

"Toothless gap" true for million Canadians

Smile Power!
That's the message of Dental Health Week from February 1 to 7 in Ontario. And it's come at a time when Acton is acutely tooth-conscious.

As well as the generation gap, Acton is suffering from the communications gap, as far as the county dental health program goes.

And how about the toothless gap? Four million Canadians—that's one-fifth of our population—wear either partial or complete dentures. One million of these Canadians have no natural teeth at all!

Civilization's introduction of soft food and too many sweets has always been blamed for the high incidence of dental caries. Dental decay was unknown among the natives of Tristan da Cunha, a South Atlantic island, until the import of western civilization's refinements.

A recent medical survey of a native tribe in Nigeria elicited some surprising findings. Despite the fact that most of the 600 men, women, and children in the tribe were suffering from severe malnutrition and there was no milk available even for infants, only two small cavities were found. Both were in a four-year-old child. Again, such resistance to tooth decay was thought to be related to the lack of sweets in the diet of these Nigerians.

Other findings, however, confuse and frustrate dental scientists seeking the cause of dental decay and a universally effective cure for it. There has been great improvement and change in the practice of

dentistry. In 16th century Tudor England, physicians assumed the responsibility of curing dental diseases and toothaches, but barbers and surgeons still extracted teeth. Next time you plan a trip to the dentist, think about these 16th century remedies: serpent skin cooked in vinegar; a liquid such as wild cucumber juice or chicory juice in your ears; or a burning stick inserted into an aching tooth that had first been filled with molasses.

Today, sophisticated instruments, materials, and techniques are available to the dentist to help him control dental disease.

One of the greatest boons to total health developed in the last 50 years, along with antibiotics and advances in environmental health, is the diagnostic X-ray.

Regular visits to the dentist are essential to the prevention of dental disease and to preservation of sound teeth. The dentist can detect minor dental problems before they have a chance to cause a great deal of trouble. He may also detect signs of leukemia, tuberculosis, diabetes, anemia and cancer.

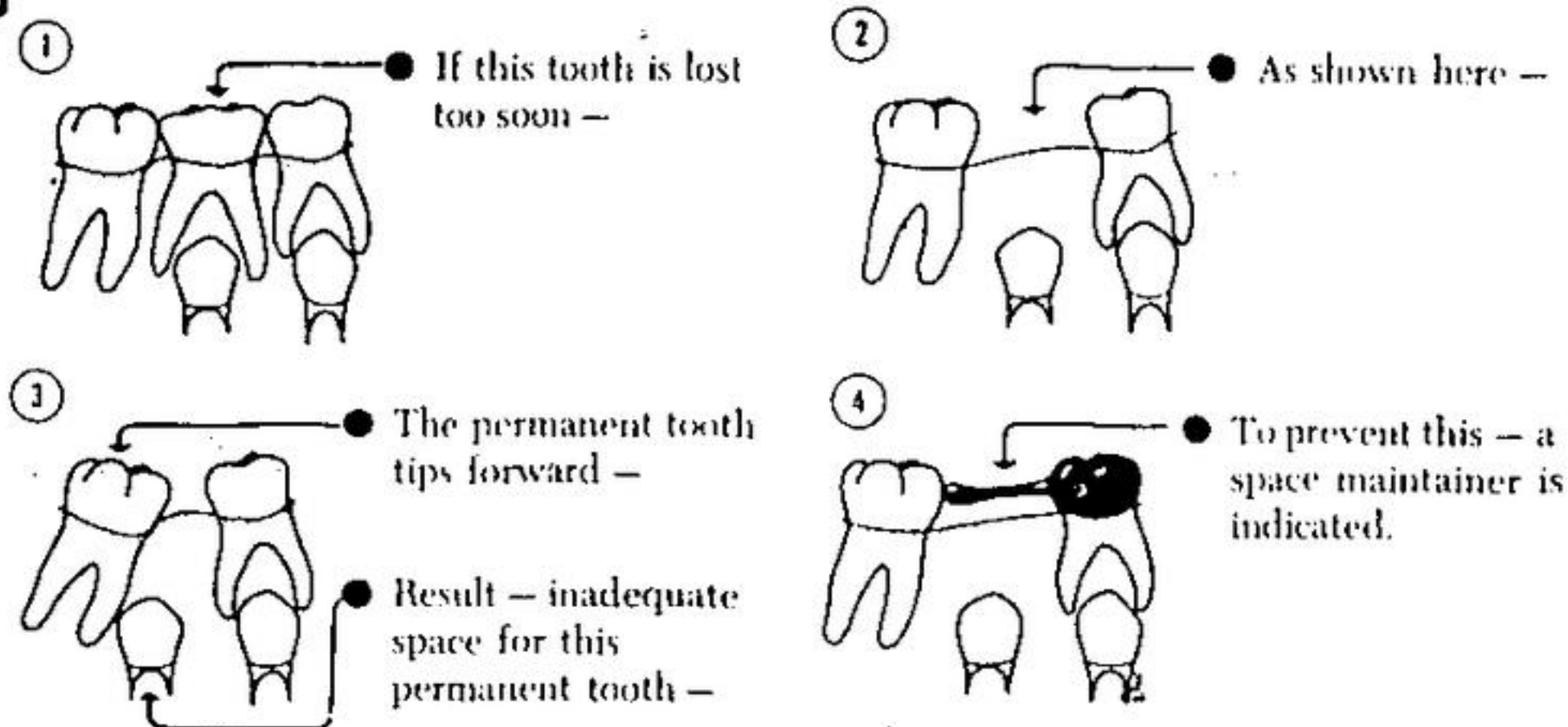
Proper home and professional dental care are needed on a regular basis. As dental prepayment programs and plans expand, we may see the toothless gap narrow.

