

# Mainly for Women

## Timely Topics for Women

BY BARBARA BAINES

### SOME ADVICE TO BRIDES

Now that the honeymoon is over and the groom has carried his June bride over the threshold of their "cottage small," marriage begins to take on reality. Now comes the time for the fulfillment of all the plans that have been made, all the dreams that have been dreamed, and all the wedding itself more thrilling than getting settled in the new home and having the first meal there together. But it is a new relationship, a new way of living and from the very beginning involves new problems and adjustments.

Without doubt the bride, in her own mind, has thought of many changes that must take place in her daily routine, and has laid down a standard by which to measure her behaviour. This, is a splendid thing to do, because precedents and standards set in early marriage are the foundation upon which your life together is built, and for that reason are of great importance.

Grandmother would no doubt say that a happy marriage is assured if your house is always kept "clean as a new pin" and you always have a "substantial, hot, home-cooked meal" ready for your husband when he comes home. On the whole, this is good advice, but the domestic virtues are not the only ones. Some men do not want substantial, hot meals, and have you not known women who were neither beautiful nor good housekeepers, and yet were adored by their husbands and friends because they were jolly and good-natured and full of pep.

I once heard a bride say "My first aim will always be to please my husband, and do the things he wants me to do." At first hearing it sounds like a fine motto—but what a dull life it would lead to! No man wants a docile doormat for a wife, one whose every reaction he can anticipate, whose every thought he can read. He wants someone who will introduce a diversity of interests and variety into life, someone who is stimulating, someone who occasionally does the unexpected.

So it will be seen that good advice to the bride is only good up to a certain point—or probably good for some persons and not for others. But there are certain broad underlying principles that do tend to give happiness.

First of these is this. Do not place too high a value on security in life. Security is only comparative anyway, as witness events of recent weeks, and for the young at least is often over-rated. Marriage is a gamble but what would life be if all risk all adventure were removed. Let your husband tackle the new job or new business if he believes in it. Change means progress.

Money is important of course, but do not let it become too important. Some of the gayest, brightest, most inviting apartments I have visited have belonged to the young couple with a flat pocket-book, but lots of originality, and enough backbone to go ahead and try things. It is amazing what can be done with a can of paint and some chintz, if you are of a creative turn. Besides it leaves something bigger and better to plan for, and work for in the future. Similarly amusements and vacation trips, when you are young, do not necessarily need to be expensive to be fun.

Speaking of money—what about a budget? Is it necessary to have one? I would say definitely "Yes! but not one to which you are a slave." The budget that works is the one where you keep the essential overhead expenses, rent, heat, light, food, etc. down to a point where you will have something left over for the extras, the unexpected expenses, savings—and those "foolish things," that mean so much to you.

Do not depend solely on each other for company. Nothing becomes so monotonous as hearing the same ideas expressed over and over again. Do things together of course (don't let yourself become a golf widow) but try to fit yourself into the life of the community. If you are making your home in a new city or town, it is a great help to be a good mixer. Don't let shyness or an inferiority complex serve as a cover-up for laziness, lack of initiative, or lack of interest in people.

The young bride should do her own work at least for a while, whether she "needs" to or not. Why? Because nothing is so dulling and stupefying as idleness. We all know the feeling of satisfaction that comes from work well done. Then later if the family grows and she must keep help she knows what must be done to take care of a house and meals, and what can be expected from one pair of hands.

Above all, a young girl must bring interest and enthusiasm to her marriage and home. She should not let herself slump either mentally or physically. Do things that should not let herself be hurt by petty differences of opinion, or oversight on the part of her husband. Even if he seems to "help" him remember the anniversary or birthday than to stoop to self-pity because he didn't. Don't be the sort of person who "enjoys" being a martyr. Be ready to be amused, and to amuse. Be companionable. Never let the time come when you can't find fun in small things, petty things, even silly things. Reserve judgment on your husband's faults and do not take too much for granted. Laugh at the small tragedies that are bound to occur. Even a flare-up of temper isn't as annoying as a cloud burst of tears—and doesn't make a man feel so helpless. An easy laugh, a sense of humour, a gay philosophy, and life for you and your husband will never be dull, drab or commonplace.

