

TRAVEL NOTES



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"Black light" is a phrase used to describe infrared or ultraviolet radiation.

Canned Peas Excel Fresh in Nutritive Value Test

Those tasty little canned peas on today's tables are a far cry from the peas that pleased the palate of Helen of Troy!

It is probable, at least, that the beautiful queen of ancient days ate peas, for they were a part of the regular diet of mankind as far back as pre-historic days. They were relished alike by Egyptians, Greeks, Romans and early Christians. In the latter part of the nineteenth-century, archeologists found peas in earthen jars that were buried for 84 centuries in the ruins of Troy!

While dried ripe peas and cooked whole-pods were the piece de resistance on ancestral bills of fare, almost all peas sold in the modern gourmet's world are canned commercially.

It is a fact that canned peas on the average have greater nutritive value than home-cooked fresh peas. Moreover, the average cost of the fresh peas is twice that of the canned peas, according to university tests. Peas of olden times were eaten as they came; big ones mixed in with little and soft, sweet peas with irregular ones. Modern canning methods allow sorting as to size and shape. The early or June types are usually smooth-skinned and nearly round, and the sweet or sugar types are often of irregular shape and possess a naturally sweeter taste.

During the time of the French king, Louis XIV, peas sold for \$12.50 a pint. Today canned peas are one of the few inexpensive items in the market basket.

While the cost of peas during Louis' time made them a sought-after delicacy, the passing of years with its strides in the intricacies of commercial canning has brought them to a popular level.

Age No Factor in Mastitis, Study of 600 Cows Reveals

When it comes to catching bovine mastitis, Old Bossy isn't so bad off after all.

At least, this is the conclusion drawn by two University of California veterinarians from a study of over 600 cows exposed in two outbreaks of the disease.

The scientists, Drs. Robert C. Ames and O. W. Schalm, pointed up their findings as a challenge to widely circulated reports that old cows are more susceptible to mastitis than younger cows.

"Because our study demonstrated no significant relationship between susceptibility and age, we have concluded that the age factor does not play a decisive part in the spread of the common type of mastitis," they said.

Pending further evidence along this line, these veterinarians do not advise farmers to segregate or dispose of old cows with healthy udders. They believe that good sanitation, safety measures to prevent under injury, and segregation of infected animals should be the major steps in controlling this disease on dairy farms.

Home Sewing Trends

Home dressmaking has increased greatly in recent years, but the increase seems to be in women's rather than children's clothes, say clothing specialists. The demand for patterns for children's clothes is slow compared to that for women's dresses and other garments, pattern companies report. Apparently, women are finding that they save more money by sewing for themselves rather than for their children. The time and labor required for making a child's dress often is about the same as that for a woman's dress, but more money is saved by making the latter. This trend, specialists believe, makes it more necessary than ever that ready-made suits children's needs in comfort, convenience in dressing and wearing, durability and washability.

Titanium Strongman

Titanium is so new as an industrial material that little is now known about what it will do. Enough is known, however, to indicate that it can be used where a high ratio of strength to weight is needed. Reports of the bureau of mines and other organizations indicate that an early major use may be in high speed planes and other forms of transportation. It may go into corrosion resistant equipment and industrial machinery such as printing presses and textile equipment. Titanium is the seventh most common metal, and the ninth most common element in the earth's crust, and is more than a hundred times as plentiful as copper, zinc or lead.

Benjamin Franklin and Food

In his early youth Benjamin Franklin was a vegetarian, not so much because he didn't believe in the values of meat, as because he saved money by this practice. Supper, when he was a poor struggling printer in London, consisted of "only half an anchovy each on a very little strip of bread, and half a pint of ale between us." Necessity did not force Franklin to remain a vegetarian, however, and in later more successful years he became interested in rendering meat tender. He expressed the belief that fowl killed by electricity was uncommonly tender.

CHURCH NEWS

Baptist Church. Rev. Chas. R. Gower, Minister. Mrs. R. H. Wright, Organist. 10 a.m. - Bowdler's Last Thou. Forget the Lord. 11 a.m. - Sunday School. 7 p.m. - Baptist Brotherhood from Toronto. Special Singing. These services will be held each night from April 16th to 23rd.

