



Presented to the R.C.A.F. by police- men of Canada, this new Spitfire is being piloted by Pilot Officer Gordon Hobson, former Royal Canadian Mounted Police Officer, shown in the cockpit. P. O. Hobson had been a bomber pilot but at the request of the officers

who raised the Spitfire fund he was sent to an Operational Training Unit for a special course as a fighter pilot. P. O. Hobson served with the R.C.M.P. in Toronto, Saskatoon, Regina, and Windsor. Presentation was made by Sir Philip Game, Commissioner of the Metropolitan Police of London, standing; Marshal Harold Edwards, Air Officer in Chief, R.C.A.F. overseas (RIGHT); accepted the aircraft. Air Vice-

—R.C.A.F. Photo



A CANADIAN NORTHLAND BEAUTY SPOT

TARGET PRACTICE

By Chartier



"Sh-h-h-h-h"

MARK TREES NOW FOR CUTTING IN WOODLOT

The most important part in successful woodlot management is the proper selection of trees to be cut, says D. Roy Cameron, Dominion Forester. Haphazard cutting throughout the whole lot is as much a mistake as is clear cutting. A good practice is to confine each year's operations to about one-tenth of the woodlot so that the whole area is cut over once every ten years.

Before cutting starts the owner should go over that portion of the lot that he intends to cut and examine the trunk and the crown of each tree and mark with his axe the trees he is satisfied should be cut. By thus "selecting" the trees, mistakes by the chopper are avoided.

This marking should be done when the leaves are on the trees because the leaves often indicate whether the tree is healthy or not. Trees that should be marked are: Dead or dying trees; trees attacked by insects or fungus; badly deformed trees; poor trees of closely formed groups.

Officer: And when you join the parachute corps, you must learn the theme song.
Recruit: Theme song? What is it?
Officer: It don't mean a thing if you don't pull that string.

"Your husband has just been run over by an automobile."
"Good heavens, and he had the only list of the things we sent to the laundry last Monday!"

IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL LESSON

By HAROLD L. LUNDQUIST, D. D., Editor of *World's Christian Education* (Published by Western Missionary Union)

Lesson for August 2

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ABRAHAM: A PIONEER IN FAITH

LESSON TEXT—Genesis 12:1-9, Hebrews 11:8-12
GOLDEN TEXT—Fear not, Abram: I am thy shield, and thy exceeding great reward.—Genesis 15:1

Without faith it is impossible to please God (Heb. 11:6). The opposite is also true, namely, that faith always pleases God. As we read the Bible and consider Christian experience, it is evident that God is constantly longing to show Himself strong in behalf of them who believe Him (II Chron. 16:9).

Abraham was not the first man to walk by faith. Before him came such men as Abel, with his acceptable sacrifice; Enoch, with his walk pleasing to God; Noah, who believed and obeyed; and others.

But Abraham was nonetheless a pioneer of faith. He had many other noble characteristics, and was a man of such distinction that his memory is venerated by Jews and Mohammedans as well as Christians. Yet his real claim to an outstanding place in history is that by faith he responded to God's sovereign act in choosing him to begin a new nation, to be His chosen people.

We note two important points about faith:

I. Faith Makes Demands.

In the very nature of things, faith calls for action consistent with belief. "Faith without works is dead" (James 2:20), that is, not a real faith at all. In Abraham's life (and in our life) faith calls for:

1. Separation (Gen. 12:1).

"Get thee out" was God's command to Abraham. To accomplish His divine purpose God had to take him out of the heathendom of his fathers, and start anew. It is His command to His followers today. "Come out from among them, and be ye separate, saith the Lord" (II Cor. 6:17).

Who will doubt that this is the crying need of the church today, for instead of the church being in the world seeking to win it to Christ, worldliness has come into the church and devalued its message.

2. Obedience (Gen. 12:4-6; Heb. 11:8, 9).

"Abram departed, as the Lord had spoken" (v. 4). He did not know where he was going, but he did know who had called him, and he went. Faith knows God, and obeys Him without hesitation and without reservation.

Obedience is a virtue that needs to be revived, in the home, in school, in society, and especially in our relation to God, for there surely should be no disobedient children in the family of God. He merits and expects obedience.

