

Key Topics for Women

By Margaret Barker

STUDYING ON THE HOME FRONT

There are many women who are studying with their heads down, but their feet are planted on the ground. They are not just sitting at their desks, waiting for the world to come to them. They are working hard to get a hearing on their ultimate position in the world. They are not just waiting for the world to come to them. They are working hard to get a hearing on their ultimate position in the world.

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WAR SERVICES

Women Who Serve on the Home Front

The Women's Institute, in co-operation with the Red Cross, reports that it has 7 tons of jam ready for shipment. Most of it is strawberry, but large quantities of raspberry jam have come in, too. This represents a great many hours of work over hot stoves and kettles, but these women must feel that they are doing their share to win the war, the outcome of which is so vital to every Canadian.

Word has been received that American tourists are coming to Canada in large numbers than they did last year. It is up to Canadians to make their visit a happy one, that they may encourage their friends to come likewise. By courtesy on the road, giving them full value for their American money, welcoming them to summer colonies, hotels and camps, we can encourage them to spend here, those United States dollars we need so badly to buy necessities of war. It will pay us to be good hosts to good neighbours.

Maureen O'Sullivan has done much to encourage knitting for the navy. Her husband is Lieut. Farrow of Navy Headquarters, Ottawa, and she has promised to have any supplies sent her distributed directly to the men of the navy on the Atlantic seaboard. Besides scarves, stockings, long-sleeved sweaters, etc. she is asking for clothing for children of seamen's families. The Navy League is asking to fill 5,000 little bags for Christmas gifts to cheer the men of the navy and merchant marine, who suffer so much from cold, exposure and isolation.

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NEWS ABOUT FOOD

Many varieties of fish swim in Canadian waters—salt water fish, the fresh water fish of our Great Lakes, and the fresh fish of our rivers, streams and lakes. One fishing grounds are perhaps the most abundant in the world. Fish is not only a nutritious food but is also becoming our national food. There are many ways of cooking it, and the latest method is to broil it. There are many ways of cooking it, and the latest method is to broil it.

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WOMEN DRIVERS

A group of 120 women, including 100 from the Women's Voluntary Service, are being trained to handle any type of motor vehicle, including ambulances and trucks. This will be a valuable service to the country by the newly organized Women's Voluntary Service of the City of Toronto.

The driving course is being organized along the lines of the Women's Transport Service of Great Britain. Mrs. W. D. Chambers, M.P., the first Canadian woman to win the Military Medal in 1917, has been appointed Commandant.

The petite, youthful-looking Commandant, who oversaw in 1918 and drove an ambulance and staff car in London for the Canadian Army Medical Corps, in 1917 she became a member of the first Aid Nursing Yeomanry and drove an ambulance in France. Mrs. Chambers won the Military Medal for her work in removing soldiers to safety while bombs rained from the skies.

The Transport Service which Mrs. Chambers now heads is one branch of the Women's Voluntary Service of the City of Toronto. "Several other sections, including a nursing auxiliary service and a secretarial branch, are being formed."

Members will be trained to handle trucks, transporting food and comforts, as well as personnel, to training camps in Canada. They will also be trained to handle ambulances, in anticipation of a demand for such service by women drivers in Canada in the future. The Transport Service will also help with refugees arriving

in Canada. Voluntary Red Cross units have already been sending ambulances and ambulances to the front, and transporting them to their destinations.

Applicants for the Transport Service must be over 18 years of age. Those accepted for the course will be enrolled as probationers and before graduating to full membership. They must take courses provided in map and compass readings, convoy driving and stretcher drill, Air Raid Precautions and the King's Regulations and Orders, driving tests in day and night driving, and so on.

"We have received active co-operation and advice from district military authorities in the selection of these courses," says Mrs. H. P. Plumptre, chairman of war activities.

Applicants are required to hold a St. John Ambulance First Aid Certificate and to have taken one of the approved courses in Motor Mechanics before being accepted as probationers. Evidence of previous war driving experience is accepted as an alternative for the latter ruling.

Members will pay for their own uniforms and serve without salary. They must have had two years' driving experience, with no suspensions or endorsements of license during that time. A 1940 driver's license is also necessary. Applicants must pass a

medical examination given by a physician approved by the Canadian Red Cross and submit the names of two reputable citizens of their community who will vouch for character and suitability of applicant.

Drill and physical exercises will be compulsory and members will wear their uniforms, as directed by the officers of their unit. The full dress uniform consists of khaki serge tunic and skirt, peaked cap, khaki shirt and tie, cotton hose, brown, low-heeled Oxford shoes, gauntlet gloves and peaked khaki trench coat with detachable fleece lining. Undress uniform consists of belted khaki cotton smock and the same accessories.

At the present time, Mrs. Plumptre said, hundreds of girls and women throughout Canada are giving their services as voluntary drivers for Red Cross cars and gasoline. This service will not be affected by the new Transport Service.

