

PARM FORUM

Suggest Encouragements For Country Doctors

by Mrs. Roy Ellenton made by Halton farm forums last suggested. week as inducements for country

A shortage of rural doctors and what can be done to overcome it was the broadcast topic. It was of particular interest +to rural residents who feel that there are not enough doctors setting up practice in smaller towns.

Ready assistance during wintry ing service in Halton is inadequate treather to help a doctor reach his and the concensus of opinion is likely to discourage a doctor from destination, improved telephone that nurses should have a shorter practicing in a small community. pervice and a prepaid medical and training period and higher pay. sekness policy were suggestions A.V.O.N. nursing service was also

CHRISTMAS TREES

eight forums report hospitals are adequate while the remainder thought there should be more. Zimmerman suggested a county bospital with 25 beds.

Four forums thought there were enough dentists in their commun-. The forums also felt that nurs- ities, others said more were needed.

Asked what factors would be some said that 24 hour duty without relief and unavoidable wintry road conditions were large factors. In regard to hospital services, The Halton Cooperative Medical Services was an offsetting factor which encouraged doctors in, the

NORVAL

Church Group Presents Play at Norval Hall

A very enjoyable comedy play entitled "The Absent'-Minded Professor" was staged in St. Paul's Parish Hall, Norval, on Wednesday, November 29th, by members of the 50-50 Club of St. John's United Church, Georgetown, The cast is to be congratulated on the excellence of the performance, with all the parts being taken in very capable manner. Those who have an opportunity to see this play in other centres will be assured of a pleasant evening's entertainment.

At the conclusion of the play lunch was served in the basement.

During the evening the ladies of St. Paul's Guild conducted a sale of work.

THE MAIL BAG

ODDFELLOWS URGE GRC VOTE SUPPORT

Dear Mr. Editor:

At a recent meeting of Orion Lodge No. 109, IOOF, the following resolution was passed,

Moved by Bro. Joseph Hall, P.G., seconded by Bro. Clarence Spence, P.G., that Orion Lodge No. 109, IOOF, favour a "yes" vote on the referendum for \$2500 per annum grant to the Georgetown Recreation Commission.

This resolution was drawn up after a lengthy discussion and was passed unanimously.

We urge the voters of Georgetown to give this matter some serious consideration, as a good recreational program now, will make better citizens, in the years that lie

Fred Johnson, Secretary



Hello Homemakers! At this teason school children are practising songs for concerts and choir masters are debating the relative merits of old favourite carols for the Christmas service. The carol is one of the most ancient items of the Christmas program. Even the origin of the name is lost in obscurity, but the word comes from "Carolla", meaning circle, coronet and hence ring-dance. Today we go about our work quietly singing. what was meant to be a rollicking song-or sing many a modern song until it is "thread-bare."

As you read this column you will look over the advertisements of the numerous gifts you might buy. According to the clerks in our shops the common question asked is, What shall I buy for a four, five or six year old. And the favourite selection still seems to be blocks for the tots, then clay modelling, dolls, household equipment, crayons and paints. Mothers seem to shy away from mechanical noisemakers because they realize the din that makes her ears ring.

As for Christmas goodies, our suggestions of a moist Banana Loa., delicately spiced Doughnuts and a never-fail sweet cake should please you. These taste like good homemade foods and can be made now and put on the shelf for the holiday or may be used now for the lunch box as they are inexpensive yet fragrant enough for the festive occa-

TAKE A TIP

1. Put bananas through the potato - masher to pulp them quickly.. Four or five bananas are required for 112's cups mashed.

2. To make fine oatmeal from coarse rolled oats put the cereal through food chopper, then meas-

Ever try cocoanut flavoring and nutmeg in a butter icing for a plain cake or a Banana Loaf?

