

CALDWELL'S FOOD STORE

SELF SERVE - PHONE 366
MEATS - GROCERIES - VEGETABLES

- POTATOES bushel \$2.00; 10 lbs. 45c
- LARGE ALBERTA PEACHES lb. 15c
- LARGE SUPPLY FIRM TOMATOES lb. 33c
- NEW CARROTS 2 bun. 15c
- CANTELOUP large 29c

We hope to have bananas and apples for week-end at regular market prices.

We also have a good supply of quality meats

You are under no obligation to buy, but come in and get acquainted.

We Deliver all orders \$2.00 and over

Furnish that Room . .

For your Son or Daughter with one of these Juvenile Bedroom Suites. Every child likes to feel they have their really own room. These suites in honey maple and natural finish will make a most attractive setting in your home for that citizen of tomorrow.

Card Tables

Yes, at last we are able to offer a limited number of hand decorated tilt top card tables, ideal for that card game or serving lunch, then folding back into a fire place cover or bright spot in that dull living room corner.

Radios and Record Players

A wide selection of table model Radios and Record Players. You have waited and planned for a long time just for one of these type. Come in and let us demonstrate.

Harold C. McClure

HOME FURNISHINGS STORE

Phone 54w

Georgetown

FARNELL'S

RATION CALENDAR

FOR THE WEEK JULY 25th - 31st inclusive.

SUGAR - PRESERVES	S1 - S23 incl.
BUTTER	R10 - R15 incl.
MEAT	M40 - M47 incl.

MAKE YOUR OWN TOMATO JUICE!
Lealand Brand - 105 oz. Tin Tomato Puree 69c

HEINZ - 10 oz. tin
Cream of Mushroom
SOUP - 2 tins 27c

MAKES 10 BIG GLASSES
FRESHIE - pkg. 5c
Orange, Lemon or Lime beverage
Flavor

TRY LYONS COCOA for a delicious cold chocolate milk drink 1/2 lb. tin 19c

CALIFORNIA LIMA BEANS lb. 17c

THE SOAPLESS CLEANSER - jar 60c
WOOLSOL For quick safe washing of hostery, lingerie, silk and woollens

Fresh Fruit and Vegetables Arriving Daily

FARNELL'S PHONE 75 FREE DELIVERY

Eyes Adjusted for Seeing By Day and Night

Human beings have "two pairs" of eyes—one for seeing by day and the other by night. The retina of the eye has two kinds of light receptors, the cones and the rods. The cones give sharp vision in daylight and they are the elements which distinguish colors. The rods, on the other hand, do not have sharp vision and they function best in dim light. They are unable to distinguish color, and for that reason colored objects appear gray under dim light when the rods are doing most of the work of seeing. When the second pair of eyes go to work on the night shift, they ease into their task gradually. Usually a person is unconscious of the transition. As the sun goes down the light diminishes over a long period and the rods automatically tune themselves up for seeing in dim light. However, when a person quickly goes from bright illumination into a dark room, as from the outdoors, when the sun is high, into a movie theater, it takes several minutes before the rods can tune themselves up to carry on the work of seeing. About half an hour is required for the eyes to become fully adapted to the dark. The set of daylight eyes—the cones—are more versatile. If a person moves from a dark room into the bright sunlight, it takes only a minute or so for the cones to adapt themselves and take over the work of seeing with maximum efficiency.

Differ Over Site Where Moses Rolled Back Sea

Bible scholars differ as to just where Moses "stretched out his hand over the sea," and the Lord caused the sea to go back, and the waters were divided." (Exod. 14:21). They place this action, however, between Serapeum on the north and Suez itself on the south. Great Bitter lake and Little Bitter lake occupy 24 miles of this 40-mile reach. After the crossing, Moses brought his people to Marah, but "they could not drink of the waters of Marah, for they were bitter." (Exod. 15:23). The Bitter lakes have been identified by some scholars with this Marah of the Bible. Before the 76-year-old Suez canal was built, the Bitter lakes were dry, salt-encrusted depressions. After extensive dredging, the barrier at the north end of Great Bitter lake was opened, allowing the two dry lakes to be filled with water from the Mediterranean sea. Ships pass freely on Great Bitter lake, which thus greatly expands traffic on the canal. In Little Bitter lake, ocean steamers must stick to the dredged channel. In the 10-mile-long cut of the canal between Little Bitter lake and Suez, the dredging engineers removed mud and rock containing great numbers of crocodiles' teeth and bones of various large quadrupeds. Markers erected at the Red sea end of Darius's canal to the Nile also were found.

