

Ex-Argos, Volpe Co-Ordinates Athletics, Health in Schools

Twenty years ago Nick Volpe was handed the chore of directing one of the most intricate operations anywhere — quarter-backing the fortunes of a professional football club — The Toronto Argonauts.

Now Nick Volpe directs intricate activities, from his office in the Halton County Board of Education administrative building of physical and health education for all of Halton County from kindergarten to grade 13. His official title is Co-ordinator of Physical and Health Education.

It's a demanding job, probably even more so than absorbing the physical beatings of professional football, because he is constantly on the go. There are 87 schools under his jurisdiction — 72 elementary, 12 secondary and three for the retrainable retarded — and even though he is basically concerned with secondary school operations (he has two assistants on the elementary beat) he is an extremely busy man.

"I'm basically interested in programming and the importance of programs," he explained. "This is not organizing ath-

letics. I leave that up to the heads of the departments."

"I'm really a resource person who helps them set up programs and workshops. The new emphasis is not on calisthenics solely but on enjoyment, carry-over value and skills."

Still Trim

Volpe, still a trim 175 pounds spread over a 5' 10" frame and only ten pounds over his playing weight with the Argos, meets with the heads of departments every month to discuss the best ways of teaching health programs. He allows each of them to offer their opinions and then they discuss the suggestions.

Before Volpe came, there were already programs on drugs and family life in both secondary and elementary schools and the athletic setup has always been run by competent men.

"We're trying to do this more efficiently by setting up physical education councils" he said. As a result, he has people working in the east, west and north of Halton County on health education for groups

from kindergarten to grade 5, grade 6 to 10 and senior grades. They merely suggest plans for the better operation of plans already in use or offer new plans.

Students Choose

Elective programs have been instituted in the senior grades. Students have the opportunity to take it if they want. Instruction is offered in golf, tennis, curling, camping, canoeing and even roller skating as well as many others.

One of the main problems is that the younger people do not receive proper instruction in athletics nor do they receive proper health education.

"The big problem is getting people with a physical education background to teach in elementary schools" said Volpe.

Volpe has been associated with physical education all his life. After graduating with his BPhE in 1948 he taught physical education in Port Credit for 16 years at University of Toronto schools for a year before taking the co-ordinating post in Burlington. He also has his Bachelor of Education degree and

his Masters degree in education. And of course, he played with the Argos from 1949 to 1963.

Veteran football fans may remember the era that Volpe played. He was starting quarter back in 1949 but became backup man when, for the first time in 1950, Canadian football was allowed to bring in Americans to play. Then he was switched to the defence and helped the Argos win two Grey Cups — in 1950 and 1952 which, ironically, is the last time the Argos won the coveted trophy.

Holds Record

Volpe still holds the record for converts kicked in a season. He connected on an amazing 53 out of 58 attempts and added two field goals while playing double duty in the defensive alignment.

He was on the coaching staff of the Argos in the late '50's and last year acted as spotter for Bill Stephenson, former Argo play-by-play announcer.

If you watch football on CTV the reason the cameraman operating the isolated replay is so successful in spotting the pass receiver or the ball-carrier is due to none other than Nick Volpe.

"I try to figure out who the ball is going to" he smiled.

He still is a close friend of all the Argonauts and is confident they will break the long draught in between Grey Cups this year.

He has written a book 'Modern Canadian Football' which most high school football coaches use as a guideline. The book deals mainly with basic plays, which Volpe insists must be grasped before anything else can be taught, and has diagrams describing simple plays.

Physical education is of vital concern to Volpe. He says educators are more and more getting away from the theory that students are in school for their academics only.

"You must be educated physically, mentally, socially and emotionally" he said. "With one or more of these missing you cannot create the total individual."

"I think our board is very receptive to physical health. The fact they appointed a physical co-ordinator means that they care."

He must constantly attend evening meetings with board officials in an effort to produce his programs.

Upcoming for elementary, secondary and the retrainable retarded students are sex education films, "Boy to Man and Girl to Woman." That is the work of Volpe and if this dedicated gentleman who used to pitch and kick footballs and chase ballcarriers for the Argos has his way, there's a lot more to come.

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Katherine Leslie and Mrs. Ilean Hancock at final inspection

FOUR MILLION POUNDS YEARLY That Garden of Eden Fruit Keeps Glen Industry Busy

Apples are big business in Glen Williams with over half the gallon size cans of pie apples packed in the whole of Canada, packed in this little village.

Over four million pounds of finished product leave the Glen every year for destinations all over Canada and Britain. If four million pounds is hard to visualize, perhaps 200,000 bushel baskets would make it clearer.

The "Perfec-Py" gallon cans go only to commercial users, and won't be found on retail store shelves.

SINCE 1926

Since the Roaring Twenties to be exact, Apple Products Ltd. have been filling apple pies from coast to coast and providing jobs for between 80 and 90 local residents, seven months a year, from October till April.

All this time the Lindner family have been at the helm, first J.F. Lindner and now his son, W. S. Lindner.

From Oxford and Wellington counties, Georgian Bay, and local orchards, the apples con-

verge on Apple Products where a 720 bushel laden tractor trailer, can be unloaded within 20 minutes.

Now, large automatic dumpers, empty the apples from the 20 bushel bins in which they are stored on to conveyor belts, taking them to the processing building, where the women wait to grade them to size.

165 BUSHELS DAILY

Then women peel and core 165 bushels per day, each for a total of 1,650 bushels per day — how do you like them apples? However, in place of the lowly paring knife, they have an automatic cup like fixture which peels and cores in a fraction of a second. Then the apples roll down a chute, to be trimmed and inspected before being placed on a spindle for slicing and dicing.

The slices are carried up on a stainless steel channel into salt brine to prevent browning then along further for final inspection before the cooking process begins.

INTO KETTLES

Ten bushels at a time are emptied into a large vat of sugar

syrup, where a vacuum draws out the air, forcing the syrup right into the apple slices. From there 20 bushels disappear into two large flat steaming kettles, one 5' x 10' and one 4' x 8' where an attendant wreathed in halos of steam stirs with a king-size spoon.

Magically, from the attic above, cans appear in a never ending stream, and are filled with apples at a blistering 200 degrees. After the lids are on, the cans travel along a 70 foot rotating belt immersed in icy cold water. By killing the heat immediately, the apples retain their natural colour, and the sugar is prevented from turning into candy.

PERFEC-PY

Nearing the end of the journey, the cans are dried and labelled with "Perfec-Py" labels, packed in cases, and are ready for waiting pie shells in restaurants and bakeries, all over Canada.

John Wagstaffe, plant manager, has been on the job for 25 years, while many of the employees have been coming back for more than twenty years to work the seven month season.



Carlos Medeiros (facing camera) and Jose Cabral fill cans.



Mrs. Alice Schreiber and Alf. Allen, belt operator

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