4. To measure cup sifted pastry flour, sift and fill one measuring cup, then remove 3 tablespoons

BANANA BREAD 1': cups sifted flour

21. tsps. baking powder

12 tsp. baking soda tsp. salt

12 cup sugar

l egg, beaten 11: cups mashed bananas cup melted lard

1 cup shredded bran.

's cup chopped walnuts Sift the flour with baking powder, soda, salt and sugar. Combine egg, bananas, lard and bran. Add dry ingredients and nuts to benana mixture, mixing only enough to maisten dry ingredients. Pour into greased loaf pan (about 5" x 9") and bake in electric oven of , 350 degrees for I hour. \ Makes I loaf.

Cinnamen Doughnuts

11/2 thops shortening 's cup sugar

l egg, separated

12 cup milk

2% cups cake flour 3 thsps. baking powder

'= tsp. cinnamon

'a tsp. cloves 's tsp. salt

Cream the shortening, sugar and egg yolk together. Add alternately the milk and half the flour, sifted with the other ingredients. Add the remaining flour slowly and beaten egg white last. Turn the dough out on's a lightly floured board and pat to half inch thickness. Cut with doughnut cutter, or

cut in strips and shape in figure 8. Fry in melted shortening heated to 375 degrees or until an inch cube of bread browns in 40 seconds. Turn doughnuts in two minutes; brown another minute. While warm sprinkle with sugar. Makes about 21: dozen.

Matrimonial Cakes

.12 lb. chopped dates 2-3rd cup water 13 cup sugar "

1-3rd cup chopped nuts 212 cups fine oatmeal

" cups flour I cup brown sugar

I tsp, baking soda

14 top. salt; 3's cup soft butter

Cook dates, water and sugar until like jam. Allow to cool and. add walnuts. Mix the catmeals, flour, brown sugar, soda, salt and work in the butter with finger tips. Put two-thirds of this mixture in a greased 9-inch cake pan. Spread date filling over it and then sprinkle on the remaining crumbs mix. Bake in preheated electric oven at 350 degrees for 30 minutes. Cut in

THE QUESTION BOX

CARROLLS



MINCEMEAT #42c STAFFORD'S MINCEMEAT 350 Shelled ALMONDS WIR 19e Shelled WALNUTS 1/13, 21c TABLE FIGS # 17c Sunmaid Seedless RAISINS 12 29e

CANDY FOR CHRISTMAS Lowney's HARD MIXTURE 12 41c MERRY MIX CHOCH, CREAMS, JELS. Lb. 43c McCORMICK'S FRENCH CREAMS ... 390 JINGLE BELLS GREAMS and JELS. 1b. 390 FROSTY ASSORTED JELS 12 350 Primrose CHOCOLATES 13 570

ME 270, 41 170 Australian CURRANTS 13 17c Australian Seedless RAISINS 2 LBS. 31c SEEDES LEXIA RAISINS 122 230 Monarch PIE CRUST MIX PKG. 330 MONARCH CAKE MIXES PEG 350 C. & B. Plum Pudding # 55e

DIAMOND BUDDED

WALNUTS

IN SHELL

Carrell's DANDEE TEA . 38c, 75c Blended er Orange Juice = 15c, 35c DOMESTIC SHORTENING 12 330 WARE'S PIE FILLINGS 2 mes 31c JIHYPOPPING CORN #250

PANCY UNGRADED

Green Giant PEAS

CARROLL'S SOAP FLAKES W 590 BRUNSWICK SARDINES 3 THE 250 VI-TONE FUDGE MIX - 310

MAPLE LEAF PURE

LARD 1-LB, PKG. 23G

Fresh Cal., Navels, 288's

ORANGES

doz. 44c

Eatmore Brand - cello pkg.

CRANBERRIES

pkg. 23c

Florida, 96's GRAPEFRUIT

4 for 21c

No. 1 Large ONIONS

CELERY HEARTS



Don't steal your

Christmas Tree off

Your Neighbour's Lawn

500

NURSERY - GROWN

TREES