

The Women's Page

International Uniform Sunday School Lesson

Calvary: Triumph Through Sacrifice

SUNDAY, MARCH 17th, 1940

GOLDEN TEXT: "He is despised and rejected of men; a man of sorrows, and acquainted with grief."—Isaiah 53:3.

LESSON PASSAGE: Matthew 27:33-50.

Lord Divine, that stooped to share Our sharpest pang, our bitterest tear On Thine we cast each earth-born care We smile at pain while Thou art near.

—Oliver Wendell Holmes.

Transforming Grace, 33

Calvary was a place of crucifixion outside the city of Jerusalem. Skull-shaped, its name seemed appropriate to its associations with death. Yet Christ has transformed it until it has become the inspiration of great art and great music. Through Christ it is linked up with the world's redemption. In the same way a humble stable at Bethlehem is now the setting for Christmas garlands, carols, gifts and gladness. Best of all, Christ has given a new value to human life. By spiritual rebirth, selfish human nature may be transformed and human bodies may become temples for the Holy Spirit. Humble homes may have such radiant love and affection that they give a foretaste of heaven to members of the family and to visitors. By the grace of Christ a narrow-minded persecutor became the author of a hymn of love, first for the Corinthians and then for all mankind. Christ is always giving beauty for ashes.

Possessions and Personality, 34-38

Christ left no material legacy except his garments for which the Roman soldiers cast lots. He lived his life without owning real estate or jewels and sometimes he had unsearchable riches and though financially poor he has made many rich. In derision the title of Jesus the King of the Jews was written above his cross but it is now nearer the truth to speak of him as King of humanity. His teachings have been translated into twelve hundred languages or dialects. His parables have entered proverbial speech. His goodness has been an inspiration to countless people when tempted. His love has been a humanizing influence. The impact of his personality upon history has been so distinctive that he is unforgettable. The insults, shame and cruelty of the cross but form the dark background against which his

great-heartedness stands out. The world's appreciation of Jesus exemplifies his statement that man does not live by bread alone.

The Outward Scene, 39-44

The hardness of the human heart stands out in the crucifixion story. While Jesus suffered on the cross, the people who passed by reviled him, wagging their heads and taunting him. They challenged him to come down from the cross and vindicate his Messianic claim. The chief priests joined with the scribes and elders mocking him and saying, "He saved others, himself he cannot save." Showing no human compassion whatever, they enjoyed his torture because he had dared to differ from them. They jeered at him as they suffered on their crosses joined in taunting him. Many had hoped that such calloused attitudes had passed away but there has been a rebirth of cruelty in both eastern and western lands. There has been widespread racial persecution. Civilians have been bombed, cities have been burned, millions of poor people have been left to starve to death like beasts. We know now the difficulty of teaching mankind to love. Instead of despair, we must make more concerted efforts. Christ did not despair in the face of Roman military power. He said that his way of life would overcome the world.

The Inner Contest, 45-49

We can enter only a little way into the suffering of Christ upon the cross. His nature was so fine that he was more sensitive to pain. He saw the deep significance of his death; he was bearing the world's sin in his own body, the just for the unjust. He was yielding up his life as a voluntary sacrifice. There was darkness over the land for three hours as though nature reflected his mood. In his own spirit there was a momentary sense of desertion by God. There was cruel thirst. All this was endured by one who was the friend of sinners and a lover of his fellowmen. It shatters all shallow optimism and rosy pictures of the future of human history. The best man suffered most, but his pain and sorrow have been redemptive. The agony of Jesus upon the cross melts hard hearts and releases and unexpected flow of unselfish love. Goodness is costly. A price has to be paid. The price is the cross.

The Last Enemy, 50

It is natural that death should be feared because it causes separation from earth, home and loved ones, yet it does not take us altogether by surprise. We know a little what it means.

Each night as we fall asleep, we surrender consciousness. People fainting feel earth slipping away from them. A blow may cause hours of unconsciousness with no knowledge of the passing time. Anaesthesia may be induced for hours or opeates may prolong days of sleep. Yet death is something more, we dare to hope, than saying farewell to earth's familiar scenes: it is an entrance into a higher life. It is a new beginning, an excursion into the spirit world. It is not all of life to live our all of death. Jesus was a positive and active force even in the hour of death. He yielded up his spirit. It was not a passive submission; He voluntarily and purposely gave his life for others. We may not understand it all but the victory of the cross moves us to nobler living.

Questions for Discussion

1. What different meanings are suggested to you by the word "grace"?
2. Does modern education counteract materialism?
3. Are we hopeful or hopeless about the future history of mankind?
4. How is it possible for Christians to live the cross?
5. What have you to say to parents of young men killed in war?

Gambling Gave

us Sandwiches

The Earl of Sandwich has been credited for over a century, with one of the most satisfactory inventions in human history. It is said that when he was too busy to leave the gambling table for regular meals, he used to call for a slab of meat between two slices of bread, and thus the sandwich got its name.