Good Diet

Proper diet plays an important part in prevention of rheumatic fever and chronic rheumatic heart disease, which has become prevalent in recent years. In an article published by the Nutrition foundation, D. C. Peet reaches the conclusion that the average diet of the patient with rheumatic fever is low in those foods that supply vitamins A and D and the minerals, especially calcium, phosphorus and iron. He noted also that the diets of the rheumatic patients were deficient in proteins and contained an excess of starchy foods and refined sugars. Dr. Peet concludes from his several observations and dietary surveys that poor diets and lack of exposure to sunshine are the most important predisposing factors in the causation of acute rheumatic fever. Adequate amounts of vitamins A and D, milk, proteins and the value of sun bathing were especially emphasized in the prevention of rheumatic disease.

Ghost Town Awakens

The town of Maldon, 89 miles from Melbourne, Victoria, which has been more or less a "ghost town" since the gold mining days of the last century, has come alive again through the federal government's decentralization of industry plan. In the mining era Maldon had a population of more than 20,000, and no less than 45 hotels. After the gold rush the place dwindled to 3 hotels and 1,500 inhabitants. Now 2 new shoe factories have been opened, giving employment to more than 1,500 persons. The new factories have a capacity of 150,000 pairs of boots and slippers a year.

Nylon Hammocks

When G.I.s first went into South Pacific jungles, they used a sleeping hammock with a regular mosquito netting canopy that hung to the ground. That way it was thought insects wouldn't be able to get into the hammocks. Unbelievable as it may seem, termites ate their way right up the netting and then across the hammock—so fast that they cut it like scissors, in one night! So now nylon netting is used. Not only will termites leave it alone, but it resists mold, dries quickly after tropical rains, is mildewproof and weighs less than cotton, although it has nearly twice its tensile strength.

Apples Lend Selves To Variety of Dishes

Although Americans are said to be the inventors of the famous combination of apples and pie crust, turnovers, tarts and dumplings often suit the occasion as well and are a great saving. Turnovers are more convenient and easier to pack in lunch boxes. To make apple turnovers, you roll pastry dough into rounds about the size of a large saucer. Arrange layers of thinly sliced peeled apples on half the pastry, sprinkle with a mixture of sugar, cinnamon or allspice and a bit of salt, and dot with fat. Moisten the edge of the pastry and fold the empty half over the apple-covered half. Press the edges together with a fork, and prick the top crust to allow steam to escape in cooking. Bake in a hot oven, 400 to 425 F., about 20 minutes until apples are tender and crust brown.

Apple dumplings are nice for a good winter dessert. Peel and core whole apples. Roll the dough in rounds about the size of fruit plates. In the center of each round place the apple, sprinkled with sugar, spice and salt and dotted with fat. Lift the edges of the dough up to the top of the apple and press together like a bag. Bake in greased muffin tins in a hot oven 30 to 40 minutes until the apple is tender. As for tarts, they are the easiest yet to make. Bake pastry shells on inverted muffin tins. Just before serving fill the shells with well-seasoned applesauce. If desired sprinkle with nutmeg or chopped nuts.

Explains First Aid Care for Burns

Prevention of infection should be one of the chief aims of first aid in both trivial and serious burns, according to Dr. Horace J. McCorkle of the University of California. Summarizing the latest knowledge in burn treatment developed by him and others in the surgical service, he gives the following suggestions for first treatment of burns.

"The small superficial burn should be cleaned with soap and water and covered with a sterile dressing and a mild ointment such as a 5 per cent boric acid ointment. A pharmaceutical salve containing an analgesic to control the pain is satisfactory. Kitchen fats, soda or tannic acid preparations should not be used," he warns.

