## TRAVEL · NOTES



## Muskoka Lakes

Again this year, the luxury steamer SAGAMO is cruising the Muskoka Lakes.

Cruises of one or several days are available, including hotel accommodation. It's wonderful, relaxing holiday.

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Every Sunday ODDFELLOWS HALL 7.00 p.m.

"For the wages of sin is death, but the gift of God is eternal dife."

Rev. E. R. Peterson in charge

ICE

DELIVERED .

PHONE 182 BOB BOUSKILL

## • Legion Notes •

WONDER HOW THE corn is coming along?. Our annual corn roast is about due, so keep an eye on the bulletin board for the date. Sam Tennant is again looking after the arrangements, so it's bound to be a good one. Last year's was indeed a big success and it hoped to have as big a one this year.

PLEASE NOTE the ad appearing on this page, with information concerning the bus trip to Toronto to the CNE on Warriors' Day, August 25th and also the Branch picnic for the members, their wives and families. This will be held on Sunday, September 2nd at Stanley Park,

WITH AUGUST fast ebbing away our monthly meetings will soon be starting again, so keep it in mind, fellows, and let's see a goodly number attending them.

THE BALL TEAM continue as undisputed kingpins in the local fastball league. In fact we'll stick our neck out and say that they are in need of a bit of really stiff competition. They've been having the league pretty well their own way, lately. Maybe they can arrange a few exhibition games with nearby owns. (Maybe you could arrange a couple of games with Dude and his Acton Legionnaires, Scotty.)

. Quite a bunch of the ball team are away on holidays this week and offhand we can think of Scotty, laying around in the sun up at Port Elgin, Rene Martin and Earl Emond finishing a two week holiday in their home town of Callander. (And thanks for the card, Earl, looks like a fine spot to spend your vacation), Eric "Plymouth" Tomlinson breaking in his car around the countryside, and others that we just can't think of at the moment.

ALEX TAYLOR is back on the job on Friday nights again after returning from a holiday in the U.S. Hear he failed to keep an appointment in Buffalo the day of the Imperial trip there).

TWO OF THE Originals, Bill Roney and Cliff Stacey report an excellent time at the Originals' Reunion held in London a couple of weeks ago. Accompanying them on the trip were their two wives.

THE LEADING Topic of conversation around the Branch at the moment is the forthcoming sale of The Wartime Housing Projects. So far the details of the prices has not been released for publication, but as soon as it is, we'll publish it in this column.

A FORMER MEMBER, Bert Parr has been suffering from the effects of a stroke. However, latest news is that he is somewhat improved.

THE LEGION PICNIC seems to be shaping up quite nicely, with the grounds (Stanley Park, Erin) rented. At the last executive meeting it was left to the president and Wilf Hillis to make the necessary arrangements and get some volunteer committees to help. So far, the writer is happy to say, cooperation is 100% with lots of volunteers. However, anyone willing to give a hand, let's know as we want to make this a bang-up affair for the families of the Branch and a lot of help will or needed. Free tickets for the kiddies will be provided for refreshments, it is hoped to have ponies for them to ride, there will be lots of races and swimming. Buses have been arranged for and will pick up members at certain points in town, as well as at the Legion Hall. So it should be a great day for everyone, so don't miss it! Keep your eyes open for an ad in this paper next week, giving all the details.

The writer wants to thank all the Comrades who sent postcards to him

DME BODWOARIST

Hello Homemakers! It is not always the bride who puzzles over many common cooking problems! Husbands and teenagers are often confronted with the cooking of vegetables when the homemaker has been delayed with car trouble or such. We are often asked such questions as - does this vegetable go into hot or cold water? How much water does it take? How long should

So here's a pin-up note for the wall beside the range. "

TAKE A TIP ted water, (1 tsp. salt per quart of vegetables? Use the smallest posin heavy saucepan.; Finch deep in per cup of greens.) lighter saucepan). "

loss of Vitamin C.

quickly then turn electric element to 15 mins.)

