

TIMELY TOPICS FOR WOMEN

By Barbara Baines

WOMEN'S PLACE IN CIVILIAN DEFENCE

With war knocking none too gently at our back door, and maybe our front door too, is it not time Canadian women were preparing themselves in earnest to meet whatever eventualities the future may hold. Should "shooting war" come to our shores, we will share with our men all its horrors and hardships, and any preparations we make against that day may then seem all too meagre, when bombs are falling. If it doesn't, those same preparations may stand us in good stead in rebuilding the world of tomorrow; and in any case we shall be so thankful for what we have been spared that we shall not regret any effort we have made.

I have heard a number of speakers from Britain recently and I have been greatly impressed by one fact—their common admiration for the British women whom they held up as an example to the womanhood of the world. They tell us that it was the women who first demanded nation-wide preparation for defence in event of war; that it was largely due to the superb work of the members of the Women's Voluntary Services, that panic was averted when the crisis did come last September; and that it is because of the stout hearts of its women that the morale of the British people has stood up as it has since.

The United States is recognizing the fact that this is a woman's war as well as a man's, and the National Committee for Defence has outlined a colossal program for the training of women for civilian defence. Already 3,000 defence councils are in operation, and others are being added at the rate of 500 a month.

Women are to drive ambulances, harvest crops, or man assembly lines they must be strong. And so the first objective is improved health—to make America strong by making Americans stronger, and then to train women for the thousand and one jobs for which they may be needed. Nutrition courses are being made available to all homemakers, and a defence diet has been worked out by leading home economists to keep the nation fit.

But to Miss Alice Marble, former World's Tennis Champion, and now Director of National Physical Training for Women, has been given the job of getting 50 million American women in top-notch physical shape. She says, "Physical fitness is fun, and women who join our program will discover a greater capacity for happy living, as well as a greater usefulness." She has already worked out a set of 8 exercises that will strengthen the muscles, improve posture, and prevent fatigue. These will strengthen the muscles, improve posture, and prevent fatigue. These groups of a thousand may drill together in armoured in large cities, and other groups of a dozen or so will go through their paces with equal enthusiasm in some small town hall.

Miss Marble hopes to work chiefly through existing organizations. Already the Women's Voluntary Services are training instructors, who in turn are training leaders of local groups. Miss Marble believes, however, that physical fitness can be acquired equally well through games, and so hopes to organize sports clubs in every community—sports suitable to every age group, hiking, bicycling, tennis, badminton, skiing, bowling, roller-skating, swimming, softball, basketball, table tennis and any other games for which provision may be found in an empty hall or vacant lot.

I would like very much to see a similar program of physical fitness started for Canadian women. Many middle-aged women have become soft with ease, or through lack of opportunity for group activity. Their joints creak at unwonted exercise, and they are tired out after a six-hour stretch at a canteen or salvage centre. Many young girls have narrow chests and weak muscles, and have never known the joys of sports because they couldn't afford club fees. There are thousands of women in our country whose well-being and health would be improved through regular exercise under competent supervision. We need strong workers for our war industries and will need more in the future; we need strong workers on our farms; strong women for voluntary war services; and strong, healthy homemakers.

Women everywhere are willing, and indeed anxious, to do whatever they can for victory, but as individuals they are greatly handicapped. It is to be hoped though, that in the near future some Dominion-wide organization, with Government backing, will give the intelligent leadership that is so badly needed, in training and directing women to meet the present emergency.

WOMEN VOTE IN QUEBEC

History was made in Quebec when 10,000 women went to the provincial polls for the first time in the recent by-elections at St. Johns and Huntingdon. According to reports if the fervour the new-born politicians showed as speakers, hecklers, and agitators means anything they well-deserved the vote. They apparently do not fall for good looks, however, for the handsome, 32-year-old W. J. Stewart, National Union candidate in Huntingdon, was snowed under.

