ALMA COLLEGE RED CROSS COURSE

respect. Now, in order to get a Monday morning I was up earwater front position at camp, the ly, had breakfast, and was all set I applied about three weeks be to the desk a little jittery,

or's badge means a great deal and | ed very convenient for the is looked upon with the highest four days.

fore Easter at the St. Catharines knowing what was going to hap-YWICA as it was the closest to pen, and quietly enquired where I might find the proper room. With ther he be at camp playground, or on Sunday night and found lodg- ced that the course didn't start to see a young Western University Lorne Scots. Fully qualified, with complained to a grizzled old local pool, the Red Cross instruc- ings right at the "Y" which prov- till the following day. I got out there it was, Merch 31st, right be-

low the Tuesday slot. Sandra what I had discovered and she made a few comments and told me to go back to bed for another for the day and see the view. It was foggy and rainy there, so we continued to Buffalo, had dinner,

the evening. years ago. We talked over old ti- we went to supper and while our mes and what we had done between three hard working counsellors Bark Lake and then.

Our instructors arrived and introduced themselves, checked atelementary back, side, breast, the aminers, films, and if we have any front and back crawl, standing, problems, where to write. shallow, racing, and duck dives. About eight were eliminated.

room, Mr. Ted Somerville, exdirector of Water Safety in Ontario and Mac MoMartin gave each of us pamphlets, cards, folders, etc. for reference at any time. We were of teaching Beginner and Junior swimmers and later in the pool under the direction of our professors played "Ring Around the Rosy" and other beginner games which were great fun. I really laughed at some of the boys, close to twenty, having more fun than if they had been five. We were given the night off because of the hockey game in Toronto which the boys

wanted to watch. Wednesday morning at 9 a.m. we were back in the same room for the same routine, only the talk was on Diving, stroke and lesson progressions. At the beginning of the pool session Mr. Sommerville lined us up along the side for a demonstration of the Stride Jump. I was second from the shallow end and figured we would work from the deep. He asked the boy beside me to start, but the young man didn't know how and declined. He yelled at me to do the entry. was standing just about where the pool began to deepen and in I went. I landed so hard on bottom, that my teeth shook. I yelled as if I had been shot. I was then sent to the deep end to repeat it. Before we left for supper, there were some speed relays and the kids had a lot of fun. We were also given three blank lesson plans to fill in for the next days' teaching as-

signments. As there were no hockey games; a night session was held in artificial respiration. The class was divided into two groups and we covered both the Schaeffer and the Holger · Neilson change overs, preserves for all ages, and theory behind it. At the end of the practice session I thought my floating rib had sunk along with the spine and the diaphragm. The class ended at 10.15 and we went out for

April 2, 1959, Thursday, time 9 a.m. Mr. Somerville had arranged for some of the young swimmers taking classes at the "Y" to come and be our 'guinea pigs' during the practice periods. The apprentice instructors were divided into three groups, shallow, chest deep and deep. I started at chest deep with Mr. McMartin officiating. My "Water Lilies" as the group was named, called for adults of about age 40 so I had to use the remaining nine students for my lesson. .During this time the little girls were given a free swim. Mr. McMartin marked on the lesson and plans, voice, enthusiasm, confidence, appearance, etc. In the afternoon two films were shown.

Again we had the night off because of a hockey game that could not be missed. This time gave the girls and a few boys a chance to study up on the Water Safety books for the test the next day. I was in bed about 7.45; (nothing else to do). The 'Y', I'm sure, was worse than Grand Central Station. I had room one. From there I was in ear shot of the activities going on down stairs, the traffic outside, people along the halls, and the general rumble of a metropolis. About 2.30 a.m. the city and

went to sleep. Friday, the crucial day, this was do or die April 3, 1959. The group arrived one by one at the usual spot. Along with our regular instructors I was flabbergasted

FORD - EDSEL

Lorne Scots Sergeant Major Here's one for the read. I applied about three weeks be to the desk a little jittery, not

school teacher.

waterfront efficiently. From there. duty). hour. In about fifteen minutes it was off to the pool for the final she came down to my room and round. By this time I was down to during a general inspection parade suggested that we go to Niagara the shallow end lesson with my this Sunday, May 17, at Oakville's critic Mr. Sommerville on duty.

safety test which was one and a ion Mr. Somerville told us the an-The next morning I went thro' swers which brought a few moans the same routine as before only and groans from various corners. this time for real. The students, all The final screening followed. Anyrounding districts of Brantford, stroke in the first screening had Welland, Hamilton, Burlington and to repeat it. Artificial respiration Toronto talked with one another, followed. Then each person had and I discovered a girl there who to do one of the Canadian alterna-

we started the long, wait. All dressed in their Sunday best. tendance and after a short talk, class arrived at the main lounge we immediately headed down to for the presentations. First of all the pool for screening, Senior Red Mr. McMartin delivered the clos-Cross swimming is required. Each ing speech of the duties we now person was given a number and have as Red Cross instructors, one by one we went through the where we can get equipment, ex-

slaved away over the test papers,

The president and secretary o If a person was given more than the St. Catharines Red Cross gave 2 "Fs" they were not considered out the awards. Usually the two of the forerunners of the Lorne skilled enough to take the course. outstanding students are honoured but we had four with identical re-After dinner, in the lecture cords. For this they were given a Red Cross T shirt and special congratulations.

