

TIMELY TOPICS FOR WOMEN . . . By Barbara Baines

A PROGRAM OF WAR ACTIVITIES FOR SCHOOL CHILDREN

Children are little dynamos of energy. They just must be busy at something, and nothing is true in their case than the old saying "Blessed are the hands that are busy." For this reason their energies should be directed into channels fitted to their age and capabilities. In wartime particularly this is often hard to do.

You will find a great eagerness among children to be a part of the war effort, to be doing something that is really important. But too often their enthusiasm is dampened, and they feel disappointed and frustrated because for the most part, people are too busy to take notice of them or their ability to be helpful.

Working mothers lack of parental training when the father is overseas worry or strain in the home because loved ones are lost or in danger, all these social disturbances tend to upset children and lead them to go outside the home for an outlet to their emotions, sometimes in a way that is not acceptable to society.

The war has taken its toll among our children of our own land as well as on the battle front. Juvenile delinquency has risen sharply, especially in the age group from 8 to 14. No one needs our sympathy more than the little 12 year old freckled faced war widow who has gone astray, but sympathy is not enough. Some solution must be found to this problem.

The matter needs careful study, but my first reaction is this: Give these boys and girls more to do; something they believe in; something they consider important.

I would like to see a comprehensive program of war activities for children worked out. In every community there are extra jobs that need doing to further our war effort. Let these be organized as after school or Saturday morning assignments for the children; and increase in difficulty with each advance in grade beginning perhaps with grade six, or even with first form high school. In most communities the children could be given a choice of work and "help" to do the job for which they were best fitted or in which they were most interested.

I believe most boys and girls would be eager to contribute a specified number of hours a week if they were given specific and important tasks to perform in the defence of their country. At a time when labour is so scarce it would be easy to arrange to have the children paid for their after school work, but I am inclined to believe it would be better for them if they would work voluntarily. Two much spending money is not good for children, but most important is the fact that by donating their services they are learning that they owe their country something and have a stake in its welfare.

As a matter of fact, I believe a similar program might well be carried over into peacetime, with the stress being switched from war service to community service and community projects. Working in the town gardens, or helping build a community swimming pool can be just as interesting as a game of baseball, and more beneficial than many of the things boys are apt to be up to when time hangs heavy on their hands.

Yes, I was strongly in favour of boys and girls being given after school assignments, jobs through which they make their first contact with the working world under kind and competent supervision, and through which they are able to work off their surplus energies.

I am also convinced that as long as they are full time students, even in high school and university, a limited amount of service in some form should be contributed voluntarily, a sort of payment of the debt they owe to

those who created the community in which they live and made possible the service which they now enjoy. I believe it would do much to make better and more responsible citizens of our young people and to combat the growing wave of juvenile delinquency.

FOR OUR SCRAP BOOK

If I have kept one heart from breaking,
Or eased one pain,
Or helped one fainting robin
Into its nest again,
I have not lived in vain.

—Emily Dickinson

THE BOOK OF THE WEEK

"THE PICTURE GALLERY OF CANADIAN HISTORY"

By C. W. Jefferys
(Ryerson, Toronto, \$2.00)

This unique volume is a treasure house of information, but it is presented in such an interesting form that both old and young will pore its pages with happy enjoyment.

Mr. Jefferys, a leading Canadian artist, is perhaps our greatest authority on early Canadian history. He has devoted half a century to painting the Canadian life and has written many articles on this subject for his popular magazine, "The Canadianist".

Many of the picture dramatic historical incidents of importance. Currier's picture of the Battle of the Marston in 1140, the Order of Good Cheer at Fort Royal in 1608, La Salle's partying his 20-foot cargo-canoes over Toronto during the winter of 1681 and others of equal interest.

There are pictures that illustrate how the early pioneers lived, their homes, weapons, canoes, clothes, etc. One picture depicts a 17th century kitchen with a dog in a treadmill turning the spit on which a fowl was roasting in the fire place; another a primitive method of making maple syrup. Other pictures illustrate the Indian wars or show how they made weapons, and show shoes and basket work. And many of you will be interested in the pictures of the men famous in our early history and their adventures.

Mr. Jefferys' Picture Gallery of which will be of untold value not only to the student of history but to posterity.

The new improved Standard Dictionary, edited by J. M. Parrish and John H. Crowland is the best 25 cent value on the market.

Printed here in the Dominion by Collins it contains the official English standard of spelling as taught in the Canadian schools. It is set forth in clear type and bound in hard boards. In addition to 30,000 words with synonyms and antonyms, it gives abbreviations, foreign phrases, weights and measures, and military terms. This inexpensive, pocket size was especially prepared for junior Canadians.

GATHER IN THE GREEN TOMATOES

There are tons of green tomatoes still on the vines which will be a total loss unless gathered in during the next week or so. Have you never tried this? Pull the whole vine gently from the ground and hang it in the cellar by the roots. You will find that the green tomatoes ripen evenly and well.

There are also many delightful ways of using the green tomatoes. I hope you have all made plenty of old-fashioned green tomato and onion pickle to give zest to winter meals that you yearn for.

And fried green tomatoes are an appetizing addition to a meal of sausage, or bacon and liver, or meat loaf. Just slice them half inch thick, dip in egg and well seasoned flour and fry in deep fat until brown.

BUSES LEAVE GEORGETOWN

EASTBOUND TO TORONTO
8:04 a.m., 8:24 a.m., 12:09 p.m.
2:24 p.m., 4:54 p.m., 6:24 p.m., 9:19 p.m., 11:50 a.m.

WESTBOUND TO LONDON
10:00 a.m., 11:25 a.m., 2:20 p.m.
4:45 p.m., 6:40 p.m., 7:15 p.m.
8:20 p.m., 8:30 p.m., 11:05 p.m.

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MOCK MINCEMEAT

And here is a recipe for green tomato mince meat that makes a grand filling for pies:

8 green tomatoes, 8 tart apples, one and a half cups seedless raisins, 3 teaspoon cinnamon, 1 teaspoon cloves, half teaspoon allspice, half teaspoon ginger, one quarter teaspoon ground nutmeg, 1 teaspoon salt, one quarter cup each vinegar, one quarter cup fruit juice, half cup extra bread, grated rind of one orange. Chop tomatoes and apples cut up rind and citrus merrily into a preserving kettle and add the remaining ingredients. Simmer gently until thick. Pour into sterile jars and seal. Can be used as favored.

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| Unsweetened Grapefruit JUICE 2 lbs. 21c | Helax Baby FOODS 3 lbs. 25c |
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A Critical POWER SHORTAGE THREATENS OUR WAR EFFORT



Our mounting production of weapons of war places an ever-increasing demand on Hydro for more and more electricity. Today there is not enough for every need. The drain on vital power is serious. Remember this . . . when you're using a toaster, grill, waffle-iron, coffee-maker or electric range . . . turn the switch 'OFF' promptly as soon as the job is done. Divert more and more power to our industries. Electricity is urgently needed to produce the vital weapons of war. SAVE IT.

- HERE ARE SUGGESTIONS HOW YOU CAN DO YOUR PART
- Remember that stored heat in your electric range oven will continue the cooking process after power is turned 'OFF'. Plan to use this stored heat and save electricity.
 - Turn 'ON' such appliances as coffee-makers, sandwich toasters, waffle-irons and grills only when you are ready to use them.
 - Operate your toaster only as long as is required; do not leave 'ON' when not toasting.
 - Save on lights, don't use two if one will do. Never leave lights 'ON' in empty rooms.
 - Remember the timing 'ON' or leaving 'ON' of one unnecessary switch is a waste of power urgently needed in the present emergency.

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