

Brampton Bantams Win Saturday Hockey Tournament

For Your Saturday Evening Dancing

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featuring

BILL HOWE and his Orchestra

\$2.50 a couple

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Brampton Bantams copped the honours for the Central Ontario Zone championships when seven teams met in an elimination tournament last Saturday morning and afternoon in the Georgetown Memorial Arena. Brampton nosed out Georgetown in a 2-1 overtime game, then took Cooksville 5-2 and ended by beating Leaside 2-1 to take honours for the day. Teams from Barrie and Weston failed to appear, the latter because of a big sport day in that town, and the teams playing were Georgetown, Brampton, Leaside, East York, Swansea, Cooksville (wearing Port Credit sweaters in case you were confused) and Forest Hill.

Thanks to our minor sports reporter, Lamb, here are brief summaries of the game.

Brampton, 2 — Georgetown, 1

First Period
Penalty — McLaughlin (2)

Third Period
1. Georgetown — Breen (Webster) 3:00

2. Brampton — Davis (Thompson) 11:00

Overtime
3. Brampton — Gibson (McLaughlin) 9:00

Penalty — McClure

Cooksville 5 — Swansea, 1

First Period
1. Cooksville — Harridge 4:30

2. Swansea — Swarnis 7:00

3. Cooksville — Grabas 11:00

Penalty — Bath

Second Period
4. Cooksville — Belford 2:50

5. Cooksville — Belford 5:55

Penalty — Kirkham

Third Period
6. Cooksville — Hatten 11:01

Leaside, 3 — East York, 2

First Period
1. Leaside — Brydsen (Brent) 1:46

2. East York — Dempster 4:15

3. East York — Hill 6:25

Third Period
4. Leaside — Brent (Brydsen) 2:32

5. Leaside — Rayson (Brydsen) 8:50

Penalty — Brydsen

Brampton, 5 — Cooksville, 2

First Period
1. Brampton — Gibson 6:50

2. Cooksville — Human (Grabas) 8:00

3. Brampton — Gibson (Robinson) 8:30

4. Brampton — Gibson (Thompson) 10:50

Second Period
5. Brampton — Gibson (Thompson) 9:00

6. Brampton — Davis

Third Period
7. Cooksville — Grabas 11:15

Leaside, 5 — Forest Hill, 3

First Period
1. Leaside — Rayson (Brydsen) 2:50

Second Period
2. Forest Hill — Golsing 2:10

3. Forest Hill — Gore 6:00

4. Forest Hill — Golsing 8:10

5. Leaside — Brydsen (Brent) 8:40

6. Leaside — Brent (Brydsen) 10:20

NOTICE TO CREDITORS

In the Estate of William James Alexander, late of the Township of Esquesing in the County of Halton, Farmer, Deceased.

The creditors of William James Alexander, late of the Township of Esquesing in the County of Halton, Farmer, deceased, who died on or about the 10th day of December, 1947, and all others having claims against his estate are hereby notified to send by post, prepaid or otherwise to Messrs. Langdon and Aylsworth, Georgetown, Ontario, Solicitors for the undersigned Executor of the Estate of the said William James Alexander, Farmer, deceased, on or before the 28th day of March, 1948, their names, addresses, description and full particulars of their claims and the nature of the securities, if any, held by them and that immediately after the first day of March, 1948, the Executor will proceed to distribute the estate of the said deceased amongst the parties entitled thereto, having regard only to the claims of which the Executor shall then have notice.

Dated this 28th day of Jan. 1948, Karen M. Alexander, Executrix

By Langdon and Aylsworth Her Solicitors
Georgetown, Ontario



Hello Homemakers! When the clock strikes twelve at the rural school it means a hot dinner for some children, but not for all — not by any means. For more than half of the children attending rural schools in Ontario, the noon hour means a lunch carried from home in lunch kit, honey pail or paper bag.

In winter weather, cold sandwiches make a cheerful meal. That kind of meal, added to a hurried breakfast and a long walk in the wind, does not give exactly the sort of foundation needed for a good day's work! But it is a fact that for 200 days out of every year, the child attends school and eats his mid-day meal there. All told, one-fifth of the meals eaten in a year are eaten in school.

Surely, then, the mid-day meal is of prime importance. Should it not be planned to meet definite educational objectives. Some school areas have done this; one particular section to be commended is the township north of Woodstock where the Red Cross Nutritionist is giving splendid Tendership.

The average rural child has a long and strenuous day. He rises early, has a few chores to do, and then a drive or walk to school. After seven or eight hours away from home — more chores before a hot meal. All this requires energy and the right food to supply that energy. Building material is essential for growth if strong bodies are to result. We must also supply children with the foods necessary to keep the various organs functioning, and resistant to disease.

