

Timely Topics for Women

BY BARBARA BAINES

WHAT TO THROW AWAY

April is housecleaning month. The weather to date hasn't been very encouraging but let there be but a few sunny days and you will find mops and brooms and paint brushes to the fore. Then comes the question: "What to keep, and what to throw away." The strange thing is that we have become so accustomed to our surroundings that we do not see them at all. Familiarity has not necessarily bred contempt, but certainly a vast indifference. Go into another woman's home for the first time and you unconsciously become a critic of her colour scheme, treatment of walls, floors, windows, and furnishings. Pretend you are a stranger in your own home for the first time—go to the door of each room and look at it impersonally. This careful scrutiny is almost sure to throw into relief some short-comings hitherto unnoticed.

What about that bridge prize you put on the mantle because you didn't know what else to do with it; those many ornamental ash-trays, vases, book-ends, innumerable things given you or picked up here and there—that you once thought "cute" individually, but that now make your living room look just a bit like a curio shop; or that walnut table you always disliked and cost things away. Look at your walls cluttered with pictures, some of them worth little and spoiling the effect of the few really good ones, of which you are so proud. Funny you didn't notice how soiled that white silk lamp shade was; or how dusty this bouquet of artificial flowers; or how the bottles and jars have seemed to collect on the top of your dressing-table.

This is a very exaggerated picture of course, but the fact remains we only SEE things when we LOOK at them. Now that you have SEEN your home do get rid of all the extras. Replace if possible soiled lamp shade and cushions. Don't put an ash tray in every available spot. Buy them in sets that pile up and can be gotten out when needed. Use restraint in the placing of ornaments. Some add much charm to a room because of their line or colour.

Hoarding of possessions seems to be natural to many people. They can't bear to throw anything away. But the modern, smaller homes have little storage space, and it is too valuable to be taken up with unwanted possessions. So go through your rooms with a discriminating eye and decide what to keep and what to throw away.

In these days when so many organizations are raising money by means of rummage sales and white elephant sales, someone no doubt will be glad of donations of articles which are still good but which do not fit in your home.

LET ME REMIND YOU

Be sure of the foundation of your life. Know why you live as you do. Be ready to give a reason for it. Do not in such a matter as life, build on opinion or custom, or what you guess to be true. Make it a matter of certainty and science.—Thomas Starr King.

SUNDAY TEA FOR THE TROOPS

Would you like a peek behind the scenes at a Sunday Tea served at the Y.M.C.A. Centre at Exhibition Camp, Toronto. The Y.M.C.A. canteen is always a popular rendezvous for the boys—a spot where they can read, or write letters or just talk—a spot where they can buy coffee, light lunches or the proverbial coke (which causes so much amusement in England) from bevy of smart girls in white uniforms. Young women from homes and offices volunteer for work behind the counter, at the information desk, entertaining the boys by playing the piano in the lounge for sing songs, and various other duties. The attendance in March was 40,000.

Sunday afternoon is time off for the troops and any who are not visiting their families or friends in the city are invited to be guests of the Y.M.C.A. The Ladies' Auxiliaries of the various "Y's" are responsible for providing an hour's entertainment and a light supper.

Early in the afternoon men in kilts, battle dress or Air Force uniforms begin to gather. At 4 o'clock they make their way into the concert hall, which seats about 800, for the programme. When that is over the ladies, who have been busy in the well-equipped kitchen, begin serving a pass around supper. A typical menu is man-sized sandwiches, coffee, sweet pickles, home-made cake and Eskimo pies, followed by cigarettes.

After supper one of the Chaplains may show them moving pictures; but of one thing you can be certain—they always begin and end, and probably break into the middle of any programme with community singing. For soldiers love to sing, and I love to hear them.

The rest of the evening many of them play ping-pong or other games provided, write letters, gather around the piano in the lounge for another sing-song, or chat with the ladies. They may even be lucky enough to get an invitation out to dinner at some-one's home the following week.

