar, 1 cup corn syrup, and 1 cup peanut butter. Heat until small bubbles form at edges, then add 2 cups oven flakes and 2 cups rice Krispies. Mix, form in rolls, wrap in waxed paper, and let set in frig. Slice as needed.

PUMPKIN FROST (quick mix)

Combine 1 small can pumpkin, 1/2 cup sugar, 1/2 tsp. salt, 1/2 tsp. cinnamon, 1/2 tsp. ginger, 1/2 tsp. nutmeg, 1/2 tsp. vanilla, 1 pint of vanilla ice cream just until it is soft but not melted. Add 1 small box of instant vanilla pudding and beat one

minute. Add pumpkin and continue beating till mixture thickens. Stir in 1/2 cup chopped pecans. Spoon into serving dishes, sprinkle with 1/2 cup ginger snap crumbs, and freeze. 10 servings.

PUMPKIN ICE CREAM PIE

Put a 9 inch graham wafer crumb pie shell in freezer to chill. Blend together 1 cup canned pumpkin, 1/2 cup brown sugar, 1/2 tsp. salt, 1 tsp. pumpkin pie spice. Fold in 1 quart softened vanilla ice cream. Fill crust and freeze till firm.

Personals

Mr. Ron Saunders is a patient in Guelph General Hospital.

The Y's Men had a Valentine dance Friday in the Music Centre.

Leaders and parents drove several carloads of C.G.I.T. girls to the Ice Capades in Toronto on Saturday afternoon.

Corporal Ray Mason has been hospitalized in Guelph, where he underwent surgery. His many friends hope for him a return to good health soon.

Wade Knight, son of Mr. and Mrs. William Knight had the misfortune to have his left arm broken in a hockey game at the Arena last week. He was a patient in the Guelph General Hospital for a few days having the fracture reduced.

Acton musicians play in festival

Participating in the 1970 Toronto Kiwanis Music Festival from Acton will be Debra Bousfield in piano solo class and Joe Petric in accordion solo class.

The festival begins this Saturday and continues to Feb. 21. During the two week period an overall total of just under 29,000 musicians and vocalists will compete, ranging from toddlers to seasoned professionals.

Kenneth Owen, Linda Rotz wed in Christmas ceremony



LINDA ROTZ and Kenneth Owen were married on December 20 in Knox church.

Poinsettias and pine boughs decorated Knox Presbyterian church on December 20 for the marriage of Linda Jane Rotz and Kenneth Darwin Owen.

The bride is the daughter of Mr. and Mrs. Thomas H. Rotz, R.R. 2, Acton, and the groom is the son of Mr. and Mrs. Edmund Owen, 6 Middleton St., Galt, and formerly of Acton. The Rev. A. H. McKenzie officiated at the double-ring ceremony at four o'clock and E. A. Hansen played the organ.

The bride wore a gown of crystal satin with round neckline and inserts of Chantilly lace on the bodice. An inset of lace extended the length of the lily point sleeves and the lace-trimmed skirt fell into a chapel train. A petalled headpiece held her chapel veil with silk embroidered edging. She carried a cascade of white and red carnations centred with a red poinsettia. For "something old" she wore a gold locket which had belonged to her great grandmother.

Maid of honor was Miss Andrea Cislak, a friend, who wore cranberry red velvet with rhinestone buckle and trim on the cuffs. She carried white mums with a red poinsettia.

The bride was given in marriage by her father, Jim Cooney, Hamilton, a friend of the groom, was best man. Ushers were George Beshiri, Acton, a friend, and Mike Rotz, brother of the bride.

The reception was held in Ballinfad community centre. The bride's mother received wearing grey and pink with black accessories and pink carnations. The groom's mother assisted wearing grey, silver accessories and white carnations. Leaving on the honeymoon, the bride wore a deep pink dress, silver shoes, white carnations and rosebuds.

As well as from the Acton area, guests were present from Toronto, Weston, Maple, Hamilton, Guelph and Royal Oak, Michigan.

The couple are living in the Winston Apartments, Churchhill Rd. S.

A community shower was given by Mrs. Winifred Rossell and Mrs. Annie Saunders. A party in honor of the bride and groom was held by Miss Andrea Cislak.

Free Press Women's Page

Dance, fashion show discussed by Auxiliary

The monthly meeting of L'Arche Auxiliary was held Jan. 28 at the Acton Public Library. Plans for the dance at the Acton Legion on Feb. 28 are well underway. Music will be provided by the Novel-Airs. Tickets are available from Mrs. Kevin Conroy at 853-2063 or from Mrs. Lanston at 853-0975.

drinks and articles made at the workshop on display.

The trainees from the workshop with their managers and her assistant and some of the L'Arche Auxiliary members will be bowing one afternoon at the Acton Bowling Alley as guests of Ken Hultford.

Renovations are still being carried out at the workshop in Hornby with the building of docks for the loading and unloading of trucks. This should help to speed up this operation. The next meeting will be held at the library on Feb. 25. Any interested persons are welcome.

Inquiries are being made at Walkers about a fashion show for the next year as the last one was so well received. As in the past years members hope they will be having a booth at the 1970 Acton Fall Fair with

Mrs. Eaton guest Mission Circle meeting

Miss Jessie Coles acted as hostess for the Marion Rudd Mission Circle of the Baptist Church on Monday evening. Although some members were absent with sickness a profitable time was spent by all who attended.

The president, Frances Feltham, opened with a reading on "Salvation is Twofold. Eileen Lott read the minutes and arrangements were made for the Spring Thankoffering on April 6 with Miss Dorothy Franklin as speaker. The Women's World Day of Prayer was announced for March 6.

