

CANADA'S FINEST QUALITY RED BRAND STEER BEEF

ROUND STEAK ROAST BONELESS BOTTOM CUT
BONELESS RUMP ROAST
SIRLOIN POINT ROAST BONELESS
ROUND STEAK, FULL SLICE

\$ **1.19**
 lb

Check! Compare!

PIZZA PIES Origina SAVE 20c 20-oz size **89¢**
 Peppermint
SIDE BACON SX Brand Rindless, Vacuum Pack lb **89¢**
POTATO SALAD Shopsy's 24-oz plastic ctnr **65¢**
CHICKEN WIENERS SX Brand Vacuum Pack lb **53¢**
WIENERS Mary Miles, Vacuum Pack lb **59¢**
CANNED HAM Maple Leaf or SX Brand 1 1/2-lb tin **\$1.79**
COLD CUTS SX Brand, Family Pack lb **79¢**
BEEF BOLOGNA SX Brand By the Piece lb **39¢**
MINI SIZZLERS SAUSAGE Schneider's lb **69¢**
LAMB CHOPS Imported, Frozen Shoulder lb **59¢**
PORK LIVER Super-Right Quality Sliced lb **39¢**
SIDE BACON Allgood Brand, Smoked, Sliced, Rindless 1-lb pkg **89¢**



Nobody Sells Better Meat!

RED BRAND STEER BEEF
PORTERHOUSE or WING STEAK or ROAST
SIRLOIN STEAK

\$ **1.29**
 lb

Seafood Buys!

A&P Brand, Frozen Reg. Price 45¢ — SAVE 6¢
COD FILLETS 16-oz pkg **39¢**
 A&P Brand, Frozen Reg. Price 79¢ — SAVE 20¢
SOLE Batter Fried 16-oz pkg **59¢**
 Rupert Brand, Frozen, Coho Reg. 89¢ — SAVE 8¢
Salmon Steaks 12-oz pkg **81¢**

3-WAY CUT — RED BRAND BEEF
PORTERHOUSE ROAST lb **\$1.39**
 RED BRAND BEEF
ROUND STEAK MINCED lb **99¢**
 CUT FROM EYE OF SIRLOIN POINT
CUBE STEAKS lb **\$1.49**
 SHOPSY'S BOIL BAG
CORNERED BEEF 4 2-oz pkgs **99¢**

Savings A-Plenty on Fine-Quality Groceries!

Maxwell House
COFFEE
 1-lb bag **79¢**

TOILET SOAP Lux, White, Pink, Yellow, Green or Blue 6c Off Deal pkg of 3 bars **39¢**
CORN OIL St. Lawrence, For Salads, Baking or Frying Reg. Price 84¢ — SAVE 5¢ 35-oz bit **79¢**
TOMATO KETCHUP E. D. Smith Reg. Price 45¢ SAVE 6¢ 20-oz bit **39¢**
7 UP Returnable Bottles Reg. Price 59¢ — SAVE 6¢ ctn of 6 10-oz bits **53¢**
CARNATION MILK Instant Reg. Price \$1.39 SAVE 14¢ 3-lb box **\$1.25**
CAT FOODS Puss & Boots Beef, Chicken, Liver or Fish 4 15-oz tins **79¢**
INSTANT COFFEE A&P Brand Reg. Price \$1.29 — SAVE 10¢ 10-oz jar **\$1.19**
JELL-O JELLY POWDERS 3-oz pkg **10¢**
JAVEX BLEACH Liquid 64-oz plastic bit **47¢**
SAIL DETERGENT Powdered, White, Blue 42-oz giant size box Reg. Price 69¢ SAVE 6¢ **63¢**

HEINZ, STRAINED (meatless varieties)
Baby Foods
 4 4 1/4-oz jars **49¢**
 Reg. Price 4 jars 53¢ — SAVE 4¢