At the same time every Sunday, similar teas are served the troops in each of the three Y.M.C.A. buildings in the city, and if you could peek behind the scenes there you would see boys from Halifax, Winnipeg or maybe Vancouver, having just as much entertainment and fun as the others were at Exhibition Camp.

I might add that the ladies who provided the programme and tea equally enjoy the afternoon.

BOOK REVIEWS

Three's a Crew By Kathrene Pinkerton—Author of "Wilderness Wife"

The Pinkertons decided on a good holiday cruise, bought a small boat at Seattle, decided it wasn't large enough, so bought a 50 ft. motor-cruiser. With no knowledge of the nautical life, but plenty of outdoor living, they start out to cruise among the innumerable inlets and islands along the coast of British Columbia and Alaska.

There follows a gay, entertaining account of their experiences, the incidents of life afloat, the exciting moments of difficult navigation, getting tangled up with a school of charging whales, meeting a pioneer of the Cape Flattery fishermen, visiting an Indian village.

Three's a Crew is an adventure in living told with vividness, humour and charm.

NEWS IN FOOD

This week I am going to give you a recipe for a smooth, velvety chocolate sauce that you will like to serve with plain puddings or over sponge cake fresh from the oven. It is especially delicious served on vanilla ice-cream. It is nourishing and the children will love it.

Chocolate Sauce

1/2 cup corn syrup
1 tablespoon water
3 tablespoons cocoa
1 tablespoon butter
A pinch of salt
1/2 teaspoon vanilla
1/2 teaspoon vinegar

Put corn syrup, water, cocoa and salt in the top of a double boiler. Stir until smooth, bring to a boil. Add butter, vanilla and vinegar. Serve at once.

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To stations Ottawa and East to Cornwall inclusive, Uxbridge, Lindsay, Peterboro, Campbellford, Newmarket, Collingwood, Meaford, Midland, North Bay, Parry Sound, Sudbury, Capreol and west to Beardmore.

Train 20, Friday, April 26th. All Trains Saturday, April 27th

To TORONTO

also to Brantford, Chatham, Goderich, Guelph, Hamilton, London, Niagara Falls, Owen Sound, St. Catharines, St. Marys, Sarnia, Stratford, Sturtevant, Woodstock.

See handbills for complete list of destinations. For fares, return limits, train information, tickets, etc., consult nearest agent. T-116A

Canadian National

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International Uniform Sunday School Lesson

ISAIAH COMFORTS AN AFFLICTED PEOPLE

SUNDAY, APRIL 28, 1940

GOLDEN TEXT: "God is our refuge and strength, a very present help in trouble." Psalm 46: 1.

LESSON PASSAGE: Isaiah 40: 1 - 11.

Go softly, you who have no loss to weep. Who sink at night to deep, untroubled rest.

And envy the defeated who must keep The ghost of beauty in an empty breast.

Frances M. Frost.

Good News, 1: 2

During the lessons of the month of April, it has been invigorating to come under the spell of such great souls as Amos, Hosea, Micah and Isaiah. Today's lesson tells of the promise of return from captivity given to the people of Israel when they were slaves in Babylon. To them the good news of joy was comparable only to the gladness of our nation on Armistice Day, November 11, 1918. Isaiah's words bid us look forward to the day when the present war will come to a conclusion. How the news will flash around the world in a few seconds of time. Shall we, when peace is restored, learn better the lesson from war than we did following 1918? Isaiah interpreted national events in spiritual terms. He spoke of God's forgiveness and the power of God to comfort and restore a broken nation. History becomes intelligible only when studied in the light of the power and the will of God.

