

**Set Wednesday Afternoon For Mother-Tot Skating**

Something new is being tried at the Memorial Arena and if it works, housewives and pre-school children will be the beneficiaries.

Arena Manager Don Gosling is calling the innovation the "housewives hour." It's a skating session from 1:30 to 3:30 every Wednesday afternoon and it came about because of domination of the week-end skating periods by crowds of older children.

"There are so many kids skating Saturday afternoons that the little ones just don't have a chance," he said. "So this new skating period should bring the pre-schoolers and their mothers out - I hope."

The tots are admitted free. The admission price for the mothers is 25c.

# Senior Citizens Group Gets off to Good Start

"The more that can be done by the members themselves, the happier, you'll be. Do-gooders kill by kindness," Dr. E. M. Dutton told eighty Senior Citizens at a gathering in Wrigleyworth School last week.

Dr. Dutton of the Community Programmes Branch of the Department of Education was pleased to hear from Mr. Alex Maclaren that the Senior Citizens Committee, consisting of J. Gibbons, J. Hall, H. Hale, Mrs. J. Graham and Mrs. A. Reeve, had studied the needs and desires of the people. "Too often," he said, "the first thing people want to do is to build a building, an expense which is often unwarranted."

He felt older people know their capacity and should not be limited by well-meaning friends. "Where contacts and interests are maintained by an active Senior Citizens Group, the age of admittance to Homes for the Aged is much higher, proving that senility can be delayed by activity," contended the speaker.

He stated there are over 700,000 residents over sixty in Ontario, with 62 per cent of them having incomes of less than \$1,000 dollars a year. Much of the lack of income of older people today began with the depression, when many lost all they had, said Dr. Dutton. He felt most of them were at an age that they couldn't make up what they lost at a time when no baby bonus, no hospitalization, and no pensions existed.

Continuing, the doctor stated that older citizens are obligated to apply sound physical and mental health rules to keep an outgoing attitude. "We should attempt to maintain dignity as a family councillor," he said.

"This generation is pioneering the whole field of old age. We are the last generation of older people," he aimed the doctor. "By the time the next generation comes along many of the problems will be resolved, and in the past the role of the older person in the home was established."



Mrs. Gordon Hunt of the sponsoring YM-YWCA, and committee secretary, with guest Dr. E. M. Dutton.

A lengthy questionnaire was passed around to find the particular interests and hobbies of the members. The variety of questions illustrated by the three following examples: "Would you like to learn to play the piano? Would you like to act? Would you like to go swimming?"

Mayor E. T. Hyde thanked the speaker. Saying he felt the town owed the YMCA a great deal for helping to organize the club, but in the end, probably the YMCA will benefit from having the Senior Citizens, said he.

Tom Trouton, accompanied by Ken Harrison sang a couple of songs then asked the audience to stand and stretch and sing along with him. Following the singing refreshments were served.



Three members of the Senior Citizens Committee, from left, Joe Hall, chairman Alex Maclaren, and Joe Gibbons.

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