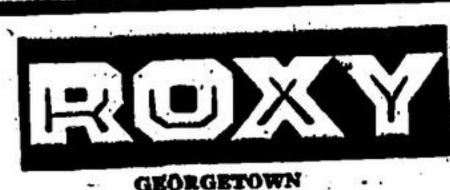


Rose Brand Sweet Mixed Pickles, 16 oz. Budget Market

Fancy Red Sockey Salmon ... halves 45c, quarters 25c

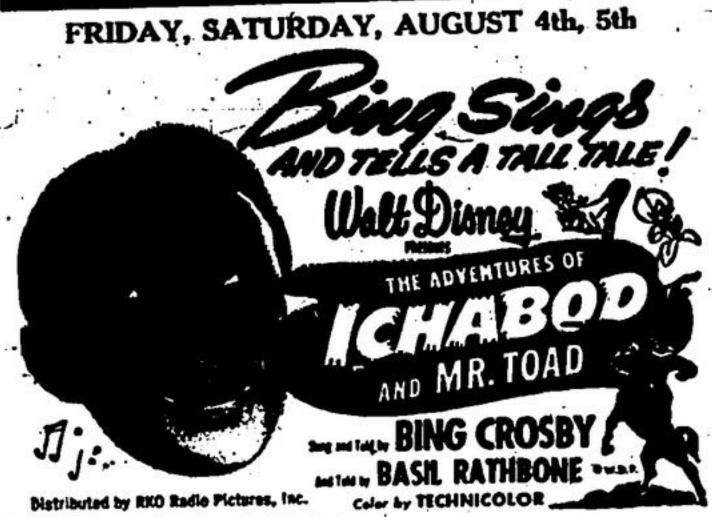
Sunny Spain Broken Olives, 12 oz. jar 28c

l'elephone-366



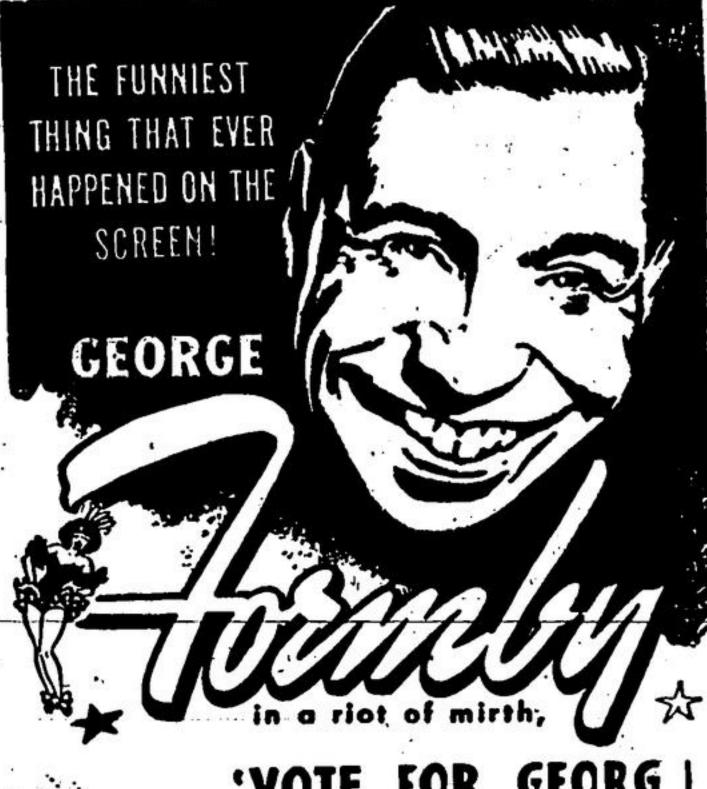
Choice Breakfast Bacon

NOW PLAYING Today and Thursday Father Was A Fullback' Huggets' Abread'



EXTRA — "SEAL ISLAND" In-Technicolor

MONDAY, TUESDAY, AUGUST 7th - 8th ALL LAUGH SHOW!





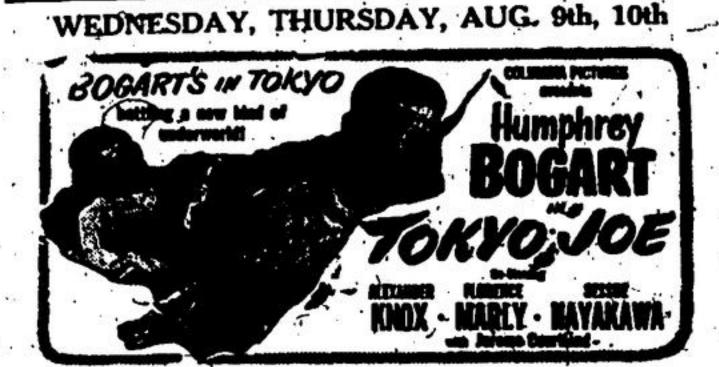
Added Fun Feature

Stan Laurel - Oliver Hardy

"BULLFIGHTERS"

CIVIC HOLIDAY MATINEE

MONDAY, AUGUST 7 — at 2.00 p.m.



