SPORTS PAGE

BASEBALL TIPS

Take It Easy at First Eat Right, Sound Advice

In the following weeks I will bring to you a series of articles on tipe designed to give ball players, managers and coaches any easy-to-read score-card on how to get the most out of the game. These words do not guarantee that I know everything about the game, or that you will become great players, all they do is provide you with some solid advice on how to use the talents you possess.

Advice to Young Ball Players Body .: conditioning: Ball players should have a long to build up abdominal muscl alseve sweat shirt, sweat pants, develop speed, practice quick er baseball pants and a comfort- starts like track men. able pair of spikes, for early practice Loosen legs gradually, 3. Develop pitching control: mand of the case, was told by short running. Throw close and ball. easy at first, gradually moving back, being sure your arm is batting T with a heavy-bat, This warm enough before fielding helps to develop a level swing May 3rd.

your position. Keep a jacket bat control and good follow handy to guard against cold through and a comfortable and sore arms. To avoid blisters stride. wear clean cotton socks and er foot toughener.

a good, balanced diet, get plen- then on either side. ty or rest, stay away from alcoforearms and shoulders; sit-ups with his gloved hand.



run and walk around the field. Use pitching strings or draw the Magistrate that anyone faclater wind sprints and hard on wall or mat and use rubber ing the criminal charges has to

...4. Develop batting: ...Use ...

use either tincture of benzoin 5. Develop fielding: Use a tennis ball or soft rubber ball, 2. Early season Training: Eat der, toss ball first at man and

hol and tobacco and report all 6. Ground balls and use of injuries, however minor. You the glove: The fielder fielding can develop strength through the ball should use one hand conditioning exercises, squeeze only. Throwing the ball so that rubber ball to build up wrists, the receiver has to reach for forearm and shoulders; push- the ball and return it with his ups on fingers to build up wrists glove by flipping the ball back

The team is handled by Chuck

Two other Georgetown teams

Tyler and coach Frank Connely.

Cadillac Ambulance, Chev Cruiser Purchased Over Objections of Two

Two new vehicles were ordered by council on Monday—an NAME COLLIER ambulance and a police cruiser.

To Cedarvale Centre An unexpected \$5,000 came ce will give the volunteer am- ZONE CHAIRMAN to the town Monday when counbulance service a spanking new cil received word of a \$10,000 government grant to Cedarvale vehicle with every accessory for the convenience of those being transported to hospital. Total Only \$5,000 had been anticlcost is \$16,818, half of which is pated, said Cr. Bill Smith, who paid by a government grant. headed the committee which

purchased the property last A new Chevrolet police cruiyear as Georgetown's centenniser was ordered from Andrew Murray Motors, who took a trade-in of the 1965 cruiser for a net price of \$1900.

Mayor Gibbons and finance Magistrate Robert Taylor, on chairman Emmerson opposed both purchases, claiming the rant for the arrest of a 21 year town budget would not stretch old Georgetown youth who facto include them this year. les charges of causing a public

not vote for the ambulance fice by acclamation when the when the town has still to con- Zone clubs assembled at Cale-The accused falled to make clude a fire protection agree don East. ment with Esquesing, while the lawyer William Sharpe, appear mayor branded the purchase ing on behalf of the youth's de-"untimely" in view of what fense counsel to ask for a relooks like a serious hike in the man several years ago.

> equip the GVAS with the best Bramalea, Brampton, Streetsin equipment, Cr. Roy Ballen-ville, Milton, Acton and Georgetine said he intends to press for town. Esquesing to foot part of the purchase price.

LIONS CLUB

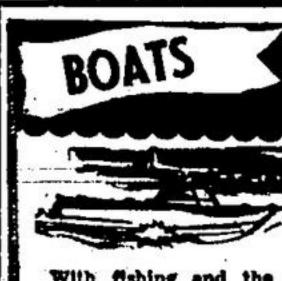


Georgetown Lions Club member Godfrey 'Gob' Collier, is the new chairman of Zone Mr. Emmerson said he could 6 North. He was given the of-

> He is the first Georgetown man to hold the post since Jack Gunning served as zone chair-

Zone 6 North is made up of Making a stirring plea to eight clubs, Caledon East, Erin,

PAGE 11



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Second Tournament Win For Powerful Novices

Georgetown's Novice B team Wednesday, Newmarket 2-1 Fri is building a record that would day,, and Lindsay 1-0 Saturday. be any A bracket hockey club's

They've entered two tourns ments this year and have two

championships to prove it. in the tourney registered wins before howing out. The PeeWee The team, selected from Sat. Bs (American League stars) urday Morning Hockey's Junior; handled by John Knight and A League, copped the Newmark- Ian Gosling downed East Gwilet Legion Centennial 'B' Hockey limbury before losing to Orillia Tournament last week. Earlier and the Bantams (Little NHL) this year they captured the handled by Mike George and Four Town Tourney in Fergus. Carl Petterson, beat East Gwil-

In the five tournament games, limbury and lost to Newmarket the Novice Bs were scored on fast twice.

The High Cost of Playing

Midgets, coached and managed by Paul Robinson and Don Three straight victories gave Fendley, lost two games. They them the Newmarket title. They regularly play in the Senior downed East Gwillimbury 2-1 League.

& Country Club



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SSUES BENCH WARRANT

Wednesday, issued a bench war-

disturbance and assaulting

an appearance in court and

appear in court or he would is-

The case was remanded until

sue a warrant for his arrest.

FOR NON-APPEARANCE

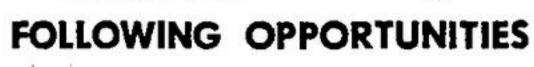
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al project.

police officer.

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Ump Fees, Helmets Will Jump Minor Ball by \$100 Per Team . At its monthly executive mee- both Hamilton and Dundas Inting, the Halton County Asso-termediate entries. Hamilton

ciation decide to retire its were forced to pull in their two oldest trophies in Tyke and horns when the executive over-Juvenile bell, and replace them whelmingly decided to leave with two new ones in memory things as they were. of Clarence Ridell of Milton and Pete McMullen of Milton in Try a Herald Classified that order.

When the present executive were honouring their past life members and re-hashing the good old days, they were quickby brought back to the present when they were informed by their OBA executive member. Len Andrews, that the high cost of living has even affected miner baseball.

At its annual meeting in Ha milton, the OBA made it mandatory for all base runners as well as batters to wear hard hats. This will cost the individual teams roughly \$35 each. This coupled with the \$3.00 per game unspire fee involked by the HCBA last month, raises the total cost to about roughly \$100 per team or \$500 to an association such as Georgetown's . . . This leaves most minor associations like Georgetown's frantically digging deeper for more loot.

Halton Minors met in Milton on April 5th to discuss their team entry and rule changes for 1967. At press time Bramalea and Erindale had dropped out due to lack of finances. Fergus, Brumpton and Milton were still in default of their umpire fees

President Bill Richmond explained to the executive an accounty of the backroom fight ing which occurred when Hamilton Baseball Ass'n. attempted to have the Dundes, Ancaster, and Stoney Creek areas incorpcrated into theirs. But Hamilton were backed to the wall by Helton County when they accused Hamilton of out-and-out raidiag and threatened to eject

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