

## TIMELY TOPICS FOR WOMEN . . . By Barbara Baines

### WE ARE ALL "DOING WITHOUT"

It is only recently that the average Canadian has even begun to feel the pinch of war. Up until six months ago we were able to produce both consumer goods and munitions by the simple process of utilizing our unused industrial capacity and our surplus of natural products and man power. Then bottlenecks began to show up in our war industries, and today we are mildly inconvenienced by the shortage of many things we formerly took for granted.

When silk was "frozen" we were quite worried about what we were going to do about stockings, but substitute materials now on the market have proven surprisingly good. And it is no hardship to wear the lovely fine woolen and rayon dress materials now coming from England to replace silks.

Next came the restrictions in the production of durable goods . . . automobiles, refrigerators, stoves, radios, electric appliances, etc. . . with the object of diverting labour to the war industries, and conserving steel, copper, aluminum and zinc and other vital metals for weapons. And you and I have been asked to co-operate by making our old models do as long as possible.

But as we entered the third year of the war we, as a nation, were confronted with the problem of the continued expansion of production in spite of a growing scarcity of materials, and the need for more and more men in the armed forces. Strict and perhaps irksome measures had to be taken.

A system of priorities was worked out to ensure a constant flow of the vital materials needed for the prosecution of the war. So we may not be able to get a permit to build an addition to our place of business, or install a new oil-furnace in our house, or buy copper or chromium plumbing fixtures.

No longer can you go into a store, say "Charge it," and pay when it suits your convenience. The government has laid down strict rules for credit and instalment sales, which stores are compelled to enforce. To halt the rising cost of living, legislation was passed recently putting a ceiling on prices and wages. By December 1st, 200,000 retail firms will be licensed, and it is expected the whole plan will be in operation shortly after that date. How far reaching its effects will be it is difficult to estimate now, but the whole-hearted co-operation of all of us is needed to make it a success.

Women are already slicing their own bread, and carrying small parcels from the stores. There are few Christmas tree decorations on sale this year, and Christmas parcels won't be wrapped in cellophane. Some of our favourite foods will be missing from grocery-store shelves. Imported sea foods, sardines, tuna fish, shrimps and crabmeat are almost unobtainable. Figs, dates, dried fruits, nuts and peels will have to be imported from new sources of supply or not at all. Other "frills" will be missing because of the government ban on luxuries.

Tinted finger-nails may soon be out, due to the curb on the civilian use of lacquer. Wind-blown bobes are predicted because it will be difficult to replace permanent waving equipment. A shortage of cosmetics is threatened since the glycerine and alcohol used in cold creams, astringents and perfumes is needed for war . . . but already substitutes are being developed. Many drugs are scarce. Dentists are finding it hard to get "burrs" for drilling teeth, and doctors report a shortage of some instruments.

We are all doing without things we would like to have. We are paying heavy taxes, and practicing many small economies to meet the high cost of living . . . but few in Canada are yet making any real sacrifice or suffering hardship because of the war.

### ON DUTY IN THE SKIES

What is the most glamorous job open to girls today? Many will agree that it is that of air stewardess. And a glamorous group of young women are the fifty stewardesses now in the employ of the Trans-Canada Air Lines too. Each has been chosen because of her smart appearance and good personality. Each is under 26 years of age, under 5 feet 6 inches in height, and under 126 pounds in weight (and it is just too bad if she gains). In addition she must be a graduate nurse, an adept at handling people, and unmarried . . . a high standard of qualifications for any girl to meet, is it not?

Out of the hundreds who make application few are chosen, but should you be one of the lucky ones accepted as a member of this feminine flying corps, you will first go to Winnipeg for a four weeks training course, and then be assigned to a regular route . . . perhaps to New York, perhaps to Vancouver, perhaps to Halifax.

What are a stewardess's duties? Everything from soothing a worried old lady to looking at the picture of a young airman's fiancée. Her primary duty is to keep her passengers comfortable. She fastens their belts when taking off and landing, serves them with delicious meals on lap trays, provides them with magazines, and answers their questions about the plane, about the country over which they are flying, and about the other passengers. She knows how to make the timid soul feel at ease, how to squash the fresh guy, what to do for air-sickness, and how to look after babies.