Safely With Chemosurgery

Skin cancers of all readily so cessible areas of the body can be removed completely and safely by chemosurgery, a technique which makes use of chemistry, surgery, and the microscope, according to Frederic E. Mohs, M. D., of Madi-

American Medical Association, Dr. Mobe says that chemosurgery is especially valuable for highly ma-Henant or highly invesive lesions which full to respond to other treatment. Dr. Mohs plonsered the development of chemosurgery.

The technique is used on the face, lip, nose, ear, limbs, and other ex-ternal parts of the body except some body openings.

Chemosurgery is unprecedentedly successful against different types of akin cancers and there is practically no mortality rate from the

Physicians using chemosurgery can make sure that cancers are entirely removed because the technique is controlled microscopically, the article points out. This microscopic control makes it possible to remove each of the deeply permeating branches, which are ch acteristic of some skin cancers, without mutiliating surrounding normal tissue to any significant extent, clinical results show. The technique is so accurate, Dr. Mohs mays, that the margin of overremoval which may occur is less than a tenth of an inch.

Small cancers may be treated chemosurgically without giving medicine to control pain. Relief of pain may be necessary in treating large lesions with chemosurgery, Dr. Mohs indicates.

Lack of Exercise In Cows May Be Cause of Kelesis

Ketosis, mainly a disease of highproducing cows, can also strike others if they are poorly fed, Dr. R. P. Link, University of Illinois college of veterinary medicine re-

In severe cases a cow may die during an attack of ketosis unless she is treated early. On the other. hand, a cow with a mild case may recover without treatment.

To combat ketosis, cows should have good nutritious feed during their dry period before calving.

If ketosis develops, it's generally soon after calving when the milk flow is heavy. The cow's milk supply usually, falls off and she loses her appetite. Most cows with ketosis act sleepy and are wobbly in their hind legs. Some are excitable and hard to manage.

"A cow with ketosis has too many ketone or acetone bodies in her blood," Dr. Link says. "Unless she gets enough starch from corn or other grains, she uses too much of her body fat, and ketosis develops."

Many cases of ketosis occur during the winter when cows get too little exercise. Without exercise they can't use enough of the ketone substances, or they can't get rid of them fast enough.

Storage of Vegetables

sidered. Celery and root cropsbeets, carrots, parsnips, turnips, bage need coolness and moderate moisture. Onions, squashes and pumpkins all should be kept dry, but squashes and pumpkins can stand more heat than onlons. There are many practical devices, from pits and buried barrels to specially constructed store rooms, which you can use for your storage need. Root crops are often successfully stored in crates on a storage floor. Potatoes and cabbage can be left uncovered on shelves above the ground; the air should not be so moist that drops of water form on

Space for Kitchen Utensils

To make work in the kitchen easier, Stella Mitchell, A. P. T. extension home management specialist, says there should be a work counter and storage cabinet for every work center. Equipment, supplies, and food used at a particular work center should be stored there. Stack large dishes, supplies and equipment one row deep. Use two rows for small ones. Place heavy stacks of plates and dishes within elbow reach. Do not stack different sized dishes together. "If work centers are far apart," says Miss Mitchell, "use a service table on wheels to carry things between them."

Making Rooms Cheerful

When indirect light entering a room tends to create a cold effect, a warm color on the walls will make the room inviting and cozy. "On the other hand," says Alice Peavy, A. P. I. extension home management specialist, "if the light causes a very warm effect, cool colors will temper it." Those who prefer a cool color, such as blue, in a room that has a cold light may produce a warm effect by using ivory on the walls and sheer, dull yellow curtains on the windows. "Then," adds Miss Peavy. "a rug with tan back-ground and a good bit of blue in the figure will satisfy the desire 'or blue."

CHURCH NEWS

Nerval Charge of the United Church Rev. A. F. Cowan, B.A.

11.15 a.m. - Public Worship Glen Williams Service withdrawn

Ballinafad Charge of the United Church Mr. William A. Gibb, Minister Ballinafad.

