

News and views

By LORRAINE

If it's an afternoon of something that's fun and different you're looking for, just drop everything, crowd your kids and skates into your jockey and head for Toronto; skating at the new City Hall rink is slightly fabulous and everyone should at least try it.

We did this with our family recently and it was great. There's a change room, a refreshment booth selling hot dogs, hot chocolate, and coffee, open all the time, plus continual skater's choice music piped out through speakers for those who know and enjoy the delight of outdoor skating to music. Blue and white bulb lighting arrangements twinkling on surrounding trees give one the impression of a lighted fairyland movie set resembling a Bavarian skater's inn.

Cars are continually pulling up to the downtown area and unloading enthusiastic children carrying skates every which way in a hurried effort to get onto the ice as quickly as possible. Smooth skaters, bumpy skaters, just learning skaters, old pro skaters, big skaters, little skaters, and some little wee tiny ones, all decorate the ice and attempt to keep time to the tempo of the music.

It's a wonderful way to spend a Sunday afternoon and, for the non-athlete in the family, a quick perusal of the buildings close by will introduce him or her to the tours which are conducted every fifteen minutes through the new Toronto City Hall where one can view first hand, the luxury personified in the elegant decor of the chambers of the recently re-elected His Honour, Mayor Dennison.

After completion of such a tour, a quick jaunt to the elevators located close by, will ensure one of a view of the City from the observation area some 28 floors high. As this elevator is open at most hours of the day, seven days a week, this is a worthwhile effort particularly if you are not able to drive or walk a few blocks south of the City Hall Square and visit the New Dominion Building in its present location at 55 King Street West.

The Toronto Dominion Centre it is called. Now that, too, is worth seeing. At the point of skating when hands are tingling and feet are making like clay flower pots, it's time to pretend you're educational and entice the family back into the car to wend your way down Bay Street for two blocks and, after parking your vehicle at any of the easily located free parking spots (especially on Sundays) visit the Centre.

The fifty-six floor building which houses the head office of the Toronto Dominion Bank, is the highest in the entire British Commonwealth and boasts a shopping mart of fifty-six stores containing merchandise which ranges from the epitome of high fashion in clothing to elegance in men's barbering parlours with pink chairs and lavishly gilded mirrors. There are also several boutiques which specialize in paper, selling everything from glamorous paper dresses to greeting cards.

Here one must be careful not to become too intrigued by the multitudinous shoppers' delights because the most interesting and exciting event of the entire escapade is situated on the Fifty-fifth floor Observation Tower from which, on a clear day, can be seen the City of Rochester, New York.

It's absolutely marvellous and, if you are still there at night time when Toronto is enveloped in a myriad of lights, you will agree that it's a fantastic sight. Records are now rating Toronto and Los Angeles, U.S.A. as two of the fastest growing cities in the world and I can believe it — the sight is tremendous.

Once we were warm again and fulfilled with educational splendour we took the spine tickling "slightly slower than you can fall" elevator down to the bottom floor, quickly noting that the sign read "Observation Tower Open Hours: 10:00 a.m. to 10:00 p.m. with a cost for adults — \$0.25; and children under 12 — 25c." and it was well worth it.

Incidentally, we could have skated for a week on the bright, glass-smooth City Hall ice rink and it was free. But a word of warning here! Don't gamble as we did and leave your car improperly parked in a No Parking zone. Sunday doesn't mean a thing in the City and, when we arrived at our vehicle after a delightfully strenuous afternoon, we found a policeman's calling card with \$5.00 printed on it in bold writing.

Weight Watchers losing-but members, not pounds

The Rockwood Weight Watchers Club is falling off but isn't the avoirdupois that it's losing but the members. In an effort to get the club going with a fresh new start, president Fran Wilson is calling a reorganizational meeting next Thursday night at 7:30 p.m. With the diminishing of the 20 member group down to a sparse 10, the executive is hoping to revamp their program and, although stress will be on the cutting calorie discussion, it is hoped that an exercise period will be revived with a \$25 reward set up for the chubby female who loses the mostest in a given time.

The dollar membership fee and the 25c nightly cost should not be a deterrent to those anxious to work off their poundage and president Fran is hoping for a gymful of exuberant exercisers expounding energy every Thursday evening.

For a truly Canadian gift, look for one of the products of Rehabilitation Industries, supported by the March of Dimes. They include Gemstone jewellery, made from many beautiful types of rock, stuffed toys, Eskimo and Indian dolls.



