

### International Uniform Sunday School Lesson

#### ISAIAH FORETELLING THE BIRTH OF THE MESSIAH-KING

SEPTEMBER 24, 1939.

**GOLDEN TEXT:** "His name shall be called Wonderful, Counsellor, The mighty God, The everlasting Father, The Prince of Peace." Isaiah 9:6.

**LESSON PASSAGE:** Isaiah 7:14, 9:1-7, 11:1-5.

O Thou who camest from above The pure, celestial fire to impart, Kindle a flame of sacred love On the mean altar of my heart.

An Ancient Hope, 14.

The Bible begins with the Garden of Eden and ends with the Holy City. In both Old and New Testaments there is a forward look. For centuries the Hebrew people were sustained by the hope of the coming Messiah. Even in the darkest periods of national history, prophets continued to foretell the coming of a deliverer. Isaiah, especially, was confident that God had something better in store. Immanuel would come: God with man. All that the Christian doctrine of the incarnation has contained is but the realization of Isaiah's hope. Men have found God in Christ. It is interesting to view the Hebrew hope and the Christian realization through the eyes of the Easterner, Sadhu Sundar Singh who told of a vision: "When I entered Heaven for the first time I looked all around me and then I asked: 'Where is God?' and they answered and said unto me: 'God is seen here as little as on earth, for God is infinite. But Christ is here, he is the image of the invisible God and only in him can anyone see God, either here or upon earth.' Underlying the faith of both Old and New Testaments is the assumption that man has a kinship with God without which we could know nothing about God.

An Expanding Hope, 1.

Human thought advances from the particular to the general, from the national to the universal. The Hebrew people were intense nationalists, yet their prophets gradually saw that God could not be limited to any tribe or nation. This idea, however, did not come without long slow growth. The people of Israel, conscious as they were of a high spiritual destiny nationally, were in contact with great and powerful nations and gradually these had to be included in their thinking of the purpose of God. In the fulness of time Christ came, born in a Judean village, son of a Jewish maiden. The Hebrew people have given ethical religion to mankind, but the truths of the Hebrew prophets and psalmists have gone far beyond the boundaries of Judaism. Christ rose above the barriers of race and class, telling of the inclusive love of God. The real cure for the dangerous nationalisms of the twentieth century is a realization of the love and fatherhood of God, the conviction that humanity is one, and that he future

cannot be secure for one nation alone. The glory of Galilee of the nations is not what she got for herself but what she has given to the world.

Light and Joy, 2-5.

The geography of Palestine is shown around the world. Tourists from every land go to walk the roads and fields where Jesus walked. The hymn, "Joy to the world! the Lord is come," has been translated into many tongues. Christian churches witness to the fact that the hope of Isaiah has been fulfilled in Jesus Christ. By the coming of Christ, God has increased the joy of humanity. Men have been released from fear and superstition. A power higher than physical force has been discovered, and the conviction of the sanity of peace and the necessity for peace is growing. When we become discouraged by the failures of Christianity and the persecution of the faith in modern days, let us try to think what a blank outlook there would be if we did not have the leadership of Christ.

The Divine Child, 6, 7.

The greatest event in history was not a battle, but the birth of a child. Isaiah knew of the greatness of Assyria in wealth and power but he placed his hope in the birth of a child who would become a leader of mankind. Little did the insuperable of Bethlehem realize how prophecy would be fulfilled and how history would have a beginning through the birth of a babe. We marvel at the faith and insight of Isaiah who could look into the future with faith and hope and say: "For unto us a child is born, unto us a son is given; and the government shall be upon his shoulder; and his name shall be called Wonderful, Counsellor, The mighty God, The everlasting Father, The Prince of Peace." Modern writers also find that words fail to express adequately all that Christ has been to his followers. We speak of him as teacher, leader, example, Saviour, Lord, but no one word or group of words, no books or creeds, can portray him fully. He is greater than any category in which we seek to place him.

Our Faith, 1-5.

