Lemon Juice Recipe Checks Arthritic Pain Quickly

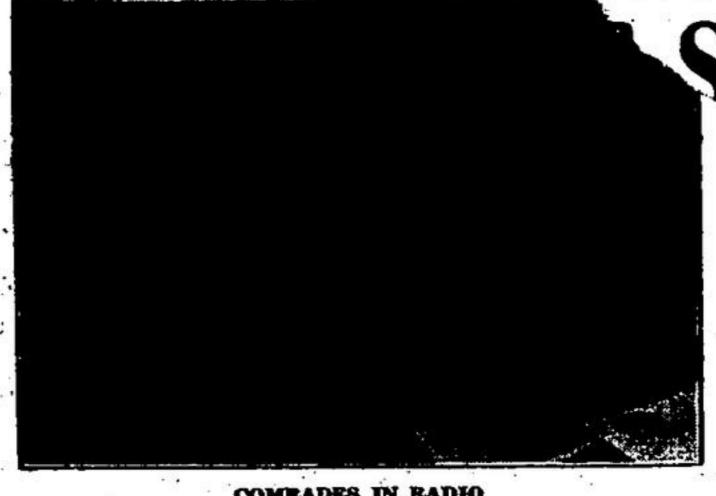
W you suffer from erthettic, shenselle, or neuritic years, try this skeeple nemiciative home rectpe. Get a packof Ru-ex Prescription from your market Mix it with a quart. meer, add the juice of 4 lemons. It's may and pleasant.

three a day. Often within 40 hours— dress on "The Administration of Lionsemetimes overnight-eplendid results i.ism," ending with some thought-progas obtained. If the pains are not waking remarks on post-war rehabiliemiskly relieved and if you do not feel tation problems affecting servicemen hotter. Ru-ex Prescription will cost you and their families. mothing to try. Your money refunded. In the course of his remarks, Mr. : # th does not help you, Ru-ex Pre- Everett went on record as being per- | honourable discharge from the Airsuciption is for sale and recommended sensity opposed to the raising of funds force. He and his wife and beby other leading drugglets.

WATUTY-DESTRICT GOVERNOR VISING GEORGETOWN LHOMB

Georgetown Lions Club was to Deputy District Governor Everette, who paid his official visit to the chab at its dinner meeting Monday evening in the McGibbon House. Introduced by another visitor, Lion Bob Molkido of the Oredit Valley olub Mon need only 3 tablespoonsful two Mr. Everette gave an instructive ad-

> means of gambling devices, lucky in Georgetown, draws, etc.



COMBADES IN RADIO

Army, navy and airforce work together

Running through the next script for on this weekly presentation which the dramatic feature, "Comrades in produced by J Frank Willis from To-Arms" are actress Ruth Springford ronto every Wednesday, at 9.00 p.m. and army script writer Len Peterson, over OBC's Trans-Canada network.

ACTIVE SERVICE NOTES

LAC Gordon Martin was home on week end leave from Camp Borden.

F.O. Alf. Sylves has received his

Pte. Ken Beerman was bome from Petawawa for a leave with his wife and beby son Cadet William Kelly of Brockville

spent the week end at his home in

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Lesson for March 11

Leason subjects and Scripture texts so-lected and copyrighted by International Council of Religious Education; used by

THE COST OF DISCIPLESHIP

LESSON TEXT-Matthew 19:16-30, 20. GOLDEN TEXT-H any man will come after me, let him deny himself, and take up his crees, and follow me.-Matthew 18:34

What you have is not your own. In fact, if you are a Christian, both you and your possessions belong to God (see I Cor. 6:20; 7:23). To be His disciple involves the recognition of the fact that life is essentially stewardship, holding our property and our persons in trust for Him!

