

Make the most of your Tea...
warm the tea-pot first
"SALADA"



JOHN FLEEN SYAFF
John Fleen Syaff, former member of the CBC News Service Staff, has been appointed Press and Information Representative at the CBO National Programme Office, Toronto. He was the first news bulletin after the service was established—at 6:30 a.m. on New Year's Day, 1941. He is a Toronto-

Ontario Business Summary

Following is a brief summary of business as noted by the Bank of Montreal for Ontario:
Wholesale trade continues active, although in many lines it is becoming increasingly difficult to replenish inventories. Retail trade generally is brisk with turnover slightly in excess of a year ago. Most summer resorts have enjoyed a satisfactory volume of tourist business, notwithstanding the substantial decline in the number of American visitors this year. Conditions are good. Industrial activity has been maintained at peak levels, although the shortage of manpower continues and raw material deliveries are not always keeping pace with requirements. Iron and steel mills, brass foundries, engineering and electrical plants with few exceptions, are operating at capacity. Aircraft plants and shipyards are busy. In the automobile industry, production of four equipment is in heavy volume and employment in these plants is increasing steadily. Furniture factories generally are well employed and manufacturers of paints and varnishes are fully occupied. Some firms have maintained full-time schedules. Turnovers are very active, notwithstanding some difficulty being experienced in obtaining sufficient raw hides. Most rubber tire factories are on an overtime basis with large Government orders on hand. Textile, woolen and woollen and knitwear mills, generally, are very busy. Gold production for July totalled 231,315 ozs. (\$2,066,660) as compared with 264,734 ozs. (\$2,265,620) in July, 1941; the decrease in production is due, principally, to the difficulty in obtaining supplies and experienced labour.

Shortage of oil threatens ban on salads and soups. That will relieve the small boy of two of his bugbears—Warton Echo.



MRS. REX EATON
Assistant Director of National Inclusive Service, who headed the national registration of Women in Canada.

Fire Prevention in the Home

The best place for fire prevention is in the home. Charity should start there according to the statistics, and certainly safety should come first. In order to reduce the danger of fire, fire prevention work should be carried out throughout the year. All heating and lighting equipment should be examined, chimneys and pipes kept clean of soot. No smoke pipes should be permitted through combustion walls, disposition of ash should be safeguarded. The fire cabinet should be of metal or asbestos lined. Lighting circuits should not have fuses of over 15 amperes, and blown-out fuses should not be bridged or otherwise tampered with. All drop cords should be insulated, and not supported on any conductive material. Electric irons should always be detached when not in use and kept on metal stands. Matches should be kept out of reach of children and the children should be regularly taught the danger of fire and not to play with matches. The safety type of match to use is the "Safety Match" which may be lighted only on the box. Candles should be kept clean and all rubbish removed from the entire premises. Cleanliness is next to Godliness. Perhaps that is the reason it always plays such an important part in fire prevention. Smokers should be careful of the disposition of cigarette butts and ashes from their pipes. Above all, smoking in bed should not be indulged in. Every householder should regard it as a patriotic duty to prevent fires in his home during these crucial times. By cleaning out his attic and basement of all old papers, broken furniture and other combustible material, he will not only assist the salvage campaign but will be reducing the fire hazard in his home. Let every citizen realize that a fire today is a national calamity and that every fire prevented is a conservation of our resources which can be turned to our war effort. Fire Prevention Week in Canada, October 4-10.

TIMELY TOPICS FOR WOMEN . . . By Barbara Baines

THE POSTWAR WOMAN

The war has opened up a new world to many women. For the first time in their lives they are doing a job outside their own homes. . . . a world in which perhaps for the first time they are able to give expression to their special talents and are doing the sort of work which they enjoy. . . . a world in which they have been given responsibility for work of consequence to the nation's welfare, and indeed its very existence. . . . But perhaps most important of all, from the standpoint of a woman's ego, is the fact that for the first time in their lives these women are reaping the satisfaction of working in a field where a high value is put upon their skills. They are an important cog in the wheel. They have won their spurs. They have earned a respect and approval that warm in their souls.

boy and girl to discover the kind of work they enjoy doing, and one of the main aims of the government will be to help them to find their place in that happier age all will be working, but under proper human conditions of health and comfort and happiness. The fears of unemployment and sickness and old age that now torment and degrade men and women as dead as old fears of savages and wild beasts.

