## CHIROPRACTIC IN INDUSTRY

from Canada's Foundry Journal Vol. 29, No. 6, June, 1956, by Gordon Best.

Back Injuries occur in almost all occupations and are not limited to the heavier industries by any means. The student,

D. GAY, D.C. housewife, minister, dentist, etc., all suffer their share of low back conditions. They can be just as severe as those brought on by heavier results at GHS included Eileen Bol- tised in the Herald drew note as employment. Why is this so? Much time and thought has been spent ger, Percy Baily, Lillian Kennedy, "something unique" and the adconsidering this problem. The answer was finally found during the Jessie McKay, Garfield Payne, Row- vertiser reported 51 replies recei-61 years the chiropractors have been studying the mechanics of the ena Stull, Campbell Sinclair, Sam ved . . . Arthur Benton was apspinal column. The fact that many people are born with or develop in Mackenzie . . . an editorial note pointed assessor for Esquesing their early years a fault in the mechanical integrity of their spine or pelvis which predisposes them to a spinal injury at a later date. The injury may never occur and the person may never know of the weakness that has been present almost all his life. Or if the circumstances ming pool. An old town boy was ded to buy a piano and an oil burare right this weak spot will be subject to a strain that will aggravate in our office the other day and ner for the old town hall which the original condition to the point of producing pain. At this time said he would contribute \$50" . . . treatment is sought. The compensation board will pay for the attack Miss James, who has taught Mod- centre . . . Mrs. John Robert Dalif it happened while at work. The patient has the right to choose the cens at high school will be replately, mother of Mrs. Reg Broom-Chiropractor he wants. It would be wise for unions to make a point of ced on the staff this year by Glad. head, died in Yorkshire, England obtaining a thorough understanding of the portion of the provincial ys Schell of Bradford . . . Marion . . . Bruce McCartney and Doris compensation act that deals with this subject and make the information available to their membership.

APPOINTMENTS

TUESDAY . . . 1 p.m. to 8 p.m. THURSDAY . . 1 p.m. to 8 p.m. SATURDAY . . 11 a.m. to 6 p.m.

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USED TRACTORS

## Then & Now

## Thirty Years Ago

THEN . . . Herald, Sept. 1st, 1926 THEN . . . Herald, Aug. 28, 1946

The town tax rate was struck at

McKay has entered nurses' train- Mallarky were married in Toronto ing at Wellesley Hospital . . . John . . . The Gertrude Cain school of Hepburn and Isabel Thornbury dancing announced its fall reopenwere married in Hamilton . . . At ling . . . St. George's Anglican Church, Allan Norton and Winnifred James were married . . .

#### NOW . . . August, 1956

as is Rowena Stull at Cooksville her dancing school for the role of . . Campbell Sinclair, who sold mother of twins (a boy and girl); his farm on the highway to Delrex and two other boys . . . Developments, now farms near Limehouse and is a member of Es- MUSIC RESULTS FOR quesing Township Council . . . Sam

Mackenzie took over the management of the lumber and coal busi ness of J. B. Mckenzie and Son, Ltd. after the death of his father . . Talk of a community swimming

pool took thirty years to finalize. Wonder if that Georgetown old boy still has the \$50 donation After graduating as a nurse, Marion McKay married Eric Allen and lived in St. Thomas prior to her death some years ago . . . The John Hepburns are living in Glen Williams where Mr. Hepburn operates the Glen Taxi . . . Al and Win Norton operate a busy florist shop on Main Street . . .

## Twenty Years Ago SPANIEL PUPPIES

a blacksmith in Georgetown, died when editor Walter Biehn was ask at his farm at Oxboy, Sask. from ed to draw tickets at the Herald of injuries received when he was fice. trampled by a horse . . . Relief; Two spaniel puppies were offerchairman John D. Kelly submitted ed as prizes, donated by Ken Richa bill of \$318 for relief payments ardson, 6 Durham St. Winners expended that month for 14 needy were Philip Thompson, 46 Prince families . . . Georgetown is becoming the popular shopping centre on Wednesday and Saturday night the Herald reports . . . a farewell party was given for Ben Mellarg before leaving to make his home at Red Lake . . . William C. Grant and Margaret Nancarrow were married in Toronto . . . Council, at their meeting, paid tribute to Angus Duncan, victim of an acci dent at the Provincial Paper mill A former councillor, he had also been public school board chairman deputy fire chief and a prominent sportsman . . . Mrs. Katherine Preston, Glen Williams, was re-elected DDGM of the True Blues when the ladies met in Hamilton

### NOW . . . August, 1956

Relief chairman in the '30's, John D. Kelly is now town clerk and reports no families on relief and no relief paid for a number of years . . . Georgetown is still a popular shopping centre with many

business changes and additions Wednesday and Saturday late shopping nights changed to Friday at nine . . . Ben McHarg is now operating a quarry business in the Limehouse district . . . William C Grant was a lawyer in town with offices over Carroll's store and they lived in the Percy Saxe house on Main Street South . . . Mrs. Katherine Preston is now Mrs. John Cordaro and a prominent Jehovah Witness who has written several articles for the Herald on her trip to the Assemblies in Europe and just recently the North Bay Assembly . . .

