

# Don't Need Bur in Speech To Whirl Highland Style

Highland dancing is no longer confined to the Scottish people. Its popularity has spread all over the world. Miss Marilee Hurst, who runs a highland dancing school from 18 Prince Charles Drive every Saturday morning, has pupils of every ancestry.

They learn all the traditional highland dances, and wear the

In order to teach highland dancing, you must have papers from Scotland, and examiners come from Scotland once a year to check on both teachers and pupils. Miss Hurst got her papers at the tender age of sixteen.

There are highland dancing competitions almost every two weeks during the summer. In the first year of entering her

pupils, Miss Hurst's students... e.g. trophies, and thirty two medals.

The pupils have travelled all over in competition, and won in many places. Diane Grittani won in a United States competition, and Lorraine Hutchison won in Montreal. They also took part in the highland games at Kitchener, Kincardine, Milton and Toronto.

## ELECTED TO OFFICE IN FRENCH GROUPS



ROGER PRIMEAU



EDMOND ROUTHIER

Two members of Georgetown's Sacre Coeur parish have been elected to high office in provincial organizations.

Roger Primeau, 6 Gray Gate recently became an executive member of the Conseil des Societes du Sud. This is an association of French Canadians in the southern Ontario region which stretches from Windsor to Kingston.

Edmond Routhier, 5 Raylawn Crescent, has just been elected regional president of L'Association Canadienne Francaise d'Education.

## Home for Christmas From European Jaunt

Mr. and Mrs. Boos Shortill arrived home on the week end in time to spend Christmas with their families. They have been on a trip to Europe and recently visited with Mr. and Mrs. Mike Norton and family in England.

The Ballantray Blue Bonnets met for their meeting in the Community Hall. The 4-H girls modelled their accessories and talked about how to wear them. Following this they discussed the possibilities of a night out.

The euchre on Tuesday night of last week was sponsored by the Institute. Prize winners were as follows: ladies high; Mrs. Gladys Inglis, second, Mrs. T. Hamilton, ladies' travelling; Mrs. Inglis, ladies' lucky; Mrs. Bert Davidson, men's high; Bert Price, second; Don Brown, men's travelling; Cam Sinclair men's lucky; Tom Hamilton.

Mr. and Mrs. MacCaskill, Vankleek Hill, visited over the weekend with their daughter Mrs. Elwood Snow and family.

Mr. and Mrs. Archie Lawr entertained their relatives and friends on Saturday evening on the occasion of their 25th wedding anniversary.

Friends of Mrs. Kay McEnery will be sorry to hear that she is a patient in the Georgetown hospital and we wish her a speedy recovery.

A group of dairy farmers enjoyed a tour of the Master Feed Farm near Unionville on Tuesday as guests of John Black the local dealer.

White Gift Sunday was observed last Sunday and many of the Sunday School children at

attended the service of worship with their families. Special services were presented for everyperson ruffed through the M & M fund of the church. Nancy Shortill sang a very beautiful Christmas song and a trio was also rendered by Mrs. N. Sinclair, Mrs. F. J. Shortill and Mrs. E. McEnery.

## W.I. Plans Remember Shut-ins at This Christmas Season

Fourteen members of the Georgetown Women's Institute enjoyed a pot luck dinner in Knox hall Wednesday evening, December 7th, after which the regular meeting was held with president Mrs. M. Thompson in charge.

Plans were made to remem-

ber the shut-ins at Christmas with the usual Christmas song dealt with.

Later an enjoyable hour was spent carol singing. Lively contacts were enjoyed, and gifts exchanged.

THE GEORGETOWN HERALD  
Thursday, December 15, 1966  
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YOUNG AWARD WINNERS Sharon Barclay, Lorraine Hutchison and Diane Grittani display their highland dancing form.

## Fitness Level Up 25% After "Y" Slim Course

The Georgetown and District YMCA-YWCA has completed its 13 week program in Slim and Charm. The 'slim' part of the program could more properly be called trim since many of the women participating were not necessarily overweight but felt their measurements could stand some reorganizing.

Physical fitness tests were given at the beginning and at the end of the program. The test of the first week, which gave an average fitness level of 48.6 percent contrasted sharply with the average level of fitness of the final week of 74 per-cent, with a high mark of 92 per cent.

The exercises of a progressive nature were planned to provide postural re-education, muscle strength and flexibility, as well as to trim away excess inches.

Emphasis was placed on physical fitness as a general health measure, both for the women and for their families, to combat the ravages of sedentary living.

The women were urged to be conscious of exercise and to incorporate it into their daily housework.

Prizes for Most Improved - gift certificates from Fashion Trend Beauty Salon, were awarded Mrs. Lois Kowalchuk and Mrs. Lorna Taylor. There were also prizes for improvement in specific areas. Copies of the Bonnie Fradden book 'How to Keep Slender and Fit After 30' were presented to Mrs. Audrey Tobin, Mrs. Mollie DeBoer, Mrs. Claire Pelletier, Mrs. Donna Robbins and Mrs. Dorothy Allan.

Most Improved In All Areas:

Mrs. Lois Kowalchuk and Mrs. Lorna Taylor (tied).

Greatest No. of Pounds Lost: 1st Mrs. Lois Kowalchuk and Mrs. Audrey Tobin; (2nd) Mrs. Mollie DeBoer and Mrs. Claire Pelletier; (3rd) Mrs. Geraldine Hickey.

Greatest No. of Inches Lost: 1st Mrs. Lois Kowalchuk; (2nd) Mrs. Claire Pelletier; (3rd) Mrs. Audrey Tobin.

Greatest No. of Inches Lost While Maintaining Normal Weight: Mrs. Lorna Taylor.

Highest Score in Physical Fitness Test: 1st Mrs. Donna Robbins; (2nd) Mrs. Lorna Taylor; (3rd) Mrs. Lois Kowalchuk.

Most Improvement in Fitness: 1st Mrs. Lorna Taylor; (2nd) Mrs. Dorothy Allan; (3rd) Mrs. Joan Perkins.



### "Imps" March to Top Parade Prize

by Ralph Hawes

While four hardy clowns from the Branch, namely Comrades Bus Hale, Jim Valentine, Ormie Carter and Bud Hill passed 2000 suckers to the children who were watching the Santa Claus parade, the Imperial Section of Branch 120 was marching away with first prize. When we say marching

we mean literally marching on parade. These sturdy and resolute fellows from the Section masqueraded as toy soldiers which they imitated to perfection hard to surpass.

Saturday afternoon, the walls of the Branch were bulging outwards as the Industrial Darts Organization held their dart turkey shoot. Ten lucky marksmen left the Branch richer by a plump Christmas turkey. Those winning a turkey were Ron Cash, Ken Lavell, Nick Brown, Rocco Lorusso, R. Ackroyd, J. Lowin, Dennis Wright and Doug Weir.

Speaking of Dart Turkey Shoots, it would appear that last week, we were in error when we stated that the Branch Dart Turkey Shoot would take place on Friday, December 17, which of course should have read Friday December 16.

Comrade Gord King would appreciate it if those members who have not returned the stubs of their Christmas draw books would please do so before Wednesday, December 21.

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