"The seriously burned patient should be wrapped in sterile dressings or if these are not available, in a freshly laundered sheet. Nothing fuzzy should be used," he emphasized; "it takes hours to pick the fuzz from a blanket out of a bad burn. Keep the patient warm but not hot. Give sedatives, codeine for children and morphine for adults, and blood plasma if available. Provide rest call a physician."

Rhineland Palatinate

The modern Rhineland Palatinate comprises chiefly the German political subdivision of the Saarland, a state which occupies nearly 2,000 square miles between the west bank of the Rhine and the French Alsace-Lorraine border. It includes the extremely valuable and now embattled mining and industrial Saar district, which was placed under League of Nations rule for 15 years after the First World war, and then returned to the Reich by plebiscite. Besides the mines and industries, the Palatinate has rich stands of timber and fertile farm land that normally produces considerable grains, tobacco, potatoes, and sugar beets. Orchards and vineyards are a peacetime feature of the region, which has been noted as a wine-growing center of Germany. Wines from this district are called Palatinate. The word Palatine has been applied also to a fur tippet covering the neck and shoulders. It was introduced during the 17th century by the Princess Palatine, wife of the Duke of Orleans.

Sowing Radishes

With radishes, as with other crops, you must sow according to what you will eat. Figure out the number you will use in a week, and estimate that 12 early radishes can be produced in a foot of garden row. Then sow a week's supply of an early variety at a time. Mid-season radishes will be usable for two weeks, so two weeks' supply of them can be sown. The early varieties do not grow well in hot weather. If you want a supply all summer, sow a late summer variety for that season. But frequent sowings in small lots is a good rule for all except winter radishes which take two months to mature and remain good for six weeks. They grow very large, some weighing several pounds.

Criminal Penalties

The 18th century classical school approach of fitting a penalty to a crime would be a good system if all people were born equal and each person were the master of his destiny. It would be sound if there were no deviations and variations in the manner of committing each crime. It would be commendable if there were no natural causes predisposing personality in the direction of degeneracy. Provided that one disregards the repository of knowledge represented by criminal science throughout 75 years of study, experimentation, comparison and analysis, the classical school is on solid ground.

LOCAL NEWS

Knox Church Congregational Meeting, Monday, July 26th at 8:15 p.m. in Sunday School Room.

The Lord's Day Alliance is represented in our community this year by Rev. H. S. Warren, B.A.

The new phone number of James Kennedy, painter and decorator, is now 189.

Avoid disappointment by having your cup read soon at Rita's. Mme. Sherratt will be leaving in the near future as Rita is remodeling.

Coming Aug. 15th and 16th - 25th anniversary celebration of Limehouse W.I. Aug. 15 - afternoon tea, speaker Memorial Hall, Aug. 16 - garden party, Dave Norrie's, Girls Pipe Band. Watch for further particulars.

For prompt electrical repairs to appliances and wiring call H. C. Bailey, Charles St., Phone 399w.

Have your eyes examined by O. T. WALKER, R.O., Optometrist, at his office over the Bell Telephone Co., Main St., Georgetown, the second Wednesday of each month. Or you may consult O. T. Walker at his office in Brampton. Phone Georgetown, 167; Brampton, 599.

TERRA COTTA

What might have been a disastrous fire broke out here last week when an old pile of ties at the C.N.R. station caught fire. With a strong east wind blowing it caught in Mr. Hogg's pasture field and was heading for the cottages on the Town Line when the alarm was given. Over 75 of the neighbours were on hand and soon had the fire under control before much damage was done.

Mr. Clark of Hamilton is here at present drilling for water for some of the cottages on the Town Line and is getting lots of good water. Mr. Clark says that he is very busy drilling wells and is over a month behind in his orders here.

Mr. Norman Viggers of Glen Williams spent the week-end with Mr. R. J. Stringer.

Mr. Frank Mezwick had a valuable cow killed by lightning during the electric storm last week.