A typical expression of the working faith of the modern Christian might be something like this. In every man there is some of God, which Christ claims. Loyalty to that claim means new strength of character, new power to serve men, new peace of heart with God; it makes of life a fascinating adventure. If we go on, we shall win through, though we stagger under a cross, for in life as in death, we belong to God. On the other hand, among the primary assertions of a Christian creed, there are these. In the fullness of time, God sent forth his Son to be the Saviour of the world, Jesus Christ was God manifest in the flesh, he gave his life in a ransom for many; God has committed to him the issues of time and eternity. The only way of salvation is that of repentance toward God, faith in our Lord Jesus Christ, and new birth through the Holy Spirit. When Phillips Brooks near the end of his life was asked what had been his

secret, the most essential and striking part of his answer was this: "All experience comes to be but more and more pressure of his life on ours. Less and less, I think, grows the consciousness of seeking God, Greater and greater grows the certainty that he is seeking us and giving himself to us to the complete measure of our present capacity."

Questions for Discussion

1. What religious value has predictive prophecy?
  2. Is the Christian doctrine of the Incarnation distinctive?
  3. Which title do you prefer as descriptive of Christ?
  4. What can we do to win "the Battle for peace?"
  5. How does Christ increase our joy?
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### Betty Barclays HELPFUL HINTS



#### HERE ARE EASY RULES FOR BREWING PERFECT COFFEE

No matter how small the budget, any hostess can make a reputation on her coffee, if she observes three vital rules: the coffee equipment must be 100 per cent clean; measurements must be exact, and brewing time must be timed to the dot. When brewing decaffeinated coffee by the percolator or pot method, remember that a slightly longer time is required to bring out the coffee's rich, fragrant flavor. You can score a five star success as a coffee brewer with any kind of apparatus if you follow the rules exactly. You now can buy a special drip grind in decaffeinated coffee as well as ordinary coffee; so hostesses can serve this favorite American beverage after dinner or with midnight snacks without checking up on their guests' sleeping problems.

Drip Coffee

Use one well rounded tablespoon drip grind decaffeinated coffee for each cup (½ pint) of boiling water. Preheat drip coffee pot. Put coffee in upper compartment of pot. Pour fresh briskly boiling water over it. Cover and let stand in warm place until all water has dripped through once. Remove upper compartment and cover pot. Serve.

Coffee Souffle

- 1 cup milk
- 1 tablespoon ground decaffeinated coffee
- 4½ tablespoons quick cooking tapioca
- Dash of salt
- 1-3 cup sugar
- 3 egg yolks beaten until thick and lemon coloured
- 3 egg whites, stiffly beaten
- Scald milk with coffee and strain immediately. Add quick-cooking tapioca and salt, and cook 15 minutes, or until tapioca is clear, stirring frequently. Add sugar. Cool. Add egg yolks and fold in egg whites. Bake in greased baking dish, placed in pan of hot water in moderate oven (325 degrees F.) 60 minutes. Serve with Custard Sauce. Serves 6.

FRUIT SALAD IN ORANGE CUPS (Serves 6)

- 6 large Sunkist oranges
- 12 marshmallows, quartered
- 1 cup diced pineapple
- 1 cup banana slices (or other fruit: pears, peaches, strawberries, cherries, white grapes.)
- Lettuce
- Cut tops off oranges and remove pulp, leaving orange baskets. Flute edges if desired. Combine ingredients, fill orange cups and arrange on lettuce-covered salad plates. Serve with mayonnaise, mixed with 1-3 orange juice.

NEW COOK BOOKS

New cook books seem to be as common as new babies this year. They are extremely interesting. I have often felt I would like to publish one myself. And how these modern recipe carriers differ from the old-time cook book! Some contain everything the housewife needs to know about the kitchen. Some are little specialists. The latest that has come to my attention is Irma Rombauer's "Streamlined Cooking" put out by the Bobbs-Merrill Company of Indianapolis.