The president read an article from the Link and Visitor on the Canada-Bolivia-Cuba prayer pact. This was very interesting as different members of the circle had written to pastors in Cuba. Jessie Coles gave the devotions entitled The Art of Life based on John 1.

Marj. Landsborough introduced the special guest for the evening, Mrs. Fawcett Eaton, who with her late husband had spent seven months in India in 1966. A chapter from the study book Grappling with Giants was discussed, the giants being

U.C.W. elects new officers

The evening unit of Acton U.C.W. met when new officers took over, Mrs. C. Griese as president, Mrs. M. Symon as secretary, Mrs. H. Jordan as treasurer and Mrs. W. Middleton as cheer secretary. Mrs. O. Johnston took the devotional period. It was decided to continue to visit girls in the Galt training school.

134 members

New members signing on at last Friday's "Young Generation" dance held in the Parish Hall, brought the number of card-holding members to 134.

Annual reports at Ladies' Aid

The members of Knox Ladies' Aid met in the D.A.C. Stewart Hall of the church on Tuesday. Unfortunately on account of illness, several members were not able to be present.

Mrs. W. J. McIntyre, president, opened the meeting with a beautiful reading "Happy New Year."

Mrs. G. S. Matthews read the minutes and many letters of thanks for Christmas remembrances from the district. An annual report and a monthly report were read by the treasurer, which showed a successful financial year in 1969. A motion was approved to forward \$100 to the district secretary, Mrs. A. J. Bughman, for supplies.

Mrs. G. Sprent and Mrs. A. M. Macpherson were named a nominating committee and will present their report at the February meeting. A devotional part of the meeting was taken by Mrs. Macpherson reading the scripture and Mrs. Sprent giving the prayer.

Mrs. J. C. Dennis gave an enjoyable talk on "Thought for 1970"

Mrs. G. S. Matthews conducted a good concert which was won by Mrs. A. H. McKenzie.

A friendly chat was enjoyed over the teasups.

POT'S CORNER

THE CHRISTMAS ORANGE

I buy oranges by the bag,
And I never watch the tag,
For they're part of daily diet, as you know,
But I'll never, never eat
One that tasted half so sweet
As that one placed in my stocking long ago.

I would wait 'til nearly night
Ere I took a cautious bite,
For I could not bear to break its precious skin,
I would fondle it with love
'Til the stars shone out above
And I realized the Day was nearly in.

Many years have come and gone,
Still the memory lingers on,
Though I've grown sophisticated, old and gray;
For that same familiar bulge
Without failing would divulge
A stupendous orange for me on Christmas Day.

Isabel Anderson

Daughters of Knox continue studies

The Daughters of Knox held their meeting in the Miss Ellen Anderson Room on Monday, February 2.

The president Mrs. Bern Van Fleet opened the meeting with a reading "Living For Jesus" and the mottoes were repeated in unison. The minutes of the last meeting were read by Mrs. E. A. Hansen and the roll call was answered by 11 members each one presenting a tea towel for the kitchenette.

Plans were made for the World Day of Prayer service to be held on Sunday evening, March 8, at Knox Church. The speaker will be Rev. L. G. Stars of the Leprosy Mission at Brantford.

Mrs. Harold Swallow and her group opened the devotion service with the hymn "Faith of Our Fathers" and the scripture was read responsively. On the chapter "From War Toward World Order" taken from the Study Book "Dare to Reconcile" the group was

divided into three and there was an interesting discussion from the views of realists, hopefuls and observers. The hymn "Softly and Tenderly Jesus is Calling" was sung, followed by the Mizpah Benediction.

Lunch was served by the group in charge and a social time was spent.

District man burned in Guelph

Monday afternoon in Guelph four employees of Malleable Iron Company were injured when an explosion occurred inside an industrial furnace. Although three Guelph men were taken to hospital for treatment of burns an Acton district man, Richard McDonnell of R.R. 3, was standing at some distance and received only minor burns to the abdomen and did not require hospital treatment.

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DAILY DELIVERY

Let's Play Bridge
by Bill Coats

No trump contracts are supposed to be the most difficult contracts to play. That is why most bridge players prefer to play as suit contracts. At duplicate, however, the extra ten points difference for the first no trump trick acts like a magnet. It attracts duplicate players to no trump. At duplicate all that matters is that you get a better score than other players who hold the same cards. How much better doesn't matter so even ten points better can bring you a good result.

Last week at the Acton Bridge Club the no trump bidders were brought to justice on a certain hand. Three pairs tried six no trump on a hand and all were defeated. One even managed to go down six tricks. One pair, however, bid a grand slam in spades and proceeded to make the contract. Here are the hands.

North deal with East-West vulnerable.

NORTH			SOUTH
3-D	K 10 9 2		7-6-5-4
H-Q 9 8 7 6 4		H-10	
D-10 6 5 4		D-A-K 9 8 7 3	
C-Q		C-J 4 3	

WEST			EAST
S-Q 7		S-8 6 4	
H-Q 9 8 7 6 4		H-A-K 5 3 2	
D-10 6 5 4		D-J 2	
C-Q		C-9 7 6 5	

The bidding:

NORTH			SOUTH
1-D	Pass	3-C	Pass
3-D	Pass	3-S	Pass
4-S	Pass	4-N-T.	Pass
6-D	Pass	6-S or 7-S	All Pass

Opening lead - 7 of hearts.
There are two bids worth commenting on. South's response of 3 club to north's opening bid is called a jump shift. It jumps one level of bidding and changes to another suit. It describes a hand of at least 13 high card points. You should never use it just to describe a hand of opening bid strength.
The other unusual bid is North's reply of 6 diamonds to South's 4 no trump ace asking bid. Five diamonds

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