



... 'tis the season to be **THRIFTY**

Santa's SAVINGS HEADQUARTERS

**REGULAR STORE HOURS THIS WEEK
OPEN UNTIL 9 P.M.
MONDAY AND TUESDAY DEC. 22 & 23**

NO FAT ADDED TO BEEF ROASTS — NOT AT A&P!

RED BRAND STEER BEEF

BLADE ROAST BLADE BONE REMOVED } Your Choice } **69¢**
 SHORT RIB ROAST }
 CROSS RIB ROAST }

BLADE STEAKS EXCELLENT FOR BRAISING **79¢**
 GROUND CHUCK FRESH MINCED **79¢**
 PRIME RIB ROAST FIRST 4 RIBS ONLY 7-INCH CUT **89¢**

SAUSAGE MEAT MAPLE LEAF, PURE PORK **59¢**
 CANNED HAM MAPLE LEAF **1.89**
 MEAT PIES McQUAIDE — TOURTIERE **79¢**
 COCKTAIL SAUSAGE BURNS PURE PORK **79¢**
 WIENERS MAPLE LEAF VACUUM PACK **59¢**
 SIDE BACON SUPER-RIGHT BRAND SMOKED, SLICED, RINDLESS **89¢**

READY TO SERVE

SMOKED COOKED HAMS

SHANK PORTION	BUTT PORTION	WHOLE HAMS <small>14 TO 16 POUNDS</small>
79¢	89¢	79¢
		CENTRE CUTS <small>OR STEAKS</small>
		1.09

Fresh Fruits and Vegetables!

ORANGES

California Seedless Navels **59¢** dozen Christmas Favourite 113's

ARIZONA, NO. 1 GRADE, FRESH, GREEN, LARGE FIRM HEADS

LETTUCE

25¢ head

GREEN BEANS Florida, No. 1 Grade Tender, Stringless **39¢** lb
 CELERY STALKS California, No. 1 Grade Crisp and Sweet **35¢** each
 GREEN ONIONS Arizona, No. 1 Grade Mild, Young and Tender **29¢** 2 bunches
 YAMS Louisiana, Kijn Dried, Orange Flesh **39¢** 2 lbs
 CUCUMBERS Mexican Large Size Slicers No. 1 Grade **25¢** each

All prices in this ad guaranteed through Saturday, December 20, 1969

A&P COFFEE SALE!
 Vigorous & Winey, Custom Ground Reg. Price 85¢ — SAVE 6¢
BOKAR COFFEE 1-lb bag **79¢**
3-LB BAG \$2.31 — Reg. Price \$2.49 — SAVE 18¢

Mild & Mellow, Custom Ground Reg. Price 79¢ — SAVE 6¢
8 O'CLOCK COFFEE 1-lb bag **73¢**
3-LB BAG \$2.13 — Reg. Price \$2.31 — SAVE 18¢

For Coffee and Tea
A&P INSTANT CREAMER 6-oz jar **49¢**

OVER 2/3 FRUIT & NUTS
 JANE PARKER

FRUIT CAKE

3-LB RING **\$2.89**
 1 1/2-LB PIECE **1.59**
 5-LB RING **4.29**

WHITE BREAD Marvel Brand Sliced — 24-oz loaf **21¢**
Jane Parker Danish Shortbread — Over 100 — 4 Package
CRESCENT COOKIES 2-lb pkg **89¢**
ALMOND, CINNAMON OR BUTTER

Quality Baked Foods at a Saving!

JANE PARKER
PEACH or RAISIN PIE **89¢** full 8" 24-oz pies
BUY 2 — SAVE UP TO 25¢

Jane Parker Reg. Price 65¢ — SAVE 10¢
Orange Iced Square 29-oz cake **55¢**
Jane Parker, Daily Dated, Sliced
RAISIN BREAD 2 16-oz loaves **49¢**
Jane Parker, Plain or Sugared
FAMILY DONUTS pkg of 12 **45¢**
Jane Parker, Bake & Serve
TWIN ROLLS Reg or Wheat pkg of 12 **29¢**
Jane Parker
COFFEE CAKE BABKA 30-oz cake **79¢**
Jane Parker
STUFFING BREAD 24-oz loaf **27¢**

NO FINER TURKEYS SOLD ANYWHERE



AND YOU DON'T PAY A PREMIUM FOR THESE QUALITY "SUPER-RIGHT" TURKEYS AT A&P!

We Reserve the Right to Limit Quantities to Normal Family Requirements

CANADA GRADE "A"
 Eviscerated, Vacuum Pack, Young Turkeys
20 LBS AND OVER
35¢ lb

Grocery Values For Happy Feasting!

Snyders, Fancy Quality
WHOLE CARROTS 2 14-oz tins **39¢**

Kon Tiki
TROPICAL FRUIT SALAD 3 14-oz tins **89¢**

A&P Blue Lake
GREEN BEANS 2 14-oz tins **39¢**

A&P PEAS FANCY QUALITY 2 14-oz tins **47¢**

A&P KERNEL CORN 2 12-oz tins **45¢**

Ocean Spray, Whole or Jellied
CRANBERRY SAUCE 14-oz tin **29¢**

SNACKERS McCORMICKS 8-oz pkg **35¢**
Sweet Mixed, Sweet Wafers

PICKLES AYLMER 15-oz jar **37¢**

Frozen Foods!

Fancy Quality, Frozen
A&P PEAS 2-lb poly bag **49¢**
Lido Brand, Frozen

YAMS CANDIED 12-oz cello bag **33¢**
Penobscot Brand, Frozen, With Cheese or with Sour Cream & Chives

POTATOES STUFFED pkg of 4 **59¢**
McLean's, Fancy Quality, Frozen, Whole

STRAWBERRIES 15-oz tub **49¢**

Beauty Aid Buys!

YUKON CLUB SODA WATER or GINGER ALE
 6 30-oz btls **89¢**
PLUS BOTTLE DEPOSIT

Libby's Reg. Price 35¢ — BUY 3, SAVE 5¢
TOMATO JUICE 3 48-oz tins **1.00**

Reynolds, Heavy Duty, 18" Wide Reg. Price 73¢ — SAVE 4¢
ALUMINUM FOIL (6c Off Deal) 25-ft roll **69¢**

Hunt's
FRUIT COCKTAIL 14-oz tin **31¢**

Maxwell House Brand Reg. Price \$1.09 — SAVE 20¢
COFFEE (10c OFF DEAL) 1-lb bag **89¢**

Humpty Dumpty
POTATO CHIPS 13-oz pkg **66¢**

Hair Spray Sugg. Retail \$2.98
ADORN Regular, Extra hold 15-oz aerosol ctnr **2.18**

Deodorant Sugg. Retail \$1.79
ARRID EXTRA DRY (19c OFF DEAL) 9-oz tin **1.26**

The BIG BOOKS offer
 AT YOUR A&P THIS WEEK

A&P Gift Certificates
 Solve your Gift Giving Problems!



A&P is making available Gift Certificates in \$1.00, \$5.00 and \$10.00 denominations redeemable at any A&P Food Store in Canada. BUY YOUR GIFT CERTIFICATES NOW!

All 12 Books now available **\$1.79** each

Treasure Island	Tales of Sherlock Holmes
20,000 Leagues Under the Sea	Arabian Nights
Pinocchio	Robin Hood
Swiss Family Robinson	The Heroes
The Jungle Book	Call of the Wild
The Virginian	Paul Bunyan's Tales

AN IDEAL CHRISTMAS GIFT