



DIG DEEP!

Advertise in The Herald - It Pays

Saving Stamp Song For School Children

SCHOOL children throughout Canada are playing a splendid role in the purchase of War Savings Stamps and Certificates. In appreciation of the fact, and in order to further the good work, John Murray Gilchrist, general publicity agent, Canadian Public Relations, noted Canadian author and poet, has written two and starting words to that great old tune, "Tramp, tramp, tramp, the boys are marching." The new song, which is now a school favorite, is "Tramp, tramp, stamps that we are buying. The words are full below.

In the playground as I sat, Thinking, madder than a cat, And the teacher of the grade across the way, How I want to do my bit, When my home is in a strait, And to help you fight to keep our country free!

CHORUS
Tramp, tramp, stamps that we are buying, Tramp, tramp, stamps that we are buying, And we'll make a hundred in a year, And we'll make a hundred in a year.

In the bathroom as I sat, Washing the dishes last night, And I found a five-cent stamp on the floor, How I want to do my bit, When my home is in a strait, And to help you fight to keep our country free!

CHORUS
Tramp, tramp, stamps that we are buying, Tramp, tramp, stamps that we are buying, And we'll make a hundred in a year, And we'll make a hundred in a year.

At the school as I sat there, As with the teacher I sat, And I know I'll never let a cent go, That will earn a quarter more, And will help me do my bit, With the savings stamps that I and you may buy.

CHORUS

IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL LESSON

By HAROLD L. LINDGREN, D. D.
of the Board of Christian Education of the United Methodist Church

Lesson for May 17
Lesson outline and Scripture text on page 2 of this issue. The lesson is to be read in the home.

TUESDAY: THE DAY OF CONFLICT

LESSON TEXT—Matthew 23:1-12
COLDEN TEXT—The scribes and the Pharisees wished to become the head of the serpent—Mark 16:7

"By what authority doest thou these things? and who gave thee this authority?" Such was the challenge Christ faced when He came into the temple on the last day that He was to be able to teach there. The chief priests and elders (Matt 21:23) asked it because they knew that they had received their authority with their offices, whether appointive or hereditary.

Jesus held no such position, yet He had just driven the money changers out of what He called "my house"—the temple. They challenged Him, and through the long day He answered and also asked them questions. Here we find a rich store of parables, illustrations, unanswerable arguments, as He met the Pharisees, Sadducees, Herodians—all His enemies who, though they hated each other, made common cause against Jesus. The discussion concludes with His facing of the Pharisees with

I. The Ultimate Question—"What Think Ye of the Christ?" (23:1-48).
The crux of the entire matter was right there for them, as it is for us, though in a somewhat different sense. They were looking for the Messiah—the Christ; but their idea of Him was that He would come as their royal leader, to break the yoke of Roman bondage and set them free. They knew He was to be the son of David, but they did not see in their own Scriptures that this one was to be David's greater son (Matt 21:43); that in the line of David was to come the one whom David "in the spirit" called "Lord" (Ps. 110:1). They knew about Christ, but they did not know Him, and thus they were like many today. They have heard of Him; they may even admire His character and His teachings, but they do not know Him. What think you, reader, of Christ? Christ then states:

II. The Final Test—Doing, Not Just Saying (23:1-4).
Having finally closed their mouths (23:48) Jesus proceeded to a solemn indictment of the scribes and Pharisees. First of all He declared that they failed in the final test of life, which is not words but actions. Notice that He recognized their authority and their teaching, but in severe condemnation pointed out that they did not live what they professed. That is the criterion by which we shall all be judged. Those who think that because they belong to some church, or subscribe to a creed, or speak a smooth word of testimony they may then live as they please, will find themselves standing with the scribes and Pharisees on the judgment day. Why keep that kind of company? Such men are capable of

III. The Great Hypocrisy—Pride Posing As Piety (23:5-9).
They were, oh, so religious! Interpreting literally and mechanically God's command that they keep His law always near them in action (hand) and in thought (mind) (see Deut. 8:8; 11:18); they made showy leather cases and wore them on wrist and forehead as containers of the written Word. They loved the chief seats and the titles of distinction. And all this was done in the name of religion. What hypocrisy! But wait—are we any better? What about the preacher who is not happy unless he is invited into the pulpit? What about those who take or accept the titles which our Lord expressly forbids? What about those in the pew, as much as in the pulpit (and perhaps more), who want to be recognized as "the masters" of the church? To be sure, they do not always wish it to be so crudely put as that, but they do expect to be recognized as such "or else." This too, under the name of Christianity. There indeed is the great hypocrisy! We are thankful that our lesson does not close here. Our Lord next revealed

IV. The Right Attitude—Service Not Recognition (23:10, 11).
He that is mastered of Christ is ready to be the servant of all. To exalt Him is to at once do away with self-praise and self-glory. Pride in position, and the desire to be praised and recognized by men, inevitably lead a man into a pitfall in which he is humbled. On the other hand, the one who in humility serves the Lord will, to his own surprise, find that God has exalted him. The way up is down. "Torrey," said a well-known preacher with whom Dr. Torrey was associated in a great conference, "you and I are the most important men in Christian work in this country." Not long afterward God set that man aside. Quite different was the spirit of D. L. Moody, who at the height of his ministry for God would say, "There are better men here behind me on the platform to speak when I am through"—and he really believed it!