### WAR SERVICE

#### Women's Help is Needed to Win the War

Tens of thousands of Canadian women are engaged in war work, and each week there seems to be an ever wider variety of work to be done.

Last week several shiploads of touselled and tired children arrived in Canada, the first "war guests" from the old land, and already in some homes extra places are being set at the table, and shouts of children at play ring in our ears with strange accents. Thousands of other homes, all across the Dominion, are ready and waiting to offer hospitality and care to other young children being sent to us for safety from across the sea.

The Red Cross is urging its members to even greater efforts that the huge quantities of supplies used up in the Battle of France, may be replaced before an invasion of Britain begins.

The Women's Institutes, and other groups in districts where fruit is plentiful, have been making strawberry jam in large quantities for shipment overseas. The Red Cross has been supplying the tins and arranging the transportation. Individuals are asked to can larger quantities of fruit for home use than usual this year, in order that commercially canned food may be sent to Britain.

The Navy is taking an increasingly active part in the war, and our sailors are especially in need of seaman's socks, sweaters and scarves. Even in the summer it can be pretty cold in the North Atlantic. Similarly the boys of the Airforce, who often have to fly at very high altitudes, need abundance of warm woollies. So keep those knitting needles clicking.

The Citizens' Committee, Y.M.C.A. and other organizations have been doing a fine work among soldiers' families, sending their sons to camp, providing layettes for the new arrivals, and giving advice, service and entertainment when needed. Many soldiers have said they can look after themselves but they feel helpless as far as their families are concerned once they leave for overseas.

There is work for every woman to do. If you cannot knit or sew probably you can help make surgical supplies or raise funds to carry on the work. Or you may like to do caution work or help entertain the troops here. There is a great need for volunteer drivers for typists and those able to do clerical work. Cour-

ses are being offered in first aid, nursing, cooking and driving transports. There is an opportunity for everyone to use whatever talents they possess. Women's work is an important factor in winning the war to save from final destruction, those personal, civil and religious liberties, which alone make life tolerable to free men.

### BOOK REVIEW

**Why Europe Fights—By Walter Mills**  
Mr. Mills believes that the war in Europe is indirectly due to the presence on one small continent of several dozen nations of varying and conflicting ambitions and personalities. Used common ties weakened and their differences emphasized by trade barriers, customs unions and minor and major animosities and rivalries. The direct cause of the war, though, is that one nation, composed of a warlike, arrogant people, embarked upon an active policy of conquest which she cannot or will not halt.

The author has given us a concise, well co-ordinated account of the high lights of history from the signing of the Versailles Treaty to the present time. He tells of the near-sighted idealism of the victors of the last war, their lack of vision, their inability to work with each other, their policy to build up her war machine because she seemed too weak to bother about—and later because she seemed too strong to bother. He tells of the vindictiveness of a defeated Germany and her threats of revenge, how every peace pledge made by her has been whittled down or broken from 1919 until the present time of how an unknown corporal came into power in 1933 because he was able to push and bluster his way into office, and how he built up without outside interference his powerful Nazi juggernaut, and his perfect timing in his use as country after country has fallen before it.

He tells of the failure of the League of Nations, dedicated to peace, which offered no interference when Mussolini's gunboats bombed and seized the Island of Corfu in 1923, or when in the same year Germany occupied the Ruhr, or when Japan began the conquest of China, or Italy marched into Ethiopia.

Walter Mills has drawn for us a very discerning picture of the factors leading up to the present war, in a book which most people will find very readable.

### LET ME REMIND YOU

How majestic is naturalness. I have never met a man whom I really considered a great man who was not always natural and simple. Affection is inevitably the mark of one not sure of himself.

—Gen. Charles G. Dawes.

### NEWS ABOUT FOOD

Just now limes are plentiful so do try this dressing on your next fruit salad:

#### Lime Dressing

- 2 eggs (well beaten)
- 1/2 cup honey
- 2 limes (juice)
- 1 cup cream (whipped)

Place the eggs, honey and lime juice in the top of a double boiler. Stir and cook mixture until it thickens. Cool. When ready to serve fold in whip cream.

## International Uniform Sunday School Lesson

### Job's Struggle to Faith in Life After Death

SUNDAY, JULY 14th, 1940

GOLDEN TEXT: "For I know that my redeemer liveth." Job 19: 25.  
LESSON PASSAGE: Job 14: 13 - 17: 13-16; 19: 23-29.

