Timely Topics for Women

The New Year

...the New Year, but to me it is, and I am convinced it is to many others. The children's vacations end now for the fall and winter months, the longest session of the year. We decide if Jack ... this year, if Marie is to continue with her ... who graduated from High School in June is really ... her job, or if he should try something else.

... the fruit markets with their tempting array of fall fruits ... long hours in the kitchen canning, pickling ... and jellies. It is tiring work but it is thrilling to see ... on our cupboard shelves, and ... there is not only enough for the winter's requirements ... family, but also something extra for the sick or the needy.

... we naturally take stock of our homes. They always ... until summer clothes, bathing suits, tennis rackets, etc. ... carefully put away. Maybe we need to have some redecorating ... house seems smelling of new paper and paint. We ... sheets and decide whether we need new sheets or towels, ... be other furnishings have to be replaced. We housewives ... find are full to a new beginning for the year.

... stock of ourselves. How long our hair has grown and how ... looks. We plan a course of treatments before our new permanent ... cut. Our skin needs special attention after exposure to the ... sun. Our hands and nails need special care if we are to ... our best at the first big party of the year, to which we are look- ... forward with such pleasure.

Then we plan our pleasures and our duties to our community for the year to follow. Shall we join the bridge-club again this season, or can we afford the time or the money when there is so much war-work to be done? Will we play badminton or is alley-bowling more suitable to our age? Shall we join the I.O.D.E. or Women's Institute or would it be better for us to concentrate all our efforts on our work for the Red Cross and our church? We have enjoyed the choral society, but would we get more real pleasure in belonging to a book-review club we have been asked to join? These and a dozen other problems must be faced now, and a decision made.

We plan for our children, our homes, our budget, our clothes, our duties, our pleasures. Truly September is the season of the year in which we begin afresh. For most women it is, in reality, the New Year.

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HELP FOR THE HOMELESS

British courage is being put to the severest test of all time. England is being attacked on her most vulnerable front—through her women and children, and her homes. Damage has been done to military objectives, of course, but it is slight compared with the wanton destruction of civilian life and property, as Hitler's Luftwaffe lets loose the most furious onslaught of the war.

A.R.P. rescue squads search frantically for killed and wounded in shattered buildings, while volunteer firemen fight heroically to keep fires from spreading, and causing still greater disaster—and all the while fresh bombardments of high-explosive and incendiary bombs come crashing from the skies.

British civilians are facing heartbreak, suspense, horror and calamity —but they are not daunted. They have accepted Hitler's challenge. They are determined to die on their feet rather than live on their knees.

Many thousands have been rendered homeless. Many have lost all their possessions—acquired through a lifetime of effort. In normal times their care would present no great problem to a country like England. Now they add just so much more to the already great strain upon the government. Some are taken in by more fortunate families, some evacuated to less vulnerable districts in the country. All are given shelter in schools and other public buildings, and fed at communal centres until further plans can be made.

These people who have endured so much need help. They must have blankets and warm clothing to replace what they have lost. Here is an opportunity for us all to do our bit of service.

Canadian Red Cross officials in London have been working day and night giving out tins of food, clothing and blankets. The people of Canada who contributed 100,000 blankets during a recent appeal will be glad to know that 46,000 of them were on hand in London to meet the urgent need, and another shipment is going forward at once.

The Red Cross are now making an appeal for half a million new garments for women and children (especially for girls and boys between the ages of 12 - 15) who are homeless and destitute. Suggestions regarding the types of garments to be made, materials, patterns and prices may be obtained from the Red Cross Headquarters.

Many organizations already have plans under way for food showers (canned goods), clothing showers, and entertainments and variety-shows for which the price of admission is a suitable new garment.

Let us each contribute something to make life easier for those, whose fate it is, to bear the brunt of the attack upon our Empire.

† † † †

LET ME REMIND YOU

Yet longer I live the more deeply I am convinced that that which makes the difference between one man and another, the great and the insignificant—is energy, invincible determination, a purpose once formed ... then death or victory.

—Powell Buxton—

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BOOK - REVIEW

"Storm on the Sea" —— F. Van Wyck Mason

The American War of Independence is the setting for this stirring, vivid novel, with the scene shifting from Rhode Island to South Carolina and the Bahamas.

