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which suilors are Got the facts today from The Naval Recruiting Officer, Neyel Canadian Nevy, Ollows

What MAKES a good citizen?

A good citizen respects himself . . .

and respects the rights of others.

He avoids bigotry and intolerance.

He puts the welfare of his country and his community

before his own advantage.

He is moderate in his thinking and moderate in his actions.

He is moderate in his use of luxuries.

When an occasion calls for the enjoyment of whisky,

the good citizen knows, as The House of Seagram has so

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LIMEHOUSE

(last week) About \$40 was raised for "Save the Children-Fund" when the W.I. held a euchre on March 12. Winners at euchre were as follows: High, Miss Wilma Stull and Joe Scott; Half-way prizes, Mrs. Osburn in a draw with Mrs. Fred days with Mr. and Mrs. E. Karn. Brown and J. R. Benton, in a draw

Spitzer held high score and Roughley low in cribbage.

W.I., ladies provided lunch. A. W. Benton is about again after an attack of pleurisy.

(this week) Mrs. Miller and children, twice flooded out of their home in Brampton last week, spent a few Mr. Peter Mulder and Mr. Paul ain?"

Rev. C. C. Cochrane will conduct the ordination of four newly elected elders and communion services at Limehouse Presbyterian Church on Sunday next, March 28th.

YHY

MAVAL WESEEVE

If you can't enlist

Join the RCN

(Receive) and ob-

your space time the

comradeship, the



Hello Homemakers: Easter brings joyouness made even more vivid by the Ontario climate. Grandmother used to say, "I feel the smell of spring in the breeze a and of ham by the steam," It is true that our Eastertime, sharpens the senses, We look forward to the en-

At Enster we like to keep our food preparations in tune with the times-attractive, new and springlike. That is one thing about the traditional Bakked Hom--it is wonderful hot or cold. Other Suggestions are Ment Loaf, Roast Veal or Roast Chicken. 'As for accompaniments, you can use your imagination since something artistic is ex-

Tinted green pears are easily colqured in simmering green syrup or prepare thick apple slices the same way. Pineapple slices cooked with the ham improve both its flavour and appearance, but you can use pineapple jelly powders to make a delicate garnish on cold ham. We should mention lime jelly for Roast year or chopped hard cooked eggs with parsley. Any homemade preserved jellies go well, with cold meats. If the Meat Loaf is spiced, use something bland such as plums or mild onion slices steeped in hot pickle!

make entertaining a real joy come Easter.

BUYING TENDER HAMS ·1. Because the length of time you are buying. Ask the butcher

2. If the ham has no wrapper or identification on the meat itself, Onions make a tasty main course we suggest you treat it like the with ham. old-fashioned kind, soaking it and 5. An attractive lime jelly mould then simmering it until tender be- with grated carrot in it looks fesfore glazing and baking.

buy. Plan to bake it whole for use at several meals. For a family of 2 two slices of ham can be broiled. However, 4 people may like to see half a ham or a shank end of 6 lbs., and there will be ham left over for-2 or 3 meals. The shank end because of the percentage of bone, usually sells for less than the butt end. If you are buying a ham for a buffet supper, it's helpful to know, that a 10 to 12 lb. ham will serve 20 to 24 persons.

COOKING HAM

Leave ham in cellophane papel. Wipe it off and place in a preheated electric oven at 325 degrees according to timestable. . Forty-five minutes before baking time is up, romove ham from oven. Slice off the rind with, a sharp kenife and score the fat into diamond shaped. pieces. Blick we cup whole cloves into fop, then spreati on a mixture of I cup brown sugar and 2 theps. dry mustard. Return to oven until mont thermometer reads 155 degrees or about 45 mins.

For 5 to 8 lbs. ham allow 25 mintites per 16. For 8 to 10 1bs. ham allow 23 mins. per lb. For 10 to 12 fbs. ham allow 20 mins, per lb. For 15 to 18 lbs: ham allow 16 mins.

Use a 10 lb. whole smoked ham and cover with boiling water; bring to boiling point, lower heat to simmering, cook 3%, hours. Tenderized hams may cook in one third of the time.

Trim off the rind, add glaze and place in a preheated oven for 15 mins. at 350 degrees. Baste 2 or three times.

Honey Glaze: Stir 1 tsp. pastry spice into I cup honey. Orange Glaze: Combine 1 cup if the homemaker cooks with skill brown sugar with 1 tbsp. orange

> Virginia Glaze: Combine 1 cup white sugar, I tsp. dry mustard and i cup pineapple juice.

TAKE A TIP

1. There are more servings per

2. If you want to reheat ham, to show you the wrapper--for the allow about 14 mins, per lb. in prewrapper of tenderized hams clearly heated electric oven at 325 degrees. 3, Serve Sauted Apple Rings ther it is smoked, cured or cooked. and crisp turnip sticks with ham. 4. Baked Potatoes and Stuffed

tive and fresh. whole ham of 8 to 10 lbs. is a good Cracker, pie, Marshmallow Delight; Fruit-Rice Pudding; Spiced Rhu-

THE QUESTION BOX

Miss B. A. asks: Ingredients for the Banana Gingersnap dessert published 3 years ago.

Answer: Gingana Cream: 1 cup whipping cream, 2 tbsps. ifne sugar; few grains salt, 3 ban-

Whip cream slightly stiff. Add sugar and salt. Press bananas through sieve; add lemon juice. Fold into cream and crumbs. Put

in freezing tray to chill. Serves 5.

with the

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BUSY BEES INSTITUTE

The March meeting of the Busy Bees Women's Institute was held at the home of Mrs. William Allison, with twelve members, three guests and four children attending. Roll Call was answered by handing ih an orticle for sale in the future, and next meeting's will be a handkerchief suitable for crochet edging. Each hostess will take care

of articles handed in that day. The financial report showed \$28 made at a dance sponsored for the Canadian Appeal for Children. The good cheer report told of a flower spray sent to a bereaved family. A local talent program and box social is planned in Brookville Hall to raise money for the. Sick Children's Hospital and the fund for crippled children. Mrs. Alfred Allen and Mrs. McLean are program

convenors. to make the W.I., the greatest power for good in the historic period in which we live."

The program included: Mrs. Arthur Davenport, a poem, "Progress"; Mrs. C. E. Davenport, a reading "One of those days"; Mrs. David Henderson "The New Member," written by Mrs. Lloyd Crawford, honorary district president; Mrs. Peter McLean, a poem, "Preference"; Mrs. Stan Robinson, "An Executive." A few minutes of singsong with Mrs. Peter McLean at the plane were enjoyed before closing, when Mrs. Allison served retreshments. Mrs. Elmer Come is hostess for the next meeting



pected for this occasion.

The entree will be sure to please and sets her table with care. Good : rind and . one-third cup orange food, good friends, good cheer, Juice.

needed to cook a ham depends on its kind, be sure you know what lb. cut from cold cooked ham. states what brand it is and whe-

with Geo. Burt; consolations, Mrs. Beeney spent a couple of days in Victim — "No. I heard it all the 8 to 18 lbs. For a family of 6, a ish Cream with peaches; Graham

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frequently pointed out, that he has a personal responsibility to himself, to his family and to his country. Mrs. J. J. Kennedy, publicity director, gave a paper on "Cooperation", as it effects the home, It is to "drink moderately" . . . or not at all! the branch, the district and the

the water will state the

community. She told of the ACWW convention in Amsterdam, Holland, where women from twenty countries met with the same aim, purpose and interests as the women in the branch. She ended her paper by emphasizing the 1947-48 slogan: "Let us do all in our power

Memories

- Moderately Priced

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