- Peter Jones Photo

Members of St. John's Church held annually in Toronto when the congregation amassing the leapturing the Festival Shield 3 NT congregation satablished an they wan the Challenge Trophy most points in competition, and T. Eston scholarship | 6 S enviable record at the Deven for the second consecutive The St. John Junior Choir They are directed by Kenneth, It is very difficult to reach as spades on this hand In fact, ev port Festival of Sacred Praise year. The trophy is awarded (above), was a major winner Harrison. eryone at the Arton Bridge Club

602 YEARLY "GUESTS"

# More Men Than Women, County Jail in the seat of honor, where see a slam. A club lead would make

the vital information three times category. concerning the County jail into! which 602 prisoners were com-

\$51,345 for salaries, \$2,105 for fond, as well as \$770.26 for re mairs, alterations and additions. per day was \$10 08.

### Jail Officiale

and other jail officials.

soners spent a total of 5,672 set. the peak capacity during the explains Dr. I. E. MacDougall, might irritate nerve fibres."

## Mostly Labourers

ted, 216 were classed as labour- the organs in place and to the livingroom which was dein transportation, and 31 beld function. commercial positions. Other ocman who listed his occupation mechanical balance. For ex. of different articles contest was under 'Fishing, Trapping and ample, a protruding abdomen won by Margaret Peacock as

that while only 30 women were committeed during the year, 15 or 50 per cent of those committed were intemperate drinkers.

The fact that tumarried men gol into more trouble than do married men, was aubstantiated by the 315 unmarried men who were committed to jail. Only 267 married men were committed, while 13 unmarried women and 17 married women were also committed.

## No Difference

The difference between those with elementary education and those with advanced education, made very little difference according to the chart for the County jall. While 321 prisoners had elementary education,

of Reform Institutions. In 22 and over 3 times, 44. Only without probation; 10 were re and a social hour enjoyed. their annual report covering one women was classed as not leased for other reasons; 72 on expiration of sentence.

# During the year, jail expenses Chiropractors Promote totalled \$57,181.85, including Chiropractors elothing, fuel, and ordinary Correct Posture Week

The average cost per prisoner of the prime requisite for body's weakest part may give and the collection taken. The

was 15.5 prisoners per day. At nificance of correct posture," and free of misalignments that lunch was served. year, there were 28 men and 3 president of the Ontario diviwomen locked up, and once dur- sion of the CCA. "Physical HORNEY ing the year there were as few fitness begins with good spinal as four men and no women in balance which can be main-Itained and protected by pro- Friends Have Shower Fines were paid by 257 prist per posture. This tends to oners (247) men, while 31 per avoid malfunction of the body's Hornby Bride-Elect sons were placed on probation parts since each organ or sy-

(28 men), and 51 were suspen- stem is maintained in a nor-

Logging,' 27 in manufacturing; is a sign that internal organs one in mining; 10 in personal have dropped below their norservices; one professional, one mai positions causing a strain without an occupation 61 oth- which has a detrimental affect on their functions. This is "The Habits as to use of in- frequently accompanied by a toxicants" chart, whowed five dropped rib cage which erowds abetainers; 486 temperate drink- the hearf and lungs and seriers. It is interesting to note, ously interferes which circu-

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the year ending March 31st, being a first time offender, and were transferred to other instithe Department lists she was returning in the over tutions, and 64 were discharged met on Sunday night at the leads the diamond jack and you

physical filness, the Canadian in under such stress and pro-party which was cancelled on Chiropractic Association is duce the symptoms of illness April 24 will be held on May sponsoring Correct Posture "The solution to this un- 8 at 8 p.m. It was decided the Salary costs included those Week, May 1 to 7. It is the welcome situation lies in the boys could clean the woodfor juder E. G. Ryder, chief purpose of the association to spinal column and the muscu-shed and cut the grass at matron Mes. F. G. Ryder, jail promote the idea of proper lar system. Since many of the the church while the girls surgeon Dr. C. K. Stevenson, posture annually so the public body's organs actually hang cleaned the flower beds. The will become more familiar suspended from the spinal col- meeting was conducted by During the year, the 602 pri- with its value as a health as umn and receive their con- Mary Hamilton and was taken trolling nerves through open from "The Word and the Way. days in Jall. It accommodates 28 "Only by consistent effort ings in the spine, it is vitally Rev. Johnston assisted with the men and three women and the can the individual be impress important that your spine be discussion. The meeting closaverage daily jail population ed with the advantage and sig- maintained in a balanced state ed with the henediction and