The Trans-Canada Stewardess Service was first installed in 1938 and since then these young women have flown millions of miles. Many have found romance in the skies, and it is estimated that 30 per cent have married. One lost her life in the crash at Armstrong, Ont. last year, but the hazards of flying are very small today.

Ask any stewardess how she likes her job, aboard the glittering Trans-Canada luxury air-liners. She will tell you it is thrilling, new people, new places, lots of adventure, and good pay. She wouldn't change it for anything.

### FOR OUR SCRAP BOOK

The tree of liberty must be refreshed from time to time with the blood of patriots and tyrants. —Thomas Jefferson—

### THE BOOK OF THE WEEK

"NOW, VOYAGER" OLIVE HIGGINS PROUTY (Allen, 340pp. \$3.00)

If you have read "Stella Dallas" you will be eagerly looking forward to reading Mrs. Prouty's new book "Now, Voyager." It is the story of Charlotte Vale, a not-so-young woman with a possessive and domineering mother, who, deprived of all initiative, becomes so frustrated that her nerves break. A wise doctor and a sympathetic sister-in-law send her off alone on a world cruise with a new hair-do and an attractive wardrobe.

For the first time in her life she is on her own. It takes her a while to break down her reserve and make friends. But "J.D." also a victim of domestic tyranny, becomes more than a friend. They spend much of their time on the cruise together. Their relationship is unconventional and in spite of her resolve does not terminate when the cruise is over. But it is he who gives Charlotte confidence to defy her mother, to break away from her drab, fear-ridden existence, to keep her new-found freedom, and build a full rich life of her own.

Mrs. Prouty's characters are always very real, and in her latest book she has shown a deep understanding of one of the most difficult of human problems.

### THE HOME CURING OF PORK

Many farmers cure their own pork for winter consumption. This winter when meats are so expensive, other families may want to try their luck too. The following "dry salt" method is recommended by the Department of Agriculture.

100 pounds pork 3 pounds sugar  
8 pounds salt 3 ounces saltpetre

Cut pork in suitable pieces. Mix salt, sugar and saltpetre well and rub into the flesh, being careful to see that the ham joints receive particular attention. Pack the meat into a large crock, and allow to remain for seven days. The small pieces should be sufficiently cured by this time. But the larger pieces should be again rubbed thoroughly with the mixture and closely repacked. At the end of three weeks the sides should be done. For the hams and shoulders allow three days per pound per piece.

When the curing is finished the meat should be washed thoroughly and hung to drip until dry. It should then be wrapped in paper or cotton bags and hung in a dry atmosphere in a room that is quite dark and well-ventilated. The pieces should not touch each other. Or if such a room is not available the meat will keep equally well if when dry it is packed in oats or oat hulls in an ordinary barn or shed, or other cool place.

Mrs. W. J. R. writes the column to pass on this helpful hint. She says: "Between extra housework and war work I seem to have been on my feet a lot more than usual this fall, and they got very sore. The soles were the worst. They got thick callouses that burned when I walked on them. Then one day a woman told me about this simple cure. Now, whenever I take a bath or bathe my feet I rub the soles briskly with a pumice stone. It was only a little while until the callouses were all gone, and the smarting too, but I still use the pumice stone regularly to keep the callouses away."

## IMPROVED SUNDAY SCHOOL LESSON

By HAROLD L. LUNDQUIST, D. D., Dean of The Moody Bible Institute, Chicago. (Released by Western Newspaper Union.)

### Lesson for December 7

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### THE NATURE AND WORK OF THE CHURCH

LESSON TEXT—Acts 2:41-47; Ephesians 1:11-16  
GOLDEN TEXT—Christ also loved the church, and gave himself for it.—Ephesians 5:25

The church, which is so much the center of life for Christians, is not as well understood as it should be. We have come to regard it as just one organization among many competing for the attention and interest of men, when it is really a divine, living organism established by Christ as His Body and representing Him in this world. Our lesson presents significant truth for both study and teaching. The church is

#### I. A Fellowship of Believers (Acts 2:41-47)

The church is made up of those who are saved (v. 47), those who have received the Word by faith and witnessed a good confession of their faith in Christ (v. 41). This is a fact to be remembered in a time when there is so much fussiness in receiving members into the church. It is not a religious or social club. It is not a rallying place for those who wish to work for some economic, political, or social project. It is not a gathering of good people who wish to share common interests.

