THE MAIL BAG

NEED DAIRY INDUSTRY FOR NATION'S HEALTH

THINK FOR YOURSELVES WHAT YOU WANT—HEALTH OR MONEY FOR A SHORT TIME?

Dear Mr. Editor:

Do the mobs of people want us to be like China or India?

Who wants to starve?

Who wants to be sick?

Isn't health more than money. Healthy people are happy people and the makings of a good community.

With regards to your editorial in last week's paper, what if farmers went into the soya bean industry? People would soon starve and their health would be affected worse than now. Look at the cancer now from improper foods. We all need proper foods.

True, drugs help a lot but affect the heart, making a shorter life.

If we grew soya beans and ate margarine, we get no carrotene, poorer blood and poor eyes. Enough people wear glasses now as a hindrance to health and work. How often do people say, "Oh, I could not see because of my glasses" (not the fault of the glasses not being good, but light shining on them, steam, etc.)

If we grow soya beans (no cattle, no manure). What keeps the land up? Poor land always means starving people. Can't people think? Look at China and India. The land is terribly run down and there is starvation. Do people want us to be the same, all for the glory and honour of doing something for the other fellow.

Proper advertising does not always help as people look for something cheap and they certainly get it and ruin their health, especially children, and old people get a shorter life.

When soft drinks go up in price not a word, when milk does, oh boy! Soft drinks make poor kidneys. Some people like to pay their money to the doctor instead of eating to health, and doctor's fees could buy a lot of natural health.

Do people stop to think for themselves or always run with the mob — one yells then all follow.

How can we have a good healthy community, if they do not stop to think for themselves. A healthy community is a prosperous one. An example: a farmer near Georgetown took a piece of new land just to see how soon it would run down and cropped it. In five years it was not very good so if we cannot have our cattle and grow soya beans, how long will we have soya beans? Then what, will we farmers have to work in town and take jobs away from others and eat the last food on the farms. Where will the town ones eat when we are eating the last?

Do town people really understand the farmer's situation and God's way of nature to keep all things good.

Good farmers are trying to better their farms. Will you help?

Sincerely,

Mrs. Mac Alexander,
Norval

P.S.: Honey also a nature food helps health. No germ lives in honey, even if put in.

CHURCH NEWS

St. George's Church
Archdeacon W. G. O. Thompson, Rector.

First Sunday in Lent.

Holy Communion, 8 a.m. (Corporate Communion of St. George's Men's Club.) Sunday School 10.00 a.m. Matins and Litany, 11.00 a.m. Evensong 7.00 p.m.

Lenten Service on Thursday evening at 7.30 o'clock.

St. Alban's Church, Glen Williams
First Sunday in Lent:
Sunday School — 10.30 a.m.
Evensong — 8.00 p.m.
Lenten Service on Wednesday evening at 8 p.m.

St. John's United Church
Rev. John M. Smith, Minister
Norman Laird, Director of Music
Sunday School 10 a.m. — Classes for all.
Morning Worship 11 a.m. — "The Holy Grail"
Nursery 11 a.m. — Child care while parents worship.
Junior Congregation 11 a.m. — Bible Stories and pictures for children.
Evening Worship 7 p.m. — "On Foreign Strands."

Georgetown Baptist Church
Rev. A. J. Barker, B.A., B.D.
Sunday, February 22nd, 1953
10.00 a.m. — Church School for the family.
11.00 a.m., "Letters to Churches" (7) "Laodicea."
7.00 p.m. — "Personal Interviews with the Master" (1) 'At a Businessman's office'

Norval and Union Presbyterian Churches
Rev. G. Lockhart Royal
Union
10 a.m. — Sabbath School
11 a.m. — Praise Service
Norval
2 p.m. — Sabbath School
3 p.m. — Praise Service

Knox and Limehouse Presbyterian Churches
Rev. Alex. Caldet, Minister
Knox
10 a.m. Sunday School.
11 a.m. Public worship
Limehouse
1.30 p.m. Sunday School.
2.30 p.m. Public worship.

Holy Cross R.C. Church
Rev. Fr. V. J. Morgan
1st, 3rd and 5th Sundays: Mass at 11 a.m.
2nd and 4th Sundays: Mass at 9 a.m.

Norval, Hornby, Stewarttown Charges, Church of England
Rev. J. E. Maxwell, B.A., L.Th.

St. Paul's Church, Norval
7.30 p.m. — Evensong
(Except 1cst Sunday of the month
11.00 a.m. — Holy Communion)

St. Stephen's Church, Hornby
11.00 a.m. — Morning Service
(Except 1st Sunday of the month
3.00 p.m. — Evensong)

St. John's Church, Stewarttown
3.00 p.m. — Evensong
(Except 1st Sunday of the month
7.30 p.m. — Evensong)

Norval Pastoral Charge United Church
Rev. C. C. Gilbert
Home Church — 11.00 a.m.
Norval — 2.30 p.m.
Glen Williams — 7.00 p.m.

Now — see the cars that all the excitement's about!