St. George's Church. Archdeacon W. G. O. Thompson, Rector. First Sunday after Easter. 10:00 a.m. Holy Communion. 11 a.m. Evensong. 7 p.m.

St. Alban's Church, Glen Williams. First Sunday after Easter. Sunday School - 10:30 a.m. Evensong - 3:00 p.m.

Knox and Limehouse Presbyterian Churches. Rev. Alex. J. Calder, B.A., Knox Church. 10 a.m. - Sunday School. 11 a.m. - Public Worship. Limehouse. 1:30 p.m. - Sunday School. 2:30 p.m. - Public Worship.

Ballinacraig Charge of the United Church. Mr. William A. Gibb, Minister. Ballinacraig. 10 a.m. - Sunday School. 11 a.m. - Public Worship. Church Hill. 1:30 p.m. - Public Worship. Melville. 2 p.m. - Sunday School. 3 p.m. - Public Worship.

Holy Cross R.C. Church. Rev. Fr. V. J. Morgan. 2nd and 4th Sundays. Mass at 9 a.m. 1st, 3rd and 5th Sundays. Mass at 11 a.m.

Norval Charge of the United Church. Rev. Alex. Cowan, B.A. Norval. 10 a.m. - Sunday School. 11 a.m. - Public Worship. Glen Williams. 10:30 a.m. - Sunday School. 7 p.m. - Public Worship. Norval and Union Presbyterian Churches. Rev. J. L. Self, B.A., B.D. Norval. 10 a.m. - Sunday School. 11 a.m. - Public Worship. Union. 2 p.m. - Sunday School. 2 p.m. - Public Worship.

Norval, Hornby and Stewarttown (Anglican). Rev. J. E. Maxwell, B.A., L.Th. St. Paul's, Norval. 7:30 p.m. - Evensong. (Except 1st Sunday in month - Holy Communion 11 a.m.) St. Stephen's, Hornby. 11 a.m. - Morning Prayer. (Except 1st Sunday in month, Evensong at 3 p.m.) St. John's, Stewarttown. 3:00 p.m. - Evensong. (Except 1st Sunday in month, Evensong at 7:30 p.m.)

St. John's United Church. Rev. John M. Smith, Minister. Mr. N. Laird, Director of Music. Sunday School - 10 a.m. Morning Worship - 11 a.m. "Loving Thou Me" - Lessah John 2:11-22. Evening Worship - 7 p.m. Young Adult Choral Group of the Carmen Memorial United Church will provide the music. Rev. F. W. R. Bratley will speak. Choir Concert - On Thursday, April 20th under auspices of the Choir of the Young Adult Choral Group of Carmen Memorial United Church will present "Far Away Frolics."

C.G.L.T. CHATTER

The regular Tuesday night meeting was opened with games, followed by business and devotion. The Skylarks were absent due to flood conditions and the Beavers and Bluebirds united to have a cooking lesson supervised by Miss Margery Mackenzie. The girls were taught different ways of preparing potatoes. The evening closed with taps. HONOR GROUP - The Beavers.

Wool Growers' Organization WOOL

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Quick Farm Repairs Made By World War II Veterans

A truck pulling a trailer squeals to a halt in the driveway of a Texas farm home. A young man in an overseas jacket jumps from the cab. "Here's your repair truck," he calls cheerily. "Where's the tractor that needs fixing?" "Right here," says the farmer, motioning to the barn. The veteran enters the trailer and comes out with an electric drill which he plugs into an outlet at the corner of the barn. In no time he is buzzing away at the tractor, working on a type of repair service practical only because the farm has electricity as a source of power and light.

"I've been wanting to get this job done for a long time," the young farmer grins, "and I've figured out just where the hole's to be bored. Good thing you came along, or I'd still be waiting to get this part into town."

Rural electrification administration says that this type of repair service is being provided by more than a score of World War II veterans in the area served by the Upshur rural electric cooperative around Gilmer, Texas. The Texas vocational agriculture department is giving them institutional-on-the-farm training in a school near Gilmer which also is served with electric power by the co-op.