From its first primitive form, the sandwich has been getting more and more civilized. It is now found in all shapes and sizes, in various color schemes and a wide variety of flavorful fillings. From the dainty one-bite type to the hearty kind comprising two whole slices of bread (with crusts) and plenty of filling, sandwiches play an important role in our diet.

Here, with an eye to Lent, are some of the hearty type for school and working people's lunch boxes.

Mystery Sandwiches

- 3 hard cooked eggs
- 1 pound Canadian cheese
- 1 small onion
- 1 pimento
- 4 teaspoon salt
- 1-8 teaspoon paprika
- Contents of 1 tin of Canadian sardines.

Put all the ingredients through the meat grinder, using the finest cutter. Mix thoroughly, adding the seasonings. If not moist enough, add oil until of a creamy consistency. Just rich to spread. Let the mixture stand several hours before using, to blend the flavours more perfectly.

Royal Sandwich Spread

- 2 tablespoons butter
 - 1 can thick tomato soup
 - 1 pound mild Canadian cheese, grated.
- Heat until all are blended, stirring. Remove from the heat and add 1 egg and beat until well blended. Return to the stove and cook until thick and smooth, stirring. Remove and add 1 cup of flaked canned salmon, removing the skin, but using the oil, and 3 tablespoons of chopped stuffed olives. This makes about 1 1-2 cups of the spread. As the tomato gives colour, any variety of canned salmon may be used in making the spread, not necessarily red salmon.

Sardine Sandwiches

Place a small sardine on thin, buttered bread, roll. Coat with grated Canadian cheese, and toast in oven or on toaster.

WHEN ONE DISH IS THE WHOLE MEAL

One-dish meals save time, flavour and motions—especially the motions of dishwashing. They are, at the same time, thoroughly satisfying and nourishing, while containing all the necessities of a well-balanced meal.

The following recipe for "Meal Tickets" is a particularly handy way of achieving that all-in-one simplicity. Baked apples, fish or whipped or plain cream make an ideal dessert and can be cooked at the same time as the main dish.

Having several cans of Canadian fish such as salmon, or chicken huddle always on hand, is an additional time saver in preparing this dish, though any left-over fish will do just as well. Choose large potatoes. Bake in a hot oven. (450 degrees F.) about 50 minutes. Cut off top, scoop out potato, mash, adding butter, salt and hot milk or cream. Fill the potato shell with creamed salmon or other Canadian fish. Over this place a layer of carrots, asparagus, or what have you. Then the well-seasoned mashed potato in a mountain to top the whole—piece of butter atop this. Pop them into a 350 degree F. oven to heat through and to brown. Serve on heated platter or individual dish garnished with parsley and cold slaw if desired.

AIR TRANSPORT SAFETY PASSES NEW MILESTONE

One fatal accident in 106,429,000 passenger miles was the record of commercial airlines in the United States in the year January 14, 1939—January 14, 1940, according to Robert H. Hindley, chairman of the Civil Aeronautics Authority, Washington. "This is a record," he said "well beyond what many people, even in industry, thought possible a few months ago."

We print nifty letterheads, also all other kinds of quality stationery.

UNITED CHURCH MISSIONARY INJURED ON EVE OF FURLOUGH

United Church Missionary, Dr. R. B. "Bob" McClure, who has been serving the International Red Cross in West China, is expected to return to Canada on furlough toward the end of March, but will require some weeks to recuperate from the effects of a serious accident.

Description of the accident is contained in a letter received recently by officials of the Board of Foreign Missions of The United Church of Canada. Dr. McClure writes:

"The word from the Board about my returning via Clipper arrived some days before Christmas. I had planned to do so and had written for reservation, but on December 20th, on what was to have been my last trucking run to Kunming to get Bill Mitchell before our convoy left our yard, when everything was ready, I was crushed between two loaded trucks by one of our student drivers. I was working on a truck standing still in the yard and the student pulled up too close in passing and jamming me between them, rolled me around like a pebble between your hands and certainly came near to finishing me. I have seen three other accidents like it in the past year, but in none of the others was there any life left in the victim. Fortunately, I went unconscious when my breath was crushed out, and again, fortunately, our garage is right at the door of the Provincial Hospital.

When they got me released, I was taken right in to the hospital, where I came to. My chest was badly knocked around and I am afraid that it will be many months before I can take a full breath again and do a full day's work. Both collarbones were dislocated at the breast bone, and we have only found out now that six ribs on each side have been buckled up and the whole shape of my chest is altered until further notice. There was so much swelling and bruising at first and the danger of pneumonia was so great, that no attention was paid to other things. My left shoulder came out of place and slipped back in again and there has been a nerve injury to my left hand somewhere, probably torn

The Quality Tea "SALADA" TEA

up in the neck. My neck muscles were both torn badly, but it saved my skull, for when they tore it allowed my head to turn into a small diameter and so escape crushing. My pelvis was below the level of the truck body and so escaped crushing. My pelvis was below the level of the truck body and so escaped all right. It gave us a bad scare and I am so tickled to death to be alive that my rotten condition does not worry me much. Rest will help things all right."