In communities where lunch plans are being proved important, the week's menu is posted so that

NOTICE TO CREDITORS

All persons having claims against the estate of Ruby Hazel Kendall, late of the Township of Esquesing, in the County of Halton, Spinster, deceased, who died on or about the 26th day of December, 1947, are required to file particulars of the same with undersigned on or before the 26th day of February, 1948, after which date the estate will be distributed without regard to the claims of which no notice has been received.

DATED at Toronto this 29th day of January, 1948.

Kilmer, Rumball, Gordon, Beatty, and Dean

10 Adelaide Street East, Toronto, Ontario

Solicitors for the Executor, E. G. Percy Dean

NOTICE TO CREDITORS

In the Estate of Katherine Martin, late of the Town of Georgetown, in the County of Halton, Widow, Deceased.

The creditors of Katherine Martin, late of the Town of Georgetown in the County of Halton, widow, deceased, who died on or about the 19th day of November, 1947, and all others having claims against her estate are hereby notified to send by post, prepaid or otherwise, to Messrs. Langdon and Aylsworth, Georgetown, Ontario, Solicitors for the undersigned Executrix of the Estate of the said Katherine Martin, widow, deceased, on or before the 28th day of March, 1948, their names, addresses, descriptions and full particulars of their claims and the nature of the securities, if any, held by them and that immediately after the first day of March, 1948, the Executrix will proceed to distribute the estate of the said deceased amongst the parties entitled thereto, having regard only to the claims of which the Executrix shall then have notice.

Dated the 2nd day of February, 1948.

Euphonia Martin, Executrix by

LANGDON and AYLSWORTH Her Solicitors, Georgetown, Ontario

Dressmaking and Alterations specializing in children's wear
MRS. E. PERRY over Howson's Garage Mill St. Phone 308w

mother may round out the lunch and supper with the daily essentials. In this way mother and teacher are co-ordinating their plans using the Daily Basic Nutrition Pattern:

1. Milk — 1 glass or equivalent in soups and desserts.
2. Vegetables — 1 serving potatoes 2 servings other vegetables.
3. Fruit — 1 serving tomato or citrus fruit, 1 or more servings other fruit.
4. Meat, fish or cheese — 1 serving or either of these, 1 egg or 1/2 a week.
5. Cereal — 1 serving whole grain cereal with milk, 1/2 to 3 slices vitamin-rich bread.
6. Some source of Vitamin D such as fish oil. Additional foods to satisfy the appetite and activity needs.

Good Food for Children:

BAKED CUSTARD

3 or 4 eggs, one-third or 1/2 cup sugar, 1/2 teaspoon salt, 3 cups hot milk, 1/2 teaspoon vanilla or a little nutmeg.

Beat eggs slightly. Add sugar and salt. Add hot milk slowly, then flavouring. Strain. Pour into buttered custard cups, and steam over boiling water, or place in pan of hot water and bake in slow oven (325 degrees F.) until firm — about 40 minutes.

NOTE: 4 eggs are necessary if custard is being made in one large baking dish. To test custard, insert a silver knife in the centre, and if it comes out clear, custard is cooked.

BAKED APPLES

Wash and core good uniform Canadian-grown apples. Put into a baking pan, fill the centre of each apple with sugar, and add a bit of butter on the top. Add enough water to cover the bottom of the pan. Cinnamon or nutmeg may be sprinkled on the top if desired. Bake in a hot electric oven, until soft (about 25 minutes), baste very often with the juice in the pan.

HONEY MUFFINS

3 tbsps. honey, 1/2 cup butter, 2 eggs, 1/2 tsp. salt, 2 1/2 cups graham flour, 1/2 cup white flour, 3 tbsps.

baking powder, 1 cup milk. Mix and sift white flour, baking powder and salt. Add graham flour. Beat eggs until foamy, add honey and milk. Melt butter and turn it into egg mixture. Turn wet ingredients into dry ones all at one time. Stir vigorously until dry ingredients are just dampened. Fill muffin tins two-thirds full and bake in a hot electric oven for 20 minutes. NOTE: Anne Allan regrets that listed ingredients were not correct

in a previous column for "Fool-Proof Chocolate Cake." Here they are 1 1/2 cups sifted flour, 1 tsp. baking soda, 1/2 cup white sugar, 1/2 tsp. salt, 1/2 cup cocoa, 4 tbsps. melted shortening, 1/2 cup sour milk, 1 beaten egg, 1 tsp. vanilla, 1/2 cup corn syrup. Sift and mix dry ingredients. Add shortening, sour milk, egg, vanilla and corn syrup. Beat thoroughly. Bake in 2 greased layer tins for 35 minutes at 375 degrees

What National Employment Service is doing for this Country



1,500,000 jobs were filled through the National Employment Service in twenty-two months—January, 1946, to November, 1947.

421,146 of these jobs were found for veterans.