One of these veterans assembles his portable repair shop on the chassis of an old truck and equips it with everything from a sturdy work bench to a stock of machine and plow bolts. Steel shelves in the rear carry welding rods, pipe die, pipe vice, chain hoist, socket set, and tap and die set. Bolted to one wall are oxygen and acetylene tanks for welding. Such a veteran is equipped to tackle any repair job within reason.

Aluminum Helps Preserve World War II Dreadnoughts

Two of the navy's largest battleships, the 45,000-ton USS New Jersey and her sister ship, the USS Wisconsin, are resting with the Atlantic reserve fleet after bombarding the Japanese all the way from the Marshall Islands to Okinawa.

Preservation methods far superior to those used after World War I are being employed to keep these two \$110,000,000 dreadnoughts "fit to fight."

Among these methods are two uses of aluminum: igloo-shaped covers for the big guns, and plastic domes sprayed with aluminum paint. The aluminum igloos have been placed over the dual purpose five-inch guns, the 40 mm. anti-aircraft machine guns as well as the 20 mm's. In the case of all but the five inch 39's, a full aluminum igloo has enclosed the entire gun. Due to the elongated barrel of the five-inch 38's, a special rectangular section had to be added in order to cover the entire gun. While the guns are under cover, dehumidified air is pumped into them through pipes at specified intervals.

Causes of Swine Influenza

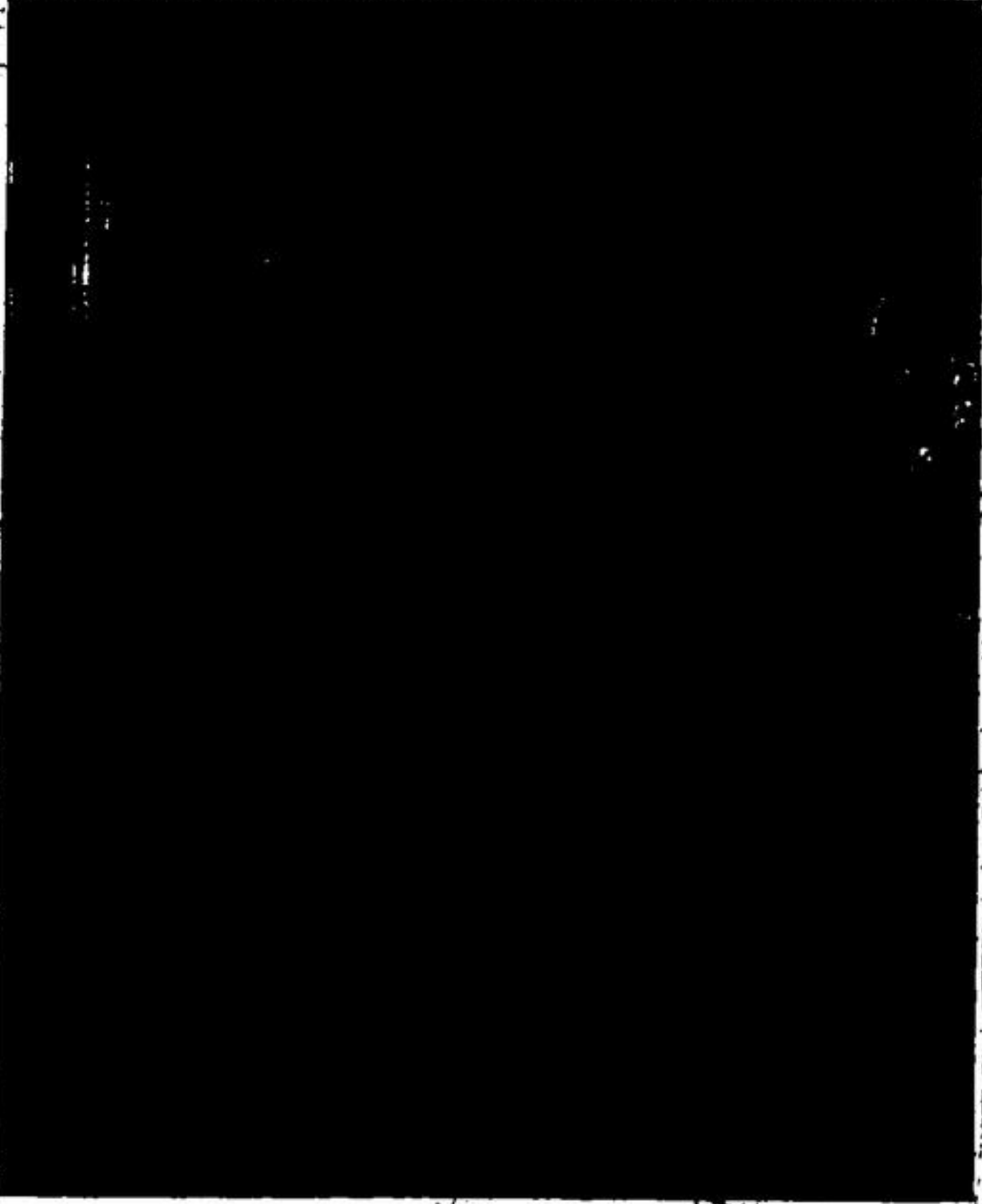
Swine influenza is an acute, fast-spreading disease caused by the combined action of a virus and a germ. One of the chief problems with swine flu is the fact that it weakens pigs and makes them easier prey to cholera, enteritis and similar diseases. The virus and germ seem to cause trouble principally where swine are improperly housed, or unduly exposed to cold and dampness. Dry, well-bedded, well-ventilated, draft-free quarters are therefore vital precautions against this disease. Farmers are cautioned to watch their pigs for the first signs of influenza outbreak - symptoms like listlessness, loss of appetite, coughing, labored breathing and watery eyes.