3. Trust (Gen. 12:7-9; Heb. 11:10).

An assured reliance on the Word of God is a part of faith. God made a promise to Abraham. He accepted it, and worshiped. Here was no questioning, no bargaining, but simple trust in God's word. In fact, there was anticipation of even greater things to come (Heb. 11:10).

We need men of vision and that means we need men who by faith can see the unseen, who can see "a city which hath foundations" even in the midst of destruction and disorder. "In God We Trust" must be more than a motto on our coins if America is to survive.

II. Faith Brings Results.

The world wants to know if a thing works before accepting and approving it. Well, faith really does work! It brings:

1. Blessing (Gen. 12:3, 9).

God is always on the giving hand. "I will bless," was His word to Abraham, not only for Abraham himself and for the great nation of which he was to be the father, but to "all the families of the earth" (v. 3). How gloriously that promise was fulfilled in the coming of Christ our Redeemer, who also was a "son of Abraham" (Matt. 1:1).

2. Protection (Gen. 12:3).

"I will curse him that curseth thee." That promise to Abraham is still binding and valid. God is not through with Israel. The nations and persons who have vented their hatred upon the children of Abraham need to take notice.

We need to be reminded that God's protecting care is just as sure over us who bear His name. We too are "safe in Jehovah's keeping," even in what is perhaps the darkest hour in the history of the world. Faith in God brings to us the protection of His almighty hand.

3. Fulfillment of Promise (Heb. 11:11, 13).

The entire promise to Abraham hinged on the birth of a son, something which was humanly speaking, beyond all possibility. But because Sara, joining Abraham in believing God, "judged him faithful who had promised," it came to pass. "With God all things are possible" (Matt. 19:26). He delights in doing the impossible in response to the faith of His children. Apart from that fact we might be fearful, yet despondent, but "with God" we say again, "All things are possible."

TIMELY TOPICS FOR WOMEN

By Barbara Baines

SUMMERTIME COMFORT

The dog days are here again. But though this year most of us will spend the major part of the Summer at our accustomed duties there is no need to let the heat get us down.

Keeping cool is largely a matter of psychology. It depends on your mental attitude. Get into your coolest outfit, and forget about the weather. Another chance to one you'll be saying, "Isn't it a lovely day" and mean it. But nevertheless there are several things you can do to keep yourself cool no matter how high the temperature soars. Here are some of them.

Choose your hot weather clothes with care. Everything, inside and out, should, if possible, be on friendly terms with the wash tub. White or pastels are the coolest colors, but dark sheers with lingerie touches will do. Cool and crisp all day and are water resistant. Avoid too many contrasting colors or bright accessories. They look hot. Sport clothes should be gay and jaunty and loose-fitting. — And have you tried the "shorties" knee-length pyjamas, of cotton or seersucker for night attire. They are really cool.

Your skin and hair need special summertime care. Too, to look their best: A becoming tan is still fashionable, and a great boon to the girl who wants to get a tan in a hurry. (or rather near the little sockettes which do not show above the shoes) But don't try to get your tan all at once, and avoid staying too long in the sun bare-headed.

If your skin is tender, protect it when swimming or exercising with a sunburn cream. Light make-up looks freshest in hot weather, and red lipstick is more becoming in summer than "off shades." Short hair, simply styled is popular this season and besides makes you feel cooler. It will be more manageable if you wear a ribbon or a scarf wound around it when you are out of doors.

If you have a vacation make the most of it, of course, but remember that today particularly it should provide a good rest. Have fun, but do not strain yourself too hard. The best rule is this, "Do what you feel like doing." Swim, play tennis, or go for a walk in the morning. Then after lunch be lazy. Have a nap, or read or unbathe. When the cool of the evening comes be as active as you like, so you will go to bed physically tired and ready to sleep. At the end of your holiday you should return to your regular duties with renewed enthusiasm and energy.

Have you ever tried an oatmeal bath? It is very soothing and healing should you get a bit of sunburn, or develop a heat rash. Tie about a cup and a half of rolled oats loosely in a piece of cotton, and use as a bath mitt. It softens the water nicely and will not irritate the tenderest skin.