Launch your vessel;  
And crowd your canvass  
And ere it vanishes  
Over the margin,  
After it follow it,  
Follow the gleam!

—Alfred Tennyson.

**Job's Question, 13-15**  
Our physical eyes find delight in a wide horizon. That is why we enjoy looking out over the sea or the prairie. In cities we feel hemmed in by skyscrapers that shut out heaven's blue. In a deeper sense we yearn for limitless boundaries to our lives. A grave is so short, so narrow and so shallow that it cannot be the final home of the soul that by sight, imagination and memory ranges through infinite space. We know that earth cannot be our ultimate home because we cannot narrow our thoughts to material limits. Job had to make up his mind as to whether his destiny lay in a grave or in paradise. He well knew that it was a venture of faith, not to be proved like a proposition in geometry. Against a background of faith, life was the outcome of a much more basic belief, faith in an eternal and almighty God. The real question was not "would Job die?" but "would God fall and leave half-finished work?" Against a background of faith, rather than of scepticism, Job asked the ageless question: "If a man die, shall he live again?"

**Job's Experience, 16:17**  
It is shallow thinking to discuss the possibility of a future life as an abstract and theoretical question. We should approach it in the light of our own experience. Our own life is a fact of life far out-number the brief moments of death. Job had been grateful for God's providence during childhood, youth and mature life and his past came into the picture. He had felt a loving power guiding his life, numbering his steps, forgiving his sin. Thinking of God he became conscious of his sin, a strange experience to have if the grave destroys all moral values. It is because of our faith in a purposeful and loving God that we believe in immortality becomes reasonable. Our faith in God has cared for us in all the vicissitudes of life: his attitude will not change as we breathe our last. A life longer and better than this earthly life is part of the good news of Christ's gospel and the news is not too good to be true.

**Job's Blackout, 12 - 16**  
Even the saints of God do not have an unbroken experience of trust and exaltation. As the Negro spiritual has it, sometimes we're up, sometimes we're down. The dramatist who wrote the Book of Job was true to life when he sketched Job's changing moods. At times the suffering patriarch descended to the depths and at other times he soared to the heights. Here we find him thinking of the grave as a cold and cheerless house, a bed in darkness, the worms his only comrades. This is realistic poetry, but it is the logical conclusion that must be faced by those who have no larger hope than "dust to dust, ashes to ashes." Job had his nightmare of doubt, his eclipse of faith, but he could not rest in negations. His yearning for life beyond the tomb was implanted within him by the Spirit of God. All the time that Job was seeking to justify the ways of God to man, God was loving Job more than Job could possibly love God. Christian certainties witness to the hope of immortality by the inscriptions on the grave-stones. Christ has taken away the fear of death. The shadow feared by man is replaced by a mystery of light.

**Job's Conviction, 23 - 27**  
H Handel's Messiah is a triumphant oratorio. A great musician completed the artistic expression of a daring dramatist. The section "I know that my redeemer liveth" is sung in countless churches every Easter. Job's desire for his words to be written in a book, to be as permanent as though engraven on a rock, has been literally fulfilled. The human heart will not readily allow Job's words to be forgotten; these words of strong faith and high hope have been translated into hundreds of different languages. These outpourings of trust are the climax of the Book of Job and Christians appropriate them to express their faith in Christ. Our human suffering seems insignificant when seen in the bright light of the eternal love of God. A

man whose byghod faith was shattered by manhood's doubts, after thirty years of study regained faith and could look forward to his life having a higher progression after death. It was as though God had said to him: "Thou hast what thy whole heart desired."

### Job's Vindication, 28, 29

A life is to be judged not by isolated incidents but by its general trend and direction. Baffled as he was at times by pain and doubt, all the time Job had the root of the matter in him. His faith in a hereafter built strength and courage into his character. A Canadian doctor who had had several unhappy experiences of congregational strife, read books for years on personal immortality. Gradually the grandeur of the vision laid hold upon him. He rose far above village gossip and parochial bickering. His presence at a death-bed gave peace to the dying and comfort to the bereaved. The power of the resurrection will come to us as soon as we begin to live as though we are absolutely sure that we are going to live forever. Through this experiment, heaven will come to earth for us, eternity will irradiate time. So may we make this prayer our own: "O God, Author of the world's joy, Bearer of the world's pain, make us glad that we are men and that we have inherited the world's burden; deliver us from the luxury of cheap melancholy; and at the heart of all our trouble and sorrow, let unconquerable gladness dwell."