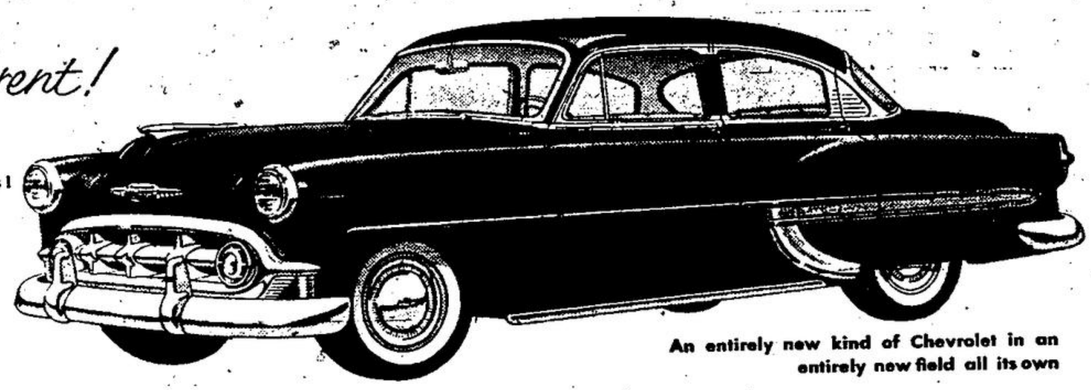
CHEVROLET'S 3 GREAT NEW SERIES FOR 1953

Wonderfully different!

THE BEL AIR SERIES

to be compared only with higher-priced cars!

The glamorous new Bel Air Series for 1953 is so distinctive in design, and so rich in appointments that it is truly a new kind of Chevrolet. The four new Bel Air models — the 4-Door Sedan, 2-Door Sedan, Convertible and Sport Coupe — create a new and wonderful class all their own.



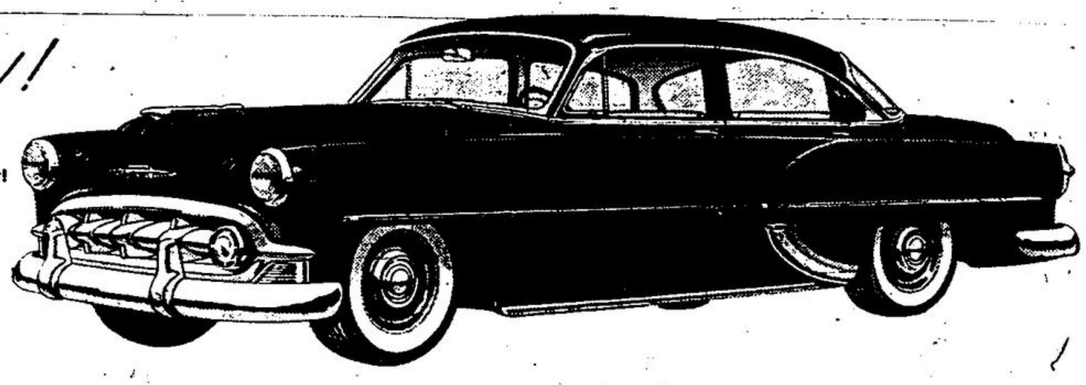
An entirely new kind of Chevrolet in an entirely new field all its own

Startlingly NEW!

THE "TWO-TEN" SERIES

sensational advances from bumper to bumper!

The "Two-Ten" Series offers dramatic new styling, new costlier-car features in seven beautiful models: two new station wagons — the Townsman and the "Two-Ten" Handyman — the 4-Door, 2-Door, Convertible, Club Coupe and Sport Coupe.

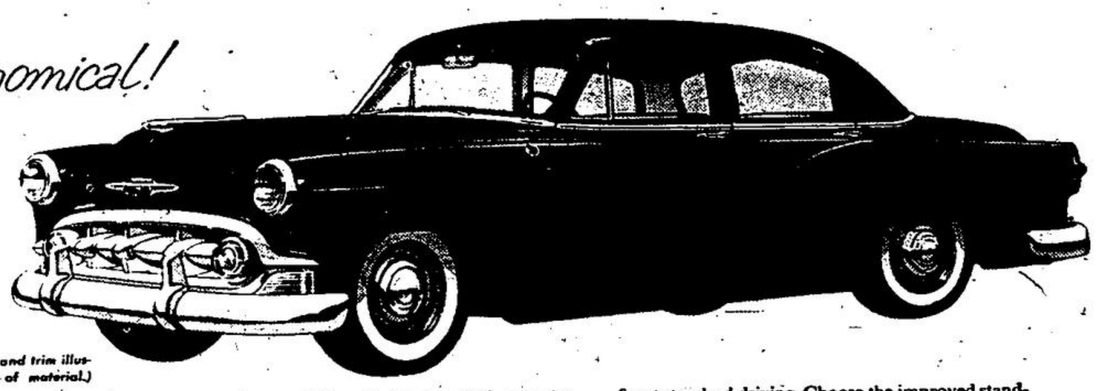


Amazingly Economical!

THE "ONE-FIFTY" SERIES

lowest priced of all quality cars!