The cost of neglect is higher than the cost of prevention. When you're old, or even middle-aged, you may not care about having bubble gum, but you may care about having a nice big fat juicy T-bone.

Smile Power!

Smile Power!

Baby Teeth are Important!



PREVENTION IS BETTER THAN CURE

Brush your Teeth immediately after eating



Operation Ookpik Monday

By Mary Ann Freuler
Now that exams are finally completed the ADHS students can once again breathe easy. The many hard hours of work shall be rewarded the following week when "Operation Ookpik" begins.

On Monday, February 9, the pie eating contest will be open to anyone. The time is 3:00. That same evening, commencing at 8:00 a movie will be shown.

Tuesday night the students will bundle up warmly for the long march of the torch-light parade. At 7:30 spectators may watch the line up of floats made by the students. The Carnival Queen of 1969 will pass her

crown on to the next lucky girl, upon arrival at the school.

Judging of the snow sculptures will take place on Wednesday. Classes are urged to get started. There will be a hockey game at the arena at 2:30.

Thursday afternoon the students will view a basketball game and that evening between the hours of 8 and 11 there will be a coffee house dance.

Friday has been entitled "Snow Fun". Toboggan races, skating races, and a broom ball game will be among the activities. A Variety Show will begin at 8:00 that night.

All of Saturday is filled with activities, including snowmobile races, dog races, a tug of war and a wood chopping contest. The finale of "Operation Ookpik" is a semi-formal dance Saturday evening at 8:00.

Members of the boys' basketball team this year are Gord Morris, Dave Manes, Gary Turkosz, Mark Nielsen, Jack

Holmes, Pete Morrison, Steve Van Fleet, Harry Lawson, Bob Krul and Alex Gray. Their coach is Ian McGillivray. League games played at home resulted in defeat by the Arthur, Erin and Elora teams. In an exhibition game the boys were victorious over Erin, 29-24.

The senior girls were defeated in games against Erin and Arthur but defeated Elora. Their coach is Mrs. K. Ott.

The junior girls' basketball team was defeated by all three towns. Their coaches are Susan Clendinning and Trina Van den Polder.

The spring driver-education course begins Feb. 4 under the direction of Clarence Rogvaldson. Those who participated in the fall course received their certificates last Monday.

Snowmobiler ruins fences O.P.P. told

Acton police received a complaint this week concerning a snowmobiler. A country resident claimed that a snowmobiler on his property was trespassing and cutting up fences.

Police remind snowmobiler owners they must have permission before driving on private property. They could be charged with petty trespass.