FRENCH CANADIAN WOMEN HOLDS UNIQUE POSITION

Jacqueline Goyette, a young French-Canadian from Quebec, now Mrs. Gutwillig, holds a unique position in New York. She is the head of the Auxiliary Aircraft Warning Service there which operates under the control of the First Fighter Command. Mrs. Gutwillig and her staff of 1100 women have a tough and exacting job. They are responsible for the plotting and reporting of the flight of every plane that flies above the city of New York or its vicinity, and eight to ten thousand calls a day are received at the centre which is in a secret bomb-proof building.

When a plane is sighted an immediate report is sent to the Army headquarters, and if it cannot be identified orders are given to shoot it down. Often it takes but twenty seconds from the time a plane is sighted until the time it is identified. Three minutes is the maximum time used, so high speed and accuracy are essential. Mrs. Gutwillig has to see that her staff runs smoothly 24 hours a day. If a member makes but one mistake she gets no second chance. She is out.

Mrs. Gutwillig is young and slim and very good-looking. She worked in Macy's and rose to be a merchandising consultant. In 1941 she quit her job to join the American Women's Voluntary Service, then volunteered

for duty when the Fighter Command asked women to help. Her husband is a Captain in the U. S. Army Air Force.

FROM OUR SCRAP BOOK

I never make the mistake of arguing with people for whose opinion I have no respect. —GIBBON

"Unconquered France"

By Roy P. Porter

(Longmans, Green, 305pp \$3.50)

Roy Porter was the only American newspaperman who remained in Paris when the Germans marched in. In "Unconquered France" he gives an eyewitness account of what really occurred from the moment the French armies fled before the German panzer divisions until November, 1941 when he returned to America.

He tells us about the capture of the Maginot line by a half-dozen well-trained pioneers... the slaughter by the Blitz dive-bombers... the killing of French hostages by picked execution squads... fifth column activities... the fate of France's million and a half war prisoners... the resistance of the tough peasants of Brittany where each week the body of a German soldier is found lying under "the tree of death"... and how British agents carry out their dangerous underground work.

He exposes the villainy of the Vichy government, the British-hating Admiral Darlan and the greasy-faced Pierre Laval who told newspapermen, "I hope to God the Germans smash hell out of the British until they leave only a grease spot." He believes, however, that 99 per cent of the French people are only waiting for a chance to rebel against their oppressors.

He gives a pitiful picture of the daily life of a conquered people, the hunger, the cold, the constant fear, the sordidness. He tells us stories of heroism and of treachery, of courage and wanton cowardice.

"Unconquered France" is a book to make all complacent optimists and wishful thinkers get about the business of winning this war with renewed energy.

SUGAR SAVING RECIPES

By McCall and Stewart, 192 pp \$2

Just what you have been looking for! A cook book that is a complete guide to the problem of wartime cooking. This collection of practical tested recipes by Harriet H. Herter, Home Adviser for Radio Station WLS, Chicago, will help you keep the family well-fed and properly nourished in spite of sugar-rationing and the scarcity of many foodstuffs.

Thrift is the keynote of the marketing advice and the menu-planning, but stress is also laid on vitamin content and well-balanced meals.

The following chapter headings will give you some idea of the variety of topics discussed: Baking Without Sugar; Busy Day Meals; Wartime Substitutes; Conserving the Left-overs; Canning and Preserving; The School Lunch; Balanced Meals.

Below is a recipe for Filled Cookies, just one of the many that will help take the worry and guesswork out of wartime cooking.

- 1 cup corn syrup
- 1 cup shortening
- 1 egg
- 1-3 cup sour milk
- 3 cups flour
- 2 tps. cream of tartar
- 1 tsp. soda
- 1 tsp. vanilla
- 1/2 teasp. salt

- Filling:
- 1 cup raisins
 - 1 cup corn syrup
 - 1 tsp. flour
 - 1-3 cup water
 - 1 tsp. butter
 - 1 tsp. vinegar

Combine the ingredients for the filling and cook in a double boiler until thick.

Cream shortening and corn syrup. Add the egg and the sifted dry ingredients alternately with the sour milk. Roll out the cookies and cut with a round cutter. From half remove the full round with a small amount of the filling being sure that it does not reach all the way to the edge. Cover with the doughnut-shaped half and press the edges together tightly, tart-fashion. Bake in a slow oven (325°F.) for 15 or 20 minutes until delicately browned. Yield: 3 1/2 dozen cookies.

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