5,534 more were found for persons in the higher earnings bracket through the Executive and Professional Division of the Service.

26,531 more of these placements were made through the Special Placements Division for physically handicapped workers—

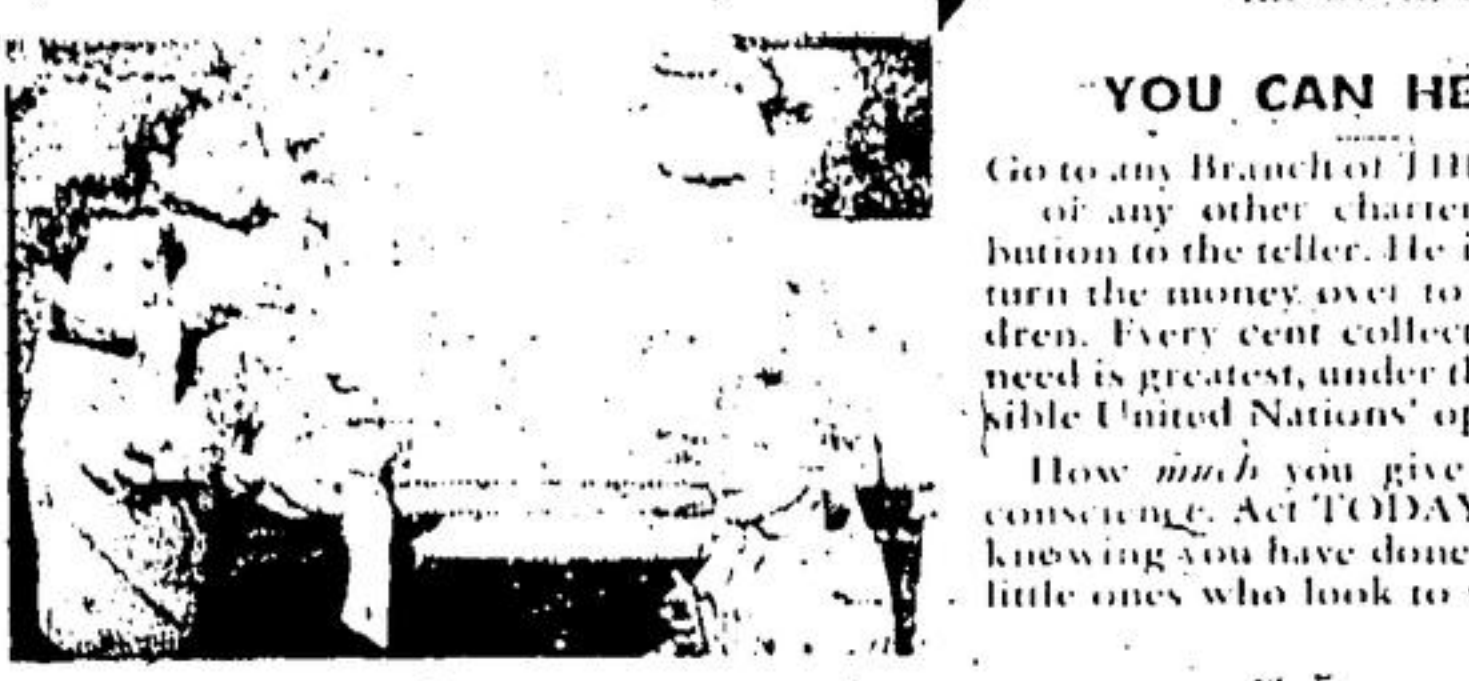
204 for persons totally blind, 825 for persons totally deaf, and 53 for persons handicapped by double amputations.

Make full use of your local office of the National Employment Service.

Department of Labour
HUMPHREY MITCHELL, Minister of Labour
A. MacNAMARA, Deputy Minister



GIVE TO THE Canadian APPEAL FOR CHILDREN



HOW WOULD YOU FEEL if this were your child... and you had to say "Sorry, darling, there just isn't anything?"

YET many a mother — and father — is faced today with just such a heartbreaking situation. Through-out Europe and Asia children are literally starving — cold and miserable because they have no warm clothing.

Millions of them are in desperate need — for food, clothing, shelter, education. We in Canada are going to do our share to help meet these urgent needs. The Canadian Appeal for Children is now being conducted, has a minimum objective of \$10,000,000 as Canada's contribution to the saving of the world's children and the world's future.

YOU CAN HELP by doing just this:

Go to any Branch of THE ROYAL BANK OF CANADA or any other chartered bank. Hand your contribution to the teller. He is ready to accept it, and will turn the money over to the Canadian Appeal for Children. Every cent collected will be distributed, where need is greatest, under the strict supervision of responsible United Nations' operating agencies.

How much you give is a question for your own conscience. Act TODAY; you will sleep better tonight knowing you have done your part for these millions of little ones who look to you for help.

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