LUNCHING AT HOME

Lunch at home does not need to be a makeshift affair with yesterday's leftovers. A dainty, tasty lunch which the family are pleased to be able to get home for, can be worked into a busy morning just as easily as a slap-dash meal. Take this menu for instance. Casserole of Salmon, hot biscuits, a simple green salad and fruit—it gives a new meaning to the old refrain—"there's no place like home."

Casserole of Salmon

- 2 tablespoons quick cooking tapioca
  - 1 cup canned salmon, flaked
  - 1 tablespoon onion, chopped
  - 1 cup milk
  - ¼ teaspoon salt
  - Dash of pepper
  - 1 cup celery, sliced
  - 1 tablespoon melted butter
  - 6 to 8 unbleached baking powder biscuits, rolled ¼ inch thick
- Combine ingredients in order given.

Turn into greased casserole; bake in hot oven (425 degrees F.) 25 minutes, stirring mixture twice during first 10 minutes of baking. Place biscuits on top of salmon mixture after it has baked 10 minutes; return to oven, bake 12 to 15 minutes longer to bake biscuits. Serves 4.

Baking Powder Biscuits

- 2 cups sifted flour
  - 2 teaspoons Baking Powder
  - 4 tablespoons butter or other shortening
  - ¼ teaspoon salt
  - 2-3 cup milk (about)
- Sift flour once, measure, add baking powder and salt, and sift again. Cut in shortening; add milk gradually until soft dough is formed. Roll ¼ inch thick on slightly floured board. Cut with floured biscuit cutter. Bake in hot oven (450 degrees F.) 12 to 15 minutes. Makes 12 biscuits.

UNITED CHURCH MEMBERSHIP 707,264 AS GIVEN IN YEAR BOOK

The United Church of Canada now has a membership of 707,264, compared with 600,522 at the time of Church Union. This fact is revealed in the 1939 Year Book of that Church which has just been distributed to the church's ministers.

In a statistical report the Year Book reveals that The United Church has 1,742,622 persons under pastoral care. Number of families in the United Church of Canada is 464,689 compared with 392,862 at the time of Union.

The Year Book discloses that there are in The United Church of Canada 5,619 Sunday schools with a total membership of 582,439. Members of "through the week" organizations number 201,706.

The Year Book contains the annual reports of all Boards of The United Church. These include: Board of Christian Education, Board of Evangelism and Social Service, Board of Foreign Missions, Board of Home Missions, Board of Pensions, Board of Publication and the Woman's Missionary Society.

Reports from the 11 Conferences of the United Church with statistics of each individual charge in these Conferences, a list of all United Church ministers and detailed financial statements are contained in the Year Book.

"I suppose when you have been flying for a year or so it becomes second nature." "Surest thing you know. Why, I'm getting so that I often feel a craving for worms and bird seed."

### HOUSEWIVES TO FEEL PINCH OF NEW TAXES

From Ottawa on September 12 came the news that Canada is asking every housewife for an immediate contribution to the Dominion's war chest. For in addition to the impost of duties on tea and coffee, already noted on the news pages, further contributions will be asked from two sources vitally affecting almost every household. Imposition for the first time of a sales tax on gas and electricity, used for domestic purposes.

In announcing the source of revenue in the budget speech, Hon. J. L. Flaxey does not make any breakdown of estimated revenue. It is believed, however, that extension of the sales tax to cover electricity and gas will add nearly \$10,000,000 to the national revenue. A part of the sales tax may of course be absorbed by power and gas companies, though in the case of Ontario with its power at cost standard is likely to be paid on to the consumer.

This will mean an 8 per cent increase in the electric light bill and probably similar increase in the gas bill.

In addition to this, exemption from sales tax has been removed in the cases of salted or smoked meats and canned fish, exemptions which had been allowed previously to assist marketing of these Canadian products.