a "Kit" with water safety books, the last time Mr. Sommerville was standing there talking with some of the girls. I asked him to sign 1945. given a lecture on the principles my autograph book, which he did with a smile. He wrote, Stride Jump Sally," Regards!

been militiamen in this district for Sunday into the highest-ranking cool drink. non-commissioned post in the "Man, this heat is killing," he my sheet of instructions and sure out his first name) is in his final Acton, has been appointed Regiyear of the physical education mental Sergeant Major. He suc-1959. I found a calendar and course and planning to be a high ceeds Oakville's reeve, RSM Wil-The lesson for the morning was ing from the Canadlan Army after I went back and announced to on camp administration, which co- a total of 44 years active and vered the 'hows,' whys', and the militia service, (38 calendar years, 'wherefores' of running a camp plus 6 credit years for wartime

The change of RSM's takes place Wallace Park. Under direction of At 1.30 the class wrote the Water its commanding officer. Lt. Col. Arthur Kemp of Burlington, the saw a show and returned early in half hours long. At the conclust Peel, Dufferin and Halton militia regiment will fall in at the park at 2.30 pm. In full ceremonial dress, the kilted volunteers will be inspected by Brigadier L. G. C. Lilley, over eighteen and from the sur- one who had a 'C' or an 'F' on a DSO., CD., Area Commander. The military band and the pipes and drums will attend.

RSM Card has expressed regret at terminating his active connecwas at Bark Lake with me three lives assigned to him. From there tion with the regiment, but states that with the rapid expansion of the Oakville-Trafalgar area he can make good use of the increased free time for his municipal respon-

Mr. Card was born in England and came to Canada at the age of three. He settled in Oakville in 1912, apprenticed in the plumbing and heating business in 1920. Since World War II, he has headed his

In March 1921, he enlisted as a private in the Halton Rifles, one As I was going out the door for Division. He served at the Lorne Scots' base in England for six years,

> "To charged on November 8, 1945, and day Lorne Scots. re-enlisted the following day with

The big city tourist was pass A farmer, whose family have more than a century, steps this beked village in search of a

"Same as back East," said the

native, One to a person!" "One to a person" isn't our motto. We'll be glad to sell youas many cars as you wish. Seriously, if you're thinking in terms of a second car I suggest you inspect the gems on



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In 1957 he became RSM, succeed- Murray of RR3 Georgetown, for ing Ted Ching of Brampton, who Jack is himself a former RSM of retired after 40 years in the unit. the Lorne Scots from 1944 to his including war-time service as RSM retirement in 1946. Jack was

career, Mr. Card has found time back in the 1920's when Dr. Brock to serve his country in other fields. Chisholm, then a Colonel, com-He has been an Oakville council for manded the unit. six years, the latter four as reeve. Ken Murray, the new RSM, en-He was warden of Halton County listed in April 1941 with the Lorne in 1958, and is presently vice-presi- Scots militia, and went active and dent of the Oakville Chamber of proceeded overseas in 1942, where Commerce. Married, he and Mrs. he transferred to the 48th High-Card have one son, Bernard Lorne. landers. He served with the latter 14, and a daughter, Margaret, 12 in France, and came home as a There is another son, Ted, and a company sergeant major. He has daughter. Frances (Mrs Jim Webb) been an active NCO with the

by a previous marriage. Scots. He became a sergeant in Major, Ken Murray, operates a dren, Lois, 9; Susan. 7; Gordon, 1927, and qualified as a WO 2 in large Holstein dairy-farm near 5; Pat, 4; and Robert, 3. 1930. He reverted to sergeant to go Acton. A native of Stewarttown, active in 1939, and went overseas near Georgetown, Ken perpetuates almost immediately with the First a Murray family tradition of militia service. His great-grandfather, Lt. Col. John Murray, commanded the could enjoy it. While most indusqualifying as WO 1 and RSM in 20th Halton Volunteer Infantry tries observed the holiday, the Battalion. which was one of the Herald staff traded it for another,

A proud spectator at Sunday's week.

the Lorne Scots militia as a private. parade will be Ken's father, Jack in England, France and Germany. another long-service veteran, hav-In addition to his active militia ing enlisted in the old Halton Rifles

Georgetown company since 1948. The new Regimental Sergeant The Murray's have five chil-

-A sunny, warm Monday made it a good holiday for those who Returning to Canada, he was dis- predecessor units of the present- which is why you can read your news on Wednesday as usual this



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