Rockwood News

Newly formed snowmobile club names officers, plans events

The newly-formed Rockwood Snowmobile Club under the leadership of Louis Hills of Weatherald Street, as president; Judy Hendry, secretary; Bruce Richardson, treasurer; and the executive committee composed of Chuck Petty, Red Meredith, Eddy Kingsbury, Frank Allsop, Jim Muir, and Jimmie Milne, met in the Rockwood Fire Hall on Monday, January 19, to choose crews and arrange for an outdoor jaunt and cook out.

The executive for the snowmobile club was voted in last Sunday afternoon at a meeting held in the Rockwood

Centennial Public School at 2 p.m. in the afternoon. Some 26 avid enthusiasts congregated to discuss policies and membership tickets. Although no rules were set, names were presented for nominations for various offices in establishing an official association and, after the elections with the new president, Louis Hills, residing, it was concluded that a family fee of \$10. would be set with only half of that amount to be paid for the remainder of this year. Cookouts, obstacle races, and other forms of outdoor endeavors would be the aim of this enterprising group and the

membership fee would be used to cover costs involved.

The Sunday meeting was adjourned at approximately 3:30 with the Monday night meeting time for the executive members set as of 7:00 p.m. at the Rockwood Fire Hall at which time crews were chosen, membership tickets were decided on, and the place for the Skimobile outdoor fiesta set as that of the Rockwood Conservation Park pavilion.

Start-off time for the first outdoor event of the Club, will be at 2:00 o'clock on Sunday, February 1, with all vehicles leaving the pavilion sharply at 2:15 p.m. to meet at the designated pre-arranged place for the Cook Out, with reminders being promulgated that this free outdoor affair is for all snowmobilers, potential operators, and their friends, with a welcome to everyone being publicised.

CHECK-OFF POINT during the day of brisk activities for Calvinist clubs saw this group getting further instructions from leaders. The groups are associated with the Christian Reformed Church.—(Staff Photo)

Folk mass presented at St. John's Sunday

The Folk Mass service was introduced into Rockwood for the first time last Sunday morning at the St. John's Anglican Church when eight young adult members of the Church of the Ascension congregation of Hamilton, participated in conjunction with the regular service conducted by Rev. Ken Cardwell.

The innovated service was originally conceived with the particular Order of Service of the Diocese of Qu'Appelle and the Algoma liturgy with the music from the American Folk Mass composed by Father Ian Mitchell, of New York, as part of a renewal process within the church.

In a newly-publicised book entitled "Say What You Mean and Mean What You Say" the writer, Paul Gibson, refers to the early church Eucharist as being one of action. Later on, monks introduced meditation and in

this way the evening church service were based on solemn reflections with the Eucharist gradually taking on the same quiet solemnity with lack of audience participation. The introduction of the folk mass then, is an experimental effort to rejuvenate the early "action" theme and the method of using upswing tunes co-ordinated with traditional services is becoming a popular interchange in many churches.

The Sunday group of young Hamiltonians is composed of students, nurses, and teachers, who, in their understanding of fellowship and Christian community service conduct a Parish Project called the "Open Door" behind which, every Saturday morning, a recreational program of various activities is taught, coached, and encouraged, to the downtown inner city youngsters who require guidance and assistance.

Referring to the Sunday Folk Masses, members of the choir realize that as a continual diet it could lose its significance. "But" said one young enthusiast, "It is a fun service and, as such, presents Christianity in a joyful and fulfilling way."

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Muskoka fish polluted R.A.P.E. members learn

The greatest amount of pollution from D.D.T. found in Ontario was in the fish of the Muskoka Lakes according to Dr. Richard Frank, Director of the Provincial Pesticide Residue Testing Laboratory of the Guelph University, as he spoke at the second of the series of lectures on Pollution being conducted free of charge to the public at the University of Guelph, every Monday evening at 7:30 p.m.

The Rockwood Anti-Pollution Endeavourists are utilizing these lectures in an effort to get their own war on pollution off the ground. R.A.P.E. members were in agreement with Professor D. W. Hoffman, Soil Science Department, who was of the opinion that the Provincial Government should set up a central planning agency to legislate the proper use of soil according to suitability with the

high quality land being used or set aside for agriculture.

The lectures are proving to be of a worthwhile nature to all pollution conscious individuals and everyone is urged to continue developing their concern and recognize the urgency required.

Touching on the problem of detergent, one of the better known aspects of pollution, Dr. Frank specified that on the research being done on the pollution by phosphorous, the urban water sheds, n.b. Lake Erie, 72% came from municipal waste and 66% of this from detergents.

With the Rockwood filtration and sewage plans on the 1970 year agenda the next lecture entitled "Waste Utilization and Disposal" dealing with human and animal waste, could be a highly constructive one to attend.

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