Right Principles, 3 - 5

The illustration of road building used by Isaiah has been greatly enriched in modern days. The preparation of a highway through the desert by slave labour involved levelling rough places and laying stones. In Canada we think of such projects as tunnelling through seven hundred miles of mountains for the building of railroads. In recent years, great skill has been shown in reducing grades and eliminating the curves on highways. The parallel is plain for social engineering. We have to overcome class consciousness, monopolistic powers, gangster crime and political partisanship. If democracy is to continue, there must be a new spirit in our citizenship. Education, culture, government and religion must be freed from selfishness and materialism. The glory of the Lord may be seen not only on the face of nature but in a Christian social order.

Enduring Truth, 6 - 8

Human life is brief. Isaiah compared its perishability to the withering grass and the fading flower. With equal emphasis he asserted that the word of God will stand forever. Christ dared to say that heaven and earth would pass away but that his words

Try This Orange Lemon Marmalade

By BETTY BARCLAY



This Orange Lemon Marmalade is just the thing to restock pantry shelves as the summer's jams and jellies run low. Slice very thin 2 unpeeled lemons and 4 unpeeled medium-sized oranges. Measure the sliced fruit and add three times as much water. Mark water line with pencil on inside of kettle. Boil 45 minutes. Replace fruit and boiled away with water to pencil mark.



Add 1 1/2 cups sugar for each 2 cups of cooked fruit mixture. Cook in 5-cup lots in a large kettle, boiling vigorously until syrup gives a jelly test of thick, reluctant drops from side of spoon (12 to 15 minutes). Now add 2 tablespoons lemon juice. Boil again for about 1 minute and make a second jelly test. Pour into sterilized glasses. Cover with paraffin when cold.



Before pouring into glasses, it is well to cool marmalade 5 minutes, stirring frequently to prevent floating fruit. California Navel oranges are best for this marmalade, being firm-meat, clean-skinned and easy to slice, because seedless. In February and March they are at just the right state of ripeness for fine marmalade.

Mainly for Women

would not pass away. These predictions are fulfilled by the very fact that we are studying the words of the Hebrew prophets and the words of the Christian Gospels many hundreds of years after they were uttered. These words are the words of God because they revealed truth and love. They are enduring because they are eternally right. History shows many changing moods but there are enduring principles of human conduct and the principles of God. The Bible has been translated into twelve hundred languages or dialects. During last year, as for several previous years, the Bible outsold "Mein Kampf" in Germany by 200,000 copies. Thousands of Russians are meeting in forests to hear the words of Christ. When so much has been done to alienate German and Russian youth from the churches, the demand for the scriptures shows that the gospel can withstand and overcome all the forces ranged against it. During the war, Finnish planes dropped Russian Bibles over the Russian soldiers. The Christian Church may have to endure persecution in many countries but the Bible will continue to be our greatest source of spiritual truth.

The Work to Do, 9, 10

Isaiah predicted the coming of the Messiah as one who had good tidings to tell, one who would speak to the cities of Judah, one whose work would be before him. As we read these words we think of Christ coming as a teacher, a lover of his fellowmen, dying on the cross to redeem mankind from sin. Thousands of books are being written in an attempt to explain what Christ has done. There still remains the unfinished work of Christ. A billion people need to be taught to read and write. Nations need to be saved from the threat of war, poverty and unemployment must be banished, the spread of disease must be checked, the blight of ignorance must be lifted. What Christ has already done for mankind is a pledge of what he yet will do.

The Good Shepherd, 11

To think of the absolute power of a dictator is a nightmare. That one man should be able to bring war upon humanity, that a small group of men should have power to persecute

was an interesting demonstration "Dressing up home-grown vegetables" given by Miss Reta Fisher. Mrs. Francis Thompson sang two lovely solos and readings were given by Mrs. Bellbody and Mrs. Austin. Mrs. Frank Wilson, Mrs. Engleby, and Mrs. M. Bird were appointed delegates for the District Annual.