> Peter Pruneau PLASTERING

STUCCO WORK Free Estimates New or Repairs 55 Ontario St. — TR. 7-3282

## Ten Years Ago

Eric Londesboro came from Tor-45.8 mills . . . Council approved an onto to replace Harry Ferguson as expenditure up to \$3500 by which personnel officer at Smith and Mr. Bunnell and associates would Stone when the latter moved to a lay out the "new cemetery" . . . a new position with Hollinger Gold fyfe and drum band from George- Mines, Timmins. Mr. Londesboro town and the Glen was one of the was formerly with Research Enterfeatures when county orangemen prises . . . Sgt. Allan Young and held a field day in the park . . . . Madeline Perron were married in Students, listed in the upper school Ottawa . . . An apartment adverwas being equipped as a recreation

NOW . . . August, 1956

Eric Londesboro is still in the same position at Smith and Stone, Although the town's population Williams . . . Alan Young and his has more than doubled in thirty wife and family are now living in years, the tax rate this year is still Edmonton, Alta., where he is a 49 mills . . . The "new cemetery" staff sergeant with the Canadian laid out at a cost of \$3500 is still Army. Alan's father, E. E. Young working out to plan and is a well- still resides in Peterborough . . kept memorial to those who have The Herald is still your best bet passed on . . . The fyfe and drum for classified advertising . . . and band has gone out of the picture, Arthur Benton continues as assesalthough county Orangemen are sor for Esquesing Township . . still very active . . . Eileen Bolger, The Recreation Council has disnow Sister Leona of the Order of banded and all equipment disposed St. Joseph, teaches at St. Patrick's of . . . Mrs. Reg Broomhead, un-R.C. High School in Hamilton . . . able to be home at the time of her Percy Baily is service manager mother's death, later made a trip with Munroe Business Machines in to her home town in Yorkshire . . Toronto . . . Lillian Kennedy, who Mr. and Mrs. Bruce McCartney are became a high school teacher has living in their new home on John since passed away . . . Jessie Mc. Street, and Gertrude Cain, now Kay is a school teacher in Toronto, Mrs. Jack Fry, Jr., discontinued

## HARDING PUPILS

In recent pianoforte examinations held in Guelph by the Royal Conservatory of Music, Toronto, the following pupils from the studios of Bruce M. Harding and Margaret Bradley were successful.

Fist class honours, Carole Lane, Hene Varey, Mary Evans, Roberta Hawes, Honours, Carroll Farnell, Ellen Biehn, William Sayers, Jocelyn Bell, Lynne Ritchie, Sharon Sayers, Margaret Thompson, Penny Norton. Also successful were Marlene Kemshead and Carolyn Mc

### LOCAL PEOPLE WIN

Winners were chosen in a lucky THEN . . . Herald, Sept. 2nd, 1936 draw conducted for the community John B. MacKenzie, 71, formerly swimming pool last Wednesday,

> Charles Drive, and Mrs. Frank Cleave, 19 McNabb Street.



## CANADIAN NATIONAL EXHIBITION

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WESTON'S RAINBOW WAFERS CLOVER LEAF SOCKEYE - halves, tin

SALMON 43c RAISINS

IGA FANCY 15 oz. tins APPLE SAUCE 2 - 25c

DRINK MIXES **KOOL-AID** 6 for 29c IGA BONELESS

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California Malaga, large clusters Red Grapes 2-29c

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From the finest field in Ontario Potatoes 10 lb. 29c

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Genuine Spring -- whole or half Lamb Legs lb. 69c 3 Meals in 1 - Roast, Chop, Stew

LAMB in the lb. 35c BASKET LAMB CHOPS lb. 69c **LOIN RIB** 

LAMB CHOPS 89c Centre Loin LEAN FLANKS Stewing Cuts 19c Tablerite Pure Pork, small link SAUSAGE lb. 45c SWIFT PREMIUM, by the piece **BOLOGNA lb. 23c** 

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SWIFT'S - 12 oz. round tin PREM MONARCH SWEET MIXED **PICKLES** 2 for 29c

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