The cost of discipleship is one which should be candidly faced. It is far more than the cost of joining a church or subscribing to a creed. That may and often does mean little or nothing, but to be a follower of Christ calls for thinking and living in accordance with His

I. Think Right About God (vv. 16,

The picture of this rich, intelligent young man, a leader in his community, coming to Christ with his eager-quest for eternal life is a most attractive one. He recognized Jesus as a master in Israel and a good man.

His thinking about our Lord did not go far enough, and Jesus corrected him at once. He pointed out that if he recognized Him as good, then He must be God. Far from disclaiming divinity, Jesus declared here that everyone who thinks right about Him must agree that He is

It is of the highest importance that the follower of Christ be clear that his master is God. Otherwise. his attitude toward Him will reflect his defective viewpoint, and his witness concerning Him will lead men astray instead of aright. Correct doctrine is vitally important as the foundation of real discipleship.

The one who thinks right about God will-II. Live Right With Others (vv. 18-

The commandments to which lesus referred were those which concerned a man's relationship to his fellow man. There is to be no violence to another person, no deceit or trickery, no dishonoring of confidence, but an active interest and love for one's neighbor as well

as one's family. The disciple of Christ cannot effectively serve Him in this world without a proper attitude toward others. He must not sin against them, that is clear; but what is more, he must be known as one who

loves them. Note that this young man could honestly say that he had kept these commandments. Few of us could make such a claim, but he did. And Jesus did not question it or rebuke him. In fact, He loved him for it (see Mark 10:21).

man had, what limitless possibilities for usefulness, what promise for the future! But something was lacking, something stood in his way Jesus went directly to the heart of his trouble and told him that he

III. Act Right About Money (vv.

21-26). Toward persons, his life was rightly related, but toward his pos essions—ah, that was another matter. He was rich and his money stood between him and God, beween him and a life of service and pirituality.

When a man has money and uses it for God's glory and the good of his fellow man, it is a blessing to him and to others. But when money lays hold of a man, and it has him instead of his having it, spiritual disaster is ahead, and not far away

It is proper to be prudent, thrifty and ambilious, but when the gath ering of wealth becomes the upper most thing, even these worthy qual ities become the enemies of a man's

Note the astonishment of the disciples (v 25). They, too, though they had little or nothing, had been smitten with the awe for riches.

Do not miss the glorious assur ance of verse 26. Nothing is impossible with God. He can even save a rich man, and does it!

Now there is more to discipleship than sacrifice. God has a recompense for His children. Let us IV. Expect the Right Reward

(v. 29).

No one has ever lost anything by serving the Lord. He gives liberally and makes a hundredfold return for every sacrifice we make. Christian workers can testify that God has literally fulfilled this promise to them But the greatest reward of all waits beyond the end of this earthly life. Over yonder there awaits us the prospect of eternal fellowship with the Lord we love and serve. and with all those who share with us the place of being disciples, followers, and servants of Christ.

This life brings many precious moments of joy and satisfaction There is friendship and comradeship in labor. There are a thousand blessings even here, but the greatest of all is the prospect_of being forever with the Lord.

" V OU know Lige-my boy friend Lige Waters?" asked Mabel Wheeler incredulously. Her round blue eyes were large and unblinking as she placed an order of stew on the counter before Private Mack Jellaby, in town on leave from camp nearby.

"Aw, sure I know Lige," Jellaby replied with bland untruthfulness. Tell 'em anything, that was his motto. "You say he was stationed on the coast for a while? Sure, I was there with him." Jellaby twisted his lean, dark face into a thoughtful frown. "Let's see, your name isum-" be looked at the waitress. "Mabel Wheeler," she said.

"Sure, Mabel." Jellaby replied. 'Why, I've heard him speak of you dozens of times. In fact," he said, lowering his voice and leaning across the counter toward the plump, comely girl whose eager smile was made vivid by her red lips and white teeth, "he gave me a message for you when he heard I'd be stationed near his old home town."

"He did? Lige gave you a message for me?" Mabel exclaimed delightedly. "Tell me!"