Help The + Red Cross "SALADA" TEA

TIMELY TOPICS FOR WOMEN . . . By Barbara Baines

THE HOME VICTORY GARDEN

Is there a need for the "Home Victory Garden"? Well let us look at the present picture. This year Ontario will need a farm-army of 400,000 workers to reach its wartime food objective, but it has been announced that 70 per cent of the farms are short of help. There are some 30,000 market gardeners in the province, but again the labour problem looms up and many vegetable growers are going back into straight farming—to growing feed for "horses for hire."

Many thousands of dollars worth of produce were raised in community gardens in years past, but since so many people are now busy in war industries the number of such gardens has sharply decreased. In addition we have been accustomed to importing some 20 million dollars worth of food stuffs annually from the USA and the East and West Indies. These imports are now cut about in half.

Yet in the face of this we are expected to step up our food-production 25 per cent to help feed Britain. If we are to do so, it would seem that it is essential for every one of us to do all we possibly can to supplement our supplies, and especially our supply of garden produce which requires the most hand labour.

The Home Victory Garden may therefore be a telling factor in our war effort. But here is a warning: feeds are comparatively scarce this season and we must be sure that there is no waste. So first of all, if you are a "tree gardener" with little experience, have your soil tested to see if it is suitable for vegetables, and then make up your mind as to whether or not your patriotism is backed up by sufficient persistence to carry you through hard work, and perhaps even boredom when the weeds get bad.

So you are still determined to go ahead. Well, then, I'd suggest that you get someone with practical experience to help make your plans—for the whole season preferably. You will need advice on the preparation of the soil, and how to step up production with a good fertilizer, if this is your first garden.

Find out what crops should be sown early, when you should plant successive crops, how you are able to grow two or more crops in a season; which types give the best yield; which grow best in the sunshine, which can be planted in the shade.

You will need to learn about proper spacing; the importance of keeping plants in a straight line for easier cultivation. And you know that when the rows run north and south, more sunshine gets at the roots. There is a lot to learn too about the thinning of plants and cultivating to keep weeds down, to help conserve the moisture, and to let air around the roots to keep the earth sweet and clean.

Insects can be an awful pest, but there are splendid methods of coping with them now if you get at the job in time.

Gardening is hard work. But it is good fun too especially when you get out early in the morning when the air is cool and fresh, and the birds pour forth their sweet melodies to cheer you on. By the end of the season you will be surprised what a satisfaction it has been to watch things grow and mature, surprised too how greatly improved your health is—not only physically, but spiritually and mentally as well. And if your family is large you will welcome the genuine reduction in your food budget that has resulted from your Home Victory Garden.

FROM OUR SCRAP BOOK

If you wish for success in life, make perseverance your bosom friend, caution your elder brother, and hope your guardian.

FEMINE CHARM LIES IN THE VOICE

A woman's chief charm lies in her voice. If her voice has a soft, liquid quality, and lovely, sweet tones, then it matters not whether she is blonde or brunette, thin or plump, snub-nosed or Grecian. She has feminine appeal, the quality in woman most prized by men—and more prized than ever today when so many women are perforce wearing slacks for munition work, going into uniform, or hustling about their volunteer war work in tailored suits.

Feminine allure does indeed make a greater contribution to the general male than most of us are aware of. So when your man comes home get into your most charming house-coat, and wear a flower in your hair, or don your most becoming frock and your gayest bit of a hat; but let me tell you a secret. If you really want to make the most of your feminine appeal, turn on the charm in your voice; for a lovely voice can be your greatest attraction.

But there are so many voices that are not attractive. You hear them everywhere. Some are harsh and rasping; some are flat and uninteresting; some are whining and petulant; others are spoiled by poor diction, or faulty enunciation, or a jumbling together of sounds; still others are hard and metallic. Yet with a little care, most voice faults can be overcome, and I can assure you that nothing pays quite such rich rewards as voice grooming.

Everyone is just naturally attracted by a beautiful voice, one that expresses warmth, sympathy, affection and gaiety. It bestows feminine appeal on the most homely woman, and adds greatly to the charm of the most beautiful woman.

THE BOOK OF THE WEEK

SAM SMALL FLIES AGAIN BY ERIC KNOIGHT
(Mussons, 285pp. \$2.75)

Sam Small is a truly remarkable fellow. Sometimes he is just a plain, everyday, chubby Yorkshireman with a white walrus moustache, who has made a bit of a fortune out of inventing the Sam Small Self-doffing Spindle, and who likes to spend an evening if he can get away from his good wife, Maudie, over a glass of ale with the boys at the Spread Eagle Tavern.