The "One-Fifty" Series offers smart new Chevrolet styling and advanced new Chevrolet features at lowest cost. The five models include the 4-Door and 2-Door Sedans, Club Coupe, Business Coupe, and "One-Fifty" Handyman.



(Continuation of standard equipment and trim illustrated is dependent on availability of material.)

In the great new Chevrolet line for 1953, you can choose a car for any purpose . . . a model for any taste . . . with new and wonderful features never before available in the low-price field. Choose high-compression power with the great new 115-h.p. Blue Flame engine teamed with new Powerglide* for the finest automatic driving. Or choose the new, high-compression 108-h.p. Thrift-King engine for finest standard driving. Choose the improved standard steering, or new GM †Power Steering.

Come in and choose the *car* you want with *what* you want. The most wonderful selection in the low-price field is yours with the great new 1953 Chevrolet. And it's yours at lowest cost, for the 1953 Chevrolet is *Canada's finest low-priced car.*

CHEVROLET
A GENERAL MOTORS VALUE

**Combination of Powerglide automatic transmission and 115-h.p. Blue Flame engine optional on "Two-Ten" and Bel Air models at extra cost.*
†GM Power Steering is optional at extra cost on all Powerglide-equipped models.

Entirely NEW through and through!

C-6538

ARTHUR SCOTT MOTORS LIMITED

TELEPHONE 161 — **QUEEN & GUELPH STREETS**

SILVER-WOOD

Urges Women's Institutes To Preserve Local History

Speaking to members of Silver-Wood and Ballinafad Women's Institutes at a joint meeting in Ballinafad Hall on Thursday, Miss Ada Currie of Ospringe told of efforts of Wellington County Historical Society to preserve relics of bygone days.

She urged that Tweedsmuir histories be kept up-to-date for the benefit of future generations. She spoke of research in clothes, shoes, lumbering, oil and pronunciation, and stressed the point that research is going on in all fields of work and culture.

Mrs. E. L. Miller, president of the Silver-Wood group was chairman and some Limehouse W.I. members were guests. "Grandmother's maiden name" was used as roll call.

A $25 donation was given to the Flood Relief Fund. Correspondence was read acknowledging a $25 donation to the Stone School association towards a film projector and $25 to Halton Centennial Manor.

Mrs. Snow, convener of historical research, was in charge of the meeting. Mrs. K. C. Lindsay gave a clever paper on "Make New Friends but Keep the Old" and Mrs. W. Norton gave current events and a short talk on the open house at the Dale Estate in Brampton.

Muriel Hilts played the guitar and Mrs. Ernie McEnery and Mrs. Norman Sinclair presented guitar and vocal duets. Mrs. J. E. Ellerby spoke a few words of greeting and told of the good work done by institutes in Halton.

A social hour followed, hostesses of Ballinafad being Mrs. H. Hilts, Mrs. Fred Mack and Mrs. J. Snow, and of Silver-Wood, Mrs. Ern Batkin, Mrs. F. L. Ruddell and Miss I. Moore.

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Mrs Annie Stull, Mrs. Mae Given and Mr. L. Burt have been on the sick list but are now improving.

Mrs. Shier has moved into the house formerly owned by the late Mr. Alfred Watson.

On Monday, February 9th, Mrs. H. Bell, Mrs. R. Corbett and Mrs. Batkin attended the Hobby Show at the Coliseum, Toronto.

Mrs. Henderson has returned to the community after being in Guelph at her daughter's home.

Miss Betty Grove spent the week end at the home of Mr. and Mrs. E. Batkin.

Mr. and Mrs. Lawrence Burt are celebrating their 50th wedding anniversary today.

BALLINAFAD

CHURCH W.A. PLANS QUILTING MEETING

The W.A. met at the home of Mrs. J. Snow for their February meeting. In the absence of the president, Mrs. Madill was in the chair. The meeting opened with the theme hymn and W.A. Creed. Mrs. Snow led in responsive Scripture reading from the Psalms. During the business period plans were made to have a quilting next week at the home of Mrs. L. Marshall. The roll call was answered with "A Cure for the Blues" which brought forth such suggestions as working harder, trusting more in God, singing, and thinking of others more than ourselves, etc. It was decided to give a donation of money to help send clothing and food to Korea. Mrs. Smith gave a reading giving good suggestions for improving ourselves in everyday living. Mrs. R. McEnery conducted two interesting contests. Lunch was served by the committee.

Children of Blue Mountain School are taking turns being absent recovering from a flu epidemic. Marie Mitchell is confined to her home with chickenpox.

The Mission Circle held quite a successful Box Social Friday night in the hall. Games and singsong with other programme was enjoyed Boxes brought by the ladies were auctioned off by Mr. Al Jennings in a very capable and humorous manner.

The World's Day of Prayer Service will be held Friday afternoon in the church at 2.30 p.m. The following verse is part of the Drum Call in Africa to assemble women together for worship.

Don't keep sitting by your fire
today!
Come to the House of God.
Seek rest and strength in the
Words of God,
The beautiful words of God!

How "Skinny" Girls Get Lovely Curves

Gain 5 to 10 lbs. New Pep

[illegible]