The burden on the householder for the present at least, however, is lighter than has been expected in many quarters. A general increase in the sales tax from 6 to 10 per cent, had been rumored. It is known that the government had such a move under consideration, but it is believed to have discarded it as possibly unnecessarily endangering price structures at the present time.

For the present the main additional taxes have been placed as was expected on luxuries such as beverages and tobacco.

The village "softie" if offered the choice of a quarter or a penny would always take the penny. A visitor heard about this, so decided to test him. Sure enough, he took the penny, not the quarter. Later in the day the visitor met "Softie" in a quiet lane and asked him why he had taken the penny. "Well you see, it's like this. As you are a stranger, I tell you, but don't let on to the village. I know the difference in copper and silver, but if I ever took the silver nobody'd ever try me again."

### LIVE LONGER

When you have lived to middle life you may feel as hearty and vigorous as ever you did, but it would be wise to have your heart examined at regular intervals.

One's arteries usually gradually harden as the person grows older. This condition is particularly serious when it affects the arteries upon which the heart muscle depends for nourishment. If one of these arteries (coronary arteries) hardens and thickens, its diameter narrows; the circulation is impeded and the heart weakens. In advanced cases this condition is known as arteriosclerotic or coronary heart disease. Usually a condition of past middle life, it may occur in persons of 50, forty or even younger.

The newspaper headlines of sudden death from heart diseases are produced among men and women who didn't know that there was anything wrong with their hearts. The way to find out is by consulting a competent doctor who after examination will tell you. In the earlier stages of the affection there may be no pain, no shortness of breath, and the person feels well. That is the time to make sure about your condition. After forty it is a matter of wisdom to see your doctor regularly, that is, at least once a year.

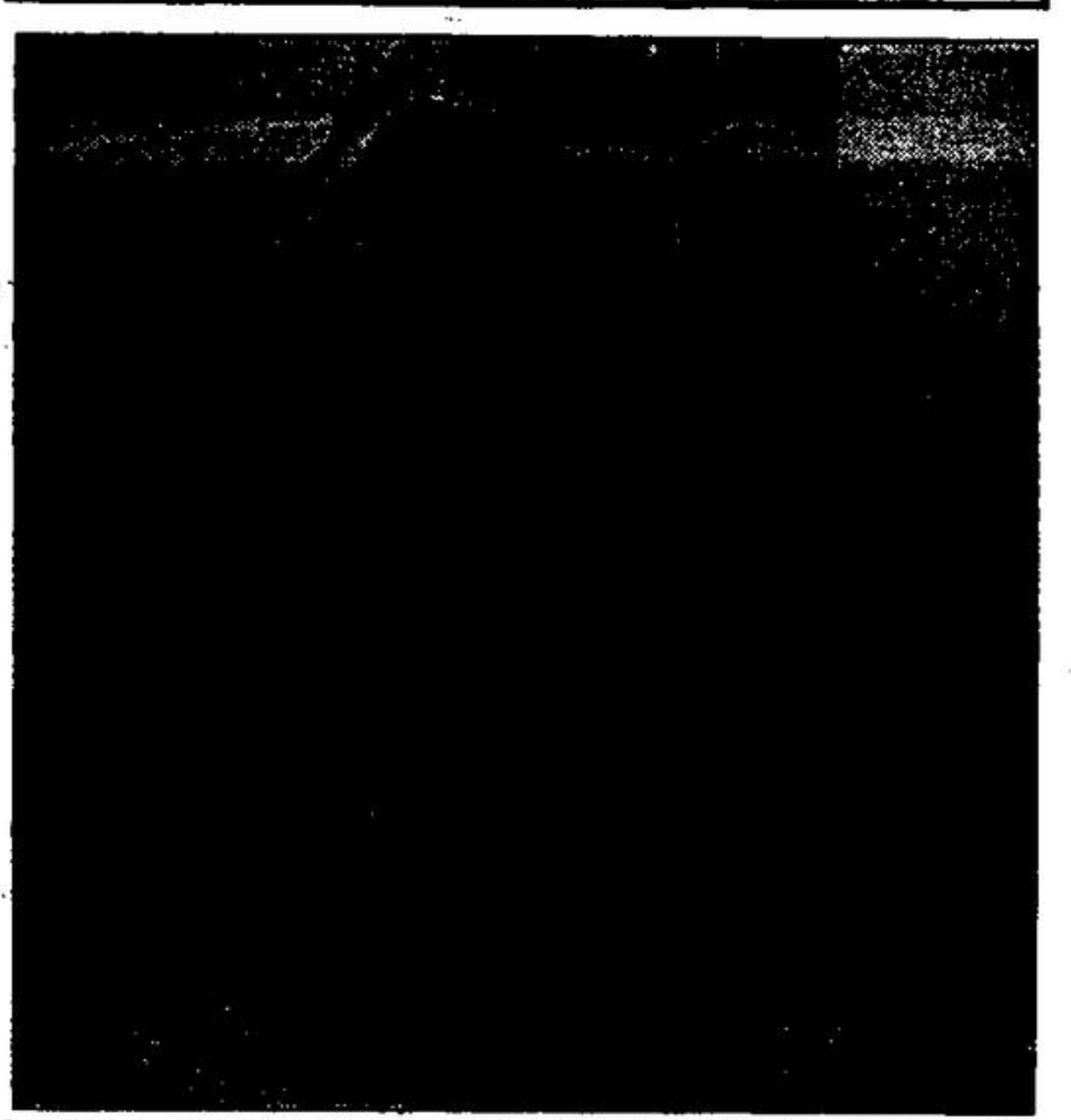
In young persons as well as in the older, rheumatic fever is a common cause of heart disease. A child who suffers from swollen joints or muscle pains should have prompt medical care. The "poison" of rheumatic fever may affect the valves and muscles of the heart. It may be years before the damage is discovered. Promptness in recognizing this condition with prompt medical care and after care may save the heart from serious injury. There is nothing so valuable in promoting health as the early discovery and treatment of heart conditions.