But Sam Small is a sort of fairy-tale character as well, as you will realize when you read about some of his amazing adventures. Take the time he went to hear a sermon on Faith when he was in California, and came out to find he could fly—yes, really zoom and swoop and glide just as a bird does. What an uproar he caused!

Then there was the time he found himself the victim of "split-personality" which was fun until his wife began to like his other half best. Another tall tale is the one about the time he "copped a gypsy's trick" when his wife was away and he was lonesome. Would you believe it, that dog could talk? But when it turned into a little 13-year-old lass, the neighbours talked.

One of the most fanciful yarns is the one about the time Sunday got stuck, and it kept on being Sunday until Sam had to call on his friend, the King, to prevent a National Crisis.

There are other stories just as ingenious; Ian Cawper's insalence on the Duke O'Rudding exercising his "droit de seigneur"; how Sam woke up in Berlin and found himself Rudolph Hess; how a "jogging, bluggy, blooger" of a tyke helped him capture the German spies; and the naive story of Gummy Doakes, the Cockle Man.

The drawings of Donald McKay will add much to your enjoyment of the fantastic adventures of the lovable, and unpredictable Sammy, with his thick Yorkshire brogue.

CHILI CON CARNE

Economy meals are a must on most food budgets these days, yet often they are just as nutritious and just as appetizing as more expensive meals. This is an especially fine recipe for Chili Con Carne. Try it some time soon.

- 1 lb. cubed beef
- 1 lb. cubed pork
- 1 cup celery, cut
- 1/2 teaspoon pepper
- 1 cup rice cooked
- Salt to taste
- 1 1/2 tbsp. fat
- 1/4 clove garlic, chopped
- 1/2 cup onion, sliced
- 2 1/2 cups kidney beans, canned
- 1/2 cup chopped green pepper
- 3/4 cups canned tomatoes
- 1 cup water
- 1 teaspoon chili powder

Simmer in hot fat until brown. Add celery, onion, green pepper, seasonings, tomatoes, water and rice. Simmer gently one hour. Add kidney beans and chili powder and simmer one hour longer. Serve with brown bread and Cole Slaw.

CARROLL'S

BRIGHT'S SOLID PACK
PIE CHERRIES
2 15-oz. tins **25c**

PILCHARDS 16-oz. tin **14c**
WATSON'S CRISPER SANDWICH BISCUITS pound **19c**

ORANGE AND GRAPEFRUIT MARMALADE Wethley's 32-oz. jar **23c**

Ask for ROMAR Coffee 1-lb. bag **39c**
—Our Other Brand—
DANDEE COFFEE 1-lb. bag **32c**

Nabisco Shredded Wheat 2 pkgs. **23c**
Jewel "New Blended" Shortening The Choice of Good Cooks 1-lb. pkg. **19c**
Quick Cooking Cereal
QUAKER OATS large pkg. **19c**
Spaghetti or **MACARONI** Ready Cut 2 lbs. **9c**
Toasted Puffed Wheat Cereal—Glassware **FREE**
Newport Fluffs 13-oz. 1-lb. pkg. **25c**, 1/2-lb. pkg. **39c**

8-STRING CORN BROOMS each **39c**
SAFE, ECONOMICAL CLEANSER "BABBITS" 2 tins **9c**

Dr. Ballan's Dog Biscuits
Meaties 2 pkgs. **25c**
Swift's Cooked Pork **PREM** 12-oz. tin **32c**
McLaren's Hi-Ho **Puddings** 2 pkgs. **13c**
Dessert Powders
Junket pkg. **11c**
Haven-In Oil
Sardines 2 tins **15c**

Concentrated SUPER SUDS 1-gal. pkg. **21c**

New, Condensed CHIPSO pkg. 9 1/2c **24c, 52c**
Rockitt's BLUEING pkg. **6c**
Shoe Paste Polish 2 to 1 Polish tin **10c**
Baking Powder
MAGIC 16-oz. tin **28c**
Aylmer 5-oz. Catsup 2 tins. **11c**

Toilet Soap—Made with Pure Olive and Palm Oils
PALMOLIVE 3 Giant Cakes **25c** 4 reg. cakes **23c**

AYLMER BLACKBERRIES 15-oz. tin **19c**
Tomato Catsup "Tiger" Brand 1-lb. tin **10c, 17c**
TOMATOES "Silver Ribbon" 2 15-oz. tins **15c**
CHICKEN HADDIE "Lily" Brand 1-lb. tin **20c**
SWANSDOWN Cake Flour pkg. **29c**
Grapenuts Flakes 1-lb. tin **2/19c** 1/2-lb. tin **15c**

Carroll's Sliced SIDE BACON lb. **39c**
Glo-Coat or Paste Johnson's Wax pint or pound tin **59c**

NEW CROP VALENCIA
ORANGES doz. **23c**
LEMONS doz. **33c**

COOKING ONIONS 2 pound 13c
NEW CARROTS 2 bunches 15c
R.C. APPLES—Fancy Eating 6 for 25c
TOMATOES—Firm Ripe pound 25c

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