WIFE OF A SOLDIER

The world is no less beautiful because we separately keep returning spring. And since the vibrant meaning of a peace. Preceding the advent of the King: The beginning of darkness is as sweet. Above the Magdalen, as in my land, And yet the breath of June seems incomplete. Bringing to each a heritage of pain. Because our lives were welded to loss. And from you there is no final joy. Although we bear a peace which still is bound. No kindness of God can destroy. And as I move upon the stirring soil. How my heart is reassured of God. Clara Barnard

THE BOOK OF THE WEEK

"Buddleberg for Bitterness" By Mary Bonquet. 247 pp. \$3.50

"Buddleberg for Bitterness" is the unique story of a girl who took a trip across Canada on horse-back. It was while she was hanging to the strap of a crowded London bus that the idea first came to Mary Bonquet. So strong was the urge that soon she was on her way to Canada. She crossed the Dominion to Vancouver by rail, and then after making some visits she procured a horse and set out on her unusual adventure.

In a rambling story she shares her experiences with us. We read about the mountains of the Pacific, the trees and the trails, the packers lighting fires and pitching tents, black tea out of billy cans and rain in the mountains.

But there was no rain in the prairies, only sage brush and sunflowers and little lean broncos, steers buckling at stampedes and horses milling in high corral. And sunsets over the wheat fields, and northern lights arching in the sky and a grain elevator in every town.

When Winnipeg and the wilderness between it and the vast expanse of Lake Superior. She spent a winter on the farm and in the spring came making maple syrup and then having time. By autumn she was in the Laurentians and then down through the Green Mountains of Vermont to New York.

Mrs. Bonquet in lonely ranch houses by English, Irish, French, Canadian in his towns where news of his coming preceded her there were big receptions, and in the cities she gave lectures. Her two companions throughout the trip were Timothy, a stately horse and Jonty, a living pony.

CUCUMBERS IN CREAM SAUCE

I know you have been enjoying your garden fresh cucumbers in salads and sliced in vinegar. Have you tried them sliced thin with French Dressing or a sauce of sour cream and vinegar. And here is a recipe for Cucumbers in cream sauce which I know you will find delicious especially when served with fish. 4 cucumbers (medium size), half tablespoon salad oil, one and a half tablespoons butter, one and a half tablespoons flour, three quarters cup rich milk, three quarters cup cucumber water, half teaspoon tablespoon chopped parsley, dash of pepper, paprika and mace. Peel cucumbers, quarter and remove seeds. If large cut pieces in half. Cook in boiling salted water with the salad oil added. When tender drain, saving the liquid. Blend the butter gently for three minutes. Slowly add the mixture of milk and cucumber water. Cook and stir until smooth and thickener; add the seasoning and beat with the Dover beater until light. Pour over cucumbers and sprinkle with chopped parsley. This cucumber dish is especially nice with baked filets or boiled fish and green peas.

CARROLL'S MANAGER'S SALE

BAKING POWDER
Carroll's Pure 16-oz. tin 19c
2 1-lb. pkgs. 25c

LARD Fairbank's Pure 2 1-lb. pkgs. 25c

SALT Sifted or Window Plain or Iodized pkg. 6c

COFFEE Carroll's Roman 1-lb. 39c

DATES Mission Pitted 6-oz. pkg. 13c

PEAS Frankford 16-oz. tin 9c

SHREDDED WHEAT or Shredless 2 pkgs. 23c

CHOICE, DEW KIST Tomatoes No. 2 1/2 10c

SARDINES Fairhaven tin 6c

TOMATO JUICE Libby's Gentle Press 20-oz. tin 9c

CATSUP Aylmer, New Pack 12-oz. tin 25c

SOUP Campbell's Tomato 10-oz. tin 17c

Palmolive 3 giant cakes 23c

Princess Soap Flakes 2 reg. pkgs. 29c

MATCHES Sure Lite 2 boxes of 50 5c

MAPLE LEAF SOAP 2 cakes 15c

GRAPEFRUIT Large Size 4 for 25c

CELERY HEARTS Large Bunch 2 for 29c

ORANGES Medium 39c doz.

Sweet POTATOES Firm 2 lbs. 17c

CARROLL'S

ASTHMA
To slay off these miserable asthmatic attacks, get "David's Asthma Remedy 795." CHAPMAN'S PHARMACY will be pleased to show you the 3 weeks' supply, \$1. Get it now, and get better.

ECZEMA
Psoriasis, Eczema, Itch, etc. Get "David's Psoriasis Cream." Try it for BABY'S ECZEMA. Calcein, Odorless, Greaseless 6c, \$1.00; Economy size \$1.80



IT'S THE HAPPY GANG
"Come out from under that piano, Bert Pearl, the folks are all waiting for the Happy Gang!" Back on the air for another hilarious half hour of jokes, songs and nonsense—a sure fire cure for the blues. Keep happy with the Happy Gang, on CBC's National Network at 1.15 p.m. EDT, 2.15 p.m. ADT, Monday to Friday.

We MUST be matter of the Air

BILL'S WAR SAVINGS CERTIFICATES