Tim Bennet, the hero, serves in the army, later goes trading and ... —falls on evil days, and finally applies for a commission in the fledgling U.S. Navy. Another interesting character is Desire ... poor but plucky, whose lovers one by one meet a violent death. ... herself meets her end under an Indian tomahawk. Moultrie's ... defense of Fort Sullivan, with all its horrors is graphically des- ...

"Storm of the Sea" is a swift-moving story of pioneer times, in which ... conflicts, ambitions, hopes and sufferings of the characters portrayed ... very real.

† † † †

NEWS ABOUT FOOD

I have often wondered why more people do not can their own pimentos. They are very simple to do, and add an extra attractiveness to ... sandwiches and canapes. Even when the bottle has been opened ... time they do not lose either their flavour or colour.

Canned Pimentos

... pimentos
... sugar (white)
... vinegar (white-spice)
... salt
... thick-skinned, fine-flesh red peppers. Cut them in ... crosswise in 2 wide bands. Wash well. Make a ... and remove. Cook the peppers in the mixture, and ... sterilized shallow bottles and seal with new rubber ...

Glen Willowdale
UNITED CHURCH
SUNDAY, SEPTEMBER 22
11 a.m. and 7 p.m.
Rev. Dr. Arthur Walker
MASTER of Hospital
MONDAY, SEPTEMBER 23rd
Centennial Supper
25 Cents
"Come As the Church In the Dell"

... victions. Even in the midst of an unfavourable environment, it is possible to live a good life if we keep our convictions clear and our secret desires upright. By conversion, second birth, surrender to God, human nature can be transformed, so that instead of forcing ourselves to do right when we want to do wrong we shall be doing right gladly because we wish to do it. When we make God's will our will, inner conflict is over and unbroken peace of mind may be ours.

Questions for Discussion

1. Have I stopped learning?
2. May I keep my friendships in repair?
3. Are there any unlighted rooms in my house of life?
4. What is my strongest conviction?
5. What is my recurring desire?

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The Wisdom of Wisdom

... with all my getting get ... the study of life, Proverbs 1:2, ... practical wisdom, showing it to be ... I say, that I have to see it ... Almighty God ...

For in things and books and precepts ... lore,
And I devoutly learn to say,
"Read you may think, Heart you may ... look,
But Mind, you shall work always!"
—Edgar May Alcott.

Instruction, 13-15.

One good thing about modern life is that it offers boundless opportunities for learning. The morning newspaper brings the news of the world to our breakfast table. Books, old and new, bring us within reach of the garnered wisdom of the ages. The radio pours information into our homes. Motion pictures make distant lands as real to us as our own countryside. Travellers from near and far bring to us descriptions of what they have seen. Every train or motor road may be used to increase our knowledge. Life has most for us largely according to the number of things in which we are interested. Wide knowledge gives us much about which to think and talk. Old age is not to be dreaded as long as we keep learning. Those who have been denied the privilege of academic training may yet have their own minds stored with community folklore and be rich in saving common sense. The Book of Proverbs is notable for the stress it places upon wisdom. "Take fast hold of instruction; . . she is thy life."

Companionship, 14-17.

Character is influenced greatly by companionship. During the teen-age period, boys are often found in gangs and girls in groups, but often companionship is a matter of chance rather than of choice. We are very particular about the choice of garments, furniture or food, yet too often we take up with chance acquaintances who may have a lasting influence for evil upon us. The tragedy is that evil people take particular pleasure in dragging others down to their own level. Over and over again the extenuating plea is made in criminal courts that the prisoner was not really bad but had fallen into bad company. The word "fallen" is not strictly correct. Too often people go into bad company with their eyes wide open, thinking that they can be different from their crowd. In the end they discover all too often that the crowd has made them what they are. The influence of companionship, of course, has its positive side. Good companions make it easier for us to be our best. By word and example they elevate our ideals and standards and shield us from many temptations. Three or four good friends are a wonderful help in living a good life.