Care of Washing Machine

Washing machines kept in a cold place, such as an outside porch, should be brought into a warm room several hours before using. If this precaution is not taken, the oil or grease in the machine may be so stiff that the starting load will be heavy enough to blow a fuse in the circuit. Also, porcelain enamel tubs need to have the chill off before using. If hot water is poured into a very cold tub, the enamel may crack. To protect washing machine, buy or make a plastic or rubberized hood to cover machine when it is not in use. The cover should be used even if the machine is kept in the house as it prevents scarring.

Re-Refined Lubricating Oil

Re-refining, the process of taking old lubricating oil from crankcases and cleaning it so that it can be used again, is now being utilized by hundreds of economy minded companies. Such oil is being produced now at the rate of 20 million gallons a year, which is a substantial gain over last year's total, which was 40 per cent above 1946. Railroads, bus lines, truck fleets, cab companies and some manufacturers are beginning to realize substantial savings as a result. Although oil companies question the quality of re-refined oil, some engineers say it is even better than the original product.



1950 LOOK FOR CPR COACHES - Plastic murals, as shown above, decorate the end walls of new Canadian Pacific Railway day coaches now being turned out. Featuring reclining chairs, extra wide picture windows and an all-glass door separating the smoking compartment from the rest of the car, the new

coaches are now rolling out of the CPR's Angus Shops in Montreal, and it is expected 64 of them will be in a system wide mainline service within the next nine months. Four murals like the one pictured here decorate the end walls of each car.

LIMEHOUSE W.I. ELECT-OFFICERS

The members of Limehouse Women's Institute met on Wednesday afternoon in the Memorial Hall. A short programme followed the opening exercises. Roll call was answered by payment of membership fees. Current events were given by Mrs. Kirkpatrick and Mrs. Smethurst read a poem. The election of officers followed with Mrs. Smethurst acting as chairman. Officers for the ensuing term are: President - Mrs. A. J. Smethurst. 1st vice pres. - Mrs. Horace Bell. 2nd vice pres. - Mrs. R. R. Corbett. Sec'y-Treas. - Mrs. J. Ellety. District Director - Mrs. E. L. Miller. Branch Directors - Mrs. Ern. Batkin. Mrs. E. Sanford. Mrs. McVey. Mrs. Paul Spitzer. Pianist - Mrs. Harvey Norton. Auditors - Mrs. Jack Roughley, Charlotte McCullough. Conveners - Mrs. Batkin (Roll Call); Miss Rowena Stull (Agriculture and Canadian Industries); Mrs. E. Sanford (Citizenship and Education); Mrs. S. Gisy (Community and Public Relations); Mrs. S. Kirkpatrick (Historical Research and Current Events); Mrs. Frank Brown (Home Economics) and

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