The church needs to cleanse its rolls of all unbelievers, all hangers-on, and get back to the purity which it had when only those were received who were manifestly "added" by the Lord (v. 47).

Such folk have many interests which bind them together in fellowship, devotion, and service. The early church was interested in sound doctrinal teaching (v. 42), an excellent thing. They had fellowship in prayer (v. 42); we need that too. They had gladness of heart (v. 46); do we not need a renewal of the song of the Lord in our midst?

They had such fervent love for each other that they established a communal system of sharing with one another, something which God had never commanded and which apparently failed with them, for it was later abandoned. But the point is that they really did love each other and thus showed their true discipleship (see lesson of last Sunday).

#### II. A Center of Christian Ministry (Eph. 4:11)

The church is God's chosen depository for spiritual gifts, among them being the special ministries mentioned here. The Holy Spirit calls men as He chooses. Blessed is the church which recognizes His choice of teachers, evangelists, preachers, and leaders and gives them liberty to serve the Lord in their calling.

It is God who calls men for these various activities in His vineyard. Self-appointed or man-chosen leaders and preachers are destined to fail, but God's men may be assured of His blessing and power.

#### III. A Place of Spiritual Growth (Eph. 4:12-16)

The purpose of the gifts of the Spirit is the edifying and building up of believers. A church should always be evangelistic in its efforts. The pastor should be a soul-winner but essentially his ministry is to so edify and instruct believers that they may go out and win others to Christ.

Verses 13 to 16 tell us how this "perfecting of the saints" moves forward. There is unity of the faith and a growth in knowledge, a steadfastness which keeps believers from being led astray by error or the cleverness of men. Thus kept from drifting, and being steadily enriched in knowledge of the truth, the believer grows up to spiritual manhood.

Do not miss the beauty and helpfulness of verses 15 and 16. Like the body "fitly framed and knit together," the church of Christ is to be a perfectly co-ordinated organism, every member performing its perfect service in building up the body in love for the glory of its Head—Christ.

This figure of the Church as the body of Christ and the working together of the members for the glory of the Head is further developed in I Corinthians 12, which the reader is urged to consider, especially verses 12 to 27.

#### Watching to See

With the Christian who takes the deep true view of his religion as a guide in all earthly matters, material or spiritual, there is never any feverish, blind-alley skimming in the face of the threatened ill. He just waits vigilantly, trustfully, upon God, ready to do His will the moment it is made clear to him. "I will watch to see what He will say to me." Watching to see! In those telling words lies the whole secret of the thing that mystifies non-religious folk so completely—the inviolate calm and courage with which real Christians meet the worst adversities that can befall them in the world.

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## Canada at War

(Continued from Page 2)

In concluding this series of articles, we would like on behalf of Canadian weekly newspapers to express to the Department of National Defence and to the officers of the General Staff, the R.C.A.F. and the Navy, as well as to the Directors of Public Information and Public Relations and their staffs, who took valuable time from their official duties at Ottawa to accompany us on the entire trip, our sincere appreciation for a memorable journey. We would also give honourable mention to the Canadian National Railway. It is certain that the tour served the useful purpose of giving the editors a clear conception of what Canada is doing in this war and thus of enabling them to pass on information to their readers. If we have painted too rosy a picture of the Dominion's war program, it was not intentional. We simply recorded what we saw.

There is ample time and place for criticism, such as the Federal Ministers have invited. No doubt, the newspapers will do their duty in this regard, as they have in the past. These articles have merely aimed at portraying the extent of Canada's achievements in the army, the war industry, the R.C.A.F. and the Navy. That defects, bottlenecks and extravagance still exist, there can be no doubt. The program is by no means perfect. It has grown so rapidly that no amount of supervision could co-ordinate and keep in hand the entire machine. We know that it has cost a colossal sum of money and that taxpayers are being asked to pay to the limit. But in developing the tools of war to defeat Hitler, monetary considerations must remain secondary. We hold no brief for Canada's political government, but of one thing we can be sure, the leaders of Canada's military, air and naval forces, and the entrepreneurs of our war industries are the right men in the right place. They are keen, alert and on top of their jobs. If Canadian civilians will devote one fraction of the concentration and enthusiasm of these men to the war program, Canada's part in the Empire fight for survival will surely be a worthy one.

(The End)

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