The following slate of officers for 1940-41 was received from the nominating committee: President—Mrs. W. Engleby. 1st Vice-President, Mrs. N. Stark. 2nd Vice-President, Mrs. F. Wilson. Secretary-Treasurer—Mrs. M. Bird. Directors—Mrs. R. Hepburn, Mrs. A. J. Ruddell, Mrs. Cecil Wilson, Mrs. W. Brownridge. Program Committee—Miss Reta Fisher, Mrs. C. Austin, Mrs. W. Bird, Mrs. Francis Thompson, Mrs. H. Giffen. Flower Committee—Mrs. H. Barnes, Miss L. Reed, Mrs. J. Bellbody. District Director—Mrs. W. Brownridge. Press—Mrs. F. Ruddell. Auditors—Mrs. Nurse, Mrs. R. J. Graham.

Flanist—Miss I. Wrigglesworth. Assistant Pianist—Mrs. J. G. Wilson. Courtesy Committee—Mrs. Clayton Wilson, Mrs. Fred Wrigglesworth. The hostess, assisted by the lunch committee served lunch and a pleasant half hour was spent by all. Mrs. C. B. Dick extended a hearty vote of thanks to all who had so ably taken part in the program and to Mrs. Wilson for giving her home for the occasion. Several articles, including a quilt, knitting and sewing were received to be forwarded to the Red Cross Society in Georgetown.

Several from Ashgrove community attended the funeral of Mrs. T. Douglas of Hornby on Tuesday, April 16. Owing to illness of our pastor there was no service in the Ashgrove church on Sunday morning.

INFORMATION, PLEASE

The "Railway Review" of London, England, published the following in a recent issue: "It is reported that a woman telephoned the Canadian National Railways Bridge Department to inquire how many points are awarded for a 'little slam'." No confirmation of the report could be obtained at headquarters of the National System.

ASHGROVE

Mrs. Clayton Wilson was host to the Women's Institute on Wednesday, April 17. There were thirty ladies present and Mrs. Engleby, the president, presided. The roll call was answered by giving a written suggestion for next year's program. Considerable business items were dealt with after which the motto based on the verse "The kiss of the sun for pardon, The song of the bird for mirth, One is nearer God's heart in a garden Than anywhere else on earth." was taken by Mrs. Walter Brownridge. The main feature of the program

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Special—Glasco's JAM with pectin Raspberry or Strawberry 1/2-lb. jar 25c	Carroll's Dandee TEA 1-lb. pkg. 49c	Carroll's Dandee COFFEE 1-lb. pkg. 32c
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TOMATO CATCHUP Libby's 2 12-oz. tins 23c	PORK and BEANS Libby's 3 20-oz. tins 25c	PREPARED MUSTARD Libby's 9-oz. jar 8c
SPAGHETTI Cabell's with Cheese and Tomato 28-oz. tin 15c	DOMESTIC SHORTENING 2 1-lb. pkgs. 25c	SARDINES Brunswick Canadian 2 tins 9c

Our NEW CHEESE lb. 17c	CRISCO The Digestible Shortening Tin 19, 53c	Richmello CHEESE 1/2-lb. pkg. 15c
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CORN FLAKES Sugar Crisp 4 pkgs. 25c	GRAPEFRUIT JUICE Unsweetened 3 20-oz. tins 25c	ELITE BISCUITS Cream Sandwiches 2 lbs. 29c
COWAN'S COCOA 1-lb. tin 27c	MAGIC Baking Powder (cash & carry) 16-oz. tin 28c	CHIPSO with Glass Bowl Both for 25c

Lipton's TEA 1/2-lb. pkg. 36c, 41c, 46c	CAMAY Toilet Soap Cake 5c	"IT" Shoe Polish Tin 10c
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Floor Wax

NAVEL Oranges Med. 26c, Large 30c, Extra Lg. 35c, Dozen	FRESH SPINACH 2 lbs. 15c	CRISP FRESH OLEARY HEARTS bundle 10c	SHINOLA GRAPEFRUIT SEEDLESS 5c each
Large Bunches NEW CARROTS Bunch 6c	NEW CABBAGE Pound 5c		

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