### Questions for Discussion

1. Do I live as though I expected to live forever?
2. What reasons have we to be thankful for death?
3. Is it "of the mercy of God" that the future is unknown?
4. Does the Easter faith help us concerning war casualties?
5. What did Christ teach about the future life?

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**TRY IT THE "SALADA" WAY**  
Infuse 6 heaping teaspoons of Salada Black Tea in a pint of fresh, boiling water. After 6 minutes strain liquid into 2-quart container, while hot, add 1 to 1 1/2 cups of sugar and juice of 2 lemons, strained, stir until sugar is dissolved, fill container with cold water. Do not allow tea to cool before adding cold water or liquid will become cloudy. Serve with chipped ice. The above makes 7 tall glasses.

# "SALADA" ICED TEA

### GIVE A BOY OR GIRL A HOLIDAY

Evacuating hundreds of children from Toronto's crowded downtown areas for a brief respite in the country is a task that is yearly undertaken by the Neighborhood Workers Association. This year the need is just as great as ever, according to P. N. Stapleford, General Secretary, but the problem of getting needy children out into the country for a much needed holiday grows increasingly difficult.

Last year more than 1,200 city children were invited to the country by kindly hostesses, living within a radius of 150 miles of Toronto. Many of the children were kept for more than the stipulated period of two weeks. The Neighborhood Workers Association provided all transportation costs, and had the children medically examined before leaving the city.

This year, with the vast majority of Canadian women engaged in war service of various kinds, and with the arrival of children from overseas, invitations are much slower coming in.

Officials of the Neighborhood Workers Association point out the extreme importance of keeping up the morale and health of needy families during

this period of emotional stress and strain. "Any service which aims to build up the Canadian home front is invaluable to the Empire at this time, and women who feel able to take two or three city children into their homes this summer are helping to play their part," Mr. Stapleford points out.

Many of the children on the N.W.A.'s waiting list are the sons and daughters of men now serving overseas with the Canadian forces. Many soldiers' wives are struggling to maintain large families on a limited budget which does not allow for holidays—no matter how badly needed.

According to the Country Homes Department, children from six to twelve years of age are waiting to be invited to the land of green fields and blue skies. If any person has room in their home for such needy youngsters, a letter should be addressed immediately to the Country Homes Department, Neighborhood Workers Association, 22 Wellesley St., Toronto, stating how many children are invited and the desired sex and age, also enclosing a brief letter from the local clergyman.

In 1939, 740 hostesses opened their hearts and homes to little guests from Toronto. The need is just as great now!

# CARROLL'S

Beaver Brand Canadian

**Lobster** 6-oz. tin **25c**

**BRIGHT'S PEACHES** 15-oz. tin **11c**

**VELVEETA CHEESE** 1/2-lb. pkg. (Plain only) **15c**

**CORN STARCH CANADA** 2 1-lb. pkgs. **17c**

**APPLE SAUCE ATLMER** 2 15-oz. tins **15c**

**BISCUITS** TEA TIME CREAM SANDWICHES 1-lb. **15c**

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**LAYER CAKE** CHRISTIE'S DIAMOND TOP Ea. **20c**

**TENDER LEAF TEA** TRY IT ICED 7-oz. pkg. **31c**

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This Cake 1c WHEN YOU BUY 3 CAKES AT REGULAR PRICE  
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**Fly Ded Fly SPRAY** 16-oz. tin **25c**

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**MACARONI OR SPAGHETTI** 3 lbs. **11c**

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**POST'S BRAN FLAKES** 2 pkgs. **19c**

**HORSERADISH MUSTARD** 9-oz. jar **11c**

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**CERTO LIQUID PECTIN** bot. **25c**

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**.COCOA** 1/2-lb. tin **19c**

Medium Size	Large Juicy	Golden Ripe	TEXAS	New Home-grown
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24c Doz.	30c Doz.	3 lbs. 25c	2 lbs. 25c	5c Head

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