"Snowmobile night" free entertainment

Hamilton Automobile Club is presenting a "Snowmobile Night", Wednesday, Feb. 4 in the Auditorium of Cathedral Girls' High School, 467 Main St. East at 8 p.m. It's a free evening's entertainment for anyone interested in the sport.

Snowmobile dealers of Hamilton will have machines on display. Doors open at 7:00 p.m.

Quiet week for O.P.P.

The Milton detachment of the OPP report a relatively quiet week on the highways and they investigated only three minor accidents over the weekend.

Monday morning, Jan. 26, a collision in the north end of the county on Esquesing's Seventh Line near Maple Ave. resulted in \$1,100 damage and slight back injuries to 16-year-old Susan Marchment, passenger in a car driven by Mike Marchment of R. R. 2 Acton.

Driver of the second vehicle involved, a pickup truck was John Chestnut of 208A Main St., Milton. Damage to his truck was listed at \$300 while the Marchment car was a write-off.

Fire area deficit

A recommendation by Milton Fire Area Chief A. E. Clement that three full-time men be added to the Milton Fire Department and that a water tanker truck be purchased was tabled at Nassagaweya Council Tuesday evening.

Nassagaweya is in the Milton Fire Area and the recommendation was contained in the chief's year end report to the council.

Council members declined to make any firm statements on the matter until they had time to investigate the cost of the extra men and equipment.

It was also learned the fire area had a \$2,632 deficit which had been run up in payment of overtime to the firemen. This was explained by the fact there were more large fires in the fire area, thus necessitating the use of the extra manpower.

Nassagaweya Council agreed to pay their share of the deficit which totalled \$335.92.

Legion Notes

By Charlie Thomson

Peter Homer scored 60 to win the steaks at Friday night's men's curlie. Jack Airdrie was second and Ken Papillon third.

"Scotty" McCristall's 42 won him the bologna for hidden score.

On the sick bay list this week are R. Freckleton, Norm Cunningham, Ed Footitt, Bruce Martin and Jim McKnight all at home and Norm Morton in Guelph General Hospital.

We wish them all a speedy recovery.

"Positive approach"

The Acton Free Press, Wednesday, February 4, 1970

Schools would welcome visit from Dr. Green

It's children's dental health week, according to the Ontario Dental Association.