Save on Canned Foods
 Franco American Reg. Price 2 tins 45¢ — SAVE 14¢
SPAGHETTI 5 14-oz tins **99¢**
 Choice Quality Reg. Price tin 39¢ — SAVE 17¢
A&P PEACHES 3 19-oz tins **\$1.00**
 A&P Fancy Quality Reg. Price 2 tins 39¢ — SAVE 8¢
APPLESAUCE 5 14-oz tins **89¢**

Good Luck (3¢ Off Deal) Save an Extra 5¢ at A&P!
MARGARINE 1-lb pkg **29¢**
 Spaghetti, Stivaletti, Rigatoni, Rotini, Penne Rigati, Conchiglie
LANCIA PRODUCTS 2-lb pkg **44¢**
 A&P Fancy Quality, "New Pack" Reg. tin 49¢ — SAVE 9¢
Asparagus Tips 2 12-oz tins **89¢**
 Insect Repellent
JOHNSON'S OFF 5-oz aerosol tin **99¢**

Bakery Buys!

JANE PARKER
PEACH PIE FULL 8-INCH 24-OZ SIZE **45¢**
 Reg. Price 65¢ — SAVE 10¢
 Jane Parker Reg. Price 39¢ — SAVE 4¢
SPANISH BAR CAKE 19-oz size **35¢**
 Jane Parker, Daily Dated, Sliced Reg. Price 29¢ — SAVE 4¢
BREAD Old Fashioned Style 24-oz loaf **25¢**
 Jane Parker
TWIN ROLLS pkg of 12 **35¢**
 Jane Parker, Plain, Sugar or Cinnamon
CAKE DONUTS pkg of 12 **33¢**
 Jane Parker, Orange Twist
COFFEE CAKE 14-oz size **45¢**
 MARVEL BRAND, SLICED, WHITE
BREAD 24-oz loaf **21¢**

Pick-of-the-Crop Produce!

CAROLINA, FRESH NEW CROP, WHITE TABLE STOCK, A&P'S OWN LABEL, No. 1 GRADE
POTATOES 10-lb bag **69¢**
 FLORIDA, SWEET RED CUTTERS, No. 1 GRADE
WATERMELONS each **87¢**
 Texas New Crop, Yellow Cooking, A&P's Own Label, No. 1 Grade
ONIONS 3-lb cello bag **49¢**
 California Sunkist, Good Size, Full of Juice, A&P's Own Label, No. 1 Grade
LEMONS 6 per bag **59¢**
 Australian, Crisp, Full of Flavour, No. 1 Grade
APPLES Granny Smith's 5 for **49¢**
 California New Crop, Tender, Sweet, No. 1 Grade
CARROTS 3-lb bag **39¢**
 Florida, Large Size, Full of Juice, A&P's Own Label
LIMES No. 1 Grade 6 per bag **29¢**
 Ontario Grown, Curly Leaf, A&P's Own Label, No. 1 Grade
SPINACH 2 10-oz cello bags **49¢**

Frozen Foods!

A&P Brand, Fancy Quality, Frozen Reg. Price 63¢ — SAVE 4¢
GREEN BEANS 2-lb poly bag **59¢**
 Frozen, Beef, Chicken or Turkey
BANQUET DINNERS 11-oz pkg **49¢**
 Kent, Pure, Frozen
ORANGE JUICE 5 6-oz tins **99¢**

Dairy Foods!

Jubilee Reg. Price 73¢ — SAVE 8¢
CHEESE SLICES 16-oz pkg **65¢**
 Velveta
KRAFT CHEESE 2-lb pkg **\$1.47**

Beauty Aid Buys!

Regular or Spearmint Flavour Reg. Price 65¢ — SAVE 10¢
MACLEANS Toothpaste giant size tube **55¢**
 Oral Hygienic Reg. Price \$1.48 — SAVE 20¢
SCOPE MOUTHWASH 17-oz bit **\$1.28**
 Family Jar 3.7 oz., Family Tube 3.7 oz., or Family Lotion 6.2 oz.
Shampoo Head & Shoulders your choice **\$1.49**

All Prices Shown in This Ad Guaranteed Through Saturday, June 21st, 1969.