5. Drain as soon as they are cook- crumbs. ed, saving the water for gravy or

with a piece of cheesecloth and insert the saucepan in a kettle of hot water if necessary. Cooking Time ('hart

(4 servings) Any Greens or Tops 12 to 20 mins.

sections String, beans, cut lengthwise 10 to 18 " Green limas, shelled 20 to 25 " Beets, diced 10 to 20 "

Cauliflower, but in

while on their holidays. The num- is tsp. pepper, and i cup soft ber of places that Branch members bread crumbs were scattered around at was sur-

Carrots, small, whole 20 to 25 Celery, cut 2 lns. . . . 15 to 20 Marrow, 2 in. pieces 10 to 15 Corn, cobs ...... 5 to 7 Peas, shelled ..... 10 to 15 Potatoes, halved in skin 25 to 30 Pumpkin, Squash

(2 ins.) . . . . . . . . . 25 to 30 Sweet Potatoes.

whole ...... 30 to 40 Tomatoes, cut .. ./ 10 mins. Cabbage, cut in sections .... 8 to 12

### THE SUGGESTION BOX

1. A good saucepan with a tightfitting cover is a wise investment

for vegetable cookery. 2. For extra delicious flavour add some fresh young pods when cooking peas. Serve with peas.

3. For fluffy mashed potatoes mash them with 1/2 cup milk to 8 potatoes. Add a pinch of baking powder and beat until fluffy. 4. For French Spinach drain the

cooked spinach in a strainer and 1. Start vegetables in boiling sal- chop/ Return greens to saucepan and add a thick white sauce seasoned with nutmeg or onlon. Use sible amount of water 4 inch deep a small amount of sauce - (1 then.

.5. To retain full flavour of corn 2. Cover saucepan tightly to avoid which has been gathered for hours, remove the silk but not all the 3. Bring vegetables to a boil busks. Boil in unsalted water (10

6. Serve raw cauliflowerets on the 4. Cook vegetables just until a relish tray. When you boil caulifork can easily pierce or cut into a flower cook the tender leaves tooand serve with browned buttered

7. Beets may become the favorite by cooking as shredded. To shred-6. Keep vegetables hot by covering ded beets add 1-3rd cup cream, 1 tsp. horseradish and salt.

> 8 Lima Beans combine deliciously with celery, carrots and tomatoes.

9. Parboil sweet peppers before you bake them. Wash and cut out seeds Place 6 peppers in 2 cups hot water and 115 tsps. salt. Cover and boil 5 minutes. Drain and place in muffin tins or custard cups. Fill perpers and bake 20 minutes

10 Serve stewed tomatoes hot or cold Our favourite seasoning for 6 cups tomatoes is: 1 tsp. minced onand through him to the Branch ion, 's thsp sugar, 2 thsps butter,

14. Fried Onion Rings: Slice large onions crosswise, 14 thick Dip in

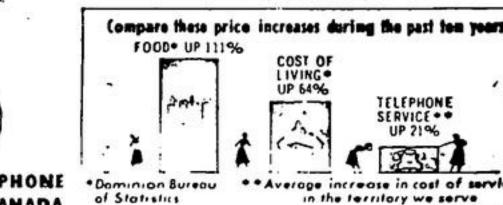


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and serve.

brown. Drain on absorbent paper side.

12. Corn patties are a meat accompaniment. Blend together 2 egg yolks, well beaten; '. tsp. salt, dash of pepper, 112 cups cooked corn, 3 tubing extending between guard tsps dripping and 3 tsps flour, stations along China's Great Wall, Fold in 2 egg whites, stiffly beaten.

slightly beaten egg, then flour. Drop by teaspoonfuls onto a hot Fry in 4 inch hot fat until delicate gridd.le. Cook until brown on each

> -The earliest form of telephone system was that of Emperor Huang Ti. It consisted of brass wrich was 1,500 miles long.





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LEGION MEMBERS - ATTENTION

WARRIORS' DAY, C.N.E.

Legion members, their wives and families only

ADULTS 50c each . . . CHILDREN FREE

Any member of Branch 120 wshing to attend the "Ex" on this date,

please add name and number of family going, to the list on the bulletin board in the Legion Hall. Admission tickets to the C.N.E.

will be supplied free. Buses will leave from in front of the Legion

Ha at 10 a.m., returning after the evening grandstand performance.

SATURDAY, AUGUST 25th

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