The plausible has sometimes greater power than the truth, and more influence over the multitude.

OUR HOME

Your house should never become an anchor, shackling you with bands of iron, for rooftops soon fall and bricks and mortar crumble away. Rather let it be a proud mast flying your flag, a shelter for your body, but not for your soul, the expression of your personality, but not the master of your will.

LET ME REMIND YOU

I love the man that can smile in trouble; that can gather strength from distress, and grow brave by reflection. It is the business of little minds to shrink, but he whose heart is firm, and whose conscience approves his conduct, will pursue principles unto death.

—Thomas Paine.

CARROLL'S

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| Kaiser's Cornflakes 4 pkgs. 25¢ | | Aylmer Red Pitted Cherries 2 lbs. 25¢ |
| Green Giant PEAS 2 lbs. 27¢ | AYLMER TOMATO or VEGETABLE | Our Best (9c) RICE 2 lbs. 15¢ |
| Clark's Peas and Beans 2 lbs. 21¢ | SOUP | Quick Quaker OATS 1 lb. pkg. 20¢ |
| Heinz Tomato Ketchup 1/2 gal. 16¢ | 10-oz. tin 7¢ | Monarch Pastry Flour 24-lb. bag 66¢ |
| Cat Wax BEANS 3 lbs. 25¢ | Borden's or Carnation Evap. MILK 2 lbs. 15¢ | Jewel Shortening 2 lbs. 25¢ |

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| Bever Bonbons Chicken 7-oz. tin 21¢ | | Keen's English Mustard 14, 24, 48¢ |
| Scott's Crisp BISCUITS 1/2 lb. 15¢ | SIFTO OR WINDSOR PLAIN or IODIZED | Meadell or Spirit Vinegar Gal. 37¢ |
| Blue Ribbon TEA 1/2 lb. pkg. 32¢ | SALT | Whole Mixed Pickling SPICE 1/2 lb. 19¢ |
| Blue Ribbon COFFEE 1/2 lb. 47¢ | 2 pkgs. 11¢ | Stick Cinnamon 1/2 lb. 5¢ |
| Fly On Fly Spray 4-oz. tin 20¢ | COILS 3 for 5¢ | Colony SEED 3 - 10¢ |

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| Flag or Featherstrip, Sweetened Cocoanut 17¢ | | Imperial Parowax 2 lbs. 25¢ |
| Best White Toilet TISSUE 4 rolls 25¢ | SHINOLA FLOOR WAX | Other Top TOPS 1/2 lb. 30¢ |
| Messing's POISON 2 lbs. 23¢ | 19¢ | Chivalry MAKER 1/2 lb. 14¢ |
| Blue Soap SOAP 2 lbs. 9¢ | 25¢ | Certo 1/2 lb. 25¢ |
| Oxydol 1/2 lb. 25¢ | SOAP 2 lbs. 31¢ | PECTIN 2 lbs. 25¢ |

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| BANANAS 2 lbs. 17¢ | POTATOES 2 lbs. 23¢ | ORANGES 2 lbs. 28¢ | BESTS of CARROTS 2 lbs. 5¢ |
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These are the women who are working hard to win the war. They are the women who are the backbone of our home front.



Livestock breeders, farmers, and others with new problems will meet at the Exhibition, see newest machinery, learn how to overcome wartime difficulties.



Food vital to the troops and the civilians. See how Canadian manufacturers are working continually to supply fortified England as well as ourselves.



Five Million Dollar Red Cross Drive Begins September 23

With three emergency demands developing within the past week, including a request from the Department of Defense to co-operate in the provision of eight convalescent hospitals in Canada, the Canadian Red Cross Society will launch a nation-wide appeal on September 23, with an objective of not less than \$5,000,000. It was announced by Norman Storer, K.C., national chairman.

"Almost all the \$5,000,000 contribution of voluntarily during our campaign last November has been spent in meeting the emergency calls upon the Red Cross during the past year," Storer said. "Four million dollars have been spent in actual war work and \$250,000 for other peace-time services."

In addition to continuing the provision of hospital and convalescent hospitals, the Red Cross is providing clothing for the troops and clothing for refugees, and the operation of the many war-time hospitals already established at home and overseas, the Canadian Red Cross is faced with new responsibilities in regard to accommodation for convalescent soldiers, the clothing of refugees, and feeding of prisoners of war.

"At our Central Office meeting in Toronto last week, the committee will recommend that pursuant to the request from the Department of Defense, the Canadian Red Cross should provide the setup and co-operate in the maintenance of eight convalescent hospitals in various parts of the country for soldiers transferred from overseas or at home."

At the same meeting, the committee will place before the Council the question from the British Red Cross of \$500,000 in clothing for the troops and packed in Canada for transport and sent to British troops in the field. The amount of this contribution will be discussed.

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