HEALTH

CORONARY DISEASE TREATED SURGICALLY

A London Surgeon, Mr. Laurence C. Sherrin, has treated 20 cases of coronary disease by means of surgery. Five died and all the others made such progress that those who were bedridden became active again and those who were unable to work resumed their employment.

The operation requires courage on behalf of the patient and both courage and skill in the surgeon. It imitates what sometimes occurs in nature. In some cases of coronary disease the inner lining (that is the part deprived of blood by the plugging of a branch of the coronary artery) forms an adhesion to the pericardium or pouch in which the heart rests. This adhesion affords a new blood supply. There is

the well-known case of a doctor who because of such adhesions was able to return to practice after a severe attack of angina complicated by pericarditis. The operation consists in supplying a fresh source of blood for the defective heart circulation by transplanting a segment of cmentum into the chest and grafting it to the heart. The type of case which does best after operation is in a patient who has made an incomplete recovery from a single attack of thrombosis, progressive angina of effort, hypertensive heart failure which has reacted badly to medical treatment and syphilitic inflammation of the aorta. The contra-indications are: age, gross structural defects in the heart and degeneration of kidney and brain vessels. It is an operation which will doubtless be heard more of in the future.

SKIERS ASCEND 8,000 FEET

The first ski ascent of an 8,000 foot snow peak near the ski dome above the Maligne Lake Chalet was accomplished here recently by three Regina skiers, Dr. Roy Johnson, John Holmes and Pat Ross. For their efforts the trio was rewarded with a spectacular three mile run, partly over virgin snows, to the Chalet.

Calling all hostesses! Please send in a list of your guests for next week's Herald.

The SNAPSHOT GUILD

HOW ENLARGEMENTS ARE MADE



Enlarging brings out detail you can't see in a small print. Both these prints were made from the same negative. Only part of the negative was used, with surplus background and foreground area masked out. This is another advantage of the enlarging process—you can include just what you want, and omit excess material at the top, bottom, and sides of the picture.

By moving the enlarger head up and down, you can make prints any size up to the limitations of the enlarger. In some enlargers, the head can also be swung to a horizontal position, so that huge prints may be projected on a nearby wall. One type of precision enlarger is designed so that it can also be used as a camera, for taking pictures. The great advantage of enlarging, in addition to big prints, is that you can try special effects. For example, by a simple process known as "dodging," you can hold back certain parts of the image and give more exposure to other parts. Thus you can bring out detail (or subdue it) wherever you wish. Too, you can make diffused prints, combination prints, prints with special tear-out effects—all sorts of novel effects. Of course, for fun in photography, you don't have to have an enlarger, or even make your own contact prints. Millions of amateurs enlarging adds interest and value to the camera hobby.

With a modern precision-built enlarger, it is easy to produce enlargements. In some respects, it's easier than contact printing. The film negative is simply slipped into a carrier, which fits a slot in the enlarger lamp house. When the lamp is turned on, an enlarged image is projected on a paper holder below the enlarger lens. You slip a sheet of sensitized paper into the paper holder—make the exposure—then develop the paper as you would a contact print.

John van Guelder

March of Time Picture "CANADA AT WAR"

THE Board of Censors, acting under the authority of The Theatres and Cinematographs Act, Chapter 319 of the Revised Statutes of Ontario 1937, has prohibited the exhibition of the film "Canada at War." In the opinion of the Board the picture is capable of being used—and is, in fact, presently being used in Canada—not for purposes of entertainment or education but for political propaganda. In proof of this, a copy of an advertisement published in Vancouver, B.C., papers under the sponsorship of the Vancouver Liberal Association is shown hereunder.

CAPITOL THEATRE

You have heard the politicians talk on Canada's War Effort

MARCH OF TIME

An independent and accurate news reel now showing gives a Complete Picture of Canada's War Effort

Every Canadian should see this picture and realize that the accomplishment is the work of one man

IAN MACKENZIE

In the Montreal Star of March 1, 1940, there also appeared an advertisement reading in part as follows: "Special March of Time 'Canada at War', sponsored by the Dominion Government now showing daily 10 a.m. to 1 p.m., Sunday 12 noon to 2 p.m."

Moreover, the film "Canada at War", No. 8 in March of Time features, was released for exhibition in advance of No. 7—which is a picture with an American appeal. The release date of "Canada at War" was said to have been advanced three weeks apparently to permit of the display of the film during the Dominion election campaign.

The action of the Board of Censors in prohibiting the exhibition in Ontario of the March of Time picture "Canada at War" follows the precedent adopted in the Ontario provincial election of 1937, during which time the Liberal Government of Ontario refused to permit the exhibition of films and pictures which gave vivid accounts and displays of C.I.O. activities and scenes of violence in American industrial centres. The showing of the pictures would have been to the undoubted advantage of the Liberal Government which was opposing C.I.O. activities in Ontario. Yet the Ontario Liberal Government banned the exhibition of the films and pictures.

The Board of Censors of the Province of Ontario would be false to its duty if it interfered in the wartime elections campaign by placing its stamp of approval on a film such as "Canada at War," which in this time of grave national peril is being used and exploited for purposes of political propaganda.

M. F. HEPBURN, Treasurer of Ontario.