

# Mainly for Women

## Timely Topics for Women

BY BARBARA BAINES

### CELEBRITIES IN THE NEWS

In recent weeks an unusually large number of famous names have appeared in the news.

The Duke and Duchess of Windsor are flying to the Bahamas, where the Duke will take over his duties as Governor. The Bahamas, some 300 miles off the coast of Florida, are a favorite resort of many prominent Anglo-American socialites. The Duke and Duchess fled from southern France to Lisbon, Portugal just before the Spanish border was closed.

Work is under way on the British film "Forty-Ninth Parallel" which is being produced in the Canadian Rockies, and in which Raymond Massey, Elizabeth Bergner and Leslie Howard are starring.

Miss Eleanor Young, of Vancouver, after a meteoric rise to top ranking, won double laurels in the Canadian Tennis Championships held at Quebec, when she won the women's singles, and paired with Miss Jean Milne, also of Vancouver, to win the women's doubles.

Mrs. Laurine Dodge, widow of Daniel G. Dodge, who died as the result of an accident 13 days after their marriage in 1938, has been awarded \$2,500,000 by the courts as her share in her husband's \$11,000,000 fortune.

Four Canadians, whose surnames all begin with the letter B, are responsible for the increased activity of the British Ministry for Aircraft Production. They are B. Hon. R. B. Bennett, Beverly Baxter, M.P., and J. P. Blake, of Toronto, working under the leadership of Lord Beaverbrook.

Many well-known persons were among the refugees who lost homes and possessions when, with great difficulty, they escaped from France. Eve Curie says it is a great privilege to be in America, the last country on Hitler's list of conquests. It took Somerset Maugham, British author, 20 torturing days by coal carrier to reach England from Marseilles, when the crowded ship was unable to dock at Gran or Gibraltar. The refugees aboard endured great suffering from lack of water and food.

Andre Maurois, C.B.E., French author, has arrived in New York. He was fighting with the Allies in Northern France, when the Armistice was signed. He will lecture at Harvard this fall. Sir Norman Angell, British economist, has also arrived in New York. He lived in an air raid shelter at his home on an island in the English Channel until the British Admiralty ordered him to move.

Baron Rothschild, head of the French banking house, and his wife arrived in New York with \$1,000,000 in jewelry, after a dramatic flight from Paris. Maurice Maeterlinck, one of the world's greatest living dramatists, arrived in America, penniless, after having lost valuable books and papers trying to get out of France.

Oliver Lodge, noted playwright and poet, and his wife have come to Toronto. Robert Service, well-known poet of the Klondike, and his wife have lived in France for many years, but were able to escape ahead of the Nazi invasion, and hope to make a new home in Vancouver.

Mme. Schiaparelli, noted Paris dress designer, who fled to Portugal when the Germans occupied France, is now in the Azores. She expects aboard a collier headed for London.

Col. Vanier, Canadian Minister to Paris, escaped from Bordeaux with Sir Ronald Campbell and the British diplomatic party. His wife and children were 5 days at sea in a tiny cargo boat, crammed with refugees, before reaching England. They are now in Canada.

Many famous names were included in the passenger list of "war guests" arriving in America. They included Simon and Davina Bowes-Lyon, nephew and niece of Queen Elizabeth; Lady May Abel-Smith, daughter of the Earl of Athlone and Princess Alice, and her three children; Lord Bessborough's son, G. St. L. Ponsombry; the Duke of Devonshire's son, Lord Cavendish, who broke his arm on shipboard; Lord Queensbury's son and daughter, the Duke of Richmond's two sons, Miss Patricia and Pamela Mountbatten, great great granddaughters of Queen Victoria; Alfred Duff Cooper's sons, a nephew and three nieces of Anthony Eden; Sir John Simon's two nieces and many others equally notable.