Many German women married to Jews are taking affidavits that their grown sons and daughters are illegitimate. . . the children of Aryan lovers. . . in order to protect them from being persecuted because of their Jewish "taint." This is the story told by Dr. T. U. H. Ellinger, a graduate of Johns Hopkins and of Harvard, who has just returned to the U.S.A. Before the statement of the desperate mother is accepted, the person in whose favour it is made must undergo a searching physical and mental examination by scientists who maintain they can tell a Jew anywhere. If he is a person of value to the state his Aryan ancestry is more apt to be accepted, and indeed sometimes the mother is forced to appear and declare that her child is an Aryan. Such was the case of "Miss Germany" of 1939, a blond beauty held up as the type from which true Nazis should choose their wives, and later found to have a Jewish father.

FOR OUR SCRAP BOOK

The world is a looking glass, and gives back to every man the reflection of his own face. Frown at it, and it in turn will look sourly upon you; laugh at it and with it, and it is a jolly, kind companion. —William Makepeace Thackeray—

THE BOOK OF THE WEEK

"THE NEW HOPE" By Joseph C. Lincoln and Freeman Lincoln. (Longmans, Green, 498pp., \$3.00)

You'll like "The New Hope," a story of a group of typical Cape Cod seafaring folks during the exciting days of 1814 when the British were blockading the New England coast. Capt. Dole and young Jonathan Bangs, his protegee, take turns in telling the tale in their own words.

They decide to outfit the swift sailing vessel, the New Hope, as a privateer and to try and run the blockade. They are able to get the financial backing of almost every influential person in the village and all goes well for a while. But the success of the adventure depends upon getting powder from Tansel Village. Mysterious things begin to happen. Somehow Hope Allen with whom Jonathan is in love is involved. She has been secretly meeting an enemy officer from one of the blockade ships. Suspicion turns on Jonathan as being both an informer and a murderer. Capt. Dole is loyal to him and as a result finds himself very unpopular in town. He makes a thorough hunt for the real criminal, but the time is short if the New Hope is not to bring disaster to the whole community.

And so unfolds this gripping tale against a background of action and mystery, prejudice and humour. You'll enjoy its salty flavour and its fine characterization.

COCONUT OATMEAL COOKIES

These are the days when children come in hungry from school and go straight to the cookie jar. What would they like any better than these simple coconut oatmeal cookies?

1 cup brown sugar 1 teaspoon salt
1 cup shortening 1 teaspoon vanilla
1 cup soda 2 cups flour
¼ cup boiling water (scant) 2 cups rolled oats
1½ cups shredded coconut
Cream shortening and sugar, add water, salt and vanilla. Sift flour and soda, add to batter and beat well. Add oatmeal and coconut and mix well. Roll in small balls. Arrange on cookie sheet and press flat with the tongs of a fork dipped in cold water. Cook for about 7 minutes in a moderate oven (375 degrees F.). Makes from 6 to 8 dozen.

Mrs. C. R. W. writes: "I find many uses for my old gloves. I use them for gardening, dusting and cleaning, polishing brass and silver, and lately I have been using one on my right hand when I have had a lot of ironing to do. It protects my hand from the heat and keeps it from getting blistered."

EDITOR'S NOTE: Barbara Baines invites letters from readers. If you have any suggestions, comments or requests send them along. Address all communications in care of this newspaper.

IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL LESSON

By HAROLD L. LUNDQUIST, D. D., Dean of The Moody Bible Institute of Chicago. (Released by Western Newspaper Union.)

Lesson for November 9

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REPENTANCE AND FAITH

LESSON TEXT—Luke 15:11-24.
GOLDEN TEXT—Repent ye, and believe the gospel.—Mark 1:15.

Sin with its devastating consequences has its only remedy in the salvation which is in Christ Jesus. He died to set us free from the penalty, the power, and ultimately the very presence of sin. However, His death, which was for all mankind, is effective only for those who in repentance and faith accept His redeeming grace and turning from their sin.

I. Worldly Pleasure Brings Sorrow (vv. 11-16).

Selfishness is at the heart of sin, which is essentially self-will over against God's will. The younger son, who represents the sinner, wanted his own way. He suffered from

1. Restlessness Under Restraint (vv. 11, 12). The father loved his son and sought his welfare by proper parental control, but the boy wanted to be free to live as he pleased. God loves all men and seeks by loving and gracious restraint to lead them in ways of righteousness and peace. But they, while they want His blessings, are often eager to get away from His guiding hand.