Transparency, 18, 19

For the individual, peace of mind is as desirable as peace among the nations. There is no joy in living with a troubled conscience. The heaviest load we ever carry is a burden of guilt. Too often life is complicated by deception. The person who lives a double life may succeed for a time but will never know inner peace. The personality is divided and there is civil war in the soul. On the other hand people of integrity are not afraid of others or of themselves. When our lives are as open as a book we do not need to fear the inspection of readers. "The path of the just is as the shining light, that shineth more and more unto the perfect day." There are people who seem to achieve higher moral strength and spiritual beauty every year they live. They are constantly on good terms with themselves. They are free from the temptation of untruthfulness because they have nothing to cover up.

Truth, 20-22

The Book of Proverbs urges the young to get wisdom in the sense of wider information, but the book also demands the higher quality of truth. After we have learned facts we have to deduce moral principles. From our varied experiences we choose personal standards. From a host of friends and acquaintances we select certain fellowships. The Book of Proverbs would not be content with mere cleverness but calls for wisdom in the sense of moral discrimination. These can be achieved by a directed thought life. When we think about the things that are pure and lovely and of good report, our actions tend to correspond with our thoughts. Even a few definitely settled principles are as an anchor by which we hold against the storms of temptation. When we have lived twenty or thirty years, if we have learned anything at all, we ought to know that it is wiser and safer to be good than bad.

Inner Desire, 23-27

Actions grow out of desires. Frequently we are surprised when we have done something on the spur of the moment, yet the momentary action has had its preparation through thoughts and purposes that have been cherished long. There is a verse in the Hebrew proverbs (4:23) that says, "Keep thy heart with all diligence; for out of it are the issues of life." Christ taught that pure deeds would spring from pure hearts. We must ... Good ... life ... faith ... storms ...

GRATITUDE

Gratitude is a duty none can be excused from because it is always at our own disposal.—Cherrick.

LAUGHTER

A laugh to be joyous must flow from a joyous heart, for without kindness there can be no true joy.—Carlyle.

LUX FLAKES 2 small pkgs. 15c lg. pkg. 22c
RINSO 2 sm. pkgs. 9c lg. pkg. 22c giant pkg. 43c
LIFEBUOY Soap 3 cakes 21c
LUX Toilet SOAP 3 cakes 16c
GILLETT'S LYE (Cash and Carry) tin 11c
IVORY SOAP 2 lge. bars 17c Med. bar 5c
JIF FLAKES lg. pkg. 19c
KIRK'S Castile SOAP 2 bars 9c
HAWES' Lemon OIL btl. 14c, 23c
Johnson's Glo-Coat pt. tin 59c
SUNLIGHT SOAP 10 bars 49c

McCormick's Jersey Cream SODAS pkg. 9c

Javex CONCENTRATE Keeps TOILET BOWLS Sparkling White Disinfects - Deodorizes btl. 14c
"Lux" TOPS doz. 20c
CURRY 3 oz. 10c
Cassia Buds 3 oz. 10c
Whole Pickling SPICE lb. 19c
Turmeric 2 oz. 5c
CERTO btl. 25c

Frankford PEAS 2 16-oz. tins 15c
Aylmer Golden Bantam CORN 3 16-oz. tins 25c
Clark's Pastoral BEANS 3 21-oz. tins 25c

PURE LARD 2 1-lb. pkgs. 15c

McC. Churchill Cream BISCUITS lb. 15c
Christie's Date SANDWICHES pkg. 15c
Christie's Iced Half Moon LAYER each 15c
Campbell's Vegetable SOUP 2 tins 19c
Catelli's Cooked SPAGHETTI 2 20-oz. tins 25c
RAISINS Australian Seedless 2 lbs. 19c
CORNFLAKES Kellogg's 4 pkgs. 25c
MARMALADE Orange & Grapefruit 32-oz. jar 23c
MACARONI or Spaghetti 3 lbs. 19c
ASPARAGUS Aylmer Extra Fancy Cuts 3 12-oz. tins 35c
COWAN'S COCOA 1-lb. tin 17c
TEA Mother Parker's 1/2-lb. pkg. 32c, 37c

Onions No. 1's—10 lb. net bags 21c
Sweet Potatoes New Crop 4 lb. 25c
No. 1 Wealthy Apples 6 qt. basket 23c
Peaches at Lowest Prices
Potatoes No. 1's — per Peck 21c
Tokay GRAPES lb. 10c