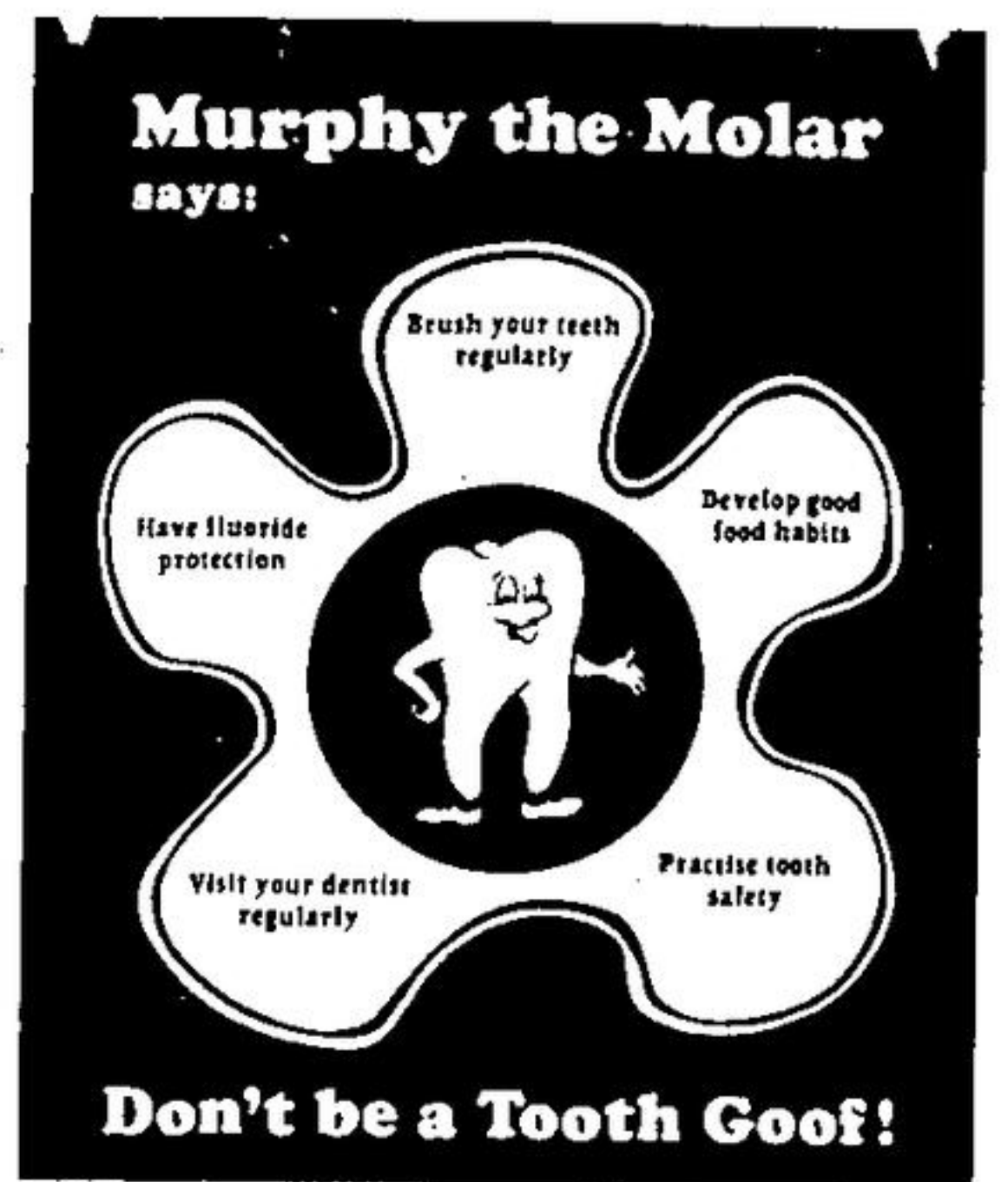
To Acton schools, still smarting from comments about local lack of dental hygiene but now enthusiastic to prove quoted figures wrong, Dental Week came as news.

No school has received literature on Dental Health week. And the only things the principals know about Murphy the Molar, the new experimental health program for Acton, they've read in the Free Press.

Both principals would welcome a visit from Dr. Green. "I don't know how long he's been in Halton," said principal Elmer Smith of the M. Z. Bennett school, "but I hope some day he'll take five minutes to come to the M. Z. Bennett school."

The dentist has never been to their school, and the dental hygienist comes once a year to check teeth in kindergarten, grade one and grade two. Mr. Smith points out sometimes baby teeth are neglected, while the same students will have had dental care in higher grades for their permanent teeth. He feels if the Health Unit figures on Acton teeth are based on the first three years of school only, they cannot be accurate.

At the M. Z. B. school the teachers and students are very conscious of the dentist's recently reported statements. There were debates and discussions in classrooms.



Cleanliness and care of the teeth are routinely covered in classes, the principal pointed out.

At the Robert Little school, teachers and students are determined to "prove him wrong". They are discussing how often they visit the dentist, and the teachers are beginning to keep track of visits to the dentist by pupils.

Principal McKenzie says "We hope Dr. Green will come back up here there's a bad taste in

everyone's mouth." Hearing from the Free Press that Dr. Green had said he wished to co-operate fully, Mr. McKenzie said "Let him come up to the school and speak to the staff, and let us see that he is sincere!"

Both principals are stressing the positive approach to the dental problem in classroom discussions. Students are presently very enthusiastic about improving Acton's record if it's not good.

More spot checks for gravel trucks

Steps are to be taken to step up OPP spot checks on gravel and sand trucks to see their loads are adequately covered and the loads do not spill onto the road or onto the windshields of passing motorists.

This extra coverage was announced at Nassagaweya Council Tuesday evening by Councillor Art Gibson, who along with Councillor Allan Ackman, were appointed to inquire into the situation.

A recent resolution passed by the council called for a tighter enforcement of the Department of Highways regulation stating

loads on trucks had to be secured onto the vehicle.