2. A Request Resulting in Responsibility (vv. 12, 13). When the prodigal asked for his inheritance he took upon himself full responsibility for its use. The man who refuses to have Christ rule over his life assumes a grave and heavy burden which he is not able to bear.

It is an awful thing to rule God out of one's life, to attempt to steer a successful course through the stormy sea of life. Why do it? It will always result in loss and failure.

3. Riotous Living Leading to Reproach (vv. 13-16). In the "far country" he found for a time what we call "fun," but it led to bitter sorrow. To the flesh there are "pleasures of sin" (Heb. 11:25), but they are only "for a season"; that is, "very short lived—and they come high." The devil is not such a fool as to go fishing without bait. The pleasures of sin are the devil's bait and they always have a hook in them. If you bite at the devil's bait you will soon have the devil's hook in your gills and be in the bottom of the devil's boat" (John W. Bradbury).

The end of Satan's "fun" road was a pigpen in a far country. That may not always be literally true (although it happens often enough), but it is always true spiritually. Men and women are in a state of spiritual collapse and disgrace because they have rejected God's way. But there is a way out.

II. Godly Sorrow Brings Joy (vv. 17-24).

Paul tells us that "godly sorrow worketh repentance to salvation" and thus differs from "the sorrow of the world" which "worketh death" (II Cor. 7:10). The prodigal and his way back to the father's house. First, there came to him

1. Remembrance and Realization (vv. 17-19). He began to think if men and women could only be made to think we would have more repentance, but Satan tries to keep them too busy to think. He remembered what he had as a son in his father's household. What memories will you boy have in his hour of need? You are writing that record now.

He "came to himself." The man in sin is really unbalanced, subnormal, not himself, spiritually insane. When he "came to" he knew that he was in the way of the perishing. Then came

2. Repentance and Return (vv. 20, 21). To repent means to change your mind, to turn your life in an "about face" from sin to God. Repentance calls for more than thinking or talking or praying. One must act. The young man "arose and came to his father." That was his part, and then came the father's part.

3. Restoration and Rejoicing (vv. 22-24). The son expected to return as a hired servant, but his father restored him to full family fellowship. God is gracious, and the repentant sinner finds himself clad in the spotless robe of Christ's righteousness, wearing the ring of sonship, with shoes on his feet, so that he may go on the errands of his Father.

God's plan of salvation brings no half-way redemption. There are no steps or distant relatives in His family. It is a full salvation which brings glorious fellowship in life and service.

You who are still eating the husks of this world, who are in the far country tending swine, we invite you too to come to God and share in the rejoicing in the Father's house.

Life a Struggle

Life is a struggle, but not a warfare; it is a day's labor, but labor on God's earth, under the sun and stars with other laborers, where we may think and sing and rejoice as we work.—John Burroughs

Thirty-One are Confirmed By Bishop Ryan

Bishop F. J. Ryan, of Hamilton, confirmed thirty-one Acton and Georgetown candidates on Wednesday evening, October 29th, at St. Joseph's Church, Acton. The pastor, Father V. J. Morgan gave the welcoming address and Father O'Brien was master of ceremonies.

The Bishop in his address to the congregation, urged that all should carry out the exhortations of our Holy Father, and be unceasing in their prayers for peace among all people of the world. He explained how no one knew better the conditions of every nation of the world than the Father of Christendom, and how godless dictators were trying to exterminate religion from the hearts of men.

The Bishop also questioned the children as to the knowledge of their catechism and religion and the answers received showed that they had been given careful preparation for the reception of the Sacrament.

The pastor, in welcoming his Excellency, made mention of some of the things that his Lordship had accomplished not only for the material progress of the diocese, but also for its spiritual good.

The altar and sanctuary were beautifully decorated with cut flowers for the occasion.

The Bishop who also gave Benediction was assisted in the confirmation services by Rev. Father T. McCabe, Brampton; Rev. Fr. F. McHugh, Freeport; Rev. Fr. J. G. Dehler, Milton; Rev. Fr. T. B. Travers, Hamilton; Rev. Fr. F. Kehor, Rockwood; Rev. Fr. H. O'Brien, Hamilton, and Fr. Morgan, of Acton and Georgetown.

The following children were confirmed:—
Joseph Gillevet, Ross Boyle, James Golden, Donald Milton, John Tyers.

