



"They say spring misadventures are coming."

Grow More Vegetables And Help Britain

One of the secrets why the Chinese are able to subsist on a very small acreage, is that they eat their vegetables while young. Young plants are more nutritious than older ones. They contain far more protein. In this way the Chinese grow 3 or 4 crops where we are content with only one. Our kitchen gardens look sick and dried out in July, their look fresh and green. Most vegetables, except peas and Windsor beans, will stand planting or sowing two or three times if water be available to help them on. Why not eat your vegetables while young? You will help to beat the enemy in so doing.

O. B. Bruys writes us: "We are continually being told, as we should be told, that in order to help Britain—which beleaguered fortress is now situated in the very midst of Nazi territory—we must send more trained men to the Armed Forces, supply more planes, more tanks, more ships and more munitions of war of every sort, but there is another thing Britain needs that is not spoken of so much, but which is perhaps even more necessary, and that is FOOD. Britain desperately needs more and more food.

"In the British Isles there are approximately 44 million people. Great Britain from her own soil can produce food for less than half her population. Millions of British people, therefore, must depend upon receiving weekly vast supplies of foodstuffs from overseas. These supplies have all to be carried in ships over long distances, and as we are in a state of war, a percentage is sunk and destroyed by the enemy.

"Britain's normal peacetime sources of supply of much of these foodstuffs, i.e. Holland, Denmark, Poland, Norway and Sweden, are completely cut off. Other countries such as Australia, New Zealand and the Argentine where surplus supplies are available, are too far away. Britain's dependence for foodstuffs, therefore, now rests mainly upon the United States and Canada, which countries, while still a long way from Britain, are nearer than other sources of supply, but the surplus foodstuffs now being produced by the farmers of the United States and Canada, and which are not consumed by the city people on this Continent, are barely sufficient for Britain's requirements. The truth is the British people really need more food than Canada and the United States now are sparing.

The simple solution is for us to produce more, and also to spare more for Great Britain of some of the most essential foods we are now producing. This can be done if we will use less ourselves of such products as bacon, cheese, butter, eggs, meat and so forth.

How can the Canadian people, farmers and city people alike, spare more from present production? There is one thing certainly that can be done, and it is suggested most seriously that our Canadian people should do it. We can easily grow more vegetables, eat more vegetables ourselves, both during the coming summer and next winter, consume less in Canada of our animal and dairy products, and so finally release for overseas shipping more of these precious foodstuffs that the people in beleaguered Britain now so badly need.



FARMERS' FRIEND

Farm interests and farm problems are the first concern of Harry J. Boyle, newly-appointed Ontario Farm Broadcast Commentator for the CBC. Mr. Boyle has been farmer, store clerk, newspaper editor and broadcaster in rural Ontario all his life. He was born at St. Argentine, Ontario, 28 years ago, has devoted himself to the interests of farm communities ever since school days. He is heard weekdays from 6-7 a.m. and 12-1 p.m. EDT, having succeeded Don Fairbairn now serving with the R.C.A.F.

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