### CUTTING AN ONION

If it is your intention to use only a part of a large onion, cut it so that the remaining portion contains the root. This will keep the onion from drying out so soon and it may be used for later use.

Cop: "Why have you been sitting in your car all afternoon?" Motorist: "I'm waiting for two gentlemen." Cop: "Who are they?" Motorist: "The one who owns the car in front of me and the one who owns the car in back."

### The SNAPSHOT GUILD ANIMAL PICTURES



Any barnyard is full of excellent human-interest picture chances... such as this close-up shot of a hen mothering her chicks.

WHEN someone mentions bird and animal pictures, most of us think of zoos, forests, or the African jungle. But—if you live on or near a farm—you have access to a number of fine animal subjects. And, take my word for it, domestic animals yield just as good pictures as wild ones.

Just for the fun of it, why not spend a day picturing farm animals? Go after expressive, human-interest shots, such as a hen mothering her brood, or pigs struggling for position at the trough. Shoot close-ups of a placid, cud-chewing cow, or a husky work-horse—just as if you were taking pictures of a person. Many animals have definite, almost-human expressions at times... and they'll make fine pictures for your album. Distant shots, showing the animal small, will be disappointing unless it happens to be an incidental figure in a scene. Most fascinating animal

are adjusted to take subjects as near as six feet—many four feet, or even less. Many box cameras can be set for subjects as near as five. And, if you slip a portrait attachment on the camera lens, you can get even closer. Or, you can take a shot at normal distance, and have the best part of the negative enlarged to give a close-up effect.

It's not necessary to show all of a large animal, such as a cow or horse. Indeed, the head alone often makes a better picture. Choose the viewpoint which shows the head and expression most effectively—and fire away. Keep the background simple—changing your position when necessary to get distracting objects out of the camera's field of view.

Take your camera to the farm... keep your eyes open... shoot wisely and often. You'll find that any well-stocked barnyard yields splendid picture dividends.

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