Mrs. Bob Ruddell, was hosded without probation (49 men.) mal mechanical relationship to less, for a surprise miscellanother organs. Thus it elim- eous shower in honor of Caroli inates any strain or irritation Howden, a bride-to-be. The 25 Of the 602 persons commit- to the structures which hold friends attending gathered in urs, 77 worked on construction, nerves and blood vessels corated in pink and white 65 were mechanics, 53 worked which influence or control their streamers and wedding bells. The first part of the evening "Just as it is important for was spent playing games and cupations listed on the chart in the body to be chemically in contests. Mrs. John Feenstra clude: agriculture workers, 16; balance," the chiropractor adds was the winner of the acrambclerks 11; domestics 26; one "so it is important to be in ed kitchen articles; the tray

as low; the bottle and quarter North's hand is valued at 18 contest was won by Mrs. points in support of apades Brown's team. Following the Thus it rates a jump bid. Only games Carol was called to sit by this jump can South begin to

She was assisted by Diane things difficult but not impos The average criminal in Hal- | 361 had advanced advention. | The 'Movement of the Jail Anuzia who read the greet sible for declarer. However ton County juil is a male labor. First time offenders were far Population Chart' shows 113 pri. ing. cards. Carol. expressed West is more likely to lead a er with an elementary educa shead in the criminal history soners were acquitted and re her thanks to all for the diamond from the solid sequences the state of the solid sequences than the solid sequences the solid sequences that the solid sequences that the solid sequences that the solid sequences the solid sequences that the solid sequences the solid sequences that the solid se lessed, 257 paid fines instead gifts she received and invited wence. A diamond lead is not tion, who drinks temperately chart, with 503 entering jail for of staying in jail; 31 were re-everyone to visit her when likely to give away a trick. according to figures released the first time. Second time of leased on probation; 51 were she gets settled in her home. Even if declarer resches only this week from the Department fenders totalled 33, third time released on suspended sentence A delicious lunch was served four spades, it is necessary at duplicate to make as many tricks as possible in order to

> Eden United Church Y.P.S. get a good result Suppose West home of Paul May, The meet win in dummy. Your best plan ing opened with hymn 315 is to set up dummy's hearts. followed by the Lord's Pray If trumps break you will er. The minutes of the last have no trouble. Say you take meeting were read and adopt the stude are and find Fast ed. The roll call, "What with four trump. Now you must would be the first thing you proceed carefully. A low spade would do with a million dol from dummy to your nine. Now lars" was answered by the 14 lead a beart towards dummy's members present. Treasurer's

Emphasizing the importance lation and breathing. The report was read and adopted

Get well wishes are extend ed to wee Rhonds Break, who has infection in her thumb.

Birthday greetings to Myrna Marchment and George Hall, who will be having hirthdays on Saturday, May 2 and to Mrs. Jack Loos on May 5.

# Arnold Rathbun

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In this weekly bridge column I have mentioned frequently the need to make a plan before you play to the first trick. Included in your plan should be meys to make extra tricks. One of the most important ways to promote tricks is to lead up to your high cards. If you have to lead up to them more than once then your plan must include

Here is an example which or ourred last week at the Acton

The deeler is South and

S-AKTK . IL-X Q & D 2

5-01985

All Pass

11 -8 7 D - A Q 7 C-A J 7

Suggested bidding

C-K 10

idee are vuinerable.

how to do this.

Bridge Club.

C-Q 8 5 3 2

high and Mrs. Arnold Howden reached only four spades

high hearts. If West plays low, make 12 tricks. hen lead another spade from dummy to your jack. Now you ant heart. West must win with tromp with the king is dummy in the suit Your hearts are good and you

the ace and lead a minor suit opponent must play his cards You win and take out East's last house you decide what to play



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