### WAR SERVICE

#### The I.O.D.E. does Fine Service for the Empire

After a whirlwind four weeks campaign the Imperial Order Daughters of the Empire reached their objective of \$100,000 to buy a Bollingbroke bomber. At a thrilling ceremony at the Rockcliffe Airport, Ottawa, on July 15th, the huge, shining plane was formally presented to the Royal Canadian Air Force. On either side of the body of the bomber was painted the crest of the Order with the words "For King and Country" printed below. The occasion was graced by the presence of His Excellency Duke of Athlone and Her Royal Highness Princess Alice, who has consented to accept the office of honorary president of the Order.

About 75 national and provincial officers and members were present and also an R.C.A.F. unit with their band. Following the ceremony Squadron Leader Truscott took the plane up on a short flight and landed again shortly, amid loud applause. The first war service of the bomber will be as a convoy.

The I.O.D.E. is a very powerful organization. It has chapters in most cities and towns across the Dominion. Since the outbreak of the war its membership has increased rapidly, and is now about 29,000. Great quantities of knitted goods, socks, sweaters, scarves, helmets, etc have been sent for distribution at Aldershot, training camps in Canada, to the Airforce, Navy and Merchant Marine. Over 80,000 pairs of socks alone have been distributed. Hundreds of leather lined jackets have been sent to the men manning the minesweepers and trawlers.

Huge quantities of new clothing, donated or made by the members, have been sent to the Soldiers', Sailors' and Airmen's Association in England. This organization enjoys the patronage of the Royal Princes and is now celebrating its 60th anniversary. It distributes clothing, bedding and other articles among needy families of the fighting forces.

Lady Tweedsmuir heads the Board in London to which requisitions for needed articles are made. A great warehouse stores supplies on hand. In addition over 2,000,000 magazines have been distributed at training centres to provide reading matter for the troops. Three lending libraries have been established at Camp Borden, another manned by Chapter members at Berryfield Camp, and similar ones in other centres.

The I.O.D.E. has sent large shipments of clothing for the use of refugees, and is giving splendid support to the plan for the evacuation of British children.

One of the chief aims of the I.O.D.E. is to instill patriotism; its ideals are unity, loyalty and sacrifice.

### LET ME REMIND YOU

The law of worthy life is fundamentally the law of strife. It is only through labour and painful effort, by grim energy and resolute courage, that we move on to better things.

—Theodore Roosevelt.

### NEWS ABOUT FOOD

Something cool, something prepared without wasted effort. The salad below answers both requirements, and yet is substantial enough to meet with the approval of swimmers or tennis players whose appetites are hearty.

#### Tuna Fish Salad

1 tablespoon gelatine	Dissolve gelatine in hot water. Flake
1/2 cup hot water	fish add pickle juice, celery, salt,
1 1/2 cups tuna fish	cayenne, and mayonnaise. Add dis-
1/2 cup mayonnaise	solved gelatine. Mix well, and place
1/2 cup celery (diced)	in individual moulds. Put in refrig-
1/2 cup liquid from sweet pickles	erator to set. Serve on lettuce with
1/2 teaspoon salt	a garnish of sliced tomatoes and cu-
Cayenne	cumbers. Serves six.

### Ice Cream and Cantaloupe



How about ice cream and cantaloupe for a porch supper during hot weather? Make it something special with fresh peaches and blackberries for good measure.

The vanilla ice cream for which we are giving you the recipe is nicest and most economical you have ever made. Not too rich, but smooth and full-bodied. Made with only one part cream to three parts milk, which is one-third to one-sixth as much as most recipes call for — a feature that will delight your household budget and prove a boon to those of your family who love ice cream but find it too fattening. And using no eggs, so you can guess how simple it is. All this because it is a rennet-custard ice cream, and rennet has a way with milk, as you rennet-custard fans already know. But why should we tell you about what's so easy to do for yourselves?

- Vanilla Ice Cream in Cantaloupe
- 2 rennet tablets
  - 2 tablespoons cold water
  - 3 cups milk
  - 1 cup heavy cream
  - 1 cup sugar
  - 1 tablespoon vanilla
- Dissolve rennet tablets in cold water. Warm the milk, cream, sugar and favoring to LUKE-WARM — not hot, stirring constantly. Remove from stove. Add dissolved tablets, stir a few seconds; pour immediately into freezer can and let set at room temperature until firm. Add 4 parts ice to 1 part ice cream salt. Turn freezer about 10 minutes. Remove dasher. Repack with ice and salt and let set until ready to serve. Serve in halves of thoroughly chilled cantaloupes, with a garnish of sugared sliced peaches and fresh blackberries. Serves 8.