Mr. Ackman said, "We have no complaints with the OPP at all, in fact they are doing a splendid job, but we do find fault with the Highway Traffic Act which is vague on this point."

Resignation

After three years as zoning administrator and building inspector for the Township of Nassagaweya, Syd Savage handed his resignation to council in a surprise move Tuesday night.

Mr. Savage had no comment to make on his decision other than he has no immediate plans for the future.

At a regular meeting, Tuesday night, Nassagaweya Council:

• Endorsed a resolution from the Town of Georgetown which asked the provincial government to pay the full cost of administering the Family and Social Services which was recently introduced into the County of Halton.

Knox addition, garage variances are approved

Four applications were heard and approved when Committee of Adjustment met Monday evening in the council chambers. The committee will also meet again February 16.

An application from Knox Presbyterian church asking for a minor variance in side yard allowance, to permit the building of an addition, was approved. Cal McIntyre presented the application and there were no objections. Other members of the church were present for the meeting.

The application now must be approved by the minister of municipal affairs.

(The church is considering a new entrance to the basement with the possibility of a few new rooms as well.)

Three applications were received by the committee from Monex Construction, all evolving from the building of a garage on Churchill Rd. N. at the former Brown home. One application was for a severance, the next to allow the neighboring lot to be 57 feet rather than 60 feet wide and the third for relief from the full side allowance requirement.

All three were approved and go to Toronto for further approval.

Present were committee members chairman Jim Lindsay, Neil Miller and Hank Rupert with secretary-treasurer Grant Usher.

The next meeting on the 16th will consider applications from the Toronto-Dominion bank for the old post office location and for the Bank of Montreal for an extension. Both seek permission to use required parking spaces for building.

Last year the committee of adjustment only heard seven applications altogether. There are seven applications before them already in 1970.

The budget to be presented to council was discussed.



Following the publication in Norway of the information about the printing and distributing of 100,000 Bibles in Rumania some doubts were aired about the accuracy of the information. As a result, a Norwegian organization decided to send their own representative to Rumania to investigate what had happened. Part of the report which appeared in the press following his return, reads:

"It caused great interest—and some doubt when the news came that 100,000 Bibles, towards the cost of which the Norwegian Bible Society had contributed, had really been produced and distributed in Rumania. We in the Mission behind the Iron Curtain, who have been asked what in fact happened, are happy to confirm that it is a fact that most of the congregations received with surprise and thankfulness 10 copies of the Bible.

"This does not mean that the communist authorities have changed their attitude towards religion. When Bibles are sent to Rumania they are usually returned. Parcels containing Bibles are seized at the border. Quite recently Bibles and Christian literature have been confiscated in Christian homes by the secret police after quite rough questioning."

Smile Power ONTARIO FEBRUARY 1-7th

NATIONAL CHILDREN'S DENTAL HEALTH WEEK

CREST TOOTHPASTE REG. \$1.25 **95c**

SCOPE MOUTHWASH REG. \$1.79 **\$1.29**

PRO TOOTH BRUSHES REG. .98c **49c**

BE PREPARED FOR COUGHS AND COLDS

ANACIN 100's REG. \$1.35 **99c**

ASPERGUM REG. .59c **49c**

BENYLIN REG. \$2.05 **\$1.49**

VICKS 44 COUGH SYRUP REG. \$1.29 **99c**

DRISTAN CAPSULES REG. \$1.35 **99c**

HANSCRAFT No. 202

VAPORIZER REG. 9.95 **\$6.99**

CEPACOL

LOZENGES REG. .60c **55c**

VAPORUB REG. \$1.17 **95c**

ACTON PHARMACY

How to keep the traffic moving when rush hour hits the hot water.

Rush hour. Every family has one. When there are dishes to be washed, kids to be tubbed, Dad scrubbing up. Then Sis decides she has to have a shower. It takes a lot of hot water to keep the traffic moving.

That's why you need the Cascade electric water heater—the big producer. It's got the capacity a busy family needs, and it's economical, too. Cascade keeps you in hot water for only pennies a day. Ask your Hydro about the quiet, clean, electric Cascade water heater.

ask your hydro

NATIONAL ELECTRICAL WEEK, FEBRUARY 8th to 14th.