10 a.m. - Sunday School 11 a.m. - Public Worship Churchill 10 p.m. - Public Worship

.11 a.m. - Sunday School Melville-2 p.m. - Sunday School 3 p.m. - Public Worship Norval and Union

Ninth Sunday after Trinity:

St. George's Church Archdeacon W. G. O. Thompson, Peast of the Transfiguration; and



St. Alban's Church, Glen Williams Feast of the Transfiguration and Ninth Sunday after Trinity: Matins and Litany - 9.30 a.m. Sunday School - 10-30 a.m.

Baptist Church

Rev. Chas. R. Gower, Minister Mrs. R. H. Wright, Organist 10 a.m. - Sanctifed Symbols 11 a.m. - Sunday School 7 p.m. - From Death Unto Life 8 p.m. Wednesday - Prayer Meeting and Bible Study.

> Presbyterian Churches Rev. J. L. Self, M.A., B.D.

Union 10 a.m. - Public Worship Norval 11 a.m. - Public Worship

Norval, Hornby & Stewarttown Anglican Churches Rev. J. E. Maxwell, B.A., L.Th. St. Paul's, Norval

7.30 p.m — Evensong (Except 1st Sunday in month -Holy Communion 11 am.) St. Stephen's, Hornby 11 a.m. - Morning Prayer

(Except 1st Sunday in month. -Evensong at 3 p.m.) St. John's, Stewarttown 3.00 p.m. - Evensong (Except 1st Sunday in month. -

SOCIAL AND PERSONAL

Evensong at 3 p.m.)

Mr. and Mrs. G. W. McCallum, spent last week at Fenelon Falls with his parents.

Guests at the wedding in Norval

on Saturday of Doreen Jolley and Norman Long included: Mrs. John Long, Mr. and Mrs. H. T. Jolley, Mr. and Mrs. W. H. Reid and grandson Paul, Mr. and Mrs. Herb Reid, Craig Reid, Mr. and Mrs. Bruce Reid, Don Parker, Robert Burns, In storage both the temperature James Burns, Miss Toots Murphy, and the humidity need to be con- Miss Olivia Durnford, Miss Inez Scott, Miss Ann Luke: Mr and Mrs. William Long, Ottawa; George rutabagas-need to be kept cool Long, Toronto; Miss Helen Aitken, and quite moist. Potatoes and cab- Weston; Miss Agnes Ritchie, Mr. and Mrs. George, Davies, Noreen and Dianne, Mr. and Mrs. Syd Jolley, Mrs. A. Armstrong, Mr. and Mrs. John Verschoot, Henry, Allan and Penny, Montreal; Mr. William Ostrander, Miss Bernice Watts, Malton; Mr. and Mrs. H. T. Jolley, Jr., Mr. and Mrs. E. Evans and Brian, Limehouse; Miss Isobel Cunningham, Mrs Horace Bell, Bonni and

deserve the best! Our line of. "PHANTOM" Stockings is first choice among Canadian women . .. the style leader . . . always.

New Fall Shades Are In!

Try the popular Pencil Heel.

GARNER'S

MAIN STREET



Bre, or both. Two-bole cooking top for tool-fire. our high-speed

It's literally two ranges in one ... a complete electric range PLUS a complete coal-or-wood range. Cook on the top or in the unique "dualoven" with either fuel-fire or electricity. Enjoy cool, clean, careful cooking in summer . . . and cosy kitchen heat in winter. The perfect range for the rural home.

G. R. MUCKART

Plumbing Heating Electric Wiring -

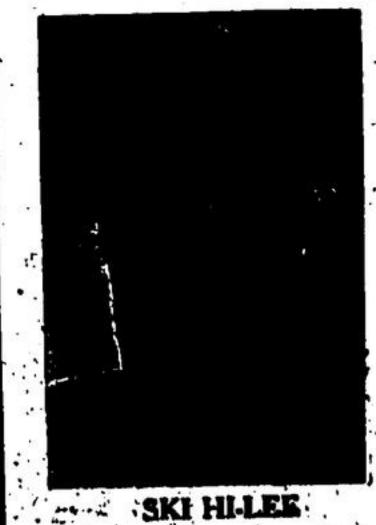
Tinsmithing Steam Fitting

MILL STREET

Oil Burners and Service PHONE 319W or J

WRESTLING MILTON ARENA Friday, August 4th

General Admission: 75c - Ringside \$1.25 - Preliminary Starts 9 p.m.



TIMOTHY (The Irish Strong Arm)

Hi-Lee

Wee WILLIE DAVE

SAMARA

Prenk SCHOFRO

JOB_PRINTING A SPECIALTY -