Repledge for War Savings

"SALADA" TEA

William Muir, Kenneth Hulme, Gerard Wilcox, Lorne Arbie, Kenneth Marchmont, James McGiloway, William Beesey, Martin McCristall, Joan Coles, Elaine Arbie, Dena Brada, Meave Breen, June Dunn, Joan White, Patricia Duval, Helen McLaughlin, Frances Chew, Joyce Papillon, Dena Francescato, Margaret Muir, Margaret Connelly, Elsie Hulme, Alice Murphy, Margaret Beesey.

ANNUAL MEETING OF HALTON COURIERS

The annual meeting of the Halton County Mail Couriers Association was held recently at the home of Mr. and Mrs. George Greer, Nelson village. Mr. Hughes Cleaver, M.P., was once again present at the meeting this year, and presided for the election of officers. Charles Parkes, president for the past two years, retired from this position, and the voting resulted in the election of Vice-President W. D. Britton to fill the office. Mr. George Greer was chosen Vice-President, and Miss Nora Kranz was re-elected secretary-treasurer by acclamation.

"Did you hear about Jones and his car?" said Brown to his neighbor over the back fence.
"No, what about it?"
"Well, you know its a very old car, and odd bits are always falling off when he goes for a ride. So he got the idea of tying a magnet behind to pick up the parts which dropped."
"Smart idea, anyway."
"Yes, but in the end Jones found himself riding on the magnet!"

NO COMMUNICABLE DISEASES IN GEORGETOWN LAST MONTH

The report of communicable diseases for October, as given by the M.O.H., shows that the town was free of this type of disease last month.

Chickenpox	0
Scarlet Fever	0
Measles	0
German Measles	0
Mumps	0
Infantile Paralysis	0
Typhoid Fever	0
Whooping Cough	0
Cerebro-Spinal Meningitis (Epidemic)	0

CARROLL'S

Save You Money!

McCormick's BUTTER ROUNDS lb. 17c

MONARCH FLOUR	24-lb. bag	87c
PEA SOUP	Habitant 2 No. 2 1/2 lbs.	19c
VEGETABLE SOUP	2 No. 2 1/2 lbs.	23c

Quick or Regular ROLLED

OATS 4 lbs. 17c

Mallow Layer	Christie's ea.	15c
FRUIT LOAF	Christie's ea.	25c
DILL PICKLES	Loaland 17-oz. jar	21c
Shredded Wheat	2 pkgs.	23c
POT BARLEY	Pound	5c

PEANUT BUTTER lb. 15c

BLUEBERRIES	16-oz. tin	20c
PIE CHERRIES	tin	16c
CURRENTS	2 lbs.	25c
CUT PEEL	lb.	29c
CORN STARCH	Canada pkg.	10c

Tomato Juice Aylmer 3 20-oz. tins 25c

DOG BISCUITS	Master's 2 lbs.	25c
LEMON OIL	Hawes' bd.	15c, 25c
OLD DUTCH	Cleaner tin	10c
SURPRISE SOAP	3 bars	14c
IVORY SOAP	cake	5c, 6 1/2c, 10c

80-90

PRUNES 3 lbs. 25c

Kellogg's RICE

Krispies 2 pkgs. 23c

Beehive Corn SYRUP 5-lb. 53c

Ask for ROMAR Coffee

1-lb. bag 39c

Aylmer Tomato

CATSUP 12-oz. bit. 12c

Catell's Cooked

SPAGHETTI 2 28-oz. tins 27c

Silver Ribbon

TOMATOES 4 14 1/2-oz. tins 25c

Lynn Valley

PEACHES 2 15-oz. tins 21c

Just out! 1942 LUX KNITTING BOOK. Send 15c and a box top from

LUX 1 lb. pkg. 24c to "Lux" Toronto

LUX SOAP cake 6c

P. & G. SOAP 3 bars 14c

NEW CROP TEXAS GRAPEFRUIT 4 for 25c

RED EMPEROR GRAPES 2 lb. 21c

FIRM GREEN CABBAGE head 7c

NO. 1 ONTARIO POTATOES peck 26c

Fruit and Vegetable Prices Until Saturday Night Only

PHONE 357 Free Delivery MAIN ST. Georgetown