### International Uniform Sunday School Lesson

#### Weighing Consequences

(A Principle of Temperate Living)

SUNDAY, JULY 28th, 1940

GOLDEN TEXT: "Godliness is profitable unto all things, having promise of the life that now is, and of that which is to come." 1 Timothy 4: 8.

LESSON PASSAGE: Proverbs 1: 7-10; Isaiah 5: 11, 12, 18-23; Galatians 6: 7-9.

Grant me health, O God, the fash of wonder.

Won by walking through the wood-lands

Or by swimming or by sking;

Grant me swift untrammelled action

Of my mind—and of my body.

Fearlessness, and proud endurance

Of each little daily hardship.

Race Experience, 7-9

The human race has placed a question mark after beverage alcohol. Ancient literature has proverbial warnings. Biography tells of great military conquerors defeated personally by drink. There are laws that drinking places should not be in operation near schools or churches. There are regulations prohibiting the sale of intoxicating beverages to minors. Even distillers spend thousands of dollars on huge electric lights warning motor car drivers not to drink before driving. Through various licensing, chemical there is government supervision of the sale of alcohol. The hours of sale are restricted. It is a custom to have all places selling liquor closed upon election days and certain holidays. Temperance education is included in the public school curriculum by statute. Criminal law has its provisions for punishing those who offend by drunkenness. These are but indications of race experience for thousands of years pointing to the dangers of drink. Parents in the family circle also warn children about the dangers of beverage alcohol. These facts are not due to innate prejudice against conviviality, but are the results of long experience of accidents and crimes caused by drink.

Facing Temptations, 10

Who makes your decisions? Do you choose for yourself or do other people dictate your choices? Many people are trying to make up your mind for you. Liquor advertisements on billboards, in magazines and newspapers, over radio, on ash-trays, sweaters, jackets and aprons, are suggesting that you become a user of beverage alcohol. Social custom also, such as toasting the bride or breaking a bottle of champagne over a new ship, lends countenance to the drink habit. Parties in business offices on Christmas Eve or the serving of liquor on New Year's Day tempt many people who do not wish to drink. Certain stores have to ask their customers not to offer delivery men drink in the

week preceding Christmas because of the dangers entailed. But because of the profit from liquor, millions of dollars are spent annually in advertising to inculcate the drinking habit.

Social Approval, 11, 12, 13, 18

People who would never think of using alcohol when alone do respond to the invitation to drink socially. There are many refinements that seek to lend charm to the practice of drinking. Liquor is served from beautiful decanters and in delicate glasses. Colour and fragrance combine to appeal to the senses. Friendship, laughter, and gaiety accompany social drinking. Frequently music is provided. Fine furnishings and brilliant lighting effects lend glamour to the scene. But this is not the whole story. Economic, social and moral consequences have to be weighed. The question of financial waste enters in. Lowering of moral standards cannot be forgotten. The danger of drinking drivers upon the highway forces itself upon public attention. Further, those who begin drinking in moderation may possibly end by drinking to very great excess. Effective temperance education must deal with the question of social approval. So many people drink, not because they wish to numb their brains with alcohol, but because "it's being done."

Empty Pride, 20-23

The things in which people take pride are a curious commentary upon human nature. Certain men brag of the amount of liquor that they can consume; others glory in their skill to separate wages from wage-earners by means of the drinking vogue. The positive cure for this kind of pride is to teach satisfaction in the worthy purposes of life. Young people find richer rewards from building strong bodies, cultivating their minds, and undertaking high purposes, than from seeking constantly for new sensations and exciting thrills. Personal conduct must be decided in the light of the welfare of society as a whole. When young people ask the counsel of seasoned drinkers about the use of beverage alcohol, they are frequently ad-

### It Makes a Nicer Cool Drink

# "SALADA" Iced Tea

Questions for Discussion

1. Is scientific knowledge about the effects of beverage alcohol a sufficient restraint?
2. Who decides what you do?
3. Distinguish between social and lone drinkers.
4. What does it mean to "drink like a gentleman?"
5. How may we teach the relationship between cause and effect? Serving Lesson Outlines copyrighted by the International Council of Religious Education. Used by permission.