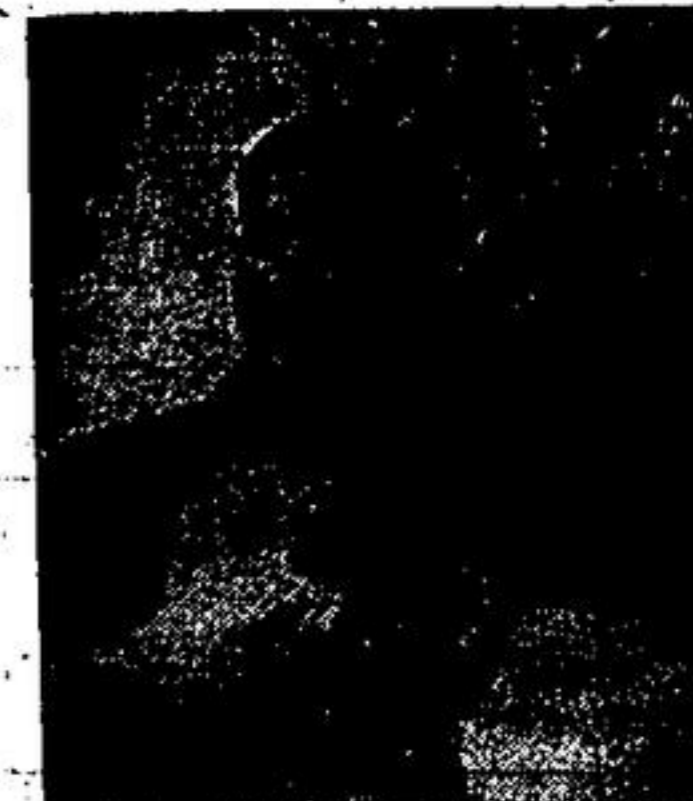
We are sorry to learn that Mr. A. McDonald is on the sick list at present. His many friends hope soon to hear of his complete recovery.

Mr. Taylor of Toronto spent the week-end at his summer home here.

Mr. A. Cummings and son of Toronto are spending their holidays with Terra Cotta friends.

Miss L. Laughton of Toronto spent the week-end at her home here.

The fall wheat harvest is in full swing at present and is a bumper crop.



Troubadour from Cuba is Chico Valle, Havana-born star of radio and night club who came to Canada because he heard the Canadians liked Latin American music. He is currently singing songs that are known and new lyrics that he brought from Cuba, in his weekly program "Chico Valle sings."

FIFTY YEARS A RESIDENT THOMAS SCOTT DIES IN HAMILTON

A resident of Georgetown for almost fifty years Thomas Scott passed away in Hamilton Hospital on Monday, July 15, in his 88th year. Born in Finchley, England he came to Canada when a lad of 15 and had lived all his life since then in Halton County. He was employed for many years as a section foreman with the Grand Trunk Railway, and later worked at the old Creelman factory in town. He was a quiet, home-loving man and had been a faithful member of the old Methodist Church.

His wife, the late Marion Leigh, predeceased him 17 years ago, and since that time he had made his home with his daughter, Mrs. W. Robinson on Victoria Street. He is survived by two daughters Mrs. W. Robinson (Laura) of Georgetown and Mrs. Jack Rush (Jessie) of Milton and a brother in Illinois. His eldest daughter, Mrs. W. B. Featherston (Jennie) of Milton, predeceased him.

The funeral service was held on Wednesday from McClure Funeral Home, with interment in Greenwood Cemetery. Rev. C. C. Cochrane took the service and pallbearers were Jack Rush, Jack Rush Jr., George Hall, Thomas Robinson, Earl Souter and Thomas Souter, the latter being a great-grandson.

NO INDUSTRIAL SOFTBALL LAST WEEK

Both games in the Industrial Softball league were postponed last week and Businessmen are still in the lead, with Smith & Stone in second place. The schedule this week includes: Tonight - Alliance-Businessmen July 30 - Businessmen-Dayfoot August 1 - Dayfoot-Alliance

How Housewife Aids the Farm



Even the busiest housewife helps the Dominion Department of Agriculture economist in a food consumption survey. Compiling results from hundreds of these interviews the Department gives farm marketing groups accurate information on the kinds and grades of produce which consumers prefer. Department economists conduct numerous surveys at the request of organized farmers, the food industry and provincial government.

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Birth Stone Hint: Ruby for July, Peridot for August

PHOENIX HOUSE

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