

Don't Be Fooled By Imitators

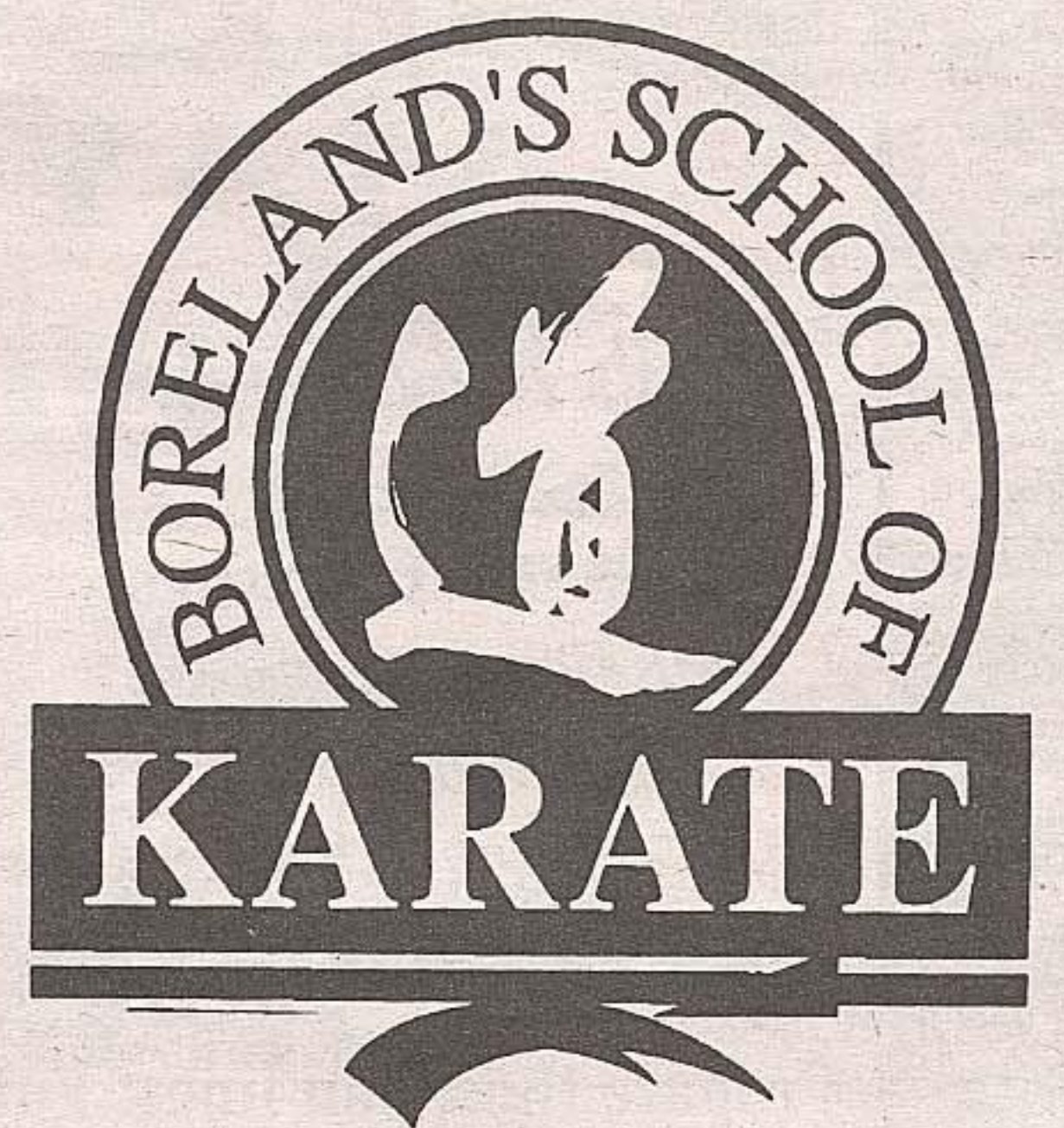
**Finally,
a kick-butt,
sweat
pouring, bag
slamming,
aggression
releasing,
power
punching,
workout for
the "bored"
with aerobic
scene" raging
kickboxer
deep inside
us all.**

Why is Kick Fit Karate sweeping the country? Because it gives you all the fun stuff in Karate (kicking, punching, Getting in Shape) without any of the serious stuff (Uniforms, belts, breaking concrete blocks with your head, etc.) Our instructors will have you breaking a serious sweat and

you'll learn some serious self defense techniques without yelling any foreign words. It's hard work, but it's the most fun way to get in shape ever!! And unlike a treadmill, learning Kick Fit Karate will get you somewhere. For more info and class schedules, Call us today!



*Pam Boreland
Registered
Kick Fit
Instructor*



- GEORGETOWN'S ORIGINAL CARDIOVASCULAR KICKBOXING PROGRAM
- REGISTERED FEMALE INSTRUCTORS
- SEPARATE KICKBOXING & KARATE FLOORS
- GEORGETOWN'S LARGEST FAMILY MARTIAL ARTS CENTRE WITH 7,000 SQ. FT.

- OVER 20 KICKBOXING CLASSES AVAILABLE EACH WEEK, MORNING, DAY, EVENING CLASSES
- DAYTIME NURSERY FACILITIES
- LOTS OF PARKING

Georgetown's Original
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The Total Body Workout

Morning, Day and Evening Classes

235 Guelph St., Georgetown
Beside Georgetown Cinemas
Borelands School of Karate

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Established Since 1991