Relentless Law, 7-9


The law of cause and effect works ceaselessly. Habitual drinking of beverage alcohol will, in time, change the chemistry of the brain. There are certain mental diseases such as dipsomania, delirium tremens, hallucinations and alcoholic mental deterioration, which can be caused, only by prolonged use of alcohol. No one can possibly have these diseases except by habitual drinking; no one need have them if he will leave beverage alcohol alone. Worse, however, than the physical effects of alcohol are the moral defeats and spiritual penalties which inevitably follow the prolonged use of beverage alcohol. Wesley's mother wrote to him that anything that exalted the body over the mind was a danger to be avoided. The highest achievements in life are in the realm of the mind and spirit. To cultivate deliberately a habit that will result in physical craving is folly, judged even on the basis of physical pleasure. The ancient Roman ideal of "a sound mind in a sound body" still holds good but the highest motive for temperance is neither fear nor self-interest but rather to be living victoriously and sacrificially for the service of mankind.

### LOCAL WOMEN LOSE ONLY BROTHER IN ENGLAND

A cablegram received by Mrs. Fred Laws on Monday brought the sad news that her only brother, J. W. Reynolds, had passed away at his home in Plymouth, England. Serving 22 years in the Royal Navy, Mr. Reynolds was retired on pension. He was 52 years old, and had been in ill health for the past few months. He leaves his widow and seven children. His eldest son is also with the Navy, serving at present on H.M.S. Columbus.

Three sisters of Mr. Reynolds live in Georgetown—Mrs. Fred Laws, Mrs. C. Chapman and Miss Annie Reynolds.

### Special—Carroll's Dandee




**TEA**

Borden's, Nestle's, Carnation

**EVAPORATED MILK**

2 16-oz. tins 15c

**1-lb. pkg. 47c**



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### FRANKFORD—NEW PACK

# PEAS

**16-oz. tin 8c**

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**Quaker**

**CANDIES** pkg. 10c

**Christie's Cheese TANGS** pkg. 14c

**Loch Lomond Sandwich BISCUITS** lb. 15c

**Butter Tarts or Iced CUP CAKES** 2 for 5c

**Christie's Jelly ROLLS** Ea. 15c

# PUFFED WHEAT

**2 pkgs. 13c**

**Quaker Puffed RICE** 2 pkgs. 17c

**Aylmer Pure Chicken SOUP** 2 tins 25c

**FREE BOWL with Kellogg's All-Wheat** 2 doz. 23c

**Australian Seedless RAISINS** lb. 10c

**Easifirst Shortening or Domestic** 2 lbs. 25c

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**AYLMER TOMATO**

# Catsup 2 12-oz. btl. 21c

**Perfumed Health Soap—ODEX** 2 cakes 11c

**Concentrated SUPER SUDS** 1/2 lb. 18c

**Lux is Thrifty—LUX 2 1/2** 19c. 23c

**White Naphtha Soap P.&G.** 5 bars 19c

**Soap Flakes—JIF** 1/2 lb. 19c

**Bright's TOMATO JUICE**

**25-oz. tin 9c**

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**SILVER CREST, RED**

# Salmon 1/2-lb. tin 15c

**JUICY LEMONS** doz. 30c

**Potatoes** bsk. 19c

**VALENCIA Oranges** doz. 24c

**GOLDEN RIPE Bananas** 3lb. 27c

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**Fruit and Vegetable Specials Until Saturday Night Only**

# CARROLL'S

**Phone 357**

**Free Delivery**

**Prompt Delivery**

You too can SERVE by SAVING!



**BUY WAR SAVINGS STAMPS**

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