Private Mack Jellaby glanced around the lunchroom, then returned his cautious scrutiny to Mabel's expectant smile. "Not here," he said. 'It's-well, it's personal. Can I meet you somewhere tonight? Alone? I know, Lige wouldn't want anyone to overhear what I have to tell you."

Mabel hesitated. Her pap had told her to be careful of these soldiers. So had Lige. And if Pap or anyone



Jumpin' Jeeps! else saw her with this young fellow,

smart-aleck that he was-"No, I couldn't do that," she said. "If my pap ever learned-"

"Ahh!" said Jellaby in haughty deprecation. "He doesn't need to know." He closed one eye then, and sighed. "Lige sure gave me an earful to tell you. He wouldn't trust it to paper, else he'd have written." That did it. Mabel's blue eyes

swam. "All right, soldier," she said quickly. "I'll—I'll meet you in the village park at the edge of town at nine o'clock tonight. I'll be waiting What a fine character this young on the bench at the end of the mid-

Jellaby concealed his triumphant smile behind a paper napkin. "I'll be there," he promised.

Finally the clock in the tower of the little village hall said 8:45. Jellaby started toward the designated place. He was breathless in anticipation.

The park loomed as a vague blur in the dim light cast by a lonely street lamp. Jellaby's feet made no noise as he turned from the sidewalk and entered the soft shadows." The path wound through groves of trees and clumps of shrubbery, and as Jellaby neared the rendezvous his pulse beat fast at the thought of Mabel awaiting him. He rounded a bend and saw her, a dim figure in

Then he froze in his tracks. Jumpin' Jeeps! Directly behind Mabel he saw another figure, tall and rangy, a slouch hat pulled down low on its forehead. A rifle was cradled in the long arms. For several seconds Private Mack Jellaby was rooted to the spot. Armed himself, he would have enjoyed combat. Liar. trifler-he admitted to himself. But he was no coward. But he was no fool, either. His glib tongue couldn't get him out of this jam. And all he had to fortify his speech were his two fists, while that other guy-it must be Mabel's old man-had a

He had been tricked! The girl had purposely led him on. She had told her father about him, and this was a trap. They thought they'd make an example of him to discourage other soldiers. But there was still time to run. Jellaby turned and crashed through thickets and shrubs, expecting any minute a bullet in his back.

He didn't stop recing until he reached the sentry. Then he stood and panted his relief. For the first time in his life he was glad to see one of those guys.

Mabel Wheeler was peeved, toobecause the soldier had failed to keep his appointment. She really did want to hear what Lige had told him. So bedly did she went to hear it, in fact, that she had waited half the night, and her only company was that status of the Civil-War Confederate volunteer which mount behind the bench.



PROCLAMATION!

(Issued under the authority of the Emergency Shelter Regulations, .Order-in-Council, P.C. 9439, December 19, 1944)

WARNING

TO ALL PERSONS PLANNING TO MOVE TO

Victoria · Vancouver · New Westminster Hamilton · Toronto · Ottawa · Hull

As part of a plan to meet congested conditions, all persons who propose to rent or occupy family quarters in any of these Emergency Shelter Areas are required by Board order first to obtain a permit from the Administrator of Emergency Shelter for the district.

The purpose of the order is to help those who must be in these areas to obtain necessary accommodation.

Before completing arrangements to move to any of these districts, write to the Administrator for full particulars of the Emergency Shelter Regulations as they apply to that district.

No person may move to and rent or occupy family quarters in any of these districts without an Administrator's permit Form E.S. 1.

NANCOUVER **OWESTMINSTER**





Every person who rents or occupies family quarters in any of these districts contrary to the order, commits an offence and, in addition to other penalties, will be required by the Administrator to vacate the shelter and the district at his own expense.

The Emergency Shelter Regulations provide serious penalties for hindering or obstructing these efforts and for any contravention of the regulations or of an order of the Board or of the Administrators.

. THE WARTIME PRICES AND TRADE BOARD